



Interdisciplinary Center for the Study of Human Performance

Scientific Production Report 2025

January 2026

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Published Books

International Distribution

1. Marques, A., & Gouveia, É. R. (2026). Physical activity, physical fitness and depression. (1st ed). Routledge. ISBN: 978-1-032-76464-1.
<https://doi.org/10.4324/9781003478539>. Peer Reviewed: Yes. Open Access: No.
Publisher Level: A+.
2. Aquatic Exercise Association [Yázigí, F.]. (2025). Aquatic fitness professional manual. (digital). (8th ed). Human Kinetics. ISBN: 10:1718235127.
https://us.humankinetics.com/products/aquatic-fitness-professional-manual-8th-edition?srsltid=AfmBOopgYLH3gCOsdown36iXhFblpCstPsJR2l7wvaJlojcc6EP_nGTC. Peer Reviewed: No. Open Access: No.
3. Aquatic Exercise Association [Yázigí, F.]. (2025). Aquatic fitness professional manual. (print). (8th ed). Human Kinetics. ISBN: 13: 978-1718235120.
https://us.humankinetics.com/products/aquatic-fitness-professional-manual-8th-edition?srsltid=AfmBOopgYLH3gCOsdown36iXhFblpCstPsJR2l7wvaJlojcc6EP_nGTC. Peer Reviewed: No. Open Access: No.
4. Barreiros, J., & Passos, P. (2025). Motor behavior control, learning and development. (1st ed). Routledge. ISBN: 978-103-289-367-9.
<https://www.routledge.com/Motor-Behavior-Control-Learning-and->

Development/Barreiros-Passos/p/book/9781032893679. Peer Reviewed: No.
Open Access: No. Publisher Level: A+.

5. Figueiredo, A., Coelho-e-Silva, M., Favero, T., & Sarmiento, H. (2025). Science and soccer: A key combination. (1st ed). Imprensa da Universidade de Coimbra. ISBN: 978-989-26-2606-2. <https://doi.org/10.14195/978-989-26-2607-9>. Peer Reviewed: Yes. Open Access: Yes. Publisher Level: C.
6. Fonseca-Pinto, R., Albarracín, A., Ortiz, A., Yázigí, F., & Moreno-Murcia, J. A. (2025). Nuevos horizontes en las actividades acuáticas: Ciencia, innovación y práctica. (1st ed). SB Editorial. ISBN: 978-631-6680-08-2. <https://www.asociacionaidea.com/libros/#1742194917878-fa87bf74-515d>. Peer Reviewed: No. Open Access: Yes.
7. Marques, A., & Gouveia, É. R. (2025). Physical education at school and in today's society. (1st ed). InTech. ISBN: 978-0-85014-865-7. <https://www.intechopen.com/books/1003904>. Peer Reviewed: Yes. Open Access: No. Publisher Level: B.
8. Reis, A., Cravino, J., Hadjileontiadis, L., Martins, P., Dias, S. B., Hadjileontiadou, S., & Mikropoulos, T. (2025). Technology and innovation in learning, teaching and education. (1st ed). Springer. ISBN: 978-3-032-02672-9. https://books.google.pt/books?hl=en&lr=&id=uqd_EQAAQBAJ&oi=fnd&pg=PR1&dq=info:SPp2MH5c3_oJ:scholar.google.com&ots=wudQeUIP6a&sig=hif5FLPAh6IrmAUFuGzqCjRSCw0&redir_esc=y#v=onepage&q&f=false. Peer Reviewed: Yes. Open Access: No. Publisher Level: A+.

National Distribution

1. Francisco, R., & Ruivo, R. (2026). Exercício físico em populações clínicas. (1st ed). Prime Books. ISBN: 978-989-655--560-3. Peer Reviewed: No. Open Access: No.
2. Francisco, R., & Ruivo, R. (2026). Exercício físico em populações em fases especiais da vida. (1st ed). Prime Books. ISBN: 978-989-655-561-0. Peer Reviewed: No. Open Access: No.
3. Almeida, G., Gonçalves, B., Figueira, B., Luz, C., Cruz, D., Veiha, G., Dores, H., Folgado, H., Castela, I., Marmeleira, J., Batalha, J., Rosa, R., Cordovil, R., Silva, R., Laranjo, S., Marques, T., Aleixo, T., Gonçalves, V., Teixeira, D. (2025). Ferramenta educativa e lúdica para estilos de vida saudáveis. Universidade de Évora. ISBN: 978-972-778-486-8. Peer Reviewed: No. Open Access: No.
4. Baptista, F., & Carnide, F. (2025). Prevenção da sarcopenia, da fragilidade e de quedas. (1st ed). Lidel. ISBN: 978-898-752-970-2. Peer Reviewed: No. Open Access: No. Publisher Level: C.
5. Baptista, F., & Carnide, F. (2025). Avaliação e prevenção da sarcopenia, da fragilidade e de quedas. (1st ed). Lidel. ISBN: 978-989-752-970-2.
<https://m.lidel.pt/pt/catalogo/ciencias-do-desporto/desporto/prevencao-da-sarcopenia-da-fragilidade-e-de-quedas/>. Peer Reviewed: No. Open Access: No. Publisher Level: C.
6. Fonseca-Pinto, R., Albarracín, A., Ortiz, A., Yázigí, F., & Moreno-Murcia, J. A. (2025). Novos horizontes nas atividades aquáticas: Ciência, inovação e prática. Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

(1st ed). SB Editorial. ISBN: 978-631-6680-08-2.

<https://www.asociacionaidea.com/libros/#1742194917878-fa87bf74-515d>.

Peer Reviewed: No. Open Access: Yes.

7. Gama, J., Dias, G., Mendes, R., Martins, F., & Vaz, V. (2025). Observação e análise do jogo: Variabilidade, constrangimentos e padrões de comportamento no futebol. (1st ed). Escola Superior de Educação - Instituto Politécnico de Coimbra. ISBN: 978-989-9145-17-7. Peer Reviewed: Yes. Open Access: Yes.
8. Januário, N., & Rosado, A. (2025). Desporto adaptado e inclusão. (1st ed). História Carmim. ISBN: 978-989-360-024-5. Peer Reviewed: Yes. Open Access: No.
9. Ramos, S., Martinho, D., & Sarmiento, H. (2025). Introdução à estatística paramétrica para ciências do desporto, com exercícios resolvidos em SPSS. (1st ed). 5livros. ISBN: 978-989-586-057-9. Peer Reviewed: Yes. Open Access: No.
10. Rosado, A. (2025). Preparação psicológica para a competição. (1st ed). Faculdade de Motricidade Humana. (FMH editora). ISBN: 978-972-735-311-8. Peer Reviewed: Yes. Open Access: No. Publisher Level: C.
11. Rosado, A. (2025). Stress em desporto. (1st ed). Faculdade de Motricidade Humana. (FMH editora). ISBN: 978-972-735-315-6. Peer Reviewed: No. Open Access: No. Publisher Level: C.

