



CENTRO INTERDISCIPLINAR DE  
ESTUDO DA PERFORMANCE HUMANA



**Interdisciplinary Center for the Study of Human Performance**

Scientific Production Report 2023

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## Scientific Production 2023

### Published Books

#### *Published Books with International Distribution*

1. Berjano, R. M., Santos-Rocha, R., & Barcenilla, B. G. (2023). La promoción de la actividad física en la sociedad contemporánea. Orientaciones para la práctica profesional en diversos contextos (1st ed.). Ediciones Díaz de Santos.  
<https://www.editediazdesantos.com/libros/9788490521526/Mendoza-La-promoción-de-la-actividad-f%C3%ADsica-en-la-sociedad-contempor%C3%A1nea.html>. ISBN: 9788490521526
2. Gouveia, É. R., Gouveia, B. R., Marques, A., & Ihle, A. (2023). Geriatric Medicine and Healthy Aging (1st ed.). IntechOpen. ISBN: 978-1-80355-829-520
3. Marques, A., Matos, M. G., & Sarmento, H. (2023). Mental Health – Preventive Strategies (1st ed.). IntechOpen. ISBN: 978-1-80355-925-4

#### *Published Books with National Distribution*

1. João, F., Vila-Nova, F., Moniz Pereira, L., Mota, P., Carvalho, J., Virella, D., & Alvarelhão, J. (2023). Manual de Atividade Física Adaptada para Pessoas com Paralisia Cerebral. Ministério da Saúde - Direção Geral de Saúde.  
[https://www.dgs.pt/programa-nacional-para-a-promocao-da-atividade-fisica/ficheiros-externos-pnpaf/manual-afadaptada\\_paralisiacerebral-pdf.aspx](https://www.dgs.pt/programa-nacional-para-a-promocao-da-atividade-fisica/ficheiros-externos-pnpaf/manual-afadaptada_paralisiacerebral-pdf.aspx)

### Chapters in Published Books

#### *Chapters in Published Books with International Distribution*

1. Assunção, A., Moniz-Pereira, V., Bernardes, S., Fújão, C., Veloso, A. P., & Carnide, F. (2023). Occupational and Individual Factors for Musculoskeletal Pain in the Automotive Industry. In Arezes, P.M., et al. (Eds.), Occupational and Environmental

Safety and Health V. Studies in Systems, Decision and Control (, pp. 117-127).

Springer. [https://doi.org/10.1007/978-3-031-38277-2\\_10](https://doi.org/10.1007/978-3-031-38277-2_10)

2. Awad, A., AlShehhi, A., Dias, S. B., Hadjileontiadou, S. J., & Hadjileontiadis, L. J. (2023). On Modeling LMS Users' Quality of Interaction Using Temporal Convolutional Neural Networks. In Reis, A., Barroso, J., Martins, P., Jimoyiannis, A., Huang, R. Y., & Henriques, R. (Eds.), *Communications in Computer and Information Science* (1st, pp. 145-154). Springer. [https://doi.org/10.1007/978-3-031-22918-3\\_40](https://doi.org/10.1007/978-3-031-22918-3_40)
3. Burnay, C. (2023). Los peligros de la sobreprotección de los bebés. In Pinto, R. F., & Murcia, J. A. M. (Eds.), *Recursos pedagógicos actividades acuaticas* (, pp. 1-5). Asociación Iberoamericana de Educación Acuática, Educación Especial e Hidroterapia (AIDEA). <https://www.asociacionaidea.com/recursos-pedagogicos/>
4. Burnay, C., Pinto, R. F., & Cordovil, R. (2023). La contribución de la psicología ecológica en la prevención del ahogamiento infantil. In Pinto, R. F., Pérez, A. A., & Moreno-Murica, J. A. (Eds.), *Actividades Acuáticas. Evidencias, reflexiones y propuestas prácticas* (1st, pp. 19-24). Asociación Iberoamericana de Educación Acuática, Educación Especial e Hidroterapia (AIDEA). <https://www.scribd.com/document/627612081/Actividades-Acuaticas-Evidencias-Reflexiones-y-Propuestas-Practicas-2023>. ISBN 978-987-8918-69-3
5. Gómez-Baya, D., Marques, A., & Mendoza, R. (2023). La actividad física y el bienestar psicológico a lo largo del ciclo vital: aportaciones desde la teoría de la autodeterminación. In Mendonza, R., Santos-Rocha, R., & Gil, B. (Eds.), *La Promoción de la Actividad Física en la Sociedad Contemporánea. Orientaciones para la práctica profesional en diversos contextos* (1st, pp. 2-16). Ediciones Díaz de Santos. ISBN: 978-84-9052-484-8

6. Gouveia, É. R., Gouveia, B. R., Marques, A., & Ihle, A. (2023). Introductory chapter: healthy aging, physical activity, functional fitness, cognitive function, and assisted living technologies – the ground for the sustainability of health and quality of life in older people. In Gouveia, É. R., Gouveia, B. R., & Marques, A. (Eds.), *Geriatric medicine and healthy aging* (1st, pp. 3-8). IntechOpen.  
<https://doi.org/10.5772/intechopen.111613>
7. Gouveia, É. R., Gouveia, B. R., Marques, A., Marconcin, P., & Ihle, A. (2023). Exercise aging and health: A proposal course for healthcare professionals and physical activity instructors. In Gouveia, É. R., Gouveia, B. R., & Marques, A. (Eds.), *Geriatric medicine and healthy aging* (1st, pp. 9-23). IntechOpen.  
<https://doi.org/10.5772/intechopen.108188>
8. Magalhães, J. P., & Melo, X. (2023). El impacto del ejercicio físico en la salud del paciente con diabetes. In Mendonza, R., Santos-Rocha, R., & Gil, B. (Eds.), *La Promoción de la Actividad Física en la Sociedad Contemporánea. Orientaciones para la práctica profesional en diversos contextos* (1st, pp. 465-480). Ediciones Díaz de Santos. ISBN: 978-84-9052-484-8
9. Marconcin, P., Gouveia, É. R., Nascimento, M. M., Ferrari, G., & Marques, A. (2023). Mental Health Conditions and Exercise. In Marques, A., Matos, M. G., & Sarmiento, H. (Eds.), *Mental Health – Preventive Strategies* (1st, pp. 77-89). IntechOpen. <https://doi.org/10.5772/intechopen.111505>
10. Marques, A., Cortés Almanzar, P., Gómez, F., & Matos, M. G. (2023). Los determinantes de la salud y la importancia de promover estilos de vida activos. In Mendonza, R., Santos-Rocha, R., & Gil, B. (Eds.), *La Promoción de la Actividad Física en la Sociedad Contemporánea. Orientaciones para la práctica profesional en*

diversos contextos (1st, pp. 253-263). Ediciones Díaz de Santos. ISBN: 978-84-9052-484-8

11. Matos, M. G., Branquinho, C., Gaspar, T., Noronha, C., Moraes, B., Guedes, F. B., Cerqueira, A., Carvalho, M., Santos, O., Rodrigues, N. N., & Marques, A. (2023). A new look at psychological health and life satisfaction: A quadripartite model. In Marques, A., Matos, M. G., & Sarmento, H. (Eds.), *Mental Health – Preventive Strategies* (1st, pp. 107-118). IntechOpen.  
<https://dx.doi.org/10.5772/intechopen.111506>
12. Passos, P. (2023). Play with and Against! Insights for the Development of Decision Making in Team Sports. In Farrow, D., Baker, J., & MacMahon, C. (Eds.), *Developing Sport Expertise Researchers and Coaches Put Theory into Practice* (3rd, pp. 122-132). Routledge. <https://doi.org/10.4324/9781003285168-13>
13. Peralta, M., Martins, S., Henriques-Neto, D., Tesler, R., & Marques, A. (2023). Promoting cardiorespiratory fitness in young people: the importance of the school context. In Sözen, H. (Eds.), *Cardiorespiratory fitness - New topics* (1st, pp. 1-13). IntechOpen. <https://doi.org/10.5772/intechopen.105441>
14. Pereira, H. V., Santos-Rocha, A., Silva, A. M. et al. (2023). La prescripción de la actividad física por los especialistas en deporte y ejercicio físico: un espacio para la alianza con los profesionales sanitarios. In Berjano, R. M., Santos-Rocha, R., & Barcenilla, B.G. (Eds.), *La promoción de la actividad física en la sociedad contemporánea. Orientaciones para la práctica profesional en diversos contextos* (1st, pp. 493-500). Ediciones Díaz de Santos.  
<https://www.editdiazdesantos.com/libros/9788490521526/Mendoza-La-promoción-de-la-actividad-f%C3%ADsica-en-la-sociedad-contempor%C3%A1nea.html>. ISBN: 9788490521526

15. Ramos, J. P., Lopes, R. J., Araújo, D., & Passos, P. (2023). Zentralität von Netzwerken. In Memmert, D. (Eds.), Sportinformatik (, pp. 177-188). Springer Spektrum. [https://doi.org/10.1007/978-3-662-67026-2\\_19](https://doi.org/10.1007/978-3-662-67026-2_19)
16. Vieira, F., & Koury, J. C. (2023). Exercício físico na adolescência: maturação biológica, alimentação e nutrição. In Biesek, S., Alves, L., & Guerra, I. (Eds.), Estratégias de nutrição e suplementação no esporte (4th, pp. 144-150). Manole. <https://www.manole.com.br/estrategias-de-nutricao-suplementacao-no-esporte-4-edicao/p>

### ***Chapters in Published Books with National Distribution***

1. Carvalho, F., Marques, A., Martins, M., Carolo, D., & Martins, J. (2023). Educação física no 1º ciclo do ensino básico: sugestões práticas de atividades de aprendizagem. In Martins, J., Onofre, M., Rodrigues, A., & Quitério, A. (Eds.), Escola ativa e literacia física para a vida. Um guia prático para o contexto do 1º ciclo de escolaridade (1st, pp. 111-132). Câmara Municipal de Sintra. ISBN:978-972-735-273-9
2. Espada, M. (2023). A Utilização do estado estacionário máximo de lactato na avaliação e controlo do treino de nadadores. In Fernandes, R., Costa, M., & Costa, A. (Eds.), Estudos em Natação – Parte 1 – Os Quatro Estilos de Nado (pp. 233-247). Sportbook. ISBN: 9789899177017
3. Espanha, M., & Pezarat-Correia, P. (2023). Sistema endócrino. In Espanha, M., & Armada-da-Silva, P. (Eds.), Sistemas orgânicos internos. Anatomofisiologia do sistema nervoso autónomo, sistema endócrino e aparelhos digestivo, respiratório, cardiovascular e urinário (2nd, pp. 109-141). Edições FMH. ISBN: 978-972-735-224-

4. Gouveia, É. R., Gouveia, B. R., Marques, A., Przednowek, K., Jurema, J., Tinoco, M. A., & Ihle, A. (2023). Envelhecimento saudável no estado do Amazonas: uma abordagem pedagógica. In Jurema, J. (Eds.), Os pensadores do Congresso Internacional de Educação Física, Saúde e Sustentabilidade e a 20ª Semana Nacional de Ciências e Tecnologia (1st, pp. 45-72). Livre Editora. ISBN: 978-65-85771-04-7
5. Gouveia, É. R., Ihle, A., Lopes H., Przednowek, K., Nascimento M. M., Gouveia, B. R., & Marques, A. (2023). O Processo pedagógico da atividade física, do desporto e da promoção da saúde: evidências. In Jurema, J. (Eds.), Os pensadores do Congresso Internacional de Educação Física, Saúde e Sustentabilidade e a 20ª Semana Nacional de Ciências e Tecnologia (1st, pp. 175-200). Livre Editora. ISBN: 978-65-85771-04-7
6. Magalhães, J. P., Rosa, G. B., Cruz, J., Maciel, J., & Simões, H. (2023). Diabetes Mellitus Tipo 2. In Raposo, F., Malveiro, C., & Batalau, R. (Eds.), Avaliação e Prescrição de exercício em condições e populações especiais Volume I (1st, pp. 83-107). Omniserviços. ISBN: 9789895357673
7. Marques, A., & Peralta, M. (2023). Atividade física: benefícios, prevalência e recomendações para as crianças e adolescentes. In Martins, J., Onofre, M., Rodrigues, A., & Quitério, A. (Eds.), Escola ativa e literacia física para a vida. Um guia prático para o contexto do 1º ciclo de escolaridade (1st, pp. 20-24). Câmara Municipal de Sintra. <https://cloud.cm-sintra.pt/s/JZcHHBDCFAnzQR7>. ISBN: 978-972-735-273-9
8. Marques, A., Paiva, T., & Matos, M. G. (2023). Atividade física, comportamento sedentário e saúde. Recomendações para a prática médica. In Paiva, T., Matos, M. G., & Canhã, H. (Eds.), Saúde, sono e estilos de vida em era COVID (1st, pp. 95-105). My Sleep & I. ISBN: 978-989-53194-0-4
9. Martins, J., Onofre, M., Rodrigues, A., Marques, A., Martins, M., Carvalho, F., Peralta, M., Mota, J., & Quitério, A. (2023). Sintra Cresce Saudável: promoção da



competência motora, atividade física e literacia física para a vida. In Martins, J., Onofre, M., Rodrigues, A., & Quitério, A. (Eds.), *Escola ativa e literacia física para a vida. Um guia prático para o contexto do 1º ciclo de escolaridade* (1st, pp. 7-10). Câmara Municipal de Sintra. <https://cloud.cm-sintra.pt/s/JZcHHBDCFAnzQR7>. ISBN: 978-972-735-273-9

10. Martins, J., Quitério, A., Peralta, M., & Marques, A. (2023). Conceitos fundamentais. In Martins, J., Onofre, M., Rodrigues, A., & Quitério, A. (Eds.), *Escola ativa e literacia física para a vida. Um guia prático para o contexto do 1º ciclo de escolaridade* (1st, pp. 6-8). Câmara Municipal de Sintra. <https://cloud.cm-sintra.pt/s/JZcHHBDCFAnzQR7>. ISBN: 978-972-735-273-9
11. Nery, N., Rosado, A., & Neto, C. (2023). Combate à discriminação em desporto: um imperativo ético. In Associação de Futebol de Santarém (Eds.), *Pais e Atletas no Futebol. Um estudo sobre comportamentos* (1st). Cultura Editoria. ISBN: 9789895770212
12. Paiva, T., Marques, A., & Matos, M. G. (2023). Atividade física de adultos durante o COVID-19. In Paiva, T., Matos, M. G., & Canhã, H. (Eds.), *Saúde, sono e estilos de vida em era COVID* (1st, pp. 107-128). My Sleep & I. ISBN: 978-989-53194-0-4
13. Peralta, M., & Marques, A. (2023). Tempo de lazer e atividade física nas crianças. In Martins, J., Onofre, M., Rodrigues, A., & Quitério, A. (Eds.), *Escola ativa e literacia física para a vida. Um guia prático para o contexto do 1º ciclo de escolaridade* (1st, pp. 134-141). Câmara Municipal de Sintra. <https://cloud.cm-sintra.pt/s/JZcHHBDCFAnzQR7>. ISBN: 978-972-735-273-9
14. Rosado, A. (2023). Inteligência Cultural e Gestão. In Correia A., Biscaia, R., & Ribeiro, T. (Eds.), *Lições em Gestão do Desporto* (1st). Sportbook. ISBN: 9789899101968

15. Silva, A. M., & Martins, S. S. (2023). Regulação do Balanço Energético e Determinação da Alteração Ponderal. In Martins, S. S., Freitas, P., Souto, S., Pedrosa, C., & Palmeira, L. (Eds.), Tratamento não cirúrgico da Obesidade na Pessoa Idosa - Recomendações da Sociedade Portuguesa para o Estudo da Obesidade (SPEO) (pp. 167-173). SPEO. ISBN: 978-989-53155-0-5
16. Silva, A. M., Sousa, B., Pedrosa, C., Correia, F., Sousa, L., & Martins, S. S. (2023). Avaliação Antropométrica e da Composição Corporal. In Martins, S. S., Freitas, P., Souto, S., Pedrosa, C., & Palmeira, L. (Eds.), Tratamento não cirúrgico da Obesidade na Pessoa Idosa - Recomendações da Sociedade Portuguesa para o Estudo da Obesidade (SPEO) (1st, pp. 147-165). SPEO. ISBN: 978-989-53155-0-5
17. Teixeira, P. J., & Encantado, J. (2023). Psicadélicos, Saúde Pública e Mudança Comportamental. In Figueiredo, I. C., Corvacho, M., & Mota, P. (Eds.), Psicadélicos e Saúde Mental (1st, pp. 208-219). LIDEL. <https://m.lidel.pt/pt/catalogo/ciencias-da-saude/psiquiatria-psicologia-clinica/psicadelicos-em-saude-mental/>
18. Volossovitch, A. (2023). Especialização precoce: uma necessidade ou um obstáculo para a realização do potencial desportivo do jovem. In Nunes, M., & Matos, R. (Eds.), Talentos Desportivos - Da Identificação ao Pleno Desenvolvimento (pp. 39-46). Livros FPF. <https://particular.pt/products/talentos-desportivos-da-identificacao-ao-pleno-desenvolvimento>

## **Research Articles**

### ***Research Articles Published in Scientific Journals Indexed in Web of Science***

#### ***1st Quartile***

1. Alfalahi, H., Dias, S. B., Khandoker, A. H., Chaudhuri, K. R., & Hadjileontiadis, L. J. (2023). A scoping review of neurodegenerative manifestations in explainable digital

- phenotyping. NPJ PARKINSONS DISEASE, 9(49). <https://doi.org/10.1038/s41531-023-00494-0>. JIF = 8.7. Q1 (NEUROSCIENCES - SCIE). JCI = 1.93 (Q1).
2. Almeida, G., Luz, C., Rodrigues, L. P., Lopes, V., & Cordovil, R. (2023). Profiles of motor competence and its perception accuracy among children: Association with physical fitness and body fat. PSYCHOLOGY OF SPORT AND EXERCISE, 68, Article 102458. <https://doi.org/10.1016/j.psychsport.2023.102458>. JIF = 3.4. Q1 (SPORT SCIENCES - SCIE). JCI = 1.21 (Q1).
  3. Beaudart, C., Tilquin, N., Abramowicz, P., Baptista, F. et al. (2023). Quality of life in sarcopenia measured with the SarQoL questionnaire: A meta-analysis of individual patient data. MATURITAS. <https://doi.org/doi.org/10.1016/j.maturitas.2023.107902>. JIF = 4.9. Q1 (OBSTETRICS & GYNECOLOGY - SCIE). JCI = 1.25 (Q1).
  4. Branco, M. G., Mateus, C., Capelas, M. L., Pimenta, N., Santos, T., Mäkitie, A., ... & Ravasco, P. (2023). Bioelectrical Impedance Analysis (BIA) for the Assessment of Body Composition in Oncology: A Scoping Review. Nutrients, 15(22). <https://doi.org/10.3390/nu15224792>. JIF = 5.9. Q1 (NUTRITION & DIETETICS - SCIE). JCI = 1.03 (Q1).
  5. Brindley, C., Hamrik, Z., Kleszczewska, D., Dzielska, A., Mazur, J., Haug, E., Kopcakova, J., Marques, A., Altenburg, T., Demetriou, Y., & Bucksch, J. (2023). Gender-specific social and environmental correlates of active travel to school in four European countries: the HBSC Study. FRONTIERS IN PUBLIC HEALTH, 11. <https://doi.org/10.3389/fpubh.2023.1190045>. JIF = 5.2. Q1 (PUBLIC, ENVIRONMENTAL & OCCUPATIONAL HEALTH - SCIE). JCI = 1.19 (Q1).
  6. Campa, F., Matias, C. N., Moro, T., Cerullo, G., Casolo, A., Teixeira, F. J., & Paoli, A. (2023). Methods over Materials: The Need for Sport-Specific Equations to Accurately Predict Fat Mass Using Bioimpedance Analysis or Anthropometry.

- NUTRIENTS, 15(2), Article 278. <https://doi.org/10.3390/nu15020278>. JIF = 5.9. Q1 (NUTRITION & DIETETICS - SCIE). JCI = 1.03 (Q1).
7. Carraça, E. V., Nunes, C. L., Santos, I., Finlayson, G., & Silva, A. M. (2023). Food reward associations with motivational eating behavior traits and body mass index in Portuguese former elite athletes. JOURNAL OF THE SCIENCE OF FOOD AND AGRICULTURE. <https://doi.org/10.1002/jsfa.13134>. JIF = 4.1. Q1 (AGRICULTURE, MULTIDISCIPLINARY - SCIE). JCI = 0.90 (Q1).
  8. Correia, I. R., Cardoso, V., Cargaleiro, C., Magalhães, J. P., Hetherington-Rauth, M., Rosa, G. B., Malveiro, C., de Matos, L. V., Cardoso, M. J., & Sardinha, L. B. (2023). Effects of home-based exercise programs on physical fitness in cancer patients undergoing active treatment: A systematic review and meta-analysis of randomized controlled trials. JOURNAL OF SCIENCE AND MEDICINE IN SPORT, 26(4-5), 222-231. <https://doi.org/10.1016/j.jsams.2023.03.009>. JIF = 4.0. Q1 (SPORT SCIENCES - SCIE). JCI = 1.34 (Q1).
  9. Correia, J., Santos, P., Pezarat-Correia, P., Minderico, C., Infante, J., & Mendonça, G. V. (2023). Effect of Time-Restricted Eating and Resistance Training on High-Speed Strength and Body Composition. NUTRIENTS, 15(2), Article 285. <https://doi.org/10.3390/nu15020285>. JIF = 5.9. Q1 (NUTRITION & DIETETICS - SCIE). JCI = 1.03 (Q1).
  10. Cunha, P. M., da Silva Machado, D. G., Nunes, J. P., Cavalcante, B. R., Zou, L., Cyrino, L. T., ... Sardinha, L. B., ... & Cyrino, E. S. (2023). Effect of resistance training on cognition in older women with differing levels of resistance training experience: Active Aging Longitudinal Study. Minerva, 64(2). <https://doi.org/10.23736/S2724-6612.21.02308-3>. JIF = 2.3. Q1 (HISTORY & PHILOSOPHY OF SCIENCE). JCI = 1.32 (Q1).

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66. Victo, E. R., Kovalskys, I., Fisberg, M., Gómez, G., Rigotti, A., Cortés, L. Y., García, M. Y., Pareja, R. G., Herrera-Cuenca, M., Solé, D., Drenowatz, C., Marques, A., & Ferrari, G. (2023). Are the different cut-off points for sitting time associated with excess weight in adults? A population based study in Latin America. BMC PUBLIC HEALTH, 23(1), Article 110. <https://doi.org/10.1186/s12889-023-15029-8>. JIF = 4.5. Q2 (PUBLIC, ENVIRONMENTAL & OCCUPATIONAL HEALTH - SCIE). JCI = 1.10 (Q1).
67. Videira-Silva, A., Hetherington-Rauth, M., Sardinha, L. B., & Fonseca, H. (2023). Combined high-intensity interval training as an obesity-management strategy for adolescents. EUROPEAN JOURNAL OF CLINICAL NUTRITION, 23(1), 109-120. <https://doi.org/10.1080/17461391.2021.1995508>. JIF = 4.7. Q2 (NUTRITION & DIETETICS - SCIE). JCI = 0.81 (Q2).
68. Videira-Silva, A., Manco, L., Sardinha, L. B., & Fonseca, H. (2023). Vigorous physical activity: A potential ally in adolescent obesity management. EUROPEAN JOURNAL OF CLINICAL NUTRITION, 23(4), 607-616. <https://doi.org/10.1080/17461391.2022.2035437>. JIF = 4.7. Q2 (NUTRITION & DIETETICS - SCIE). JCI = 0.81 (Q2).

69. Yehuda, M. B., Barak, S., Hutzler, Y., Ng, K., Giladi, A., Meir, L. B., Marques, A., Zigdon, A., Zwilling, M., Reges, O., Fisch, Y. H., & Tesler, R. (2023). Cardiovascular risk profiles clusters among children and adolescents with disabilities. BMC PUBLIC HEALTH, 23(1), Article 896. <https://doi.org/10.1186/s12889-023-15796-4>. JIF = 4.5. Q2 (PUBLIC, ENVIRONMENTAL & OCCUPATIONAL HEALTH - SCIE). JCI = 1.10 (Q1).

### ***3rd Quartile***

1. Brites-Lagos, C., Ramos, L., Szumilewicz, A., & Santos-Rocha, R. (2023). Feasibility of a Supervised Postpartum Exercise Program and Effects on Maternal Health and Fitness Parameters-Pilot Study. HEALTHCARE, 11(20), Article 2801. <https://doi.org/10.3390/healthcare11202801>. JIF = 2.8. Q3 (HEALTH CARE SCIENCES & SERVICES - SCIE). JCI = 0.97 (Q2).
2. Burnay, C., Anderson, D. I., Button, C., & Cordovil, R. (2023). Effect of baby swimming lessons on infants' avoidance of bodies of water. DEVELOPMENTAL PSYCHOBIOLOGY, 65(8), Article e22434. <https://doi.org/10.1002/dev.22434>. JIF = 2.2. Q3 (DEVELOPMENTAL BIOLOGY - SCIE). JCI = 0.68 (Q2).
3. Couto, N., Cid, L., Alves, S., Brito, J. P., Pimenta, N., & Bento, T. (2023). Analysing the Effects of Different Types of Exercise on Dyspnea and Fatigue in Adults through COPD-Systematic Review and Meta-Analysis of Randomised Clinical Trials. Healthcare, 11(10). <https://doi.org/10.3390/healthcare11101449>. JIF = 2.8. Q3 (HEALTH CARE SCIENCES & SERVICES - SCIE). JCI = 0.97 (Q2).
4. Domingos, J., Dean, J., Fernandes, J. B., Ramos, C., Grunho, M., Proença, L., Vaz, J. R., & Godinho, C. (2023). Lisbon Intensive Falls Trampoline Training (LIFTT) Program for people with Parkinson's for balance, gait, and falls: study protocol for a randomized controlled trial. Trials, 24(1). <https://doi.org/10.1186/s13063-023-07131->

4. JIF = 2.5. Q3 (MEDICINE, RESEARCH & EXPERIMENTAL - SCIE). JCI = 0.51 (Q3).
5. Espada, M., Jardim, M., Assunção, R., Estaca, A., Ferreira, C. C., Pessoa Filho, D. M., Verardi, C. E. L., Gamonales, J. M., & Santos, F. J. (2023). Lower Limb Unilateral and Bilateral Strength Asymmetry in High-Level Male Senior and Professional Football Players. *HEALTHCARE*, 11, Article 1579. <https://doi.org/10.3390/healthcare11111579>. JIF = 2.8. Q3 (HEALTH CARE SCIENCES & SERVICES - SCIE). JCI = 0.97 (Q2).
6. Furtado, G. E., Reis, A. S., Braga-Pereira, R., Caldo-Silva, A., Teques, P., Sampaio, A. R., Santos, C. A., Bachi, A. L., Campos, F., Borges, G. F., & Brito-Costa, S. (2023). Impact of Exercise Interventions on Sustained Brain Health Outcomes in Frail Older Individuals: A Comprehensive Review of Systematic Reviews. *HEALTHCARE*, 11, Article 3011. <https://doi.org/10.3390/healthcare11243160>. JIF = 2.8. Q3 (HEALTH CARE SCIENCES & SERVICES - SCIE). JCI = 0.97 (Q2).
7. He, Q., Araújo, D., Davids, K., Kee, Y. H., & Komar, J. (2023). Functional adaptability in playing style: A key determinant of competitive football performance. *ADAPTIVE BEHAVIOR*, 31(6), 545-558. <https://doi.org/10.1177/10597123231178942>. JIF = 1.6. Q3 (SOCIAL SCIENCES, INTERDISCIPLINARY - SSCI). JCI = 0.53 (Q2).
8. Hernández-Beltrán, V., Espada, M., Santos, F. J., Ferreira, C. C., & Gamonales, J. M. (2023). Documents Publication Evolution (1990–2022) Related to Physical Activity and Healthy Habits, a Bibliometric Review. *HEALTHCARE*, 11, Article 1669. <https://doi.org/10.3390/healthcare11121669>. JIF = 2.8. Q3 (HEALTH CARE SCIENCES & SERVICES - SCIE). JCI = 0.97 (Q2).

9. Martins, J., Masoumi, H., Loureiro, V., Gomes, M., Ratinho, F., Ribeiro, T., Mehriar, M., Rakovac, M., Šentija, D., Bahr, A., Tomczyk, M., Dynowski, W., Solinas, R., Pirina, M. G., Coradduzza, D., Boccuzzi, G., Çağan, B., Dalci, A., Papageorgiou, A., Smaga, S., Parisopoulos, G., Patsakas, G., Meimaridis, I., Loureiro, N., & Marques, A. (2023). Seasonality and Objective Physical Activity and Sedentary Behaviour among Older Adults from Four European Countries. *HEALTHCARE*, 11(17), Article 2395. <https://doi.org/10.3390/healthcare11172395>. JIF = 2.8. Q3 (HEALTH CARE SCIENCES & SERVICES - SCIE). JCI = 0.97 (Q2).
10. Massini, D. A., de Souza Martins, N. D., de Oliveira, T. P., Macedo, A. G., Castro, E. A., Almeida, T. A. F., Santos, F. J., Espada M., & Pessôa Filho, D. M. (2023). The effect of the exercise environment and the level of involvement on bone mineral health. *JOURNAL OF BONE AND MINERAL METABOLISM*, 41(1), 113-123. <https://doi.org/10.1007/s00774-022-01387-7>. JIF = 3.3. Q3 (ENDOCRINOLOGY & METABOLISM - SCIE). JCI = 0.65 (Q2).
11. Mota, P., Costa, A., Santos, D., Santo, S., Barros, J. G., & Bø, K. (2023). Pelvic floor muscle function after grade II tears—Surface electromyography test–retest and differences between nulliparous and primiparous. *Neurourology and Urodynamics*. <https://doi.org/10.1002/nau.25180>. JIF = 2.0. Q3 (UROLOGY & NEPHROLOGY - SCIE). JCI = 0.68 (Q2).
12. Nascimento, M., Gouveia, É. R., Gouveia, B. R., Marques, A., França, C., Campos, P., Martins, F., García-Mayor, J., & Ihle, A. (2023). Differential patterns in motivations for practicing sport and their effects on physical activity engagement across the lifespan. *HEALTHCARE*, 11(2), Article 274. <https://doi.org/10.3390/healthcare11020274>. JIF = 2.8. Q3 (HEALTH CARE SCIENCES & SERVICES - SCIE). JCI = 0.97 (Q2).

13. Nery, M., Sequeira, I., Neto, C., & Rosado, A. (2023). Movement, Play, and Games - An essay about Youth Sports and its Benefits for Human Development. HEALTHCARE, 11, Article 493. <https://doi.org/10.3390/healthcare11040493>. JIF = 2.8. Q3 (HEALTH CARE SCIENCES & SERVICES - SCIE). JCI = 0.97 (Q2).
14. Passos, P., Diniz, A., Fernandes, A. B., Passos, J., Borges, L. R., & Campos, T. F. (2023). Improvements (or not!) in the hand trajectory of stroke patients due to practice of a virtual game. ADAPTIVE BEHAVIOR, 31(4), 365-378. <https://doi.org/10.1177/10597123231163595>. JIF = 1.6. Q3 (SOCIAL SCIENCES, INTERDISCIPLINARY - SSCI). JCI = 0.53 (Q2).
15. Pimenta, R., Almeida, P., Correia, J. P., Bruno, P., Vaz, J. R., & Freitas, S. R. (2023). Effects of fatigue on hamstrings and gluteus maximus shear modulus in hip extension and knee flexion submaximal contraction task. SPORTS BIOMECHANICS. <https://doi.org/10.1080/14763141.2023.2195827>. JIF = 2.2. Q3 (ENGINEERING, BIOMEDICAL - SCIE). JCI = 0.69 (Q2).
16. Pombo, A., Cordovil, R., Rodrigues, L. P., Moreira, A. C., Borrego, R., Machado, M., Costa, V., Almeida, A., Tavares, A. S., Sá, C., & Luz, C. (2023). Effect of Motor Competence and Health-Related Fitness in the Prevention of Metabolic Syndrome Risk Factors. RESEARCH QUARTERLY FOR EXERCISE AND SPORT, 1-8. <https://doi.org/10.1080/02701367.2022.2158998>. JIF = 2.2. Q3 (PSYCHOLOGY - SCIE, PSYCHOLOGY, APPLIED - SSCI, SPORT SCIENCES - SCIE). JCI = 0.57 (Q2).
17. Santos, F., Sousa, H., Gouveia, É. R., Lopes, H., Peralta, M., Martins, J., Murawska-Ciałowicz, E., Żurek, G., & Marques, A. (2023). School-based family-oriented health interventions to promote physical activity in children and adolescents: a systematic review. AMERICAN JOURNAL OF HEALTH PROMOTION, 37(2), 243-262.



<https://doi.org/10.1177/08901171221113836>. JIF = 2.7. Q3 (PUBLIC, ENVIRONMENTAL & OCCUPATIONAL HEALTH - SSCI). JCI = 0.66 (Q2).

18. Santos, V., Massuça, L. M., Monteiro, L., Angarten, V., Abel, M. G., Fernhall, B., & Santa-Clara, H. (2023). Comparison of Acute Arterial Responses Following a Rescue Simulation and Maximal Exercise in Professional Firefighters. *HEALTHCARE*, 11(7), Article 1032. <https://doi.org/10.3390/healthcare11071032>. JIF = 2.8. Q3 (HEALTH CARE SCIENCES & SERVICES - SCIE). JCI = 0.97 (Q2).
19. Seifert, L., Araújo, D., & Davids, K. (2023). Avoiding organismic asymmetries in ecological cognition: Analysis of agent-environment couplings with eco-physical variables. *ADAPTIVE BEHAVIOR*, 31(2), 163-168. <https://doi.org/10.1177/10597123221119690>. JIF = 1.6. Q3 (SOCIAL SCIENCES, INTERDISCIPLINARY - SSCI). JCI = 0.53 (Q2).
20. Silva, C. S., Godinho, C., Encantado, J., Rodrigues, B., Carraça, E. V., Teixeira, P. J., & Silva, M. N. (2023). Implementation determinants of physical activity interventions in primary health care settings using the TICD framework: a systematic review. *BMC HEALTH SERVICES RESEARCH*, 23, Article 1082. <https://doi.org/10.1186/s12913-023-09881-y>. JIF = 2.8. Q3 (HEALTH CARE SCIENCES & SERVICES - SCIE). JCI = 0.85 (Q2).

#### ***4th Quartile***

1. Birr, C., Hernández-Mendo, A., Monteiro, D., Brandão, R., & Rosado, A. (2023). Relations between empowering and disempowering motivational climate with burnout, fear of failure and grit. *INTERNATIONAL JOURNAL OF SPORTS SCIENCE & COACHING*, 0(0). <https://doi.org/10.1177/17479541231191086>. JIF = 1.9. Q4 (HOSPITALITY, LEISURE, SPORT & TOURISM - SSCI). JCI = 0.47 (Q3).

2. Caldeira, P., Paulo, A., Veloso, A. P., Infante, J., Davids, K., & Araújo, D. (2023). How functional movement variability facilitates successful skill adaptation during the volleyball attack. *INTERNATIONAL JOURNAL OF SPORTS SCIENCE & COACHING*, 0(0). <https://doi.org/10.1177/17479541231168012>. JIF = 1.9. Q4 (HOSPITALITY, LEISURE, SPORT & TOURISM - SSCI). JCI = 0.47 (Q3).
3. Espada, M., Gamonales, J. M., Verardi, C., Pessoa Filho, D. M., Ferreira, C., Robalo, R., Dias, A., Hernández-Beltrán, V., & Santos, F. J. (2023). The effect of pitch size manipulation during small sided-games performed by different age category football players: a pilot study. *JOURNAL OF MENS HEALTH*, 19(12), 1-10. <https://doi.org/10.22514/jomh.2023.110>. JIF = 0.7. Q4 (PUBLIC, ENVIRONMENTAL & OCCUPATIONAL HEALTH - SCIE). JCI = 0.16 (Q4).
4. Flores, L., Fragoso, I., de León, L., Ortiz-Rodríguez, B., Candia-Luján, R., & Carrasco-Legleu, C. (2022). Moderating effect of bone maturation on the relationship between body fat and insulin resistance. *Journal of Pediatric Endocrinology and Metabolism*, 35(5). <https://doi.org/10.1515/jpem-2021-0663>. JIF = 1.4. Q4 (PEDIATRICS - SCIE, ENDOCRINOLOGY & METABOLISM - SCIE). JCI = 0.45 (Q4).
5. Moniz-Pereira, V., Silva, T. F., Cruz, E. B., & Carnide, F. (2023). The European Portuguese Version of the Composite Physical Function Scale: Cross-Cultural Adaptation and Validation in Community-Dwelling Older Adults. *JOURNAL OF AGING AND PHYSICAL ACTIVITY*, 31(5), 860-865. <https://doi.org/10.1123/japa.2022-0135>. JIF = 1.5. Q4 (GERIATRICS & GERONTOLOGY - SCIE). JCI = 0.51 (Q3).
6. Pombo, A., Luz, C., Rodrigues, L. P., de Sa, C., Siegle, C. B. H., Tortella, P., Fumagalli, G., & Cordovil, R. (2023). Children's Physical Activity During the

COVID-19 Lockdown: A Cross Cultural Comparison Between Portugal, Brazil and Italy. *PERCEPTUAL AND MOTOR SKILLS*, 130(2), 680-699.

<https://doi.org/10.1177/00315125231152662>. JIF = 1.6. Q4 (PSYCHOLOGY, EXPERIMENTAL - SSCI). JCI = 0.48 (Q4).

7. Robalo, R., Diniz, A., & Passos, P. (2023). Dissimilarity between Wrist Trajectories in Basketball Dribbling: Hypothetical Differences Not Available to the Human Eye. *NONLINEAR DYNAMICS PSYCHOLOGY AND LIFE SCIENCES*, 27(1), 1-13. <https://pubmed.ncbi.nlm.nih.gov/36522296/>. JIF = 0.9. Q4 (PSYCHOLOGY, MATHEMATICAL - SSCI). JCI = 0.33 (Q4).
8. Silva, E. C. M., Barboza, L. L. S., Gandarela, L., Tejada, J., Schmitz, H., Gomes, T. N., Silva, R. J. S., Sardinha, L. B., & Silva, D. R. (2023). Two-Year Effectiveness of a Controlled Trial With Physically Active Lessons on Behavioral Indicators of School Children. *RESEARCH QUARTERLY FOR EXERCISE AND SPORT*, 94(2), 538-546. <https://doi.org/10.1080/02701367.2021.2020707>. JIF = 2.2. Q4 (HOSPITALITY, LEISURE, SPORT & TOURISM - SSCI). JCI = 0.57 (Q2).

### ***1st Quartile (Journal Citation Indicator)***

1. Moreira, M., Veiga, G., Lopes, F., Hales, D., & Cordovil, R. (2023). Quality of the Opportunities for Preschoolers' Physical Activity in Portuguese Kindergartens. *EDUCATION SCIENCES*, 13(8), 1-15. <https://doi.org/10.3390/educsci13080830>. JIF = 3.0. N/A (EDUCATION & EDUCATIONAL RESEARCH - ESCI). JCI = 1.46 (Q1).
2. Steinacker, J. M., ..., Sardinha, L. B. et al. (2023). Global Alliance for the Promotion of Physical Activity: the Hamburg Declaration. *BMJ OPEN SPORT & EXERCISE MEDICINE*, 9(3), Article e001626. <https://doi.org/10.1136/bmjsem-2023-001626>. JIF = 5.0. N/A (SPORT SCIENCES - ESCI). JCI = 1.21 (Q1).

**2nd Quartile (Journal Citation Indicator)**

1. Araújo, D., Roquette, J., & Davids, K. (2023). Ubiquitous skill opens opportunities for talent and expertise development. *FRONTIERS IN SPORTS AND ACTIVE LIVING*, 5, Article 1181752. <https://doi.org/10.3389/fspor.2023.1181752>. JIF = 2.7. N/A (SPORT SCIENCES - ESCI). JCI = 0.86 (Q2).
2. Batrakoulis, A., Veiga, O. L., Franco, S., Thomas, E., Alexopoulos, A., Valcarce-Torrente, M., Santos-Rocha, R., Ramalho, F., Di Credico, A., Vitucci, D., Ramos, L., Simões, V., Romero-Caballero, A., Vieira, I., Mancini, A., & Bianco, A. (2023). Health and fitness trends in Southern Europe for 2023: A cross-sectional survey. *AIMS Public Health*, 9(10). <https://doi.org/10.3934/publichealth.2023028>. JIF = 3.3. N/A (HEALTH CARE SCIENCES & SERVICES - ESCI). JCI = 0.75 (Q2).
3. Borges, M., Rosado, A., Lobinger, B., Freitas, F., & Oliveira, R. F. (2023). The Cross-Cultural Training Needs of Football Coaches. *INTERNATIONAL SPORT COACHING JOURNAL*. <https://doi.org/10.1123/iscj.2022-0018>. JIF = 1.7. N/A (EDUCATION & EDUCATIONAL RESEARCH - ESCI). JCI = 1.02 (Q2).
4. Pascoal, A. G., Ribeiro, A., & Infante, J. (2023). Scapular Resting Posture and Scapulohumeral Rhythm Adaptations in Volleyball Players: Implications for Clinical Shoulder Assessment in Athletes. *SPORTS*, 11(6), 114-126. <https://doi.org/10.3390/sports11060114>. JIF = 2.7. N/A (SPORT SCIENCES - ESCI). JCI = 0.90 (Q2).
5. Peralta, M., Viscioni, G., Melo, X., Gouveia, É. R., Griesser, T., Blocher, A., Bertollo, M., Di Blasio, A., & Marques, A. (2023). Does the Installation or the Improvement of Existing Outdoor Parks Increase Physical Activity Levels? A Systematic Review. *SPORTS*, 11(11), Article 221.

<https://doi.org/10.3390/sports11110221>. JIF = 2.7. N/A (SPORT SCIENCES - ESCI). JCI = 0.90 (Q2).