12. Rosado, A. (2025). Recuperar mentalmente de uma lesão desportiva. (1st ed).
Faculdade de Motricidade Humana. (FMH editora). ISBN: 978-972-736-316-3.
Peer Reviewed: No. Open Access: No. Publisher Level: C.
13. Rosado, A. (2025). Assertividade, compostura e controlo emocional. (1st ed).
Faculdade de Motricidade Humana. (FMH editora). ISBN: 978-972-735-312-5.
Peer Reviewed: No. Open Access: No. Publisher Level: C.
14. Rosado, A. (2025). Melhorar a concentração em desporto. (1st ed). Faculdade
de Motricidade Humana. (FMH editora). ISBN: 978-972-735-310-2. Peer
Reviewed: No. Open Access: No. Publisher Level: C.
15. Silva, I., Leitão, J., Sarmiento, H., & Pereira, A. (2025). A excelência no esporte:
Trajetórias de vida de atletas medalhistas olímpicos brasileiros. (1st ed).
Edições UERN. ISBN: 978-85-7621-517-2. Peer Reviewed: Yes. Open Access:
Yes.
16. Toscano, C. V. A., de Barros, M. V. G., Ferreira, J. P., Neto, J. L. C., Gaspar, J. M.,
Carvalho, H. M., Barros, S. S. H., Júnior, J. F. L. B. R., Neto, J. P. A., & Junior, V. B.
S. (2025). Guia de atividade física para pessoas com transtorno do espectro do
autismo. (TEA). (1st ed). Ministério do Esporte; Secretaria Nacional de
Paradesporto. <http://esporte.gov.br>. Peer Reviewed: Yes. Open Access: Yes.
17. Vaz, V., Coelho-e-Silva, M., Cordovil, R., & Mendes, R. (2025). Estudos em
desenvolvimento motor da criança XVIII. Imprensa da Universidade de Coimbra.
ISBN: 978-989-36126-6-8. Peer Reviewed: Yes. Open Access: No. Publisher
Level: C.

18. Veloso, A. P., João, F., Carnide, F., Cabral, S., & Moniz-Pereira, V. (2025). Manual de boas práticas para a análise clínica da marcha em crianças com paralisia cerebral. (1st ed). Faculdade de Motricidade Humana. (FMH editora). ISBN: 978-972-735-319-4; e978-972-735-320-0.
https://cpjoywalk.fmh.ulisboa.pt/web/pdf/book_dfgx11.pdf. Peer Reviewed: No.
Open Access: Yes. Publisher Level: C.

Chapters in Published Books

International Distribution

1. Afonso, J., & Sarmiento, H. (2025). Advantages and drawbacks of conditioned games. (1st ed). Routledge. ISBN: 978-1-032-82922-7.
<https://doi.org/10.4324/9781003506980>. Peer Reviewed: Yes. Open Access: No.
Publisher Level: A+.
2. Caldo-Silva, A., Palotino-Ferreira, B. M., Mamede-Pereira, D., Maculeve, L., Daca, T., Rocha, S. V., Ferreira, J. P., & Furtado, G. E. (2025). The impact of psychological needs satisfaction on sustainability and adherence to physical activity in middle- and older-adult residents on Terceira Island, Azores. (1st ed). Springer. ISBN: 978-3-031-77281-8. <https://doi.org/10.1007/978-3-031-77282-5>.
Peer Reviewed: Yes. Open Access: No. Publisher Level: A+.
3. Davids, K., & Araújo, D. (2025). How the theory of ecological dynamics has shaped research and practice in soccer in the new millennium. (1st ed).
Imprensa da Universidade de Coimbra. ISBN: 978-989-26-2607-9.

<https://doi.org/10.14195/978-989-26-2607-9>. Peer Reviewed: Yes. Open

Access: No. Publisher Level: C.

4. Ferreira, S., Carrilho, D., & Araújo, D. (2025). An ecological dynamics approach to the use of artificial intelligence and machine learning to analyze performance in football. (1st ed). Springer. ISBN: 978-3-031-76047-1.

https://doi.org/10.1007/978-3-031-76047-1_6. Peer Reviewed: Yes. Open

Access: No. Publisher Level: A+.

5. Furtado, G. E., Caldo-Silva, A., Mamede-Pereira, D., Rocha, S. V., & Campos, F. (2025). A new paradigm: Preliminary stage to developing an innovative sustainability assessment scale for physical activity programs. (1st ed). Springer. ISBN: 978-3-031-77281-8. <https://doi.org/10.1007/978-3-031-77282-5>.

Peer Reviewed: Yes. Open Access: No. Publisher Level: A+.

6. Kocárová, R., Procházková, L., & Plevková, M. (2025). 5-MeO-DMT: A controversial part of a contemporary psychedelic scene. (1st ed). Brill.

https://doi.org/10.1163/9789004729759_017. Peer Reviewed: Yes. Open

Access: No.

7. Marques, A., Iglésias, B., Ribeiro, T. D., & Peralta, M. (2025). Physical fitness and depression across the lifespan. (1st ed). Routledge. ISBN: 978-100-347-853-9.

<https://doi.org/10.4324/9781003478539-4>. Peer Reviewed: Yes. Open Access:

No. Publisher Level: A+.

8. Marques, A., Nascimento, M. de M., Peralta, M., & Veiga, D. (2025).

Epidemiology and determinants of depression. (1st ed). Routledge. ISBN: 978-

100-347-853-9. <https://doi.org/10.4324/9781003478539-1>. Peer Reviewed: Yes.
Open Access: No. Publisher Level: A+.

9. Marques, A., Ribeiro, T. D., Rosado, A., & Murawska-Ciatowicz, E. (2025). *Social and psychological mechanisms of physical activity on depression*. (1st ed). Routledge. ISBN: 978-100-347-853-9. <https://doi.org/10.4324/9781003478539>. Peer Reviewed: Yes. Open Access: No. Publisher Level: A+.
10. Miller-Dicks, M., Davids, K., & Araújo, D. (2025). *An ecological approach to gaze behaviour in sport*. (1st ed). Routledge. ISBN: e978-103-270-897-3. <https://doi.org/10.4324/9781032708973>. Peer Reviewed: Yes. Open Access: No. Publisher Level: A+.
11. Nascimento, M. de M., Peralta, M., Iglésias, B., & Marques, A. (2025). *Neurobiological mechanisms of physical activity on depression*. (1st ed). Routledge. ISBN: 978-100-347-853-9. <https://doi.org/10.4324/9781003478539-8>. Peer Reviewed: Yes. Open Access: No. Publisher Level: A+.
12. Oliveira, A. L., Soares, D., Serpa, J., Santos, V., Peralta, M., Flôres, F., & Marconcin, P. (2025). *The effects of strength training on physical function, motor symptoms, and quality of life in Parkinson's disease patients: A systematic review*. Publisher Level: C.
13. Peralta, M., Rosado, A., & Marques, A. (2025). *Recommending physical activity and exercise for depression*. (1st ed). Routledge. ISBN: 978-100-347-853-9. <https://doi.org/10.4324/9781003478539-14>. Peer Reviewed: Yes. Open Access: No. Publisher Level: A+.