6. Pimenta, R., Coelho, F., Correia, J. P., & Vaz, J. R. (2024). Influence of transducer pressure and examiner experience on muscle active shear modulus measured by shear wave elastography. *Radiography*, 30(1). <https://doi.org/10.1016/j.radi.2023.11.005>. JIF = 2.6. N/A (RADIOLOGY, NUCLEAR MEDICINE & MEDICAL IMAGING - ESCI). JCI = 0.76 (Q2).
7. Pinto, A., Marques, A., & Pelegrini, A. (2023). Secular trends in physical activity in adolescents: A systematic review. *JOURNAL OF TAIBAH UNIVERSITY MEDICAL SCIENCES*, 18(2), 207-216. <https://doi.org/10.1016/j.jtumed.2022.09.004>. JIF = 2.2. N/A (MEDICINE, GENERAL & INTERNAL - ESCI). JCI = 0.60 (Q2).
8. Vila-Chã, C., Bovolini, A., Francisco, C., Costa-Brito, A. R., Vaz, C., Rua-Alonso, M., de Paz, J. A., Vieira, T., & Mendonça, G. V. (2023). Acute effects of isotonic eccentric exercise on the neuromuscular function of knee extensors vary according to the motor task: impact on muscle strength profiles, proprioception and balance. *FRONTIERS IN SPORTS AND ACTIVE LIVING*, 3(5). <https://doi.org/10.3389/fspor.2023.1273152>. JIF = 2.7. N/A (SPORT SCIENCES - ESCI). JCI = 0.86 (Q2).
9. Vleck, V., Massuca, L. M., de Moraes, R., Neto, J. H., Quagliarotti, C., & Piacentini, M. F. (2023). Work, Training and Life Stress in ITU World Olympic Distance Age-Group Championship Triathletes. *SPORTS*. <https://doi.org/10.3390/sports11120233>. JIF = 2.7. N/A (SPORT SCIENCES - ESCI). JCI = 0.90 (Q2).
10. Wiggin, D. A., Penic, B., Sulopuisto, O., Setti, A., Mali, J., Stitzel, A., Kuusma, R., Baptista, F., Sourtzi, P., Timmons, S. (2023). Postgraduate education in healthy and

active ageing: a systematic scoping review of learning needs, curricula and learning impact. GERONTOLOGY & GERIATRICS EDUCATION.

<https://doi.org/10.1080/02701960.2023.2187386>. JIF = 1.6. N/A (EDUCATION & EDUCATIONAL RESEARCH - ESCI). JCI = 0.90 (Q2).

11. Wiggin, D. A., Setti, A., Mali, J., Ströckl, D. E., Sourtzi, P., Nevala, E., Penič, B., Zymbal, V., Cardadeiro, G., Carnide, F., Baptista, F., Fitzgerald, T., & Timmons, S. (2023). Learning needs in healthy and active aging according to key stakeholders: a multinational survey. GERONTOLOGY & GERIATRICS EDUCATION, 1-17.  
<https://doi.org/10.1080/02701960.2023.2252368>. JIF = 1.6. N/A (EDUCATION & EDUCATIONAL RESEARCH - ESCI). JCI = 0.90 (Q2).

### ***3rd Quartile (Journal Citation Indicator)***

1. Carolo, D., Onofre, M., & Martins, J. (2023). Origens e definição do construto de literacia física: da compreensão conceptual à criação coletiva de um referencial europeu. Retos-Nuevas Tendencias en Educacion Fisica Deporte y Recreacion, 48, 761-774. <https://doi.org/10.47197/retos.v48.97380>. JIF = 1.3. N/A (HOSPITALITY, LEISURE, SPORT & TOURISM - ESCI). JCI = 0.24 (Q3).
2. Ferreira, C., Gamonales, J. M., Espada, M., & Muñoz-Jiménez, J. (2023). Current status of sport performance in Boccia: systematic review of the literature. Retos-Nuevas Tendencias en Educacion Fisica Deporte y Recreacion, 48, 1070-1077. <https://doi.org/10.47197/retos.v48.95110>. JIF = 1.3. N/A (HOSPITALITY, LEISURE, SPORT & TOURISM - ESCI). JCI = 0.24 (Q3).
3. Fitas, A., Santos, P., Gomes, M., Pezarat-Correia, P., & Mendonça, G. V. (2023). Influence of sex and strength differences on the load-velocity relationship of the Smith-machine back squat. SPORT SCIENCES FOR HEALTH.

<https://doi.org/doi.org/10.1007/s11332-023-01069-5>. JIF = 1.5. N/A (SPORT SCIENCES - ESCI). JCI = 0.49 (Q3).

4. França, C., Martins, F., Martinho, D. V., Ihle, I., Marques, A., Sarmiento, H., Clemente, F. M., Przednowek, K., Campos, P., & Gouveia, É. R. (2023). Bilateral asymmetry and the relationship between unilateral isokinetic strength and balance performance in male adolescent football players. *MONTENEGRIN JOURNAL OF SPORTS SCIENCE AND MEDICINE*, 19(2).  
<https://doi.org/10.26773/mjssm.230905>. JIF = 1.3. N/A (SPORT SCIENCES - ESCI). JCI = 0.58 (Q3).
5. Franco, S., Santos-Rocha, R., Simões, V., Ramalho, F., Vieira, I., & Ramos, L. (2023). Tendencias de Fitness en Portugal para 2023 (Fitness Trends in Portugal for 2023). *Retos-Nuevas Tendencias en Educacion Fisica Deporte y Recreacion*, 48.  
<https://doi.org/10.47197/retos.v48.97094>. JIF = 1.3. N/A (HOSPITALITY, LEISURE, SPORT & TOURISM - ESCI). JCI = 0.24 (Q3).
6. Freitas, R., Volossovitch, A., Almeida, C. H., & Vleck, V. (2023). Elite-level defensive performance in football: a systematic review. *GERMAN JOURNAL OF EXERCISE AND SPORT RESEARCH*, 53, 458-470. <https://doi.org/10.1007/s12662-023-00900-y>. JIF = 1.3. N/A (SPORT SCIENCES - ESCI). JCI = 0.42 (Q3).
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### **Abstracts and Proceeding Papers Published in Conferences' Book of Abstracts and Proceedings**

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56. Veiga, D., Peralta, M., Carvalho, L., Encantado, J., Gouveia, É. R., Teixeira, P. J., & Marques, A. (2023). Moderating effect of grip strength in the association between cancer and depression symptomatology. In (Eds.), 37th Annual Conference of the European Health Psychology Society: Book of abstracts (p. 226). European Health Psychology Society. [https://2023.ehps.net/wp-content/uploads/2023/09/EHPS\\_2023\\_Abstracts\\_UPLOAD.pdf](https://2023.ehps.net/wp-content/uploads/2023/09/EHPS_2023_Abstracts_UPLOAD.pdf)

## Conference Sessions and Presentations

### *In Portugal*

1. Abreu, F. A., & Baptista, F. (2023, November 25). Prevenção da fragilidade através do treino de força de baixo volume – um desenho experimental [Poster session]. Congresso de Exercício e Saúde CIDEFES/MANZ, Santarém, Portugal.  
<https://cidefes.ulusofona.pt/nov-25-2023-congresso-manz-cidefes/>
2. Almeida, G., Gonçalves, B., Figueira, B., Luz, C., Cruz, D., Veiga, G., Dorés, H., Folgado, H., Marmeleira, J., Batalha, N., Cordovil, R., Laranjo, S., & Teixeira, D. (2023, November 23-25). Run-up study: an interdisciplinarity cross-sectional study. [Oral communication]. XVIII Seminário de Desenvolvimento Motor da Criança, Maia, Portugal. <https://www.umaia.pt/pt/eventos/xviii-seminario-do-desenvolvimento-da-crianca>
3. Almeida, G., Luz, C., Rodrigues, L. P., Lopes, V., & Cordovil, R. (2023, November 23-25). Competência motora real e percebida: precisão da estimativa da performance. [Oral communication]. XVIII Seminário de Desenvolvimento Motor da Criança, Maia, Portugal. <https://www.umaia.pt/pt/eventos/xviii-seminario-do-desenvolvimento-da-crianca>
4. Araújo, D. (2023, February 22). A alta performance do corpo cognoscitivo [Keynote]. 31º Aniversário da Faculdade de Ciências do Desporto e Educação



Física da Universidade de Coimbra, Coimbra, Portugal.

<https://www.uc.pt/fcdef/article?key=a-ed9a7248ca>

5. Araújo, D. (2023, September 7). Tecnologia ao serviço do rendimento desportivo [Keynote]. Inovação e Tecnologia no Desporto, Setúbal, Portugal. <https://e-desporto.pt/workshop-inovacao-e-tecnologia-no-desporto-sessao-de-encerramento-do-projeto-poci-02-0550-feder-044029/>
6. Assunção, A., Moniz-Pereira, V., Bernardes, S., Fajão, C., Veloso, A. P., & Carnide, F. (2023, July 20-21). Occupational and Individual Factors for Musculoskeletal Pain in the Automotive Industry [Oral communication]. International Symposium on Occupational Safety and Hygiene (SHO2023), Porto, Portugal. <https://www.sposho.pt/sho-2023-pt/>
7. Bajanca, C., & Araújo, D. (2023, September 11-12). The Relationship between Goals and High-intensity Efforts in Handball Games [Oral communication]. SL Benfica Health & Performance Congress, Lisboa, Portugal. <https://www.slbenfica.pt/pt-pt/eventos/health-and-performance-congress>
8. Bernardino, M., Branco, M., Catela, D., Cordovil, R., & Mercê, C. (2023, November 23-25). Aprender a ciclar em 5 horas? Resultados de 2 intervenções. [Oral communication]. XVIII Seminário de Desenvolvimento Motor da Criança, Maia, Portugal. <https://www.umaia.pt/pt/eventos/xviii-seminario-do-desenvolvimento-da-crianca>
9. Borges, M., Ribeiro, T. D., Peralta, M., Gouveia, É. R., & Marques, A. (2023, September 14-14). Estarão os hábitos de atividade física dos profissionais de saúde associados à sua prática de promoção de atividade física? [Oral communication]. XXIV Jornadas da Sociedade Portuguesa de Psicologia do Desporto, Funchal, Portugal.

[https://www.xxivjornadaspsicologiadodesporto.com/\\_files/ugd/dffa72\\_b33a714ad8414126a6f66aa55fe15228.pdf](https://www.xxivjornadaspsicologiadodesporto.com/_files/ugd/dffa72_b33a714ad8414126a6f66aa55fe15228.pdf)

10. Burnay, C., Button, C., Anderson, D. I., & Cordovil, R. (2023, November 23-25). Perceção-Ação de Bebés Junto a Corpos de Água: estimativas dos pais. [Oral communication]. XVIII Seminário de Desenvolvimento Motor da Criança, Maia, Portugal. <https://www.umaia.pt/pt/eventos/xviii-seminario-do-desenvolvimento-da-crianca>
11. Carrilho, D., Brito, J., & Araújo, D. (2023, September 11-12). Adaptation and Defensive Stability in Football Teams [Oral communication]. SL Benfica Health & Performance Congress, Lisboa, Portugal. <https://www.slbenfica.pt/pt-eventos/health-and-performance-congress>
12. Cordovil, R. (2023, May 5-6). Comunidades Ativas [Keynote]. Congresso Internacional de Desporto para Crianças e Jovens - Portugal Football School, Federação Portuguesa de Futebol, Lisboa, Portugal. <https://portugalfootballschool.fpf.pt/courses/details/166>
13. Cordovil, R. (2023, October 17-17). A importância da autonomia e da exploração da cidade na infância [Keynote]. Que Cidade para as Crianças?, Lisboa, Portugal. <https://www.iseclisboa.pt/index.php/pt/eventos/2514-conferencia-internacional-que-cidade-para-as-criancas>
14. Cordovil, R. (2023, October 28-28). Promover uma infância ativa sem medo de arriscar [Keynote]. 2º Encontro de Educação, com o tema “Uma Sociedade Ativa começa na Escola”, Ribeira Brava, Portugal. <https://ugtmadeira.pt/2023/09/09/2-o-encontro-de-educacao/>
15. Correia, B., Santos, A. C., Gonçalves-Pereira, M., Vilela, P., Madureira, S., Correia, M., Ferro J. M., Santa-Clara, H., & Verdelho, A. (2023, July 16). Quality of life in

- patients with mild vascular cognitive impairment. The AFIVASC study [Oral communication]. 37ª Reunião do Grupo de Estudos de Envelhecimento Cerebral e Demência, Lisboa, Portugal. <https://www.geecd.pt>
16. Correia, V. (2023, November 23). XVIII Seminário de Desenvolvimento Motor da Criança [Keynote]. 17 anos de “Estudos em Desenvolvimento Motor da Criança”, Maia, Portugal. <https://www.umaia.pt/pt/eventos/xviii-seminario-do-desenvolvimento-da-crianca>
17. Dias, S. B. (2023, January 31). i-PROGNOSIS: Intelligent Parkinson’s early detection guiding novel supportive interventions [Oral communication]. 5ª Conferência Anual de Saúde Pública da redeSAÚDE: "O Desafio dos Dados: uma Fronteira nas Doenças Neurodegenerativas", Lisboa, Portugal.  
<https://www.ulisboa.pt/evento/5a-conferencia-anual-de-saude-publica-da-redesaude>
18. Encantado, J. (2023, March 1). Psicoterapia Assistida por Psicadélicos [Oral communication]. 11º Jornadas da Psicologia da Universidade de Aveiro, Aveiro, Portugal. <https://jornadaspsicologiaaveiro.wordpress.com/category/2023/>
19. Encantado, J. (2023, April 20). Psicadélicos e Mudança de Estilo de Vida [Oral communication]. 4ª edição do Seminário de Intervenção Comunitária: “Substâncias Psicadélicas e Novas Abordagens Terapêuticas”, Viseu, Portugal.  
<https://ipiaget.org/4o-seminario-sobre-intervencao-comunitaria-e-2o-seminario-besafe-em-viseu/>
20. Escalda, C., Ferreira, M., Mateus, R., João, F., & Veloso, A. P. (2023, May 18-20). Knee Joint Contact Forces to assess the effect of Single Event Multi Level Surgery over time in crouch gait [Oral communication]. 10º Congresso da Sociedade Científica de Pedagogia do Desporto, Covilhã, Portugal.  
<https://www.ipg.pt/scpd/10congresso-scpd/default.aspx>

21. Espada, M., Cruz, G., Alves, R., Domingos, F., Ferreira, C., Figueiredo, T., & Santos, F. (2023, April 27-28). Characterization of technical skills in football during a training task based on small-sided games in a senior and professional team [Oral communication]. 10º Congresso da Sociedade Científica de Pedagogia do Desporto, Porto, Portugal. <https://www.ipg.pt/scpd/10congresso-scpd/default.aspx>
22. Espada, M., Dias, A., Teixeira, D., Santos, F., Santana, L., Marques, P., & Pires, P. (2023, October 30-31). Feasibility and Reliability of the My Jump 2 Application in Measuring Power, Time, and Jump Height in Physically Active Subjects [Oral communication]. 4º Fórum da REDESPP - Desporto, Comunidades e Qualidade de Vida, Viseu, Portugal. <https://indico.esev.ipv.pt/event/1/>
23. Espada, M., Gonelha, A., Pereira, D., de Castro, M., Ferreira, C., & Santos, F. (2023, February 23-24). The effect of plyometric training in U-17 amateur soccer players [Oral communication]. II International Congress – CIEQV, Leiria, Portugal. <https://www.cieqv.pt/2nd-international-congress/>
24. Espada, M., Valadas, I., Sousa, B., Santos, M., Ferreira, C., Figueiredo, T., & Santos, F. (2023, April 27-28). The dynamics associated to goal scoring in a sporting season in junior and juvenile football teams [Oral communication]. 10º Congresso da Sociedade Científica de Pedagogia do Desporto, Porto, Portugal. <https://www.ipg.pt/scpd/10congresso-scpd/default.aspx>
25. Espanha, M., Pais, S., & Teles, J. (2023, November 23-24). Comparison between three exercises from the arthritis foundation aquatic program: analysis of plantar pressure and ground reaction force [Poster session]. XXXI Jornadas Internacionais do IPR, Lisboa, Portugal. <https://reumatologia.pt/>
26. Ferreira, C., Muñoz-Jiménez, J., Gamonales, J. M., León, K., Espada, M., & Hernández-Beltrán, V. (2023, October 30-31). Evolution of the Documents Related

- to Boccia: A Bibliometric Analysis of the Paralympic Sport [Oral communication].  
4º Fórum da REDESPP - Desporto, Comunidades e Qualidade de Vida, Viseu, Portugal. <https://indico.esev.ipv.pt/event/1/>
27. Ferreira, S., Araújo, D., & Brito, J. (2023, September 11-12). Artificial Intelligence in Female Football: analyzing successful line breaks passing events and how they are associated with density zones [Oral communication]. SL Benfica Health & Performance Congress, Lisboa, Portugal. <https://www.slbenfica.pt/pt-pt/eventos/health-and-performance-congress>
28. França, C., Martins, F., Ihle, A., Marques, A., Sarmiento, H., Clemente, F. M., Martinho, D., & Gouveia, É. R. (2023, January 26-28). Relação entre a força muscular e o equilíbrio em jovens futebolistas do sexo masculino [Oral communication]. XIX Congresso de Ciências do Desporto e Educação Física dos Países de Língua Portuguesa, Coimbra, Portugal. <https://xixccdefplp.seuescritorio.com/wp/>
29. Gaspar, S., Peralta, M., Budri, A., Ferreira, C., & Matos, M. G. (2023, March 17-17). Perfis de risco de desenvolvimento de úlceras por pressão em doentes portugueses hospitalizados [Oral communication]. 14º Fórum Internacional de Úlceras e Feridas, Aveiro, Portugal. [https://justnews.pt/documentos/2015/image/file/09/Programa\\_XIV\\_Forum.pdf](https://justnews.pt/documentos/2015/image/file/09/Programa_XIV_Forum.pdf)
30. Gouveia, É. R., França, C., Martinho, M., Nascimento, M., Ihle, A., Sarmiento, H., & Marques, A. (2023, March 5-6). The effect of soccer training on body composition and physical fitness in young people [Oral communication]. Congresso Internacional “Desporto para Crianças e Jovens”, Lisboa, Portugal. <https://motricidade.com/event/congresso-internacional-desporto-para-criancas-e-jovens-cidade-do-futebol/>

31. Gouveia, É. R., Marques, A., Gouveia, B. R., Nascimento M., França, C., Martins. F., Martinho, D., Campos, P., & Ilhe, A. (2023, January 26-28). A aptidão funcional e o risco de quedas em pessoas idosas [Oral communication]. XIX Congresso de Ciências do Desporto e Educação Física dos Países de Língua Portuguesa, Coimbra, Portugal. <https://xixccdefplp.seuescritorio.com/wp/>
32. Gouveia, É. R., Marques, A., Ihle, A., Rodrigues, A., Antunes, H., Caldeira, H., Luz, P., & Lopes, H. (2023, April 27-28). Aptidão física e composição corporal em jovens árbitros de jogos de invasão [Oral communication]. 10º Congresso da Sociedade Científica de Pedagogia do Desporto, Porto, Portugal. <https://www.ipg.pt/scpd/10congresso-scpd/default.aspx>
33. Gouveia, É. R., Rodrigues, A., Correia, A. L., Antunes, Alves, R., Ilhe, A., Marques, A., Gouveia, B. R., França, C., Martins. F., & Lopes, H. (2023, January 26-28). A variação da atividade física moderada-a-vigorosa semanal em estudantes do 3º ciclo e secundário [Oral communication]. XIX Congresso de Ciências do Desporto e Educação Física dos Países de Língua Portuguesa, Coimbra, Portugal. <https://xixccdefplp.seuescritorio.com/wp/>
34. Jaleco, R., Jerónimo, D., Pinto, A., Ferreira, M., Santos, F., Espada, M., Colaço, G., & Jardim, M. (2023, February 23-24). Effects of an eccentric strengthening exercise program on hamstrings muscle activity and physical performance in a physically active population [Oral communication]. II International Congress – CIEQV, Leiria, Portugal. <https://www.cieqv.pt/2nd-international-congress/>
35. Luz, C., Rodrigues, L. P., Pombo, A., Dionísio, J., & Cordovil, R. (2023, November 23-25). Motor competence assesement: fiabilidade interobservador. [Oral communication]. XVIII Seminário de Desenvolvimento Motor da Criança, Maia,

- Portugal. <https://www.umaia.pt/pt/eventos/xviii-seminario-do-desenvolvimento-da-crianca>
36. Macedo, L., Volossovitch, A., & Carita, A. I. (2023, November 23-24). Playing without goalkeeper. The use of an empty goal in high-performance men's handball [Oral communication]. EHF Scientific Conference 2023, Porto, Portugal.  
<https://www.eurohandball.com/media/ak2o0jej/sc-programme-2023-a4-1.pdf>
  37. Márcia, P., Carnide, F., & Cotrim, T. (2023, July 20-21). Work Ability Determinants in Industry: what are the gaps? - a narrative review [Oral communication]. International Symposium on Occupational Safety and Hygiene (SHO2023), Porto, Portugal. <https://www.sposho.pt/sho-2023-pt/>
  38. Marques, A. (2023, November 27). Equilíbrio em movimento [Oral communication]. "Dos pés à cabeça – uma visão holística do stress, ansiedade e burnout", Coimbra, Portugal.
  39. Marques, A. (2023, February 17). A atividade física na escola e na adolescência [Oral communication]. Seminário "O desporto precisa de todos. Como? - Promoção da atividade física", Mealhada, Portugal.
  40. Marques, A. (2023, September 14). A importância da atividade física no tratamento da depressão [Oral communication]. XXIV Jornadas da Sociedade Portuguesa de Psicologia do Desporto, Funchal, Portugal.  
[https://www.xxivjornadaspsicologiadodesporto.com/\\_files/ugd/dffa72\\_b33a714ad8414126a6f66aa55fe15228.pdf](https://www.xxivjornadaspsicologiadodesporto.com/_files/ugd/dffa72_b33a714ad8414126a6f66aa55fe15228.pdf)
  41. Marques, J. D., Gomes, F., Rosa, G. B., & Volossovitch, A. (2023, November 23-24). Effects of small-sided games formats on performance of U11 handball players [Oral communication]. EHF Scientific Conference 2023, Porto, Portugal.  
<https://www.eurohandball.com/media/ak2o0jej/sc-programme-2023-a4-1.pdf>

42. Martins, D., Pereira, F., Braz, D., & Marques, A. (2023, September 14-14). O efeito mediador das crenças na competência desportiva na relação entre a orientação para a tarefa e a motivação em futebolistas [Oral communication]. XXIV Jornadas da Sociedade Portuguesa de Psicologia do Desporto, Funchal, Portugal.  
[https://www.xxivjornadaspsicologiadodesporto.com/\\_files/ugd/dffa72\\_b33a714ad8414126a6f66aa55fe15228.pdf](https://www.xxivjornadaspsicologiadodesporto.com/_files/ugd/dffa72_b33a714ad8414126a6f66aa55fe15228.pdf)
43. Martins, F., Lopes, H., França, C., Marques, A., & Gouveia, É. R. (2023, April 27-28). A perspetiva dos alunos à implementação de uma unidade didática presencial de aptidão física em tempos de COVID-19 [Oral communication]. 10º Congresso da Sociedade Científica de Pedagogia do Desporto, Porto, Portugal.  
<https://www.ipg.pt/scpd/10congresso-scpd/default.aspx>
44. Martins, F., Marques, A., França, C., Sarmento, H., Henriques, R., Ihle, A., Nascimento, M., Saldanha, C., Przednowek, K., & Gouveia, É. R. (2023, January 26-28). Efeitos da carga externa semanal nas lesões desportivas de jogadores profissionais masculinos de futebol [Oral communication]. XIX Congresso de Ciências do Desporto e Educação Física dos Países de Língua Portuguesa, Coimbra, Portugal. <https://xixccdefplp.seuescritorio.com/wp/>
45. Matias, C. N., Cavaca, M. L., Reis, J. F., Baptista, F., João, F., Morgado, J., Carlos, R., Borges, H., Cardoso, J., Teixeira, F. J., Vaz, J. R., Rosário, I., Ribeiro, H., Pardal, M., Vitorino, S., Silva, C., Monteiro, C. P., & Valamatos, M. J. (2023, October 20-20). Estudo da Fadiga nas operações aéreas da Força Aérea [Oral communication]. VIII Jornadas de Medicina Aeroespacial e 6ª Reunião da Sociedade Médica Científica Aeroespacial Portuguesa, Sintra, Portugal.  
<https://www.emfa.pt/noticia-4355-viii-jornadas-de-medicina-aeroespacial>



46. Mercê, C., Davids, K., Cordovil, R., Catela, D., & Branco, M. (2023, November 23-25). Learning to cycle: why is the balance bike more efficient than the bicycle with training wheels? [Oral communication]. XVIII Seminário de Desenvolvimento Motor da Criança, Maia, Portugal. <https://www.umaia.pt/pt/eventos/xviii-seminario-do-desenvolvimento-da-crianca>
47. Moço, D., Moniz-Pereira, V., & Fernandes, R. (2023, May 26-27). Can physical/performance-based tests predict low back Pain recurrence? [Poster session]. 4th Comprehensive Health Research Centre Annual Summit, Évora, Portugal. <https://www.chrc.pt/en/communication/articles/sejam-bem-vindos-a-evora-ao-4th-chrc-annual-summit>
48. Neto, C. M., Oliveira, R., & Pezarat-Correia, P. (2023, July 5-7). Improving Shoulder Function in Breast Cancer Survivors: The Impact of an Exercise Program [Oral communication]. Egas Moniz International Scientific Congress, Costa da Caparica, Portugal. <https://ciemcongress.com/#>
49. Peralta, M. (2023, April 20). Atividade física, exercício físico e depressão [Oral communication]. II Seminário Exercício e Saúde Mental, Almada, Portugal. <https://ipiaget.org/nova-edicao-do-seminario-exercicio-e-saude-mental-pelo-iseit-de-almada/>
50. Pezarat-Correia, P. (2023, July 3). Neurofisiologia do controlo motor [Oral communication]. Egas Moniz International Scientific Congress, Costa da Caparica, Portugal. <https://www.egasmoniz.com.pt/estudar/prr/variabilidade-na-desorganizacao-funcional-do-movimento>
51. Ribeiro, T., Gouveia, É. R., Peralta, M., & Marques, A. (2023, September 15). Promoting health and access to sport equipment (PHASE) [Oral communication]. XXIV Jornadas da Sociedade Portuguesa de Psicologia do Desporto, Funchal,

Portugal.

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52. Ribeiro, T., Marques, A., Silveira, A., Rodrigues, D., Casqueiro, J., & Onofre, M. (2023, April 27-28). A utilização de vídeos ilustrativos de tarefas como ferramenta de apoio à instrução: estudo de caso numa escola com professores estagiários [Oral communication]. 10º Congresso da Sociedade Científica de Pedagogia do Desporto, Porto, Portugal. <https://www.ipg.pt/scpd/10congresso-scpd/default.aspx>
53. Robalo, R., Macedo, A., Ferreira, C., Pessoa Filho, D. M., Massini, D., Castro, E., Gamonales, J. M., Espada, M., Almeida, T., & Hernández-Beltrán, V. (2023, October 30-31). Relationship Between Femur Mineral Content and Local Muscle Strength and Size [Oral communication]. 4º Fórum da REDESPP - Desporto, Comunidades e Qualidade de Vida, Viseu, Portugal. <https://indico.esev.ipv.pt/event/1/>
54. Rodrigues, A., Lucas, H., Carnide, F., Baptista, F., Martins, H., Fonseca, P., & Timmons, S. (2023, October 26-27). Projeto chAnGE - Alterações Climáticas e Envelhecimento Saudável [Oral communication]. Geriatrics Studies Center of the Portuguese Society of Internal Medicine, Lisboa, Portugal. <https://www.spmi.pt/6a-reuniao-do-nucleo-de-estudos-de-geriatria/>
55. Rodrigues, L. P., Luz, C., Silva, B., Pombo, A., Lopes, V., & Cordovil, R. (2023, November 23-25). Relação entre competência motora, estatuto ponderal, e aptidão cardiorrespiratória em jovens dos 7 aos 16 anos de idade. [Oral communication]. XVIII Seminário de Desenvolvimento Motor da Criança, Maia, Portugal. <https://www.umaia.pt/pt/eventos/xviii-seminario-do-desenvolvimento-da-crianca>

56. Rosado, A. (2023, May 3-4). Conversas sobre Saúde e Bem-estar das Crianças e dos Adolescentes [Keynote]. 13º Congresso Internacional de Psicologia da Criança e do Adolescente, Lisboa, Portugal. <https://eventos.lis.ulusiada.pt/2022-2023/13-cipca>
57. Rosado, A. (2023, January 26). Slow Science [Keynote]. 6.as Jornadas da CLISSIS - Investigação Social na Atualidade, Lisboa, Portugal. <https://eventos.lis.ulusiada.pt/2022-2023/6-jornadas-clissis?edgmid=0&edgpid=12613&edgmid=0&edgpid=12613>
58. Santa-Clara, H. (2023, July 17). Possíveis mecanismos de proteção do exercício na função cognitiva [Keynote]. 37ª Reunião do Grupo de Estudos de Envelhecimento Cerebral e Demência, Lisboa, Portugal. <https://www.geecd.pt>
59. Santa-Clara, H. (2023, September 14). Dos 12 aos 24 meses - Como promover um estilo de vida ativo? [Keynote]. Estilo de Vida Saudável nos Primeiros 1000 dias de Vida. Formação em 1000 minutos, Lisboa, Portugal. <https://www.medicina.ulisboa.pt/curso-estilo-de-vida-saudavel-nos-primeiros-1000-dias-de-vida-formacao-em-1000-minutos>
60. Santa-Clara, H. (2023, September 28). Reabilitação Cardiovascular: Desafios, Dificuldades e Soluções - Papel do exercício para melhorar a composição corporal e o perfil metabólico [Keynote]. XXIII Congresso Sociedade Portuguesa de Medicina Física e Reabilitação, Porto, Portugal. <https://congressospmfr.pt>
61. Santa-Clara, H. (2023, November 17). Tempo para brincar/tempo para aprender e não só... na sessão “Comer, dormir e não só...” [Keynote]. XXVIII Jornadas de Pediatria de Leiria e Caldas da Rainha – Consensos e Controvérsias, Caldas da Rainha, Portugal. <https://www.spp.pt/eventos/default.asp?ida=12562&ID=136>

62. Santos, F., Sancassani, A., Peres, A., Verardi, C., Pessoa Filho, D. M., Castro, E., de Moraes, M., Espada, M., & Almeida, T. (2023, October 30-31). Comparing the Smartphone Video Analysis to the Markov's Position Modeling for Detecting Joint Instability in Weightlifting Exercises [Oral communication]. 4º Fórum da REDESPP - Desporto, Comunidades e Qualidade de Vida, Viseu, Portugal.  
<https://indico.esev.ipv.pt/event/1/>
63. Silva, A. M. (2023, May 12-14). A regulação do balanço energético e as implicações na gestão do peso e composição corporal [Keynote]. Exercise Summit: Conferência de Exercício e Saúde-5ª edição, Lisboa, Portugal.  
<https://exercis summit.pt/>
64. Silva, A. M. (2023, May 16-20). Composição corporal e balanço energético: avanços científicos e tecnológicos [Keynote]. IX CONBRAMENE - Congresso Brasileiro de Metabolismo, Exercício e Nutrição, Londrina, Portugal.  
<https://conbramene.com.br/#>
65. Silva, A. M. (2023, January 26-28). Body Composition and Energy Balance Regulation [Keynote]. XIX Congresso de Ciências do Desporto e Educação Física dos Países de Língua Portuguesa, Coimbra, Portugal.  
<https://xixccdeflp.seuescritorio.com/wp/>
66. Soldado, E., Loureiro, N., Marques, A., & Magro-Linderkamp, M. (2023, June 21-21). Mental weelbeing after a ride. Is nature better? [Oral communication]. I Encontro Científico de Saúde e Bem-Estar, Braga, Portugal.  
<https://uicisaeuminho.wixsite.com/saudeebemestar/blank-1>
67. Volossovitch, A. (2023, June 6). Controlo do treino em atletas em fase de maturação e crescimento [Webinar]. Comité Olímpico de Portugal - Performance

Olímpica, Lisboa, Portugal. <https://comiteolimpicoportugal.pt/formacao-e-desenvolvimento/performance-olimpica/>

68. Volossovitch, A., Marques, J. D., & Carrilho, D. (2023, November 23-24). Effects of small-sided games formats on collective behaviors of young handball players [Oral communication]. EHF Scientific Conference 2023, Porto, Portugal. <https://www.eurohandball.com/media/ak2o0jej/sc-programme-2023-a4-1.pdf>

### ***Abroad***

1. Aboarrage, A. M., Machado, A. F., Bocalini, D., & Yazigi, F. (2023, April/May 30-5). Effect of aquatic program on strength and indicators of sarcopenia in the elderly [Poster session]. 2023 International Aquatic Fitness & Therapy Conference, Orlando, Florida, USA. <https://aeawave.org/IAFTC>
2. Abreu, F. A., Zymbal, V., & Baptista, F. (2023, March 22-24). Musculoskeletal fitness and physical functioning in older women [Poster session]. 13th International Conference on Frailty & Sarcopenia Research (ICFSR), Toulouse, France. <https://link.springer.com/journal/42415/volumes-and-issues/12-1/supplement>
3. Araújo, D. (2023, May 25). The ecological dynamics of skill learning in sport [Keynote]. 16th Conference of Baltic Society of Sport Sciences, Biala Podlaska, Poland. <https://bsss.awf-bp.edu.pl/index.php/information/information-keynote-speakers>
4. Araújo, D. (2023, October 13-14). Identificación de la habilidad deportiva: desde la perspectiva de la dinámica ecológica [Keynote]. 1er Seminário Internacional en Ciencias del Deporte, Zipaquirá, Colombia. <https://extrategiamedios.com/zipaquirasede-del-primer-seminario-internacional-en-ciencias-del-deporte-los-dias-13-y-14-de-octubre/>

5. Araújo, D. (2023, August 31). Abordagem ecológica e a pedagogia não linear: indicações para a prática de professores e treinadores [Keynote]. 1º Seminário Internacional: Desenvolvimento de atletas a longo prazo: perspectivas interdisciplinares, Porto Alegre, Brazil. <https://www.seminariojovensatletas.com.br>
6. Araújo, D. (2023, September 1). Desenvolvimento de atletas a longo prazo e o alcance da experiência esportiva [Keynote]. 1º Seminário Internacional: Desenvolvimento de atletas a longo prazo: perspectivas interdisciplinares, Porto Alegre, Brazil. <https://www.seminariojovensatletas.com.br>
7. Araújo, D. (2023, September 1). Monitoramento do treino e da performance [Keynote]. 1º Seminário Internacional: Desenvolvimento de atletas a longo prazo: perspectivas interdisciplinares, Porto Alegre, Brazil. <https://www.seminariojovensatletas.com.br>
8. Araújo, D. (2023, November 23). Ecological dynamics of decision making in sport [Keynote]. 1st International Conference in Complexity and Dynamics Systems in Sports Training, Madrid, Spain. <https://www.youtube.com/watch?v=Fbo8P5jB1U8>
9. Araújo, D. (2023, August 22-25). Dinâmica ecológica do desenvolvimento da equipa de futebol [Keynote]. I Congresso Nacional Academia e Futebol, Manaus, Brazil. <https://congressonaf.com.br/index.php#modal>
10. Araújo, D. (2023, November 13-14). Competências psicológicas para jogar futebol [Keynote]. 1º Meeting Internacional de Futebol Mário Esteves Coluna, Maputo, Mozambique. <https://futebol.seminarioafs2023.com>
11. Araújo, D. (2023, October 12-12). Big Data en el Deporte [Keynote]. XII Congreso Internacional de Ciencias del Deporte, Bogotá, Colombia. <https://olimpicocol.co/web/xii-congreso-internacional-de-ciencias-del-deporte-la-innovacion-tecnologica-al-servicio-del-deporte/>

12. Araújo, D. (2023, October 11). Tecnología e inteligencia artificial en el Deporte [Keynote]. XII Congreso Internacional de Ciencias del Deporte, Bogotá, Colombia.  
<https://olimpicocol.co/web/xii-congreso-internacional-de-ciencias-del-deporte-la-innovacion-tecnologica-al-servicio-del-deporte/>
13. Araújo, D. (2023, June 21-23). Sistemas complejos, entrenamiento y rendimiento deportivo [Keynote]. XII Congreso Internacional de la Asociación Española de Ciencias del Deporte, Madrid, Spain. <https://congresoaccd2023.com>
14. Brito, H., Carvalho, M., Lopes, H., & Araújo, D. (2023, May 21-23). Effects of Nature-based and Indoor Contexts on Movement Variability and Performance of Calisthenic Exercises [Oral communication]. XII Congreso Internacional de la Asociación Española de Ciencias del Deporte, Madrid, Spain.  
<https://congresoaccd2023.com>
15. Burnay, C., Button, C., Anderson, D. I., & Cordovil, R. (2023, June 1-3). The effect of baby swimming programs on infants' perception of the risk & avoidance of bodies of water [Oral communication]. North American Society for the Psychology of Sports and Physical Activity 2023 Annual Conference (NASPSPA 2023), Toronto, Canada.  
<https://www.naspspa.com/2023-annual-conference/>
16. Carvalho, A., Vanrenterghem, J., Cabral, S., Veloso, A. P., & Moniz-Pereira, V. (2023, July 31-3). Test-retest reliability of markerless three-dimensional gait kinematics and kinetics, in healthy older adults [Oral communication]. XXIX Congress of the International Society of Biomechanics, Fukuoka, Japan.  
<https://www.isb-jsb2023.com/>
17. Carvalho, L., Encantado, J., Veiga, D., Kettner, H., Timmermann, C., & Teixeira, P. J. (2023, August 31-3). A Scoping Review of Research Methodologies Used in

- Naturalistic Studies With Psychedelics [Poster session]. INSIGHT 2023, Berlin, Germany. <https://insight-conference.eu/>
18. Carvalho, L., Encantado, J., Veiga, D., Moller, A. C., Cornelius, T., & Teixeira, P. J. J. (2023, September 4-8). Health behavior change through psychedelics: an international population survey [Poster session]. European Health Psychology Society Annual Meeting, Bremen, Germany. <https://2023.ehps.net/>
  19. Cavaca, M. L., Fatela, P., Reis, J. F., Passos, P., Brito J., & Valamatos, M. J. (2003, July 4-7). Physical performance differences between group and final stages in the 2022 FIFA world cup [Oral communication]. European College of Sport Science Congress, Paris, France. <https://sport-science.org/index.php/congress/ecss-paris-2023>
  20. Cavaca, M. L., Matias, C. N., Reis, J. F., Teixeira, F. J., Baptista, F., João, F., Vaz, J. R., Morgado, J., Carlos, R., Rosário, I., Ribeiro, H., Pardal, M., Vitorino, S., Silva, C., Monteiro, C. P., & Valamatos, M. J. (2023, March 21-24). Study of fatigue in the Portuguese Air Force crew during a mission to the islands [Oral communication]. 2023 NATO - Aerospace Medicine Summit and NATO Science and Technology Organization Technical Course HFM-364, Garmisch-Partenkirchen, Germany. <https://events.sto.nato.int/index.php/upcoming-events/download.file/2664>
  21. Cordovil, R. (2023, December 11-15). Comparação transcultural da competência motora em crianças do sul do Brasil e de Portugal [Keynote]. 1º Seminário Internacional em Desporto, Educação Física e Saúde, Praia, Cape Verde. <https://www.unicv.edu.cv/pt/faed/noticias-faed/4106-uni-cv-organiza-i-seminario-internacional-em-desporto-educacao-fisica-e-saude-pratica-laboratorial-em-desenvolvimento-motor>
  22. Cordovil, R. (2023, May 3). Motor Development and Motor Behavior [Keynote]. Guest Lecture for the Wellness Integrated Medicine Elective Block of the Medical



Faculty Universitas Sumatera Utara, Utara, Indonesia.

[https://iao.usu.ac.id/index.php?option=com\\_content&view=article&id=147:wellness-integrated-medicine-wim-the-first-piloting-of-the-spirit-project-2023&catid=12:announcement](https://iao.usu.ac.id/index.php?option=com_content&view=article&id=147:wellness-integrated-medicine-wim-the-first-piloting-of-the-spirit-project-2023&catid=12:announcement)

23. Cordovil, R. (2023, October 23-24). Letting children be children: for an active childhood in a digital world. [Keynote]. OECD, 21st Century Experts Meeting: the nature of modern childhood, Dublin, Ireland.  
  
<https://www.oecd.org/education/ceri/21st-century-children.htm>
24. Cordovil, R. (2023, September 14-15). Promover a competência motora: o papel da experiência e do risco ao longo do desenvolvimento [Keynote]. III Seminário Gaúcho de Comportamento Motor, Porto Alegre, Brazil.  
  
<http://www.ufrgs.br/ppgcmh/site/noticias/171/III-Seminario-Gaucha-de-Comportamento-Motor/>
25. Cordovil, R., Rodrigues, L. P., Luz, C., Flôres, F., & Sá, C. (2023, June 1-3). Motor profile of Brazilian children on the MCA instrument: A crosscultural study. [Oral communication]. NASPSA Conference, Toronto, Canada.  
  