14. Ribeiro, T. D., Peralta, M., Ribeiro, T., & Marques, A. (2025). Individual, social, and economic burden of depression and physical inactivity. (1st ed). Routledge. ISBN: 978-100-347-853-9. <https://doi.org/10.4324/9781003478539-2>. Peer Reviewed: Yes. Open Access: No. Publisher Level: A+.
15. Santos, A. J., Baptista, L. C., Amoroso, J., Furtado, G., Teixeira, M., & Lima, C. P. (2025). Beyond the gym floor and the classroom: Physical education as a catalyst for transdisciplinary physically active learning in the Portuguese educational landscape. (1st ed). InTech. ISBN: 978-0-85014-864-0. <https://www.intechopen.com/chapters/1207112>. Peer Reviewed: Yes. Open Access: Yes. Publisher Level: B.
16. Sarmiento, H., Martinho, D., & Teques, P. (2025). Depression in high-performance sports. (1st ed). Routledge. ISBN: 978-100-347-853-9. <https://doi.org/10.4324/9781003478539>. Peer Reviewed: Yes. Open Access: No. Publisher Level: A+.
17. Silva, A. C., Campos, F., Furtado, G. E., Ferreira, B. P., Rocha, S., & Teixeira, A. M. (2025). Frailty to sustainable vitality: An overview of BCAA and exercise for the well-being of older adults. (1st ed). Springer. ISBN: 978-3-031-77281-8. <https://doi.org/10.1007/978-3-031-77282-5>. Peer Reviewed: Yes. Open Access: No. Publisher Level: A+.
18. Yázigí, F. (2025). Aquafitness: Planteamiento de sesiones para personas con obesidad. (1st ed). SB Editorial. ISBN: 978-631-6680-08-2.

<https://www.asociacionaidea.com/libros/#1742194917878-fa87bf74-515d>.

Peer Reviewed: No. Open Access: Yes.

19. Yázigi, F. (2025). Aquagym para prevenir o controlar sintomas depressivos. (1st ed). SB Editorial. ISBN: 978-631-6680-08-2.

<https://www.asociacionaidea.com/libros/#1742194917878-fa87bf74-515d>.

Peer Reviewed: No. Open Access: Yes.

20. Yázigi, F. (2025). Aquagym: Exploración de un entrenamiento en circuito. (1st ed). SB Editorial. ISBN: 978-631-6680-08-2.

<https://www.asociacionaidea.com/libros/#1742194917878-fa87bf74-515d>.

Peer Reviewed: No. Open Access: Yes.

National Distribution

1. Campos, M. J. (2025). Modelo metodológico educacional na perspetiva inclusiva. CRV. ISBN: 978-65-251-7975-9.
<https://doi.org/10.24824/978652517974.2>. Peer Reviewed: Yes. Open Access: No.
2. Campos, M. J., & Morais, M. P. (2025). Brincar inclusivo e cultura corporal de movimento: Ação pedagógica para a educação ambiental. Imprensa da Universidade de Coimbra. ISBN: 2795-5214.
<https://hdl.handle.net/10316/118952>. Peer Reviewed: Yes. Open Access: Yes.
Publisher Level: C.
3. Cordovil, R., Burnay, C., Pombo, A., & Mercê, C. (2025). Grupo Skill Learning: Investigação em desenvolvimento motor – Questões emergentes e direções Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

- futuras. Imprensa da Universidade de Coimbra. ISBN: 978-989-36126-6-8. Peer Reviewed: Yes. Open Access: No. Publisher Level: C.
4. Damas, R., Rosado, A., & Moniz Pereira, L. (2025). Fatores que influenciam a participação de pessoas com deficiência na atividade física: Uma revisão sistemática. (1st ed). História Carmim. ISBN: 978-989-360-024-5. Peer Reviewed: Yes. Open Access: No.
 5. Gaspar, S., Peralta, M., Marques, A., Iglésias, B., Loureiro, V., & Oliveira, I. (2025). Inatividade e sedentarismo: A situação em Portugal. (1st ed). Escola Superior de Enfermagem de Coimbra. ISBN: 978-989-53364-5. Peer Reviewed: Yes. Open Access: No.
 6. Iglésias, B., Sarmiento, H., Gouveia, É. R., Peralta, M., Ribeiro, T., & Marques, A. (2025). Educação entre pares na educação física: Promoção da aptidão física e dos conhecimentos. Imprensa da Universidade de Coimbra. ISBN: 2795-5214. <https://hdl.handle.net/10316/118952>. Peer Reviewed: Yes. Open Access: No. Publisher Level: C.
 7. Ione, M., Silva, M., Bezerra, F., & Sarmiento, H. (2025). Saberes em rede internacional e interinstitucional: Formação docente e produção científica. (1st ed). Edições UERN. Peer Reviewed: No. Open Access: Yes.
 8. Lopes, F., Cordovil, R., & Neto, C. (2025). Entre o presente e o futuro: À procura do brincar na boa cidade para as crianças. Página a Página. ISBN: 978-989-35918-7-1. Peer Reviewed: Yes. Open Access: No.

9. Marques, A., Gouveia, É. R., Ribeiro, T., & Matos, M. G. (2025). A promoção de estilos de vida ativos e saudáveis na escola. (1st ed). Centro de Investigação em Educação e Psicologia da Universidade de Évora. ISBN: 978-972-778-439-4.
Peer Reviewed: Yes. Open Access: No.
10. Matos, M. G., Branquinho, C., Moraes, B., Noronha, C., Gaspar, T., Tomé, G., Carvalho, M., Marques, A., Simões, C., Guedes, F., Cerqueira, A., Raimundo, M., & Rodrigues, N. (2025). Observatório de saúde psicológica e bem-estar: Monitorização e ação das escolas portuguesas. (1st ed). Centro de Investigação em Educação e Psicologia da Universidade de Évora. ISBN: 978-972-778-439-5.
Peer Reviewed: Yes. Open Access: No.
11. Miguel-da-Silva, J., Fernandes, R., Agostinete, R., Oliveira, T., & Coelho-e-Silva, M. (2025). Variation of handgrip strength associated with age at sports initiation: ABCD Growth Study. Imprensa da Universidade de Coimbra. ISBN: 978-989-36126-6-8. Peer Reviewed: Yes. Open Access: No. Publisher Level: C.
12. Moreira, M., Lopes, F., Veiga, G., Varela, A., & Cordovil, R. (2025). “Este sou eu a brincar lá fora”: O papel das affordances para o movimento no comportamento motor lúdico de crianças em idade pré-escolar no espaço exterior do jardim de infância. Imprensa da Universidade de Coimbra. ISBN: 978-989-36126-6-8. Peer Reviewed: Yes. Open Access: No. Publisher Level: C.
13. Oliveira, T., Agostinete, R., Fernandes, R., Coelho-e-Silva, M., & Miguel-da-Silva, J. (2025). Desenvolvimento ósseo de adolescentes praticantes de natação:

ABCD Growth Study. Imprensa da Universidade de Coimbra. ISBN: 978-989-36126-6-8. Peer Reviewed: Yes. Open Access: No. Publisher Level: C.

14. Peralta, M., Sarmiento, H., Gouveia, É. R., Quintero, S., & Marques, A. (2025).

Promotion of physical activity and physical fitness in physical education.

Imprensa da Universidade de Coimbra. ISBN: 2795-5214.

<https://hdl.handle.net/10316/118952>. Peer Reviewed: Yes. Open Access: No.

Publisher Level: C.

15. Rosado, A., Nery, M., Moniz Pereira, L., & Januário, N. (2025). Diversidade e

empoderamento em desporto. (1st ed). História Carmim. ISBN: 978-989-360-

024-5. Peer Reviewed: Yes. Open Access: No.

16. Veloso, A. P., João, F., Carnide, F., Cabral, S., & Moniz-Pereira, V. (2025). Exame

físico. (1st ed). Faculdade de Motricidade Humana. (FMH editora). ISBN: 978-972-735-319-4; e978-972-735-320-0.

https://cpjoywalk.fmh.ulisboa.pt/web/pdf/book_dfgx11.pdf. Peer Reviewed: No.

Open Access: Yes. Publisher Level: C.

17. Veloso, A. P., João, F., Carnide, F., Cabral, S., & Moniz-Pereira, V. (2025).

Recolha de dados da marcha. (1st ed). Faculdade de Motricidade Humana.

(FMH editora). ISBN: 978-972-735-319-4; e978-972-735-320-0.

https://cpjoywalk.fmh.ulisboa.pt/web/pdf/book_dfgx11.pdf. Peer Reviewed: No.

Open Access: Yes. Publisher Level: C.

18. Yázigi, F. (2025). Hidroginástica para prevenir ou controlar sintomas

depressivos. (1st ed). SB Editorial. ISBN: 978-631-6680-08-2.

Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

<https://www.asociacionaidea.com/libros/#1742194917878-fa87bf74-515d>.

Peer Reviewed: No. Open Access: Yes.

19. Yázigi, F. (2025). Hidroginástica: O treino em circuito. (1st ed). SB Editorial.

ISBN: 978-631-6680-08-2.

<https://www.asociacionaidea.com/libros/#1742194917878-fa87bf74-515d>.

Peer Reviewed: No. Open Access: Yes.

20. Yázigi, F. (2025). Hidroginástica: Planeamento de aulas para pessoas com obesidade. (1st ed). SB Editorial. ISBN: 978-631-6680-08-2.

<https://www.asociacionaidea.com/libros/#1742194917878-fa87bf74-515d>.

Peer Reviewed: No. Open Access: Yes.

Research Articles Published in Scientific Journals (Web of Science)

Quartile 1

1. Agostinete, R. R., Narciso, P. H., Coelho-e-Silva, M., Bielemann, R. M., Gobbo, L. A., Turi-Lynch, B. C., Fernandes, R. A., & Vlachopoulos, D. (2025). Inflammatory markers as potential mediators on the negative association between training load and bone mineral density in adolescent competitive swimmers: ABCD-growth study. *Frontiers in Endocrinology*, 16.
<https://doi.org/10.3389/fendo.2025.1602551>. Open Access: Yes. Journal Impact Factor: 4.6. Quartile: Q1. Category: Endocrinology & Metabolism.
2. Alves, B., Alhussein, G., Riggare, S., Duncan, T. S., Saad, A., Lyreskog, D. M., Chatzichristos, C., Gerasimou, I., Hadjidimitriou, S., Hadjileontiadis, L. J., & Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

- Dias, S. B. (2025). Stakeholder Perspectives on Trustworthy Artificial Intelligence for Parkinson's Disease Management Using a Co-creation Approach: A Qualitative Study. *Journal of Medical Internet Research*, 6(73710).
<https://doi.org/10.2196/73710>. Open Access: Yes. Journal Impact Factor: 6. Quartile: Q1. Category: Health Care Sciences & Services.
3. Alves, R., Dias, G., Nunes, N., Martins, F., Querido, S., & Vaz, V. (2025). Social network analysis in football: a systematic review of performance and tactical applications. *Frontiers in Psychology*.
<https://doi.org/10.3389/fpsyg.2025.1659603>. Open Access: Yes. Journal Impact Factor: 2.9. Quartile: Q1. Category: Psychology, Multidisciplinary.
 4. Baptista, F., & Baronio, F. (2025). Editorial: Bone health and development in children and adolescents, volume II. *Frontiers in Endocrinology*, 16.
<https://doi.org/10.3389/fendo.2025.1720995>. Open Access: Yes. Journal Impact Factor: 4.6. Quartile: Q1. Category: Endocrinology & Metabolism.
 5. Baptista, F., de Marco, R. L., Zymbal, V., & Janz, K. F. (2025). Reference Standards for Vertical Jump Power and Handgrip Strength for Screening the Risk of Low Bone and Muscle Mass for Age in Youth. *Journal of Strength and Conditioning Research*, 39(8), 974–981.
<https://doi.org/10.1519/JSC000000000005130>. Open Access: No. Journal Impact Factor: 3. Quartile: Q1. Category: Sport Sciences.
 6. Ben Amotz, R., Green, G., Barak, S., Tesler, R., Levi, S., Marques, A., Giladi, A., Joseph, G., Ng, K., & Zigdon, A. (2025). Online physical education: a mixed-
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methods study of the health perceptions and professional effectiveness of physical education teachers. *Education Sciences*, 15(5), 573.

<https://doi.org/10.3390/educsci15050573>. Open Access: Yes. Journal Impact Factor: 2.6. Quartile: Q1. Category: Education & Educational Research.

7. Bicudo, F., Figueiredo, L., Silva, A., Sarmiento, H., Solomons, J., Clemente, F., & Castro, H. (2025). Comparison of ball-in-play running demands across game phases and the relationships between physical and technical variables: an analysis of the 2024 female super sevens tournament. *Journal of Sports Science and Medicine*, 24, 713–720. <https://doi.org/10.52082/jssm.2025.713>. Open Access: Yes. Journal Impact Factor: 2.8. Quartile: Q1. Category: Sport Sciences.
8. Borges, M., Rosado, A., & de Oliveira, R. (2025). Editorial: Promoting inclusion and representation: the role of cultural diversity in sports. *Frontiers in Psychology*, 16(1695684). <https://doi.org/10.3389/fpsyg.2025.1695684>. Open Access: Yes. Journal Impact Factor: 2.9. Quartile: Q1. Category: Psychology, Multidisciplinary.
9. Calmeiro, L., Teques, P., Rosado, A., & Barros, M. (2025). Editorial: Mental Health and Positive Youth Development in Sport and Physical Activity Contexts. *Frontiers in Psychology*, 12(752369). <https://doi.org/10.3389/fpsyg.2021.752369>. Open Access: Yes. Journal Impact Factor: 2.9. Quartile: Q1. Category: Psychology, Multidisciplinary.
10. Cardoso, R., Rios, M., Cardoso, F., Bouicher, S., Abraldes, J. A., Gomes, B. B., Vilas-Boas, J. P., & Fernandes, R. J. (2025). Randall Foils Versus Big Blades: Faculdade de Motricidade Humana, Universidade de Lisboa | Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Comparative Analysis in On-Water Sprint Rowing. *International Journal of Sports Physiology and Performance*, 20(5). <https://doi.org/10.1123/ijsp.2024-0515>.

Open Access: No. Journal Impact Factor: 4.3. Quartile: Q1. Category: Physiology.

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12. Carvalho, L. C., Encantado, J., van Elk, M., Møller, A. C., Cornelius, T., Timmermann, C., Veiga, D., & Teixeira, P. J. (2025). Exploring practitioners' perceptions of health behavior changes associated with psychedelic experiences. *Scientific Reports*, 15(1), 1–13. <https://doi.org/10.1038/s41598-025-25818-3>. Open Access: Yes. Journal Impact Factor: 3.9. Quartile: Q1. Category: Multidisciplinary Sciences.
13. Cheillan, A., Milho, J., & Passos, P. (2025). Inter-limb and inter-agent coordination in an original joint-action game: exploring novel approaches for clinical practice. *Frontiers in Psychology*, 16(1514957). <https://doi.org/10.3389/fpsyg.2025.1514957>. Open Access: Yes. Journal Impact Factor: 2.9. Quartile: Q1. Category: Psychology, Multidisciplinary.
14. Cheillan, A., Milho, J., & Passos, P. (2025). Changes in postural stability induced by a ball-and-board game designed from a systems perspective. *BMC Sports*

Science Medicine and Rehabilitation, 17(1). <https://doi.org/10.1186/s13102-025-01110-9>. Open Access: Yes. Journal Impact Factor: 2.8. Quartile: Q1. Category: Rehabilitation.