<https://www.naspsa.com/2023-annual-conference/>
26. Correia, V. (2023, October 10-12). Presenting University of Algarve as partner university of SEA EU [Oral communication]. 1st International Staff Week "Challenges & Opportunities: International Sports Context" (European University of the Seas - SEA EU), Split, Croatia. <https://sea-eu.org>
27. Correia, V. (2023, March 22-24). Estructurando la Educación Física en la Infancia a través del lente de la Dinámica Ecológica [Oral communication]. VII Congreso Internacional en Investigación y Didáctica de la Educación Física – ADDJES,

- Granada, Spain. <https://sites.google.com/go.ugr.es/congresoaddijes/congresos/vii-congreso-2023>
28. Correia, V. (2023, March 22-24). "Rugby Tag" [Workshop]. VII Congreso Internacional en Investigación y Didáctica de la Educación Física – ADDJES, Granada, Spain. <https://sites.google.com/go.ugr.es/congresoaddijes/congresos/vii-congreso-2023>
29. Curto, D., Nicolau, M., Espada, M., Monteiro, C., Matias, C., Morgado, J., Alves, F., & Reis, J. F. (2023, July 4-7). The influence of sex on pulmonary oxygen uptake and deoxyhemoglobin kinetics during moderate and supramaximal intensity running [Oral communication]. 28th Annual Congress of the European College of Sport Science, Paris, France. <https://sport-science.org/index.php/congress/ecss-paris-2023>
30. de Lima, A. B., Henriques-Neto, D., Torres-Costoso, A., Zymbal, V., Gouveia, É. R., & Baptista, F. (2023, March 22-24). Sarcopenic syndrome phenotype in older adults from Amazonas, Brasil [Poster session]. 13th International Conference on Frailty & Sarcopenia Research (ICFSR), Toulouse, France.  
<https://link.springer.com/journal/42415/volumes-and-issues/12-1/supplement>
31. de Marco, R. L., Baptista, F., Narciso, P. H., & Fernandes, R. A. (2023, September 6-9). Gravitational vs. Muscle Forces and Bone Properties among Male Adolescents: ABCD – Growth Study [Poster session]. Pediatric Work Physiology (PWP) Conference, Wales, UK. <https://doi.org/10.1123/pes.2023-0136>
32. de Marco, R. L., Zymbal, V., Fernandes, R. A., & Baptista, F. (2023, May/June 30-2). Physical activity phenotypes and musculoskeletal health in 10-11-year-old boys and girls [Poster session]. American College of Sports Medicine Annual Meeting, Denver, USA. <https://journals.lww.com/acsm->

msse/fulltext/2023/09001/physical\_activity\_phenotypes\_and\_musculoskeletal.1348.a  
spx

33. Encantado, J., Kohek, M., Carvalho, L., Veiga, D., Marguilho, M., Ona, G., dos Santos, R. G., Hallak, J. E. C., Alcázar-Córcoles, M. Á., Teixeira, P. J., & Bouso, J. C. (2023, September 4-8). Is Drinking the Psychedelic Ayahuasca Associated with Improved Health and Health Behaviors [Poster session]. European Health Psychology Society Annual Meeting, Bremen, Germany. <https://2023.ehps.net/>
34. Espada, M., Almeida, A., Santos, F., Reis, J. F., Ferreira, C., Pessôa Filho, D. M., Almeida, T., Pereira, P., & Vicente, F. (2023, July 4-7). Water Intake Influence in Swimming Performance in 100-m Front Crawl in Well-Trained Swimmers [E-poster]. 28th Annual Congress of the European College of Sport Science, Paris, France. <https://sport-science.org/index.php/congress/ecss-paris-2023>
35. João, F., Mateus, R., Xarez, L., & Veloso, A. P. (2023, July/August 30-3). Lower limb mechanical load in ballet jumps with turnout and neutral positions (work in progress) [Poster session]. XXIX Congress of the International Society of Biomechanics, Fukuoka, Japan. <https://www.isb-jsb2023.com/>
36. Johnstone, A., Mccrorie, P., Cordovil, R., Fjørtoft, I., Livonen, S., Jidovtseff, B., Lopes, F., Reilly, J., Thomson, H., Wells, V., & Martin, A. (2023, June 6-9). A mixed-methods systematic review on the associations between nature-based early learning and childcare and children's play behaviour. [Oral communication]. International Play Association Triennial World Conference XXII - IPA Glasgow 2023 "Play: Rights & Possibilities", Glasgow, Scotland. <https://www.ipaglasgow2023.org/>
37. Lopes, H., & Araújo, D. (2023, May 21-23). The Role of Interpersonal Coordination for Performance in Judo: An Ecological Dynamics Approach [Oral communication].

- XII Congreso Internacional de la Asociación Española de Ciencias del Deporte, Madrid, Spain. <https://congresoaeed2023.com>
38. Marques, A., Gouveia, É. R., Ferrari, G., Martins, J., Catunda, R., & Peralta, M. (2023, July 3-3). The effect of school-year and summer break in health-related cardiorespiratory fitness: a 2-year longitudinal analysis [Oral communication]. 28th Annual Congress of the European College of Sport Science, Paris, France. <https://sport-science.org/index.php/congress/ecss-paris-2023>
39. Martins, J. (2023, March 29-29). How are we promoting healthy lifestyles in schools? The EUMOVE and Sintra Grows Healthy Projects [Keynote]. ACTIVE SCHOOL – more physical activities at schools, Bratislava, Slovakia. <https://www.youtube.com/watch?v=4Q0wNMsuIPA>
40. Rocha, A., Alexandre, C., Jorge, S., Santos, S., & Oliveira, R. (2023, June 2-4). Telerehabilitation applied to pediatric population: a systematic review [Poster session]. World Physiotherapy Congress , Dubai, EAU. <https://world.physio/congress#/home>
41. Rodrigues, L. P., Cordovil, R., Luz, C., Silva, B., Pombo, A., & Lopes, V. P. (2023, June 1-3). Relationship between motor competence, weight status, and cardiorespiratory fitness from 7 to 16 years of age [Oral communication]. NASPSA Conference, Toronto, Canada. <https://www.naspsa.com/2023-annual-conference/>
42. Rosado, A. (2023, November 22-23). Cómo podemos cuidar la salud mental del deportista de alta competición [Keynote]. I Foro Deporte y Salud Mental, Almería, Spain. <https://www.canalsur.es/rtva/rsc/i-foro-deporte-y-salud-mental/1981687.html>
43. Santos-Rocha, R. (2023, October 26-27). Actividad física durante el embarazo y posparto [Oral communication]. I Congreso Internacional de Mujeres en las Ciencias

del Deporte - Càtedra Dona i Esport de la Universitat de València, València, Spain.

<https://www.catedradonaiesportuv.com>

44. Sardinha, L. B. (2023, June/July 28-1). 31st International Summer School for Kinesiologists [Keynote]. Another Look to Monitoring, Surveillance and Counseling Systems to Improve Physical Fitness Education, Zadar, Croatia.  
<https://www.hrks.hr/summer-school/basic-information>
45. Sardinha, L. B. (2023, November 24-26). Women's Universe: Training, Nutrition, Health and Disease [Keynote]. Body Composition, Energy Expenditure and Weight Regulation, Bologna, Italy.
46. Sardinha, L. B. (2023, June/July 28-1). 31st International Summer School for Kinesiologists [Keynote]. Classroom Standing Desks Work? Summer Breaks Influence Fitness? Intensity Matters? Zadar, Croatia. <https://www.hrks.hr/summer-school/basic-information>
47. Seixas, P., Moreira, M., Oliveira, R., & Carita, A. I. (2023, July 5-8). Performance training and injury prevention in young surfers: An update from portuguese research [Oral communication]. World Surfing Medicine Conference, Valdovino Galiza, Spain. <https://www.surfingmed.com/world-conference-2023/>
48. Silva, A. M. (2023, November 24-26). Water turnover and hydration status in active populations [Keynote]. 6th International SINSeB-SINut Juventus medical, Bologna, Italy. <https://www.sinseb.it/?p=2128>
49. Szumilewicz, A., Santos-Rocha, R. et al. (2023, May/June 30-2). Effects of HIIT during Pregnancy [Poster session]. 2023 ACSM Annual Meeting, Denver, USA. <https://www.acsm.org/annual-meeting/future-past-meetings/past-meetings>
50. Szumilewicz, A., Santos-Rocha, R. et al. (2023, July 4-7). Training exercise and sport professionals to supervise exercise programs tailored to pregnant and postpartum

- women [Oral communication]. 28th Annual Congress of the European College of Sport Science, Paris, France. <https://sport-science.org/index.php/congress/ecss-paris-2023>
51. Teixeira, P. J. (2023, October 27-29). Preventive and Behavioral Psychedelics: New Areas in Psychedelic Science? [Oral communication]. ALPS 2023, Geneva, Switzerland. <https://www.alpsconference.com>
  52. Teixeira, P. J. (2023, August 31-3). Behavioral Psychedelics: An Updated Review of the Evidence [Oral communication]. INSIGHT 2023, Berlin, Germany. <https://insight-conference.eu/>
  53. Torres-Costoso, A. I., Zymbal, V., Janz, K. F., & Baptista, F. (2023, March 22-24). Identification of risk phenotypes for sarcopenia in pediatric ages [Poster session]. 13th International Conference on Frailty & Sarcopenia Research (ICFSR), Toulouse, France. <https://link.springer.com/journal/42415/volumes-and-issues/12-1/supplement>
  54. Valamatos, M. J., Cavaca, M. L., Matias, C. N., Reis, J. F., Teixeira, F. J., & Monteiro, C. P. (2023, July 4-7). Does the ultrasound thickness represent an accurate method to predict lean mass in resistance trained men? [Oral communication]. 28th Annual Congress of the European College of Sport Science, Paris, France. <https://sport-science.org/index.php/congress/ecss-paris-2023>
  55. Veiga, D., Peralta, M., Carvalho, L., Encantado, J., Gouveia, É. R., Teixeira, P. J., & Marques, A. (2023, September 4-8). Moderating effect of grip strength in the association between cancer and depression symptomatology [Oral communication]. 37th Annual Conference of the European Health Psychology Society, Bremen, Germany. <https://2023.ehps.net/>
  56. Wegrzyk, J., Santos-Rocha, R. et al. (2023, July 4-7). Strengthening competences of future health professionals in physical activity promotion [Oral communication]. 28th

Annual Congress of the European College of Sport Science, Paris, France.

<https://sport-science.org/index.php/congress/ecss-paris-2023>

57. Weman, K., Stenling, A., Encantado, J., Carraça, E., et al. (2023, May 30-2).

Psychometric testing and international validation of Behavioral Regulations in Exercise [Oral communication]. International Self-Determination Theory Conference 2023, Orlando, USA. <https://insight-conference.eu/>

58. Yazigi, F. (2023, April/May 30-5). AquaSpecial: Class Design for Special Pops [Oral communication]. 2023 International Aquatic Fitness & Therapy Conference, Orlando, Florida, USA. <https://aeawave.org/IAFTC>

59. Yazigi, F. (2023, April/May 30-5). Aquatic Exercise for Knee Osteoarthritis [Oral communication]. 2023 International Aquatic Fitness & Therapy Conference, Orlando, Florida, USA. <https://aeawave.org/IAFTC>

60. Yazigi, F. (2023, October 26-27). Programa acuático para entrenamiento de fuerza y prevención de sarcopenia en mayores [Oral communication]. IV International Conference "Healthy-Age: Active ageing, exercise and health", Murcia, Spain. <https://www.healthyagenet.org/es/iv-jornadas/>

61. Yazigi, F. (2023, November 16-19). Deep-Interval- Una propuesta de entrenamiento acuático para Personas con Obesidad [Oral communication]. X Congreso Internacional de Actividades Acuáticas, Valência, Spain. <https://www.fdmvalencia.es/es/eventos/x-congreso-internacional-de-actividades-acuaticas/>

62. Yazigi, F. (2023, November 16-19). Entrenamiento intermitente para mejora la composición corporal en personas con obesidad [Oral communication]. X Congreso Internacional de Actividades Acuáticas, Valência, Spain.

<https://www.fdmvalencia.es/es/eventos/x-congreso-internacional-de-actividades-acuaticas/>

## **Symposia Contributions**

### ***In Portugal***

1. Araújo, D. (2023, September 14-16). Comportamento coletivo no futebol de alta performance. In Araújo, D., Caldeira, N., & Sarmento, H. (Chair), Comportamento Coletivo do Futebol de Alto Rendimento [Symposium]. XXIV Jornadas da Sociedade Portuguesa de Psicologia do Desporto, Funchal, Portugal.  
<https://www.xxivjornadaspsicologiadodesporto.com>
2. Araújo, D. (2023, November 24). In Jorge, D. (Chair), Psicologia, Valores e Educação [Symposium]. Congresso Internacional de Ética no Desporto, Espinho, Portugal. <https://portal.cm-espinho.pt/pt/eventos/congresso-internacional-de-etica-no-desporto/>
3. Araújo, D. (2023, June 4). In Ramires, A. B. (Chair), Saúde Mental no Desporto [Symposium]. 10º Congresso Treinadores de Língua Portuguesa, Viana do Castelo, Portugal. <https://treinadores.pt/en/10congresso>
4. Araújo, D. (2023, June 11). In Teixeira, A. (Chair), Treino comportamental: ação e emoção [Symposium]. Cátedra Manuel Sérgio da Universidade Católica Portuguesa, Feira do Livro de Lisboa, Lisboa, Portugal.  
[https://www.uceditora.ucp.pt/pt/events?event\\_id=46&eventslink=feira-do-livro-de-lisboa-2023](https://www.uceditora.ucp.pt/pt/events?event_id=46&eventslink=feira-do-livro-de-lisboa-2023)
5. Borges, H., Matias, C. N., Cavaca, M. L., Curto, D., Nicolau, M., João, F., Morgado, J., Cardoso, J., Carlos, R., Pardal, M., Vitorino, S., Ribeiro, H., Silva, C., Rosário, I., Vaz, J. R., Teixeira, F. J., Reis, J. F., Batista, F., Monteiro, C. P., & Valamatos, M. J. (2023, November 25). Physiological and psychological characteristics of the



- Portuguese Air Force crews. In n/a (Chair), [Symposium]. Congresso de Exercício e Saúde e Portugal Fit, Santarém, Portugal. <https://www.portugalfit.pt>
6. Brito, H., Lopes, H., Carvalho, M., Carrilho, D., Carvalho, A., Ferreira, S., & Araújo, D. (2023, September 14-16). Diferenças entre Ambiente de Natureza e Indoor no Bem-Estar e na Adaptabilidade do Movimento no Treino de Calistenia. In Araújo, D., & Brito, H. (Chair), Tecnologia guiada pela Teoria da Dinâmica Ecológica para Captar o Comportamento Desportivo [Symposium]. XXIV Jornadas da Sociedade Portuguesa de Psicologia do Desporto, Funchal, Portugal.  
<https://www.xxivjornadaspsicologiadodesporto.com>
  7. Carvalho, A., & Araújo, D. (2023, September 14-16). Autorregulação para a Performance no Serviço do Ténis: Uma Abordagem da Dinâmica Ecológica. In Araújo, D., & Brito, H. (Chair), Tecnologia guiada pela Teoria da Dinâmica Ecológica para Captar o Comportamento Desportivo [Symposium]. XXIV Jornadas da Sociedade Portuguesa de Psicologia do Desporto, Funchal, Portugal.  
<https://www.xxivjornadaspsicologiadodesporto.com>
  8. Carvalho, M., & Araújo, D. (2023, September 14-16). Acoplamento Percepção-Ação e Variabilidade Funcional na Prova de 30 segundos no Rope Skipping. In Araújo, D., & Brito, H. (Chair), Tecnologia guiada pela Teoria da Dinâmica Ecológica para Captar o Comportamento Desportivo [Symposium]. XXIV Jornadas da Sociedade Portuguesa de Psicologia do Desporto, Funchal, Portugal.  
<https://www.xxivjornadaspsicologiadodesporto.com>
  9. Espanha, M. (2023, September 29-30). In Miranda, L. (Chair), Forum of Health Professionals [Symposium]. Global Health Forum, Cascais, Portugal.  
<https://globalhealth-forum.com/>

10. João, F. (2023, January 31). Análise neuromecânica da marcha na identificação, monitorização e apoio à tomada de decisão clínica. In Fred, A. (Chair), Sessão III: Os Sensores e a sua Aplicação [Symposium]. O Desafio dos Dados: Uma Nova Fronteira nas Doenças Neurodegenerativas - Workshop da RedeSAÚDE da Universidade de Lisboa, Lisboa, Portugal. <https://www.ulisboa.pt/evento/workshop-o-desafio-dos-dados-uma-nova-fronteira-nas-doencas-neurodegenerativas>
  
11. Lopes, H., Brito, H., Carrilho, D., Carvalho, A., Ferreira, S., & Araújo, D. (2023, September 14-16). Tomada de Decisão no Judo: Uma Abordagem Dinâmica Ecológica. In Araújo, D., & Brito, H. (Chair), Tecnologia guiada pela Teoria da Dinâmica Ecológica para Captar o Comportamento Desportivo [Symposium]. XXIV Jornadas da Sociedade Portuguesa de Psicologia do Desporto, Funchal, Portugal. <https://www.xxivjornadaspsicologiadodesporto.com>
  
12. Marques, A. (2023, May 4). Desporto e Alimentação Saudável. In Lopes, I. (Chair), Políticas de Saúde e Bem Estar: Desporto e Alimentação Saudável [Symposium]. Fórum de Política Educativa - FALar com Lisboa, Lisboa, Portugal. [https://falisboa-my.sharepoint.com/personal/mariana\\_barbosa\\_falisboa\\_pt/\\_layouts/15/onedrive.aspx?id=%2Fpersonal%2Fmariana%5Fbarbosa%5Ffalisboa%5Fpt%2FDocuments%2FFicheiros%20de%20Conversa%20do%20Microsoft%20Teams%2FFALar%20com%20Lisboa%20%2D%20Nota%20de%20Imprensa%2Epdf&parent=%2Fpersonal%2Fmariana%5Fbarbosa%5Ffalisboa%5Fpt%2FDocuments%2FFicheiros%20de%20Conversa%20do%20Microsoft%20Teams&ga=1](https://falisboa-my.sharepoint.com/personal/mariana_barbosa_falisboa_pt/_layouts/15/onedrive.aspx?id=%2Fpersonal%2Fmariana%5Fbarbosa%5Ffalisboa%5Fpt%2FDocuments%2FFicheiros%20de%20Conversa%20do%20Microsoft%20Teams%2FFALar%20com%20Lisboa%20%2D%20Nota%20de%20Imprensa%2Epdf&parent=%2Fpersonal%2Fmariana%5Fbarbosa%5Ffalisboa%5Fpt%2FDocuments%2FFicheiros%20de%20Conversa%20do%20Microsoft%20Teams&ga=1)
  
13. Marques, A. (2023, March 22-22). Promoção da atividade física e saúde. In Matos, M. (Chair), Práticas de autocuidado e a prevenção na saúde mental [Symposium]. I Encontro para a saúde mental: uma reflexão no ensino superior, Lisboa, Portugal. <https://www.medicina.ulisboa.pt/pausa-para-saude-mental>

14. Matias, C. N., Cavaca, M. L., Reis, J. F., Batista, F., João, F., Morgado, J., Carlos, R., Borges, H., Cardoso, J., Teixeira, F. J., Vaz, J. R., Rosário, I., Ribeiro, H., Pardal, M., Vitorino, S., Silva, C., Monteiro, C. P., & Valamatos, M. J. (2023, October 20). Estudo da Fadiga nas operações aéreas da Força Aérea. In Reis, P. (Chair), Painel I - Conhecimento [Symposium]. VIII Jornadas de Medicina Aeroespacial e 6ª Reunião da Sociedade Médica Científica Aeroespacial Portuguesa, Sintra, Portugal.  
<https://jornadasdamedicina.emfa.pt/>
15. Oliveira, R. (2023, May 12). Aspetos específicos da prevenção de lesões. In Ramires, A. B. (Chair), Curso de Capacitação Psicológica e Preparação Olímpica - Contributos e Interdependências em Contextos De Performance [Symposium]. Acção de formação para Psicólogos do desporto – Organização Comité Olímpico de Portugal, Lisboa. Portugal.  
<https://www.eduolimpica.comiteolimpicoportugal.pt/Pages/Atividade.aspx?at=-90OfCuubEaa3ZwuGm3Ugw>
16. Silva, A. M. (2023, November 14). É possível determinar validamente as necessidades energéticas diárias? A técnica da água duplamente marcada. In Alfaíam, C. M. (Chair), Nutrição em saúde com novas tecnologias [Symposium]. 7ª Conferência Anual da RedeSAÚDE - Viver em Qualidade: Valor Saúde e Bem-estar, Lisboa, Portugal. <https://tecnico.ulisboa.pt/pt/eventos/7-a-conferencia-anual-da-redesaude-da-universidade-de-lisboa-viver-em-qualidade-valor-em-saude-e-bem-estar/>

### ***Abroad***

1. Chambel, C., Rodrigues, F., Monteiro, C. P., Pereira, J. R., & Sousa, M. (2023, December 18-20). Preseason anthropometric characterization of elite world level futsal male players and its correlation to performance. In (Chair), [Symposium].

ISENC 2023 - International Sport + Exercise Nutrition Conference, Manchester, UK.

<https://www.isenc.org/product/international-sports-exercise-nutrition-conference/>

2. João, F. (2023, July 19). Análise de Movimento em Biomecânica com Simulações em Hipogravidade. In Herbert, J., & Russomano, T. (Chair), [Symposium]. IV Seminário em Pesquisa Espacial e Ambientes Extremos (online). Brazil.

<https://www.youtube.com/@spacecenterufcspa>

## **Organization of Conferences, Symposiums, and Congresses**

### ***In Portugal***

1. Araújo, D. (2023, January 26-28). XX Congresso de Ciências do Desporto e Educação Física dos Países de Língua Portuguesa [Member of the Scientific Committee]. Coimbra, Portugal. <https://xixccdeflp.org/com-cientifica/>
2. Araújo, D. (2023, January 21-22). "Tecnologia e Análise de Dados no Desporto" Workshop - ENEO 2023 [Organizer]. Lisboa, Portugal.  
<https://comiteolimpicoportugal.pt/noticias/detalhe-da-noticia/?id=NEW-10513937-1bfa-47d5-a683-eabacd4ee01f&fbclid=IwAR279xmjitJ6ZuA9PjKy2NW54crFiR9Aou3ijmrVapd5r9K0LtBAtr-FAaY>
3. Araújo, D. (2023, September 14-16). Comportamento Coletivo do Futebol de Alto Rendimento [Symposium Chair]. Funchal, Portugal.  
<https://www.xxivjornadaspsicologiadodesporto.com>
4. Araújo, D. (2023, September 14-16). Tecnologia guiada pela Teoria da Dinâmica Ecológica para Captar o Comportamento Desportivo [Symposium Chair]. Funchal, Portugal. <https://www.xxivjornadaspsicologiadodesporto.com>

5. Baptista, F. (2023, November 14). 7ª Conferência da Rede Saúde, – Viver em Qualidade: Valor em Saúde e Bem-Estar [Chair]. Lisboa, Portugal.  
<https://www.ulisboa.pt/evento/7a-conferencia-anual-da-redesaude>
6. Carnide, F. (2023, November 15). 7ª Conferência Anual da RedeSAÚDE “Viver em Qualidade: Valor em Saúde e Bem-Estar” (redeSAÚDE- University of Lisbon) [Chair of the Organizing Committee]. Lisboa, Portugal. <https://www.ulisboa.pt/evento/7a-conferencia-anual-da-redesaude>
7. Carnide, F. (2023, May 18). 5ª Conferência Anual de Saúde Pública da redeSAÚDE: "Novos Conceitos e Instrumentos para Promover a Literacia em Saúde Pública" (redeSAÚDE- University of Lisbon) [Member of the Organizing Committee]. Lisboa, Portugal. <https://www.ulisboa.pt/evento/5a-conferencia-anual-de-saude-publica-da-redesaude>
8. Carnide, F. (2023, January 31-31). O Desafio dos Dados: uma nova fronteira das doenças neurodegenerativas (redeSAÚDE- University of Lisbon) [Member of the Organizing Committee]. Lisboa, Portugal. <https://www.ulisboa.pt/evento/workshop-o-desafio-dos-dados-uma-nova-fronteira-nas-doencas-neurodegenerativas>
9. Carnide, F. (2023, September 21). Workshop "Medicina Genómica e de Precisão em Portugal: Horizonte e Desafios" (redeSAÚDE- University of Lisbon) [Member of the Organizing Committee]. Lisboa, Portugal. <https://www.ulisboa.pt/evento/workshop-medicina-genomica-e-de-precisao-em-portugal-horizonte-e-desafios>
10. Chen, K., & Silva, A. M. (2023, September 10-12). Turning up the heat with physical activity and brown fat [Responsible and co-chair]. Lisboa, Portugal.
11. Cordovil, R. (2023, November 23-25). 18º Seminário de Desenvolvimento Motor da Criança [Scientific commission]. Maia, Portugal.