15. Clemente, F. M., Scanlan, A. T., Ramirez-Campillo, R., Martinho, D., Thapa, R., Chamari, K., Silva, R., Moran, J., Sarmiento, H., Xu, Q., & Afonso, J. (2025). The Correlations Between Training Load Parameters and Physical Performance Adaptations in Team Sports: A Systematic Review and Meta-analysis. *Sports Medicine-Open*, 11. <https://doi.org/10.1186/s40798-025-00952-4>. Open Access: Yes. Journal Impact Factor: 5.9. Quartile: Q1. Category: Sport Sciences.
16. Cunha, P. M., Ribeiro, A. S., Cavalcante, E. F., Castro-e-Souza, P., Santos-Melo, V., Lima, L. A., Orsatti, F. L., Gerage, A. M., Rodrigues, R. J., Silva, A. M., Stubbs, B., & Cyrino, E. S. (2025). Impact of resistance training repetition ranges on cognitive function and mental health in older women: A randomized controlled clinical trial. *Journal of Affective Disorders*, 398. <https://doi.org/10.1016/j.jad.2025.120938>. Open Access: Yes. Journal Impact Factor: 4.9. Quartile: Q1. Category: Clinical Neurology.
17. Descamps, G., Massart, A., Rizzo, T., Oblak, V. P., & Campos, M. J. (2025). Development and Validation of a Survey on Inclusive Judo: Judo Teachers' Attitudes Towards Including Participants with Intellectual Developmental Disorders. (*J-TAID*). *Sports*, 13(14). <https://doi.org/10.3390/sports13010014>. Open Access: Yes. Journal Impact Factor: 2.9. Quartile: Q1. Category: Sport Sciences.

18. Domingues, M. F., Dimitropoulos, K., Hart, K., & Dias, S. B. (2025). Smart devices for personalized nutrition and healthier lifestyle behavior change. *Frontiers in Nutrition*, 12(1604314). <https://doi.org/10.3389/fnut.2025.1604314>. Open Access: Yes. Journal Impact Factor: 5.1. Quartile: Q1. Category: Nutrition & Dietetics.
19. Estevan, I., De Meester, A., Veldman, S. L. C., Mercê, C., Branco, M., Lopes, F., Catela, D., Hasanen, E., Laukkanen, A., Tortella, P., Sá, C., Jidovtseff, B., Fujikawa, R., Garcia-Massó, X., & Cordovil, R. (2025). How learning to cycle influences lifestyle: An eight country pooled analysis and person-centered approach. *Journal of Transport & Health*, 44. <https://doi.org/10.1016/j.jth.2025.102114>. Open Access: Yes. Journal Impact Factor: 3.3. Quartile: Q1. Category: Public, Environmental & Occupational Health.
20. Fernandes, R. A., Alacid, F., & Gomes, B. B. (2025). Paddle selection and adjustment for young male kayakers: the science behind the art. *Frontiers in Physiology*, 15. <https://doi.org/10.3389/fphys.2025.1713935>. Open Access: Yes. Journal Impact Factor: 3.4. Quartile: Q1. Category: Physiology.
21. Ferrero-Hernández, P., O'Donovan, G., Petermann-Rocha, F., Christofaro, D. G. D., Cristi-Montero, C., Marques, A., Nascimento, M., Farías-Valenzuela, C., Rezende, L. F. M., & Ferrari, G. (2025). Association between lifestyle risk factors and mortality in the Mexico City prospective study. *Scientific Reports*, 15(145).

<https://doi.org/10.1038/s41598-024-84104-w>. Open Access: Yes. Journal Impact Factor: 3.9. Quartile: Q1. Category: Multidisciplinary Sciences.

22. Fitas, A., Gomes, M., Santos, P., Pezarat-Correia, P., & Mendonça, G. V. (2025).

Sex Differences in the Back-Squat One-Repetition Maximum Estimation Accuracy Relying on the Average Optimal Minimum Velocity Threshold. *Journal of Strength and Conditioning Research*.

<https://doi.org/10.1519/JSC000000000005286>. Open Access: No. Journal Impact Factor: 3. Quartile: Q1. Category: Sport Sciences.

23. Flores, L. A., McLaren-Towilson, C., De León, L. G., Bonito, F., Mil-Homens, P.,

Peña-González, I., & Fragoso, M. I. (2025). Skeletal age prediction models by maturity status in male soccer players. *Scientific Reports*, 15(1).

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24. Francisco, R., Armstrong, L. E., & Silva, A. M. (2025). Recommendations for

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Open Access: No. Journal Impact Factor: 9.4. Quartile: Q1. Category: Sport Sciences.

25. Freitas, S. R., Cruz-Montecinos, C., Bohn, L., Pietta-Dias, C., Baptista, F.,

Tanaka, H., Blazevich, A. J., Nosaka, K., Kawakami, Y., Herzog, W., Ratel, S., & Pinto, R. S. (2025). Powerpenia: moving towards the detection of meaningful human 'skeletal muscle' power loss. *British Journal of Sports Medicine*, 59(16),

1118–1119. <https://doi.org/10.1136/bjsports-2024-109187>. Open Access: Yes.

Journal Impact Factor: 16.3. Quartile: Q1. Category: Sport Sciences.

26. Global Burden of Cardiovascular Diseases and Risks 2023 Collaborators

[Marques, A.]. (2025). Global, Regional, and National Burden of Cardiovascular Diseases and Risk Factors in 204 Countries and Territories, 1990-2023. *Journal of the American College of Cardiology*, 86(22), 2167–2243.

<https://doi.org/10.1016/j.jacc.2025815>. Open Access: Yes. Journal Impact Factor: 22.3. Quartile: Q1. Category: Cardiac & Cardiovascular Systems.

27. Gomes, B. B., Cardoso, R., Fernandes, R. A., & Ferreira, R. A. (2025). Impact of Neuromuscular Fatigue on Dynamic Knee Valgus in Female Basketball Players.

Life-Basel, 15(5). <https://doi.org/10.3390/life15050816>. Open Access: Yes.

Journal Impact Factor: 3.4. Quartile: Q1. Category: Biology.

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Dimaridis, G., & Tchetverikov, I. (2025). European advances in digital rheumatology: explainable insights and personalized digital health tools for psoriatic arthritis. *Eclinicalmedicine*, 84.

<https://doi.org/10.1016/j.eclinm.2025.103243>. Open Access: Yes. Journal Impact Factor: 10. Quartile: Q1. Category: Medicine, General & Internal.

29. Hay, S. I., Ong, K. L., Santomauro, D. F., & GBD 2023 [Marques, A.]. (2025).

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[https://doi.org/10.1016/S0140-6736\(25\)01637-X](https://doi.org/10.1016/S0140-6736(25)01637-X). Open Access: Yes. Journal Impact Factor: 88.5. Quartile: Q1. Category: Medicine, General & Internal.
30. Henriques-Neto, D., Peralta, M., & Marques, A. (2025). Editorial: Puberty: neurologic and physiologic development, volume II. *Frontiers in Endocrinology*, 16(1596546). <https://doi.org/10.3389/fendo.2025.1596546>. Open Access: Yes. Journal Impact Factor: 4.6. Quartile: Q1. Category: Endocrinology & Metabolism.
31. Huzarska-Rynasiewicz, I., Martinho, D. V., Marques, A., Nascimento, M. D. M., Gouveia, É. R., Ihle, A., & Przednowek, K. (2025). Psychomotor and Basic Cognitive Abilities in Professional Athletes: A Systematic Review. *Journal of Human Kinetics*. <https://doi.org/10.5114/jhk/203566>. Open Access: Yes. Journal Impact Factor: 2.8. Quartile: Q1. Category: Sport Sciences.
32. Karagianni, E., Antoniou, V., Dimitriadis, Z., Panagiotakos, D., Cordovil, R., & Pepera, G. (2025). Assessment of Overall Muscle Strength in Children and Adolescents Using Handheld Dynamometry: A Systematic Review of Reference Values and Quality of Data. *Journal of Clinical Medicine*, 14(24). <https://doi.org/10.3390/jcm14238454>. Open Access: Yes. Journal Impact Factor: 2.9. Quartile: Q1. Category: Medicine, General & Internal.
33. Kassiano, W., Nunes, J. P., Costa, B., Ribeiro, A. S., Loenneke, J. P., & Cyrino, E. S. (2025). Comparison of Muscle Growth and Dynamic Strength Adaptations Induced by Unilateral and Bilateral Resistance Training. *Sports Medicine*, 55(4),

- 923–936. <https://doi.org/10.1007/s40279-024-02169-z>. Open Access: Yes.
Journal Impact Factor: 9.4. Quartile: Q1. Category: Sport Sciences.
34. Luz, L. G. d. O., da Silva, D. R. P., Henrique, R. d. S., Seabra, A. F., & Coelho-e-Silva, M. (2025). Correlates of Moderate-to-Vigorous Physical Activity Among Prepubertal Girls: A Bioecological Approach. *American Journal of Human Biology*, 37. <https://doi.org/10.1002/ajhb.70024>. Open Access: No. Journal Impact Factor: 1.7. Quartile: Q1. Category: Anthropology.
35. Machado-Rodrigues, A. M., Rodrigues, D., Gama, A., Nogueira, H., Fernandes, H. M., Stabelini Neto, A., Fernandes, R., & Padez, C. (2025). Can the Urban Lifestyle Impact on Children BMI and Healthy Sleep?. *American Journal of Human Biology*, 37(24210). <https://doi.org/10.1002/ajhb.24210>. Open Access: No. Journal Impact Factor: 1.7. Quartile: Q1. Category: Anthropology.
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39. Marques, A., Nascimento, M., Ferrari, G., Gouveia, É. R., Almanzar, P., & Peralta, A. (2025). Individual and combined association between healthy behaviors and all-cause and premature mortality: a 22-year follow-up cohort. *Mayo Clinic Proceedings*, 100(3), 478–487. <https://doi.org/10.1016/j.mayocp.2024725>. Open Access: No. Journal Impact Factor: 6.7. Quartile: Q1. Category: Medicine, General & Internal.

40. Marques, M., Vieira, F., Teles, J., & Baptista, F. (2025). Growth and physical development of children at apparent risk of sarcopenia. *Pediatric Research*, 97(2), 843–850. <https://doi.org/10.1038/s41390-024-03385-z>. Open Access: Yes. Journal Impact Factor: 3.1. Quartile: Q1. Category: Pediatrics.
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43. Martins, F., Sliz, M., França, C., Sarmiento, H., Gouveia, R., Campos, P., Lopes, H., & Przednowek, K. (2025). Characterizing Psychomotor Abilities of Male Handball Players of Different Age Categories. *Journal of Human Kinetics*. <https://doi.org/10.5114/jhk/203954>. Open Access: Yes. Journal Impact Factor: 2.8. Quartile: Q1. Category: Sport Sciences.
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innovation, volume II. *Frontiers in Psychology*, 16, 1–2.

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45. Marôco, J. L., Arrais, I., Silvestre, T., Pinto, M., Laranjo, S., Magalhães, J., Santa-Clara, H., Fernhall, B., & Melo, X. (2025). Vascular function after acute aerobic exercise in adults with and without type 2 diabetes mellitus. *Scientific Reports*, 15(25727). <https://doi.org/10.1038/s41598-025-10865-7>. Open Access: Yes. Journal Impact Factor: 3.9. Quartile: Q1. Category: Multidisciplinary Sciences.

46. Masset, K. V. D. S. B., Silva, A. M., Ferrari, G., Cabral, B. G. D. A. T., Dantas, P. M. S., & da Costa, R. F. (2025). Development and cross-validation of predictive equations for fat-free mass estimation by bioelectrical impedance analysis in Brazilian subjects with overweight and obesity. *Frontiers in Nutrition*, 12. <https://doi.org/10.3389/fnut.2025.1499752>. Open Access: Yes. Journal Impact Factor: 5.1. Quartile: Q1. Category: Nutrition & Dietetics.

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49. Merelim, A. S., Zacca, R., Moreira-Gonçalves, D., Costa, P. P., & Baptista, L. C. (2025). Distinct exercise modalities on GUT microbiome in sarcopenic older adults: study protocol of a pilot randomized controlled trial. *Frontiers in Medicine*, 12. <https://doi.org/10.3389/fmed.2025.1504786>. Open Access: Yes. Journal Impact Factor: 3. Quartile: Q1. Category: Medicine, General & Internal.
50. Milheiro, A., Baptista, I., Nakamura, F., Sarmento, H., Clemente, F., Silva, J., & Afonso, J. (2025). The Influence of Competition Time on Soccer Players' Performance Factors: A Scoping Review with Evidence Gap Map. *Sports Medicine*. <https://doi.org/10.1007/s40279-025-02321-3>. Open Access: Yes. Journal Impact Factor: 9.4. Quartile: Q1. Category: Sport Sciences.
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53. Naghavi, M., Kyu, H., Murray, C. J. L., & GBD 2023 Causes of Death Collaborators [Marques, A.]. (2025). Global burden of 292 causes of death in 204 countries and territories and 660 subnational locations, 1990–2023: a systematic analysis for the Global Burden of Disease Study 2023. *Lancet*, 406(10513), 1811–1872. [https://doi.org/10.1016/S0140-6736\(25\)01917-8](https://doi.org/10.1016/S0140-6736(25)01917-8). Open Access: Yes. Journal Impact Factor: 88.5. Quartile: Q1. Category: Medicine, General & Internal.
54. Nascimento, M., Ihle, A., Ferrari, G., Gouveia, É. R., & Marques, A. (2025). Sex-related differences in the associations between wishing to die, grip strength, and physical activity: An analysis in European middle-aged and older adults. *Journal of Affective Disorders*, 382(256), 263. <https://doi.org/10.1016/j.jad.2025498>. Open Access: Yes. Journal Impact Factor: 4.9. Quartile: Q1. Category: Clinical Neurology.
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No records.

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77. Veiga, N., Moço, D., Carvalho, A., Moniz-Pereira, V., & Fernandes, R. (2025). Physical Impairments as Predictors of Hip Function Recovery After Hip Fractures: A Prospective Cohort Study Protocol. In 13th Fragility Fracture Network Global Congress. <https://fragilityfracturenetwork.org/2025-congress-abstracts/>. YES. Peer Reviewed: Yes. Open Access: Co-author.