<https://www.umaia.pt/pt/eventos/xviii-seminario-do-desenvolvimento-da-crianca/comissoes>

12. Cordovil, R. (2023, October 1/May 1). "Infância ativa num mundo digital" Post-graduation course [Coordination]. Lisboa, Portugal.  
  
<https://www.fmh.ulisboa.pt/ensino/pos-graduacoes/infancia-ativa-num-mundo-digital>
13. Correia, V. (2023, November 23-25). XVIII Seminário de Desenvolvimento Motor da Criança [Member of the Scientific Committee]. Maia, Portugal.  
  
<https://www.umaia.pt/pt/eventos/xviii-seminario-do-desenvolvimento-da-crianca/comissoes>
14. Espada, M., Santos, F., & Robalo, R. (2023, May 22-24). Semana das Ciências do Desporto [Organizer]. Setúbal, Portugal.  
  
[https://www.si.ips.pt/ese\\_si/noticias\\_geral.ver\\_noticia?P\\_NR=10999](https://www.si.ips.pt/ese_si/noticias_geral.ver_noticia?P_NR=10999)
15. Espanha, M. (2023, October 17-26). 3º Curso de Especialização em Osteoartrose [Coordinator]. Lisboa, Portugal.
16. Gouveia, É. R., Sarmiento, H., & Teques, P. (2023, September 14-16). XXIV Jornadas da Sociedade Portuguesa de Psicologia do Desporto [President of the Scientific Committee]. Funchal, Portugal. <https://www.xxivjornadaspsicologiadodesporto.com/>
17. Marconcin, P. (2023, April 20-20). II Seminário Exercício e Saúde Mental [Coordinator]. Lisboa, Portugal. <https://ipiaget.org/nova-edicao-do-seminario-exercicio-e-saude-mental-pelo-iseit-de-almada/>
18. Pezarat-Correia, P., & Freitas, S. (2023, July 5-5). Neuromuscular sciences research for health and human performance [Organizer]. Lisboa, Portugal.  
  
<https://www.fmh.ulisboa.pt/eventos/item/2014-seminario-neuromuscular-sciences-research-for-health-and-human-performance>

19. Reis, J. F. (2023, October 14-15). Congresso anual da associação portuguesa de Treinadores de Natação [Member of the Scientific Committee]. Viana do Castelo, Portugal. <https://aptn.pt/46congresso/pt/comissoes/>
20. Vieira, F. (2023, June/July 29-1). Curso de acreditação em Antropometria ISAK Nível 1 [Coordination and Teaching]. Cruz Quebrada, Portugal.  
<https://www.fmh.ulisboa.pt/pt/formacao-continua/formacao-especializada/curso-de-acreditacao-em-antropometria-da-isak>
21. Vieira, F. (2023, September 7-9). Curso de acreditação em Antropometria ISAK Nível 1 [Coordination and Teaching]. Cruz Quebrada, Portugal.  
<https://www.fmh.ulisboa.pt/pt/formacao-continua/formacao-especializada/curso-de-acreditacao-em-antropometria-da-isak>
22. Vieira, F. (2023, June/July 28-1). Curso de acreditação em Antropometria ISAK Nível 2 [Coordination and Teaching]. Cruz Quebrada, Portugal.  
<https://www.fmh.ulisboa.pt/pt/formacao-continua/formacao-especializada/curso-de-acreditacao-em-antropometria-da-isak>
23. Vieira, F. (2023, September 6-9). Curso de acreditação em Antropometria ISAK Nível 2 [Coordination and Teaching]. Cruz Quebrada, Portugal.  
<https://www.fmh.ulisboa.pt/pt/formacao-continua/formacao-especializada/curso-de-acreditacao-em-antropometria-da-isak>
24. Volossovitch, A. (2023, March 24-25). 8 ° Simpósio de Andebol -“Andebol de formação. A escola enquanto clube” [Member of the Organizing Committee]. Lisboa, Portugal. <https://www.fmh.ulisboa.pt/docman/outros-documentos/outros-documentos-eventos/2750-programa-do-8-simposio-de-andebol/file>

### ***Abroad***

1. Correia, V. (2023, March 22-24). VII Congreso Internacional en Investigación y didáctica de la Educación Física - ADDIJES [Member of the Scientific Committee]. Granada, Spain. <https://sites.google.com/go.ugr.es/congresoaddijes/congresos/vii-congreso-2023>
2. Encantado, J., & Palmeira, A. (2023, October 12-12). ISBNPA 2023 Annual Meeting (online) [Member of the Organizing Committee]. <https://isbnpa.org/portfolio/xchange-2023/>
3. Martins, J. (2023, July 4-7). AIESEP Conference [Board of Directors]. Santiago, Chile. <https://aiesep.org/2023-aiesep-international-conference-call-for-abstracts/>
4. Volossovitch, A. (2023, November 3-5). IV Congreso Internacional de Balonmano [Member of the Scientific Committee]. Granada, Spain. <https://coinba.net/>
5. Yazigi, F. (2023, October 26-27). IV International Conference "Healthy-Age: Active ageing, exercise and health" [Member of the Scientific Committee]. Almería, Spain. <https://www.healthysagenet.org/es/iv-jornadas/>
6. Yazigi, F. (2023, November 17-19). X Congreso Internacional de Actividades Acuáticas [Member of the Scientific Committee]. València, Spain. <https://www.fdmvalencia.es/es/eventos/x-congreso-internacional-de-actividades-acuaticas/>

### **Concluded Master's Dissertations**

1. Barateiro, L. A. (2023). Doenças neurodegenerativas e força de preensão manual na população europeia [Mestrado em Epidemiologia, Faculdade de Medicina, Universidade de Lisboa]. Supervisor: Adilson Marques.
2. Carvalho, J. (2023). Effects of motor observation supplementation on quadriceps muscle activity and torque production during isokinetic resistance exercise [Mestrado



em Treino de Alto Rendimento, Faculdade de Motricidade Humana]. Supervisor: Gonalo Mendona. Co-supervisor: Pedro Pezarat-Correia.

3. Champalimaud, A. (2023). A Experincia Psicadlica e a Mudana Comportamental em Sade: Um Estudo Qualitativo Exploratrio [Mestrado em Psicologia, ISPA – Instituto Universitrio de Cincias Psicolgicas, Sociais e da Vida]. Supervisor: Jorge Encantado. Co-supervisor: Marques, M.
4. Chavarria, J. (2023). Relao entre os nveis de atividade ffsica e aporte energtico em adolescentes com excesso de peso [Mestrado em Exrcio e Sade, Faculdade de Motricidade Humana]. Supervisor: Lus Sardinha.
5. Costa, C. M. S. (2023). Associaes entre a arquitetura muscular e os perfis de fora-velocidade-potncia (FVP) dos membros superiores e inferiores em atletas de Karat [Mestrado em Treino de Alto Rendimento, Faculdade de Motricidade Humana]. Supervisor: Maria Joo Valamatos.
6. Cruz, A. (2023). Variveis preditoras do desempenho em jovens ciclistas de cross country olmpico [Mestrado em Treino de Alto Rendimento, Faculdade de Motricidade Humana]. Supervisor: Joana Reis.
7. Cruz, I. (2023). Anlise da autoeficcia para o exrcio ffsico em participantes do programa PLE<sup>2</sup>NO – osteoartrose e/ ou prtese do joelho e/ou anca [Mestrado em Exrcio e Sade na especialidade de Doenas Reumticas, Faculdade de Motricidade Humana]. Supervisor: Margarida Espanha.
8. Cunha, L. A. S. F. M. (2023). Using musculoskeletal modeling to assess muscle function and gait asymmetry after a Strayer procedure applied to a child with cerebral palsy [Mestrado em Engenharia Biomdica, Faculdade de Cincias e Tecnologia da Universidade Nova de Lisboa]. Supervisor: Antnio Veloso. Co-supervisor: Quaresma, C. R. P.

9. Ferreira, R. (2023). Reserva Anaeróbia de Velocidade em Jovens Futebolistas: Influência do escalão etário e do treino [Mestrado em Treino de Alto Rendimento, Faculdade de Motricidade Humana]. Supervisor: Joana Reis.
10. Ishikawa, J. P. S. (2023). Encerramento do desporto de base; maturação e desenvolvimento motor de crianças praticantes de Futsal [Mestrado em Treino de Alto Rendimento, Faculdade de Motricidade Humana]. Supervisor: Isabel Fragoso.
11. Lourenço, B. (2023). Effects of Classic Psychedelics in Anxiety on a Naturalistic Setting: A Systematic Review [Mestrado em Psicologia, ISPA – Instituto Universitário de Ciências Psicológicas, Sociais e da Vida]. Supervisor: Jorge Encantado. Co-supervisor: Seybert, C.
12. Matos, J. C. S. (2023). Mind-Muscle Connection during Resistance Exercise: Can mirror self-imaging during exercise enhance verbally instructed internal focus on muscle activity and force production? [Mestrado em Exercício e Saúde, Faculdade de Motricidade Humana]. Supervisor: Pedro Pizarat-Correia. Co-supervisor: Gonçalo Mendonça.
13. Martins, V. M. N. (2023). Análise de uma qualidade física, força, em crianças com e sem fixação desportiva: Comparação dos índices de força entre crianças em idade escolar, praticantes de ginástica e crianças sem fixação desportiva [Mestrado em Treino de Alto Rendimento, Faculdade de Motricidade Humana]. Supervisor: Isabel Fragoso.
14. Moura, L. (2023). Physical performance in padel: differences between tiers and playing positions in portuguese players [Mestrado em Treino de Alto Rendimento, Faculdade de Motricidade Humana]. Supervisor: Joana Reis. Co-supervisor: Tavares, F.

15. Oliveira, E. (2023). Effect of exercise on immune system markers in cancer patients and survivors: a systematic review [Mestrado em Exercício e Saúde, Faculdade de Motricidade Humana]. Supervisor: Luís Sardinha.
16. Ortiz, J. S. (2023). Using musculoskeletal modelling to estimate muscle mechanical load during maximum intensity sidestep-cutting manoeuvre [Mestrado em Engenharia Biomédica, Faculdade de Ciências e Tecnologia da Universidade Nova de Lisboa]. Supervisor: António Veloso. Co-supervisor: Quaresma, C. R. P.
17. Santos, C. S. (2023). Estudo dos indicadores de aptidão física: força e flexibilidade em participantes de programas de exercício comunitários [Mestrado em Exercício e Saúde, Faculdade de Motricidade Humana]. Supervisor: Flávia Yazigi.
18. Ventura, R. (2023). Articular corpo e mente para uma saúde em PLE2NO [Mestrado em Exercício e Saúde na especialidade de Doenças Reumáticas, Faculdade de Motricidade Humana]. Supervisor: Margarida Espanha.
19. Vicente, F. F. (2023). Relação entre limitações e sintomatologia depressiva em idosos europeus [Mestrado em Exercício e Saúde, Faculdade de Motricidade Humana]. Supervisor: Adilson Marques.
20. Ferreira, M. (2023). Promoção e prescrição do exercício físico na gravidez [Mestrado em Atividade Física e Saúde, Escola Superior de Desporto de Rio Maior-Instituto Politécnico de Santarém]. Supervisor: Rita Santos-Rocha.
21. Nascimento, S. (2023). Programa de promoção do estilo de vida ativo e saudável na gravidez e no pós-parto [Mestrado em Atividade Física e Saúde, Escola Superior de Desporto de Rio Maior-Instituto Politécnico de Santarém]. Supervisor: Rita Santos-Rocha.
22. Sousa, S. (2023). Impacto de programas de estilo de vida ativo e saudável em parâmetros de condição física durante a gravidez e pós-parto [Mestrado em Atividade

Física e Saúde, Escola Superior de Desporto de Rio Maior-Instituto Politécnico de Santarém]. Supervisor: Rita Santos-Rocha.

23. Faustino, P. (2023). Efeitos da atividade física na qualidade de vida de indivíduos com lúpus [Mestrado em Atividade Física e Saúde, Escola Superior de Desporto de Rio Maior-Instituto Politécnico de Santarém]. Supervisor: Rita Santos-Rocha.

### **Concluded Doctoral Dissertations**

1. Caldeira, N. C. A. (2023). Functional space-time properties of team synergies in high-performance football [Doutoramento em Motricidade Humana na especialidade de Treino Desportivo, Faculdade de Motricidade Humana]. Supervisor: Duarte Araújo. Co-supervisor: Rui J. Lopes. <https://www.repository.utl.pt/handle/10400.5/27804>
2. Correia, J. M. M. (2023). Effects of short-term intermittent fasting on neuromuscular performance, aerobic and anaerobic capacity [Doutoramento em Motricidade Humana na especialidade do Comportamento Motor, Faculdade de Motricidade Humana]. Supervisor: Gonçalo Mendonça. Co-supervisors: Pedro Pezarat-Correia, Cláudia Minderico. <https://www.repository.utl.pt/handle/10400.5/28327>
3. De Lima, A. B. (2023). Fenótipo da Síndrome Sarcopênica em Pessoas Idosas do Amazonas, Brasil [Doutoramento em Motricidade Humana na especialidade de Atividade Física e Saúde, Faculdade de Motricidade Humana]. Supervisor: Fátima Baptista. Co-supervisor: Élvio Rubio Gouveia. <https://www.repository.utl.pt/handle/10400.5/29795>
4. Gómez-Jordana, L. (2023). Characterizing football penetrative passes dynamics through affordances landscapes: Towards a definition of team hegemony [Doutoramento em Motricidade Humana na especialidade do Comportamento Motor, Faculdade de Motricidade Humana]. Supervisor: Pedro Passos. Co-supervisor: João Milho.

5. Jordão, S. M. A. P. (2023). The effects of a fractal-based gait intervention in older adults' gait complexity [Doutoramento em Motricidade Humana na especialidade de Atividade Física e Saúde, Faculdade de Motricidade Humana]. Supervisor: João Rocha Vaz. Co-supervisors: Raúl Oliveira, Nicholas Stergiou.
6. Nunes, C. T. L. (2023). The Role of Metabolic and Behavioral Compensations in Weight Management [Doutoramento em Motricidade Humana na especialidade da Atividade Física e Saúde, Faculdade de Motricidade Humana]. Supervisor: Analiza M. Silva. Co-supervisor: Anja Bosy-Westphal.  
<https://www.repository.utl.pt/handle/10400.5/29845>
7. Pedro, B. M. M. (2023). Biomechanical determinant factors in tennis forehand drive [Doutoramento em Motricidade Humana na especialidade de Biomecânica, Faculdade de Motricidade Humana]. Supervisor: António Veloso.  
<https://www.repository.utl.pt/handle/10400.5/27806>
8. Pimenta, R. J. L. (2023). Hamstrings active shear modulus pattern following a repeated sprint task in football players with and without previous hamstring strain injury [Doutoramento em Motricidade Humana na especialidade de Biomecânica, Faculdade de Motricidade Humana]. Supervisor: António Veloso.  
<https://www.repository.utl.pt/handle/10400.5/28328>
9. Raposo, M. R. B. (2023). Plantar Pressure Gait Analysis in Children with Cerebral Palsy [Doutoramento em Motricidade Humana na especialidade de Biomecânica, Faculdade de Motricidade Humana]. Supervisor: Filipa João.
10. Birr, C. (2023). Estudo do impacto dos Climats de Empoderamento e Desempoderamento no Grit, no Burnout e no medo de falhar em jovens atletas [Doutoramento em Motricidade Humana na especialidade em Psicologia do Exercício e do Desporto, Faculdade de Motricidade Humana]. Supervisor: António Rosado.

## **Additional Information**

### **Ad Hoc Reviewer of Research Articles**

1. Araújo, D. Ad hoc reviewer in APPLIED ARTIFICIAL INTELLIGENCE.
2. Araújo, D. Ad hoc reviewer in APPLIED ECONOMICS.
3. Araújo, D. Ad hoc reviewer in ECOLOGICAL PSYCHOLOGY.
4. Araújo, D. Ad hoc reviewer in EUROPEAN JOURNAL OF SPORT SCIENCE.
5. Araújo, D. Ad hoc reviewer in EUROPEAN PHYSICAL EDUCATION REVIEW.
6. Araújo, D. Ad hoc reviewer in GIFTED AND TALENTED INTERNATIONAL.
7. Araújo, D. Ad hoc reviewer in HIGH ABILITY STUDIES.
8. Araújo, D. Ad hoc reviewer in INTERNATIONAL JOURNAL OF SPORTS SCIENCE & COACHING.
9. Araújo, D. Ad hoc reviewer in JOURNAL OF APPLIED SPORTS PSYCHOLOGY.
10. Araújo, D. Ad hoc reviewer in PSYCHOPHYSIOLOGY.
11. Araújo, D. Ad hoc reviewer in SENSORS.
12. Araújo, D. Ad hoc reviewer in SPORT, EXERCISE, AND PERFORMANCE PSYCHOLOGY.
13. Araújo, D. Ad hoc reviewer in SPORTS COACHING REVIEW.
14. Araújo, D. Ad hoc reviewer in SPORTS MEDICINE.
15. Araújo, D. Ad hoc reviewer in SUSTAINABILITY.
16. Araújo, D. Ad hoc reviewer in SYNTHESE.
17. Araújo, D. Ad hoc reviewer in THEORY & PSYCHOLOGY.
18. Baptista, F. Ad hoc reviewer in FRONTIERS IN ENDOCRINOLOGY.
19. Baptista, F. Ad hoc reviewer in FRONTIERS IN PHYSIOLOGY.
20. Cabral, S. Ad hoc reviewer in PLOS ONE.

21. Dias, S. B. Ad hoc reviewer in ACADEMIC PROCEEDINGS IN ENGINEERING SCIENCES.
22. Dias, S. B. Ad hoc reviewer in AFRICA EDUCATION REVIEW.
23. Dias, S. B. Ad hoc reviewer in ANNUALS OF MEDICINE.
24. Dias, S. B. Ad hoc reviewer in APPLIED SCIENCES.
25. Dias, S. B. Ad hoc reviewer in ARTIFICIAL INTELLIGENCE IN MEDICINE.
26. Dias, S. B. Ad hoc reviewer in ARTIFICIAL INTELLIGENCE REVIEW.
27. Dias, S. B. Ad hoc reviewer in BEHAVIOUR & INFORMATION TECHNOLOGY.
28. Dias, S. B. Ad hoc reviewer in BMC MEDICAL EDUCATION.
29. Dias, S. B. Ad hoc reviewer in COGNITIVE SYSTEMS RESEARCH.
30. Dias, S. B. Ad hoc reviewer in COMPUTER METHODS AND PROGRAMS IN BIOMEDICINE.
31. Dias, S. B. Ad hoc reviewer in COMPUTERS AND EDUCATION.
32. Dias, S. B. Ad hoc reviewer in DIGITAL HEALTH.
33. Dias, S. B. Ad hoc reviewer in EDUCATION SCIENCES.
34. Dias, S. B. Ad hoc reviewer in EDUCATIONAL RESEARCH AND REVIEWS.
35. Dias, S. B. Ad hoc reviewer in ENTROPY.
36. Dias, S. B. Ad hoc reviewer in ENVIRONMENTAL CHALLENGES.
37. Dias, S. B. Ad hoc reviewer in EURASIA JOURNAL OF MATHEMATICS, SCIENCE AND TECHNOLOGY EDUCATION.
38. Dias, S. B. Ad hoc reviewer in EXPERT SYSTEMS WITH APPLICATIONS.
39. Dias, S. B. Ad hoc reviewer in FRONTIERS OF INFORMATION TECHNOLOGY AND ELECTRONIC ENGINEERING.
40. Dias, S. B. Ad hoc reviewer in GLOBALIZATION, SOCIETIES AND EDUCATION.

41. Dias, S. B. Ad hoc reviewer in HEALTH INFORMATICS JOURNAL.
42. Dias, S. B. Ad hoc reviewer in HEALTHCARE.
43. Dias, S. B. Ad hoc reviewer in HUMAN FACTORS AND ERGONOMICS IN  
MANUFACTURING & SERVICE INDUSTRIES.
44. Dias, S. B. Ad hoc reviewer in HUMAN RESOURCE DEVELOPMENT  
QUARTERLY.
45. Dias, S. B. Ad hoc reviewer in IEEE ACCESS.
46. Dias, S. B. Ad hoc reviewer in IEEE TRANSACTIONS ON GAMES.
47. Dias, S. B. Ad hoc reviewer in INNOVATION: THE EUROPEAN JOURNAL OF  
SOCIAL SCIENCE RESEARCH.
48. Dias, S. B. Ad hoc reviewer in INTERACTIVE LEARNING ENVIRONMENTS.
49. Dias, S. B. Ad hoc reviewer in INTERNATIONAL JOURNAL OF COMPUTER  
GAMES TECHNOLOGY.
50. Dias, S. B. Ad hoc reviewer in INTERNATIONAL JOURNAL OF EDUCATIONAL  
TECHNOLOGY IN HIGHER EDUCATION.
51. Dias, S. B. Ad hoc reviewer in INTERNATIONAL JOURNAL OF  
ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH.
52. Dias, S. B. Ad hoc reviewer in INTERNATIONAL JOURNAL OF HUMAN-  
COMPUTER INTERACTION.
53. Dias, S. B. Ad hoc reviewer in JOURNAL OF AMBIENT INTELLIGENCE AND  
HUMANIZED COMPUTING.
54. Dias, S. B. Ad hoc reviewer in JOURNAL OF CLINICAL EPIDEMIOLOGY.
55. Dias, S. B. Ad hoc reviewer in JOURNAL OF COMPUTER ASSISTED  
LEARNING.
56. Dias, S. B. Ad hoc reviewer in JOURNAL OF EDUCATION FOR BUSINESS.



57. Dias, S. B. Ad hoc reviewer in JOURNAL OF LOGIC AND COMPUTATION.
58. Dias, S. B. Ad hoc reviewer in JOURNAL OF MEDICAL INTERNET RESEARCH.
59. Dias, S. B. Ad hoc reviewer in JOURNAL OF NUTRITION AND METABOLISM.
60. Dias, S. B. Ad hoc reviewer in JOURNAL OF SCIENCE EDUCATION AND TECHNOLOGY.
61. Dias, S. B. Ad hoc reviewer in JOURNAL OF SOCIAL SCIENCES & HUMANITIES.
62. Dias, S. B. Ad hoc reviewer in JOURNAL OF UNCERTAINTY, FUZZINESS AND KNOWLEDGE-BASED SYSTEMS.
63. Dias, S. B. Ad hoc reviewer in LEARNING: RESEARCH AND PRACTICE.
64. Dias, S. B. Ad hoc reviewer in MATHEMATICS.
65. Dias, S. B. Ad hoc reviewer in OPEN LEARNING: THE JOURNAL OF OPEN AND DISTANCE LEARNING.
66. Dias, S. B. Ad hoc reviewer in OPEN RESEARCH EUROPE.
67. Dias, S. B. Ad hoc reviewer in PLOS ONE.
68. Dias, S. B. Ad hoc reviewer in PROGRESS IN ARTIFICIAL INTELLIGENCE.
69. Dias, S. B. Ad hoc reviewer in RESEARCH ON BIOMEDICAL ENGINEERING.
70. Dias, S. B. Ad hoc reviewer in REVISTA ELECTRÓNICA DE INVESTIGACIÓN EDUCATIVA.
71. Dias, S. B. Ad hoc reviewer in REVISTA PORTUGUESA DE INVESTIGAÇÃO COMPORTAMENTAL E SOCIAL.
72. Dias, S. B. Ad hoc reviewer in SAGE OPEN.
73. Dias, S. B. Ad hoc reviewer in SOCIETIES.
74. Dias, S. B. Ad hoc reviewer in STUDIES IN HIGHER EDUCATION.
75. Dias, S. B. Ad hoc reviewer in SUSTAINABILITY.

76. Dias, S. B. Ad hoc reviewer in SYMMETRY.
77. Dias, S. B. Ad hoc reviewer in SYSTEM.
78. Dias, S. B. Ad hoc reviewer in THE INTERNET AND HIGHER EDUCATION.
79. Dias, S. B. Ad hoc reviewer in THE OPEN CYBERNETICS AND SYSTEMICS JOURNAL.
80. Dias, S. B. Ad hoc reviewer in UNIVERSAL ACCESS IN THE INFORMATION SOCIETY.
81. Espada, M. Ad hoc reviewer in BIOLOGY OF SPORT.
82. Espada, M. Ad hoc reviewer in BIOMECHANICS.
83. Espada, M. Ad hoc reviewer in CHILDREN.
84. Espada, M. Ad hoc reviewer in FRONTIERS IN PHYSIOLOGY.
85. Espada, M. Ad hoc reviewer in FRONTIERS IN PSYCHOLOGY.
86. Espada, M. Ad hoc reviewer in HEALTHCARE.
87. Espada, M. Ad hoc reviewer in HELIYON.
88. Espada, M. Ad hoc reviewer in HUMAN MOVEMENT.
89. Espada, M. Ad hoc reviewer in INTERNATIONAL JOURNAL OF ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH.
90. Espada, M. Ad hoc reviewer in INTERNATIONAL JOURNAL OF MOLECULAR SCIENCES.
91. Espada, M. Ad hoc reviewer in INTERNATIONAL JOURNAL OF SPORTS PHYSIOLOGY AND PERFORMANCE.
92. Espada, M. Ad hoc reviewer in JOURNAL OF EXERCISE SCIENCE & FITNESS.
93. Espada, M. Ad hoc reviewer in JOURNAL OF FUNCTIONAL MORPHOLOGY AND KINESIOLOGY.
94. Espada, M. Ad hoc reviewer in JOURNAL OF HUMAN KINETICS.

95. Espada, M. Ad hoc reviewer in JOURNAL OF SPORTS MEDICINE AND PHYSICAL FITNESS.
96. Espada, M. Ad hoc reviewer in JOURNAL OF STRENGTH AND CONDITIONING RESEARCH.
97. Espada, M. Ad hoc reviewer in KINESIOLOGY.
98. Espada, M. Ad hoc reviewer in LIFE.
99. Espada, M. Ad hoc reviewer in MEDICINE.
100. Espada, M. Ad hoc reviewer in MOTRICIDADE.
101. Espada, M. Ad hoc reviewer in NUTRIENTS.
102. Espada, M. Ad hoc reviewer in PEER J.
103. Espada, M. Ad hoc reviewer in PHYSIOLOGIA.
104. Espada, M. Ad hoc reviewer in PLOS ONE.
105. Espada, M. Ad hoc reviewer in SENSORS.
106. Espada, M. Ad hoc reviewer in SPORTS.
107. Espada, M. Ad hoc reviewer in TRENDS IN SPORT SCIENCES.
108. Espanha, M. Ad hoc reviewer in REVISTA DE INVESTIGACIÓN EN ACTIVIDADES ACUÁTICAS.
109. João, F. Ad hoc reviewer in REVISTA CIENTÍFICA DA FPDD - DESPORTO E ATIVIDADE FÍSICA PARA TODOS.
110. Mendonça, G. V. Ad hoc reviewer in EUROPEAN JOURNAL OF SPORT SCIENCE.
111. Mendonça, G. V. Ad hoc reviewer in SCIENTIFIC REPORTS.
112. Moniz-Pereira, V. Ad hoc reviewer in JOURNAL OF APPLIED GERONTOLOGY.
113. Moniz-Pereira, V. Ad hoc reviewer in PLOS ONE.

114. Oliveira, R. Ad hoc reviewer in BMC SPORTS SCIENCE MEDICINE AND REHABILITATION.
115. Oliveira, R. Ad hoc reviewer in EUROPEAN JOURNAL OF SPORT SCIENCE.
116. Oliveira, R. Ad hoc reviewer in JOURNAL OF SCIENCE AND MEDICINE IN SPORT.
117. Peralta, M. Ad hoc reviewer in AMERICAN JOURNAL OF HUMAN BIOLOGY.
118. Peralta, M. Ad hoc reviewer in BRAZILIAN JOURNAL OF PSYCHIATRY.
119. Peralta, M. Ad hoc reviewer in EUROPEAN JOURNAL OF PEDIATRICS.
120. Peralta, M. Ad hoc reviewer in EUROPEAN PHYSICAL EDUCATION REVIEW.
121. Peralta, M. Ad hoc reviewer in INTERNATIONAL JOURNAL OF PUBLIC HEALTH.
122. Peralta, M. Ad hoc reviewer in JOURNAL OF AFFECTIVE DISORDERS.
123. Peralta, M. Ad hoc reviewer in PLOS ONE.
124. Peralta, M. Ad hoc reviewer in PREVENTIVE MEDICINE.
125. Peralta, M. Ad hoc reviewer in PSYCHIATRY RESEARCH.
126. Silva, A. M. Ad hoc reviewer in AMERICAN JOURNAL OF CLINICAL NUTRITION.
127. Silva, A. M. Ad hoc reviewer in PLOS ONE.
128. Yazigi, F. Ad hoc reviewer in BMC MUSCULOSKELETAL DISORDERS.

### **Editor of Scientific Journals**

1. Araújo, D. FRONTIERS IN PSYCHOLOGY - SPORT PSYCHOLOGY [Associate Editor]. <https://loop.frontiersin.org/people/293030/overview>

2. Araújo, D. JOURNAL OF EXPERTISE [Associate Editor].  
<https://www.journalofexpertise.org>
3. Araújo, D. FRONTIERS IN SPORTS AND ACTIVE LIVING - SPORT PSYCHOLOGY [Associate Editor].  
<https://loop.frontiersin.org/people/293030/overview>
4. Dias, S. B. EXPERT SYSTEM WITH APPLICATIONS JOURNAL [Associate Editor]. <https://www.journals.elsevier.com/expert-systems-with-applications/editorial-board>
5. Dias, S. B. INTELLIGENT SYSTEMS WITH APPLICATIONS JOURNAL [Associate Editor]. <https://www.journals.elsevier.com/intelligent-systems-with-applications/editorial-board>
6. Magalhães, J. P. FRONTIERS IN ENDOCRINOLOGY - CARDIOVASCULAR ENDOCRINOLOGY [Associate Editor].  
<https://loop.frontiersin.org/people/405487/overview>
7. Marques, A. JOURNAL OF SPORT PEDAGOGY AND RESEARCH [Editor].

#### **Editorial Board Member of Scientific Journals**

1. Araújo, D. ECOLOGICAL PSYCHOLOGY [Consulting Editor].  
<https://www.tandfonline.com/action/journalInformation?show=editorialBoard&journalCode=heco20>
2. Araújo, D. EUROPEAN JOURNAL OF SPORT SCIENCE [Editorial Board].  
<https://www.tandfonline.com/action/journalInformation?show=editorialBoard&journalCode=tejs20>
3. Araújo, D. SPORTS MEDICINE – OPEN [Editorial Board]. <https://sportsmedicine-open.springeropen.com/about/editorial-board>

4. Araújo, D. THE SPORT PSYCHOLOGIST [Editorial Board].  
[https://journals.humankinetics.com/view/journals/tsp/tsp-overview.xml?tab\\_body=null-10774](https://journals.humankinetics.com/view/journals/tsp/tsp-overview.xml?tab_body=null-10774)
5. Araújo, D. SENSORS [Section Board].  
<https://www.mdpi.com/journal/sensors/sections/physicalsensors>
6. Baptista, F. FRONTIERS IN ENDOCRINOLOGY BONE RESEARCH - BONE RESEARCH [Review Editor]. <https://loop.frontiersin.org/people/155633/editorial>
7. Carnide, F. PORTUGUESE JOURNAL OF PUBLIC HEALTH [Editorial Board].  
<https://karger.com/pjp/pages/editorial-board>
8. Carvalho, J. FRONTIERS IN PSYCHOLOGY [Review Editor].  
<https://www.frontiersin.org/journals/psychology/editors>
9. Correia, V. SUSTAINABILITY AND SPORTS SCIENCE JOURNAL [Editorial Board]. <https://sssj.kineticeditorial.com/index.php/sssj/about/editorialTeam>
10. Espada, M. BMC SPORTS SCIENCE, MEDICINE AND REHABILITATION [Editorial Board]. <https://bmcsportsscimedrehabil.biomedcentral.com/about/editorial-board>
11. Espada, M. PEER J - THE JOURNAL OF LIFE & ENVIRONMENTAL SCIENCES [Editorial Board]. <https://peerj.com/MEspada/>
12. Espada, M. PLOS ONE [Editorial Board].  
[https://journals.plos.org/plosone/static/editorial-board?ae\\_name=Mario+André+da+Cunha+Espada](https://journals.plos.org/plosone/static/editorial-board?ae_name=Mario+André+da+Cunha+Espada)
13. Espada, M. FRONTIERS IN PHYSIOLOGY [Review Editor].  
<https://loop.frontiersin.org/people/1228916/editorial>
14. Espada, M. FRONTIERS IN SPORTS AND ACTIVE LIVING [Review Editor].  
<https://loop.frontiersin.org/people/1228916/editorial>

15. João, F. FRONTIERS IN SPORTS AND ACTIVE LIVING [Review Editor].  
<https://loop.frontiersin.org/people/1506794/editorial>
16. Magalhães, J. P. FRONTIERS IN PHYSIOLOGY - EXERCISE PHYSIOLOGY  
 [Review Editor]. <https://loop.frontiersin.org/people/405487/overview>
17. Magalhães, J. P. FRONTIERS IN SPORTS AND ACTIVE LIVING - EXERCISE  
 PHYSIOLOGY [Review Editor]. <https://loop.frontiersin.org/people/405487/overview>
18. Marques, A. BMC PUBLIC HEALTH [Editorial Board].  
<https://bmcpublikealth.biomedcentral.com/about/editorial-board>
19. Marques, A. PLOS MENTAL HEALTH [Editorial Board].  
[https://journals.plos.org/mentalhealth/static/editorial-board?ae\\_name=Adilson+Marques](https://journals.plos.org/mentalhealth/static/editorial-board?ae_name=Adilson+Marques)
20. Marques, A. INTERNATIONAL JOURNAL OF ENVIRONMENTAL RESEARCH  
 AND PUBLIC HEALTH [Section Board].  
<https://www.mdpi.com/journal/ijerph/editors?search=Adilson+>
21. Martins, J. SPORT, EDUCATION & SOCIETY [Editorial Board].  
<https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=&ved=2ahUKEwiTiZLDy96DAXVPcKQEHeddCRkQFnoECBIQAQ&url=https%3A%2F%2Fwww.tandfonline.com%2Fjournals%2Fscs20&usg=AOvVaw2L41CtO2O6-OcRbEXLoow1&opi=89978449>
22. Martins, J. BMC PUBLIC HEALTH [Editorial Board].  
<https://www.google.com/search?client=safari&rls=en&q=bmc+publi+hea%C3%A7th&ie=UTF-8&oe=UTF-8>
23. Moniz-Pereira, V. FRONTIERS OF SPORTS AND ACTIVE LIVING -  
 BIOMECHANICS AND CONTROL OF HUMAN MOVEMENT [Review Editor].  
<https://loop.frontiersin.org/people/469114/overview>

24. Oliveira, R. EUROPEAN JOURNAL OF SPORT SCIENCE [Editorial Board].  
<https://www.tandfonline.com/action/journalInformation?show=editorialBoard&journalCode=tejs20>
25. Peralta, M. AMERICAN JOURNAL OF HEALTH BEHAVIOR [Review Editor].  
<https://ajhb.org/journal-reviewers/review-board/>
26. Peralta, M. FRONTIERS IN ENDOCRINOLOGY [Review Editor].  
<https://loop.frontiersin.org/people/1142676/editorial>
27. Peralta, M. FRONTIERS IN SPORTS AND ACTIVE LIVING [Review Editor].  
<https://loop.frontiersin.org/people/1142676/editorial>
28. Reis, J. F. FRONTIERS IN PHYSIOLOGY [Review Editor].  
<https://www.frontiersin.org/journals/physiology/editors>
29. Silva, A. M. FRONTIERS IN PHYSIOLOGY [Review Editor].  
<https://www.frontiersin.org/search/journal/physiology?query=analiza&tab=People&origin=https%3A%2F%2Fwww.frontiersin.org%2Fjournals%2Fphysiology%2Feditorial-board>
30. Veloso, A. P. BMC BIOMEDICAL ENGINEERING SENIOR EDITORIAL [Editorial Board]. <https://bmcbiomedeng.biomedcentral.com/about/editorial-board>
31. Vleck, V. JOURNAL OF SPORTS SCIENCE AND MEDICINE [Editorial Board].  
<https://www.jssm.org>
32. Yazigi, F. REVISTA DE INVESTIGACIÓN EN ACTIVIDADES ACUÁTICAS [Editorial Board].  
<https://revistas.innovacionumh.es/index.php/investigacionactividadesacuatica/about/editorialTeam>

**Editor of Scientific Journals' Special Issues**

***Web of Science Indexed***



1. Araújo, D. (2023). Understanding the psychology of extreme and adventure sports in nature environments [Guest Editor]. In PSYCHOLOGY OF SPORT AND EXERCISE.
2. Dias, S. B. (2023). Smart Devices for Personalized Nutrition and Healthier Lifestyle Behavior Change [Guest Editor]. In FRONTIERS IN NUTRITION, NUTRITION AND FOOD SCIENCE TECHNOLOGY. <https://www.frontiersin.org/research-topics/56809/smart-devices-for-personalized-nutrition-and-healthier-lifestyle-behavior-change>
3. João, F. (2023). Joint Kinematics Analysis and Injuries Recovery [Topic Editor]. In APPLIED SCIENCES.  
[https://www.mdpi.com/journal/applsci/special\\_issues/biomechanics\\_injuries\\_recovery](https://www.mdpi.com/journal/applsci/special_issues/biomechanics_injuries_recovery)
4. João, F. (2023). Movement Biomechanics Applications of Wearable Inertial Sensors [Topic Editor]. In SENSORS.  
[https://www.mdpi.com/journal/sensors/special\\_issues/SBA\\_WIS](https://www.mdpi.com/journal/sensors/special_issues/SBA_WIS)
5. Marques, A. (2023). Therapeutic strategies and mechanisms for post-stroke emotional disorders [Topic Editor]. In FRONTIERS IN PSYCHIATRY.  
<https://www.frontiersin.org/research-topics/47509/therapeutic-strategies-and-mechanisms-for-post-stroke-emotional-disorders#overview>
6. Marques, A. (2023). Promoting and Monitoring Physical Fitness in All Contexts [Guest Editor]. In SPORTS.  
[https://www.mdpi.com/journal/sports/special\\_issues/39E6MSP7VU](https://www.mdpi.com/journal/sports/special_issues/39E6MSP7VU)
7. Peralta, M. (2023). Puberty: Neurologic and Physiologic Development [Guest Editor]. In FRONTIERS IN ENDOCRINOLOGY. <https://www.frontiersin.org/research-topics/46908/puberty-neurologic-and-physiologic-development>

8. Peralta, M. (2023). Promoting and Monitoring Physical Fitness in All Contexts [Guest Editor]. In SPORTS.  
[https://www.mdpi.com/journal/sports/special\\_issues/39E6MSP7VU](https://www.mdpi.com/journal/sports/special_issues/39E6MSP7VU)
9. Veloso, A. P. (2023). Biomechanics in Rehabilitation Engineering [Guest Editor]. In APPLIED SCIENCES.  
[https://www.mdpi.com/journal/applsci/special\\_issues/1NAVRV0889](https://www.mdpi.com/journal/applsci/special_issues/1NAVRV0889)
10. Veloso, A. P. (2023). Biomechanics in Rehabilitation Engineering [Guest Editor]. In BIOLOGY. [https://www.mdpi.com/journal/biology/special\\_issues/DID323MXH6](https://www.mdpi.com/journal/biology/special_issues/DID323MXH6)
11. Veloso, A. P. (2023). Movement Biomechanics Applications of Wearable Inertial Sensors [Guest Editor]. In SENSORS.  
[https://www.mdpi.com/journal/sensors/special\\_issues/SBA\\_WIS](https://www.mdpi.com/journal/sensors/special_issues/SBA_WIS)

***Not Web of Science Indexed***

1. Marconcin, P. (2023). Second Edition: Promoting Physical Activity and Healthy Lifestyles in Sports, Leisure-Time and Physical Education [Topic Editor]. In INTERNATIONAL JOURNAL OF ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH.  
[https://www.mdpi.com/journal/ijerph/special\\_issues/2nd\\_promoting\\_PA](https://www.mdpi.com/journal/ijerph/special_issues/2nd_promoting_PA)
2. Marques, A. (2023). Second edition of active commuting and active transportation [Guest Editor]. In INTERNATIONAL JOURNAL OF ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH.  
[https://www.mdpi.com/journal/ijerph/special\\_issues/ACAT\\_2](https://www.mdpi.com/journal/ijerph/special_issues/ACAT_2)
3. Peralta, M. (2023). Advances in Physical Activity, Physical Fitness, and Sports Injury [Guest Editor]. In INTERNATIONAL JOURNAL OF ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH.