Keynotes, Oral Communications, and Posters

Keynotes

In Portugal

1. Araújo, D. (2025, October 28). Tecnologia e desporto [Keynote]. Um Ciclo Que Não É Um Ciclo. (8.^a edição), Lisboa, Portugal. <https://www.fpc.pt/pt/agenda-evento/ucqneuc-tecnologia-e-desporto/>. Invited: Yes.
2. Baptista, L. C. (2025, July 11). Unravelling the impact of distinct exercise modalities on gut microbiome and gut-derived metabolites in sarcopenic older adults [Keynote]. Open Science Day – CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: Yes.
3. Cordovil, R. (2025, January 30). Brincar: O risco de não arriscar! [Keynote]. Encontro do Grupo de Trabalho “Brincar na Cidade Educadora”, Famalicão, Portugal. https://www.famalicaoeducativo.pt/_xii_encontro_do_grupo_brincar_na_cidade_educadora. Invited: Yes.
4. Cordovil, R. (2025, October 21). Brincar em tempos de mudança: Desafios e oportunidades na família e na escola [Keynote]. Brincar em tempos de mudança: Desafios e oportunidades na família e na escola, Lagos, Portugal. Invited: Yes.

5. Cordovil, R. (2025, May 30). O risco de não arriscar: Tempo, espaço e liberdade para brincar [Keynote]. NICE_Talks da Universidade Católica Portuguesa, Lisboa, Portugal. https://fcse.lisboa.ucp.pt/pt-pt/eventos/nicetalks-mente-cerebro-e-educacao-48841?fbclid=IwY2xjawO9LKVleHRuA2FlbQlxMQBzcnRjBmFwcF9pZBAyMjIwMzkxNzg4MjAwODkyAAEeA5Lg1f2xgddC3208Ov_Hmu4gXytWR5D7vwLaaNYIAsYM2nJM1qe6-wv22_M_aem_29xDkXc9UmvB0i6JmmSzhw. Invited: Yes.
6. Cordovil, R. (2025, November 7). Brincar sem risco? Os custos da superproteção [Keynote]. Encontro de Pais de Lousada, Lousada, Portugal. <https://sapo.pt/artigo/brincar-com-risco-lousada-debate-os-desafios-da-superprotecao-na-infancia-69109ff4af37daf8bdbf4fe6>. Invited: Yes.
7. Cordovil, R. (2025, September 8). Espaços de recreio e a importância do brincar [Keynote]. Seminário “Escola – Um espaço feliz”, Sines, Portugal. <https://noticiasdesines.blog/2025/09/02/seminario-escola-um-espaco-feliz-espacos-de-recreio-e-a-importancia-de-brincar-no-cas/>. Invited: Yes.
8. Magalhães, J. P. (2025, November 21). Nova era na terapêutica da pessoa com obesidade: Complementar a farmacologia [Keynote]. 29.º Congresso Português de Obesidade, Aveiro, Portugal. <https://www.admedic.pt/eventos/29-congresso-portugue-770-s-de-obesidade-.html>. Invited: Yes.
9. Magalhães, J. P. (2025, November 7). Motivação e auto-gestão: Da teoria à prática [Keynote]. 7.º Congresso Nacional da Associação Protectora dos

Diabéticos de Portugal, Lisboa, Portugal. <https://congressoapdp.com/>. Invited: Yes.

10. Magalhães, J. P. (2025, September 19). Programas de exercício físico supervisionados: Uma prioridade na prática clínica [Keynote]. Cidades Ativas, Saudáveis e Sustentáveis, Lisboa, Portugal. https://lisboa-ativa.zohobackstage.eu/conferencia?fbclid=IwZXh0bgNhZW0CMATAAR4d4cUizJrYfSLUTbU1_6m2l07GnuYA4-wSsd_S3aZ0KA1Hv4bvqThjXoF5jg_aem_yW8nbJ9ju_1blyHmgvfnNg. Invited: Yes.

11. Magalhães, J. P. (2025, November 14). Pé diabético: Nem sempre cinzento... Pintemo-lo de verde [Keynote]. Congresso APTFeridas'25, Porto, Portugal. <https://fchampalimaud.org/pt-pt/events/moving-beyond-2025>. Invited: No.

12. Moniz-Pereira, V. (2025, February 21). Novos métodos de avaliação do movimento a 3D: Desafios para o ensino da biomecânica [Keynote]. 11.º Congresso Nacional de Biomecânica, Sesimbra, Portugal. <https://cnb2025.tecnico.ulisboa.pt/>. Invited: Yes.

13. Peralta, M. (2025, May 23). A cultura motora no 1.º CEB: Desafios e estratégias [Keynote]. VIII Seminário “A Cultura Motora na Escola do 1.º Ciclo do Ensino Básico”, Porto, Portugal. <https://eventos.esse.ipp.pt/www/cme1ceb/#keynotes-section>. Invited: Yes.

14. Santa-Clara, H. (2025, April 12). A ciência da prevenção: A atividade física como fator protetor na doença de Parkinson e Alzheimer [Keynote]. 7.º Congresso Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

CNS: Cérebro Saudável — A importância de mover, pensar e viver melhor, Lisboa, Portugal. <https://www.cnscampus.com/wp-content/uploads/2025/02/programa-7o-congresso-cns.pdf>. Invited: Yes.

15. Santa-Clara, H. (2025, May 10). Treino de força muscular para pessoas com doenças cardiovasculares [Keynote]. 7th Exercise Summit, Lisboa, Portugal. <https://exercisummit.pt/>. Invited: Yes.

16. Santa-Clara, H. (2025, September 29). Exercício físico e saúde cardiovascular em todas as idades [Keynote]. 1.º Simpósio de Cardiologia: O coração em todas as suas vertentes. (Unidade Local de Saúde de Lisboa Ocidental), Oeiras, Portugal. <https://www.chlo.min-saude.pt/index.php/comunicacao/destaques/536-1-simposio-de-cardiologia-da-ulslo>. Invited: Yes.

Abroad

1. Araújo, D. (2025, October 22). Dinâmica ecológica da perícia desportiva [Keynote]. Congreso Internacional “Identificación y desarrollo de talentos deportivos para altos logros”, Bogota, Colombia. Invited: Yes.
2. Araújo, D. (2025, May 29). A dinâmica ecológica dos processos de treino e de competição no desporto [Keynote]. 2.ª edição do Meeting de Educação Física, Goiás, Brazil. <https://www.sescgo.com.br/evento/99836-meeting-educacao-fisica-2a-edicao>. Invited: Yes.
3. Araújo, D. (2025, March 27). The ecological dynamics of cognizant action in sport [Keynote]. 5th Motor Skill Acquisition Conference, Lohja, Finland. Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

<https://www.kisakallio.fi/en/sports/events-and-competitions/motor-skills-acquisition-2025.html>. Invited: Yes.

4. Araújo, D. (2025, June 17). A performance desportiva como evidência de ação cognoscitiva [Keynote]. Reunião Científica do Grupo Complexidade e Comportamento Humano, Online, Brazil.

<https://www.instagram.com/p/DLDmD4OxzVQ/>. Invited: Yes.

5. Araújo, D. (2025, November 21). Intuitive decision making is cognizant action [Keynote]. Comprendre et transformer les décisions intuitives en sport, Paris, France. Invited: Yes.