[https://www.mdpi.com/journal/ijerph/special\\_issues/Physical\\_Activity\\_Physical\\_Fitness\\_Sports\\_Injury](https://www.mdpi.com/journal/ijerph/special_issues/Physical_Activity_Physical_Fitness_Sports_Injury)

### **Funded R&D Projects**

1. Project title: Artificial intelligence-based Parkinson's disease risk assessment and prognosis (AI-PROGNOSIS). Project type: R&D. Grant number: 101080581.  
Funding institution: Horizon Europe. Budget: 5.488.625€. Duration: 01/07/2023-01/06/2027. Proponent institution: AUTH. Partner institution(s): n/a. Principal investigator: Chatzileontiadis, L.; Sofia Balula Dias [Portuguese coordination], Filomena Carnide [Team Member].
2. Project title: Bola Mágica (Bola Mágica). Project type: R&D. Grant number: n/a.  
Funding institution: Federação Portuguesa de Futebol. Budget: 400. Duration: 2023-2023. Proponent institution: Federação Portuguesa de Futebol. Principal investigator: Seabra, A.; Cordovil, R. [Scientific Coordinator].
3. Project title: Bullying en el deporte: el reto de la formation (REDES). Project type: n/a. Grant number: n/a. Funding institution: n/a. Budget: n/a. Duration: 01/01/2021-31/12/2023. Proponent institution: Universidade Autónoma de Barcelona. Partner institution(s): n/a. Principal investigator: n/a. António Rosado [Researcher].
4. Project title: Campanha Nacional de Promoção da Atividade Física e Desportiva - Sistema Universal de Apoio à Vida Ativa (SUAVA). Project type: R&D. Grant number: n/a. Funding institution: Instituto Português do Desporto e Juventude (IPDJ). Budget: 98.929€. Duration: 01/12/2023-01/12/2025. Proponent institution: Faculdade de Motricidade Humana. Partner institution(s): n/a. Principal investigator: João Magalhães; Luís Sardinha [Researcher].
5. Project title: Climate change and healthy AgeinG: co-creating E-learning for resilience and adaptation (chAnGE). Project type: Education. Grant number:

ERASMUS-EDU-2022-PI-ALL-INNO-EDU-ENTERP. Funding institution:

Erasmus+ (EU). Budget: 1.494.686€. Duration: 01/09/2023-31/08/2026. Proponent

institution: Cork University. Partner institution(s): n/a. Principal investigator:

Timmons, S.; Filomena Carnide [Portuguese Coordinator], Fátima Baptista [Partner].

6. Project title: Comprehensive understanding of water turnover mechanisms throughout the menstrual cycle in female athletes. Project type: International Collaborative Partnerships. Grant number: 23KK0177. Funding institution: Japan Society for the Promotion of Science (JSPS). Budget: 7.280.000 yens. Duration: 08/09/2024-31/03/2027. Proponent institution: Institute of Health and Sport Sciences, University of Tsukuba, Faculty of Human Kinetics, University of Lisbon. Partner institution(s): n/a. Principal investigator: Sagayama, H.; Sagayama, H., Kondo, E., Shiose, K., Uchizawa, A., Jesus, F., Francisco, R., Nunes, C., Analiza M. Silva [Co-Investigator].
7. Project title: Development of a simulation platform based in musculoskeletal models to predict recovery of gait following orthopedic interventions in cerebral palsy children (Biomov). Project type: Projetos de I&D em Todos os Domínios Científicos da FCT. Grant number: PTDC/EMD-EMD/5804/2020. Funding institution: Fundação para a Ciência e a Tecnologia (FCT). Budget: 243.421,25€. Duration: 15/03/2021-24/03/2024. Proponent institution: Faculdade de Motricidade Humana. Partner institution(s): n/a. Principal investigator: António Veloso; Sílvia Cabral [Researcher], Filipa João [Researcher], Vera Moniz-Pereira [Researcher].
8. Project title: Dynamique de coordination d'équipe (DYNATEAM). Project type: R&D. Grant number: AAPG2023. Funding institution: Agence Nationale de la Recherche (ANR). Budget: 569.000€. Duration: 01/01/2024-01/01/2026. Proponent institution: University of Rouen Normandie (CETAPS). Partner institution(s): University of Rouen Normandie (CETAPS), University of Rouen Normandie (LITIS),

University of Lisbon (CIPER), Université of Le Havre Normandie (LITIS). Principal investigator: Seifert, L.; Duarte Araújo [Partner].

9. Project title: Effect of Two Years of Resistance Training on Muscular Strength, Body Composition, Functional Fitness, Metabolic Biomarkers, Cognition, and Cardiac Parameters in Postmenopausal Women: Longitudinal Study Active Aging. Project type: R&D. Grant number: CNPq/MCTI N° 10/2023; CNPJ: 78640489000153. Funding institution: Conselho Nacional de Desenvolvimento Científico e Tecnológico (CPNPq). Budget: R\$ 120.800. Duration: 05/12/2023- 31/12/2026. Proponent institution: Universidade Estadual de Londrina. Partner institution(s): n/a. Principal investigator: Cyrino, E. S.; Cyrino, E., Ribeiro, A., Analiza M. Silva, Costa, B. D., Tomeleri, C. M., Venturini, D., Teixeira, D. C., Barbosa, D. S., Pina, F. L., Nabuco, C. G., Luís Sardinha, Coelho-e-Silva, M., Romanzini, M., & Costa, M. V. [Co-Investigator].
10. Project title: Entrepreneurial and innovation skills for developing the new value chains of mobility, health, and manufacturing (HEI4Future). Project type: Education and Innovation. Grant number: REF<sup>a</sup>19669. Funding institution: EIT HEI INITIATIVE (CROSS KICs). Budget: 1.200.000€. Duration: 01/07/2022-30/06/2024. Proponent institution: University of Vigo. Partner institution(s): n/a. Principal investigator: del Campo, L.; Filomena Carnide [Portuguese Coordinator].
11. Project title: European Master on Active Ageing and Age Friendly Society (EMMA-Master). Project type: Education. Grant number: 2020-1-FI01-KA203-066477. Funding institution: European Commission (EU). Budget: 400.847€. Duration: 01/09/2020-31/08/2023. Proponent institution: n/a. Partner institution(s): n/a. Principal investigator: n/a. Fátima Baptista [Partner], Filomena Carnide [Partner].

12. Project title: European Physical Activity Guidelines to Tackle Depressive Symptoms (EUPAG-DS). Project type: International Collaborative Partnerships. Grant number: 101049714. Funding institution: Erasmus+ (EU). Budget: 400.000€. Duration: 30/04/2022-29/04/2025. Proponent institution: Faculdade de Motricidade Humana. Partner institution(s): n/a. Principal investigator: Adilson Marques; Miguel Peralta [Researcher], Priscila Marconcin [Researcher].
13. Project title: Formar, Educar e Ganhar com o Desporto Adaptado. Project type: n/a. Grant number: n/a. Funding institution: Instituto Português do Desporto e da Juventude. Budget: 8.000€. Duration: 01/01/2020-31/12/2023. Proponent institution: n/a. Partner institution(s): n/a. Principal investigator: n/a. António Rosado [Partner].
14. Project title: Healthy Working environments for all Ages: An evidence-driven framework (Wage). Project type: R&D. Grant number: Horizon-HLTH-2023-ENVHLTH-02-2661161. Funding institution: European Commission (EU). Budget: 4.240.000€. Duration: 01/12/2023-30/11/2027. Proponent institution: SINTEF AS - SINTEF. Partner institution(s): n/a. Principal investigator: González, V.; Filomena Carnide [Portuguese Coordinator], António Veloso [Member], Vera Moniz-Pereira [Member].
15. Project title: HEALTHY-AGE Envejecimiento activo, ejercicio y salud (HEALTHY-AGE). Project type: International Collaborative Partnerships. Grant number: n/a. Funding institution: Consejo Superior de Deportes del Ministerio de Cultura y Deporte del Gobierno de España. Budget: 8.000€. Duration: 01/01/2023-31/12/2023. Proponent institution: Universidad de Almería. Partner institution(s): n/a. Principal investigator: Pardo, P. J. M.; Flávia Yazigi [Researcher].
16. Project title: Interventions in the Elderly's Mobility Modes for Promotion of their Physical Activity and Fitness (Fit-Old). Project type: International Collaborative

Partnerships. Grant number: 622623-EPP-1-2020-1-DE-SPO-SCP. Funding institution: Erasmus+ (EU). Budget: 399.570€. Duration: 31/12/2020-29/06/2023.

Proponent institution: Universidade Técnica de Berlim. Partner institution(s): n/a.

Principal investigator: Houshmand, M.; Adilson Marques [Partner].

17. Project title: kidsTUMove goes Europe - cordially fit (KTM). Project type:

International Collaborative Partnerships. Grant number: 101089905-KTM-ERASMUS-SPORT-2022-SCP. Funding institution: Erasmus+ (EU). Budget: 400.000€. Duration: 31/12/2022-29/06/2025. Proponent institution: Technische Universitaet Muenchen. Partner institution(s): n/a. Principal investigator: Sitzberger, C.; Adilson Marques [Partner], Miguel Peralta [Researcher].

18. Project title: Let's move Europa: School-based promotion of healthy lifestyles to prevent obesity (EUMOVE). Project type: International Collaborative Partnerships.

Grant number: 622242-EPP-1-2020-1-ES-SPO-SCP. Funding institution: Erasmus+ (EU). Budget: 399.379€. Duration: 31/12/2020-30/12/2023. Proponent institution: University of Extremadura. Partner institution(s): n/a. Principal investigator: Sánchez-Oliva, D.; Adilson Marques [Partner].

19. Project title: Madeira a jogar futebol: Um programa de futebol para todos na Região Autónoma da Madeira. Project type: R&D. Grant number: CP/0568/DDT/2023.

Funding institution: n/a. Budget: 12.192,26€. Duration. Proponent institution: Unidersidade da Madeira. Partner institution(s): n/a. Principal investigator: Hélder Lopes; Adilson Marques [Partner].

20. Project title: Nonlinear teaching and coaching methodology applied to tennis. Project type: R&D. Grant number: n/a. Funding institution: International Tennis Federation (ITF). Budget: 5.000 USD. Duration: 18/09/2023-31/12/2024. Proponent institution:

Faculdade de Motricidade Humana. Partner institution(s): n/a. Principal investigator: Duarte Araújo.

21. Project title: PeRsOnalized nutriTion for hEalthy livINg (PROTEIN). Project type: Innovation Action. Grant number: 817732. Funding institution: Horizon 2020. Budget: 6.999.473€. Duration: 01/12/2018-01/02/2023. Proponent institution: CERTH. Partner institution(s): n/a. Principal investigator: Daras, P.; Sofia Balula Dias [Portuguese Coordinator].
22. Project title: Promoting Health and Access to Sport Equipment (PHASE). Project type: International Collaborative Partnerships. Grant number: 622288-EPP-1-2020-1-PT-SPO-SCP. Funding institution: Erasmus+ (EU). Budget: 399.922€. Duration: 31/12/2020-30/12/2023. Proponent institution: Faculdade de Motricidade Humana. Partner institution(s): n/a. Principal investigator: Adilson Marques; Miguel Peralta [Researcher].
23. Project title: Psoriatic Arthritis Inflammation Explained Through Multi-Source Data Analysis Guiding a Novel Personalised Digital Care Ecosystem (iPROLEPSIS). Project type: R&D. Grant number: 101095697. Funding institution: Horizon Europe. Budget: 6.999.625€. Duration: 01/01/2023-01/01/2027. Proponent institution: AUTH. Partner institution(s): n/a. Principal investigator: Chatzileontiadis, L.; Sofia Balula Dias [Portuguese Coordinator], Filomena Carnide [Team Member], Fátima Baptista [Team Member].
24. Project title: Psychosocial Health Prevention and Work Standards: Training for Osh Professionals and Executives (PSYHEALTH WORXS!). Project type: Education and Innovation. Grant number: BP2022-25 refª 220140. Funding institution: EIT Health. Budget: 814.341€. Duration: 01/10/2022-30/09/2025. Proponent institution:



Universitätsklinikum Aachen. Partner institution(s): n/a. Principal investigator: Lang, J.; Filomena Carnide [Portuguese Coordinator].

25. Project title: Quantificação da carga de treino, bem-estar, consumo alimentar, composição corporal, capacidade física e fisiológica numa equipa feminina de futebol profissional. Project type: R&D. Grant number: n/a. Funding institution: Life Quality Research Center (CIEQV). Budget: n/a. Duration: n/a. Proponent institution: n/a. Partner institution(s): n/a. Principal investigator: Oliveira, R.; Mário Espada [Researcher].
26. Project title: Randomised controlled trial and economic evaluation of a person-centred digital intervention to prevent diabetes in high-risk adults (VA|PREVENTION). Project type: R&D. Grant number: 2022.02969.PTDC. Funding institution: Fundação para a Ciência e a Tecnologia (FCT). Budget: 249.931,82€. Duration: 09/03/2023-09/03/2026. Proponent institution: Egas Moniz - Cooperativa de Ensino Superior, CRL. Partner institution(s): n/a. Principal investigator: Guerreiro, M. P.; Cláudio, A. P., Rodrigues, A. M., Helena Santa-Clara, Félix, I. R., Alves, J., Camolas, J., Perelman, J. A., Domingues, L., Carmo, M. B., Marques, M. M., Nuno Pimenta [Researcher].
27. Project title: ReinventO – Reinvent the way we build custom made Orthosis (ReinventO). Project type: R&D. Grant number: POCI-01-0247-FEDER-040021. Funding institution: European Union, FEDER. Budget: 708.418,33€. Duration: 11/07/2015-15/07/2020. Proponent institution: IPL. Partner institution(s): n/a. Principal investigator: António Veloso [Responsible at FMH].
28. Project title: Sport and physical education as a vehicle for Inclusion and Recognition in India, Indonesia and Sri Lanka (SPIRIT). Project type: Education. Grant number: 617779-EPP-1-2020-1-IN-EPPKA2-CBHE-JP. Funding institution: Erasmus+ (EU).

Budget: 984.750€. Duration: 15/01/2021-14/07/2024. Proponent institution: LOVELY PROFESSIONAL UNIVERSITY. Partner institution(s): n/a. Principal investigator: n/a. António Rosado [Scientific coordinator].

29. Project title: Unraveling the role of nutritional status on real and perceived motor competence and physical activity among Portuguese children: an interdisciplinarity cross-sectional study (RUN UP STUDY). Project type: R&D. Grant number: UIDB/04923/2020. Funding institution: CHRC/FCT. Budget: 20000. Duration: 2023-2024. Proponent institution: Universidade de Évora. Principal investigator: Almeida, G.; Cordovil, R. [Participant].
30. Project title: Using markerless motion capture for a better screening of musculoskeletal injury risk in football players (ScreenTech). Project type: Concurso de Projetos Exploratórios em Todos os Domínios Científicos da FCT. Grant number: EXPL/SAU-DES/1441/2021. Funding institution: Fundação para a Ciência e a Tecnologia (FCT). Budget: 49.693,75€. Duration: 17/01/2022-16/01/2024. Proponent institution: Faculdade de Motricidade Humana. Partner institution(s): n/a. Principal investigator: Sílvia Cabral; Filomena Carnide [Researcher], Vera Moniz-Pereira [Researcher], António Veloso [Member].

### **Scientific Consultancy**

1. Araújo, D. Fundação para a Ciência e a Tecnologia [Research projects expert panel "Ciências da Saúde"].
2. Araújo, D. Comité Olímpico de Portugal [Jury in "Prémios Ciências do Desporto COP | REPSOL 22, Área Psicologia e Pedagogia do Desporto"].
3. Araújo, D. Comité Olímpico de Portugal [Consultant and Technical staff of the Olympic athlete Patrícia Mamona].
4. Dias, S. B. European Research Council [Referee for ERC Consolidator funding calls].

5. Silva, A. M. FCT - IC&DT (Health Sciences and Sports) [Member of the evaluation panel of projects final scientific reports].
6. Veloso, A. P. The Research Foundation – Flandes (FWO) [Reviewer of Post-Doc Grants and Research Projects (International Experts Panel Member)].

### **Scientific Societies' Management**

1. Martins, J. Sociedade Portuguesa de Educação Física [Vice-President].  
<https://www.spef.pt/sobre-a-spef>
2. Moniz-Pereira, V. Sociedade Portuguesa de Biomecânica [Secretary].  
<https://spbiomecanica.pt/inicio/direcao/>
3. Rosado, A. Sociedade Portuguesa de Psicologia do Desporto [President of the Audit Board]. <https://www.sppd.com.pt/corposgerentes.html>
4. Silva, A. M. Società Italiana Nutrizione, Sport e Benessere (SINSeB) [Member of the Scientific Committee]. <https://www.sinseb.it/>
5. Veloso, A. P. International Society of Biomechanics [Member; Board of Directors Member between 2011-2019]. <https://isbweb.org/>
6. Veloso, A. P. Sociedade Portuguesa de Biomecânica [Founder Member; President between 2005-2009]. <https://spbiomecanica.pt/>
7. Vieira, F. International Society for the Advancement of Kinanthropometry [Executive Board Member]. <https://www.isak.global/WhatIsIsak/Executive>

### **Scientific Societies' Affiliation**

1. Araújo, D. European College of Sport Science [Member]. <https://sport-science.org/>
2. Baptista, F. American College of Sports Medicine [Member].  
<https://members.acsm.org/ACSM/Contacts/ContactLayouts/AccountPageCustom.aspx?ID=530691>

3. Baptista, F. American Society for Bone and Mineral Research [Member].  
<https://www.asbmr.org/Default.aspx>
4. Cordovil, R. International Motor Development Research Consortium [Member].  
<https://www.i-mdrc.com/>
5. Cordovil, R. North American Society for the Psychology of Sport and Physical Activity [Member]. <https://www.naspspa.com/mission-statement/>
6. Dias, S. B. Institute of Electrical and Electronics Engineers [Member].  
<https://www.ieee.org/>
7. Dias, S. B. Sociedade Portuguesa de Educação Física [Member]. <https://www.spef.pt/>
8. Diniz, A. Sociedade Portuguesa de Estatística [Member].  
<https://www.spestatistica.pt/en>
9. Moniz-Pereira, V. International Society of Biomechanics [Member].  
<https://isbweb.org/>
10. Moniz-Pereira, V. Sociedade Portuguesa de Biomecânica [Member].  
<https://spbiomecanica.pt/>
11. Peralta, M. Association Internationale des Écoles Supérieures d'Éducation Physique [Member]. <https://aiesep.org/>
12. Rosado, A. Sociedade Portuguesa de Psicologia do Desporto [Member].
13. Rosado, A. Sociedade Portuguesa de Pedagogia do Desporto [Member].
14. Santa-Clara, H. European Association for Cardiovascular Prevention and Rehabilitation [Member]. [https://www.escardio.org/Sub-specialty-communities/European-Association-of-Preventive-Cardiology-\(EAPC\)](https://www.escardio.org/Sub-specialty-communities/European-Association-of-Preventive-Cardiology-(EAPC))
15. Santa-Clara, H. European College of Cardiology [Member]. <https://www.escardio.org>
16. Santa-Clara, H. Sociedade Portuguesa de Cardiologia [Member].  
<https://spc.pt/profissional-de-saude/>

17. Silva, A. M. Sociedade Portuguesa de Cardiologia [Member].

<https://spc.pt/profissional-de-saude/>

18. Silva, A. M. Società Italiana Nutrizione, Sport e Benessere [Member].

<https://www.sinseb.it/>

19. Teles, J. Sociedade Portuguesa de Estatística [Member].

<https://www.spestatistica.pt/en>

20. Veloso, A. P. International Society of Biomechanics [Member]. <https://isbweb.org/>

21. Vieira, F. International Society for the Advancement of Kinanthropometry [Member].

<https://www.isak.global/WhatIsIsak/Executive>

### **Scientific Interest Groups' Member**

1. Baptista, F. American College of Sports Medicine (ACSM) Bone Interest Group

[Member]. <https://sites.google.com/site/acsmbone/home/position-announcements>

2. João, F. Space & Extreme Environment Research Center - UFCSPA [Member].

<https://spacecenterufcspa.org/>

3. Santa-Clara, H. Grupo de Estudos da Fisiopatologia do exercício e reabilitação

cardíaca da Sociedade Portuguesa de Cardiologia [Member].

### **Participation in International and National Networks**

1. Araújo, D. CIPER, Fundação para a Ciência e a Tecnologia, Federação Portuguesa de

Futebol [PhD supervisor of Sofia Ferreira].

2. Araújo, D. CIPER, Fundação para a Ciência e a Tecnologia, Federação Portuguesa de

Natação [PhD supervisor of Felipe Falcoski].

3. Araújo, D. CIPER, Faculdade de Motricidade Humana, Sport Lisboa e Benfica [PhD

supervisor of Catarina Bajanca].

4. Carnide, F. HUB Innostars-EIT Health [Representative from University of Lisbon].

<https://eithealth.eu/in-your-region/innostars/>

5. Correia, V. European University of the Seas - SEA EU [Staff Member from University of Algarve in WP4]. <https://sea-eu.org>
6. Ferreira, A. P. International Basketball Research Network (IBRN) [Member]. <https://redibrn.com>
7. João, F. Centro de Estudos de Medicina Aeroespacial (CEMA) - Faculdade de Medicina da Universidade de Lisboa [External Colaborator].
8. Martins, J. Global Observatory for Physical Education (GoPE!) [Coordinator]. <https://journals.humankinetics.com/view/journals/jpah/20/7/article-p573.xml>
9. Silva, A. M. International working group "BIA International Database" [Coordinator]. <https://labes.fmh.ulisboa.pt/projetos/a-decorrer/item/101-bia-international-database>
10. Silva, A. M. International working group "Doubly Labeled Water (DLW)" [Member]. <https://doubly-labelled-water-database.iaea.org/dataContributors>
11. Veloso, A. P. International Society of Biomechanics Technical Group in Motor Control [Member]. <https://www.mcg.isbweb.org/index.html>