6. Carrilho, D. (2025, August 23). Análise do comportamento coletivo em futebol guiado pela teoria dos sistemas dinâmicos complexos [Keynote]. Seminário Internacional: Complexidade e Comportamento Humano, Online, Brazil. Invited: Yes.

7. Cordovil, R. (2025, October 7). The importance of risky play for development. (Il ruolo del gioco rischioso nello sviluppo del bambino) [Keynote]. Seminario Internazionale “Risky Play and Water Competence in Childhood” [Gioco rischioso e competenze acquatiche nello sviluppo infantile], Enna, Italy. Invited: Yes.

8. Figueiredo, A. J. (2025, December 11). Mentoring as a support strategy in the dual career of student-athletes [Keynote]. Seminar, Corunha, Spain. Invited: Yes.

9. Figueiredo, A. J. (2025, December 1). Talent identification and development: Performance or potential? [Keynote]. Congress, Erzurum, Turkey. Invited: Yes.
10. Figueiredo, A. J. (2025, November 28). The mechanisms underpinning the understanding of growth and maturation regarding talent identification in young soccer players [Keynote]. University invitation, Nersahir, Turkey. Invited: Yes.
11. Silva, A. M. (2025, May 13). Desidratação induzida pelo exercício físico em atletas: Qual é o método de avaliação mais consistente? [Keynote]. X CONBRAMENE – Congresso Brasileiro de Metabolismo, Exercício e Nutrição, Londrina, Brazil. <https://conbramene.com.br/>. Invited: Yes.
12. Silva, A. M. (2025, October 13). Variation in expenditure in sports: Alimentary tract or heat dissipation limits? [Keynote]. Recent Advances & Controversies in the Measurement of Energy Metabolism. (RACMEM), Shenzhen, China. <https://www.racmem.org/>. Invited: Yes.

Oral Communications

In Portugal

1. Amaro, C. M., Castro, M. A., Mendes, R., & Gomes, B. B. (2025, February 21). Relação entre altura do salto, tempo de voo e eficácia no lançamento de basquetebol em diferentes condições [Oral communication]. 11.º Congresso Nacional de Biomecânica, Sesimbra, Portugal. <https://cnb2025.tecnico.ulisboa.pt>. Invited: No.

2. Assunção, A., Silveira, D., Carnide, F., Carvalho, A., Veloso, A. P., & Moniz-Pereira, V. (2025, February 21). Comparação de ângulos articulares obtidos com sensores inerciais: A influência das medidas antropométricas [Oral communication]. 11.º Congresso Nacional de Biomecânica, Sesimbra, Portugal. <https://cnb2025.tecnico.ulisboa.pt/>. Invited: No.
3. Baptista, F. (2025, June 23). Physical and functional changes in ageing [Oral communication]. UMAIS Summer School, Lisboa, Portugal. <https://umais.fmh.ulisboa.pt/study-plan>. Invited: Yes.
4. Baptista, F. (2025, November 26). Projeto Go4Screen [Oral communication]. ELOS – Encontro Loures & Odivelas em Saúde, Odivelas, Portugal. <https://www.instagram.com/p/DRzyi6yDap6/>. Invited: Yes.
5. Baptista, R., Cupido dos Santos, A., Martinho, D. V., Duarte, J. P., Valente dos Santos, J., & Coelho-e-Silva, M. (2025, October 25). Young basketball player [Oral communication]. XX Seminário Internacional de Desenvolvimento Motor da Criança, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/>. Invited: No.
6. Bonito, F., Emmonds, S., Teles, J., Keshtkarhesamabadi, B., Coelho-e-Silva, M., Moura, F., & Fragoso, I. (2025, October 7). Growth and maturation in youth female football players and its relation with body composition and physical performance: A scoping review [Oral communication]. SL Benfica Health & Performance Congress, Lisboa, Portugal. <https://www.slbenfica.pt/en->

us/eventos/health-and-performance-congress?utm_source=chatgpt.com.

Invited: No.

7. Carvalho, A., Vanrenterghem, J., Assunção, A., Cabral, S., & Moniz-Pereira, V. (2025, February 20). Construct validity of markerless 3D gait kinematics in healthy older adults [Oral communication]. 11.º Congresso Nacional de Biomecânica, Sesimbra, Portugal. <https://cnb2025.tecnico.ulisboa.pt/>. Invited: No.
8. Castro Vigário, P., Cupido dos Santos, A., Tavares, O. M., Costa, R., Celis Moreno, J. M., & Coelho-e-Silva, M. (2025, October 25). Adolescent cyclist [Oral communication]. XX Seminário Internacional de Desenvolvimento Motor da Criança, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/>. Invited: No.
9. Celis Moreno, J. M., Fragoso, I., Martinho, D. V., Sousa e Silva, P., Tavares, O. M., & Coelho-e-Silva, M. (2025, October 25). Skeletal age by Greulich Pyle method among male pubertal tennis players [Oral communication]. XX Seminário Internacional de Desenvolvimento Motor da Criança, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/>. Invited: No.
10. Celis Moreno, J. M., Lozada Medina, J. L., Cortina Nuñez Medina, M. J., Sanchez Rojas, I. A., & Coelho-e-Silva, M. (2025, October 25). Physiological responses of the RSA 7 × 30 m 20 test in adolescent soccer players at moderate altitude [Oral communication]. XX Seminário Internacional de Desenvolvimento Motor da Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

- Criança, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/>. Invited: No.
11. Coelho-e-Silva, M. (2025, June 13). Desenvolvimento motor: Etapas, expectativas e limites [Oral communication]. Aula Aberta do Mestrado em Medicina Desportiva, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/>. Invited: Yes.
12. Cordovil, R. (2025, July 1). Brincar na era digital [Oral communication]. 2.º Seminário de Educação: “Infância Ativa e Inteligência Artificial: Desafios e oportunidades”, Alcochete, Portugal. <https://www.cm-alcochete.pt/Detailhe/2-seminario-de-educacao>. Invited: Yes.
13. Cordovil, R. (2025, May 9). A importância das brincadeiras com risco ao longo do desenvolvimento [Oral communication]. XI Seminário de Educação em Câmara de Lobos: “Educação: Reflexões e caminhos”, Câmara de Lobos, Madeira, Portugal. <https://cm-camaradelobos.pt/informacoes/utilidades/noticias-de-camara-de-lobos/detalhe/3040-xi-seminario-de-educacao-educacao-reflexoes-e-caminhos>. Invited: Yes.
14. Cordovil, R. (2025, May 10). Crianças, escolas e comunidades ativas [Oral communication]. XI Seminário de Educação em Câmara de Lobos: “Educação: Reflexões e caminhos”, Câmara de Lobos, Madeira, Portugal. <https://cm-camaradelobos.pt/informacoes/utilidades/noticias-de-camara-de-educacao-educacao-reflexoes-e-caminhos>. Invited: Yes.

lobos/detalhe/3040-xi-seminario-de-educacao-educacao-reflexoes-e-caminhos. Invited: Yes.

15. Cordovil, R. (2025, March 22). A infância em risco? Tempo, espaço e liberdade para brincar na família e na escola [Oral communication]. Conferência “A Escola Manda Brincar”, Funchal, Madeira, Portugal. Invited: Yes.
16. Cordovil, R. (2025, April 12). A importância do movimento e do brincar no desenvolvimento infantil [Oral communication]. 1st Education Summit Portugal, Guimarães, Portugal. Invited: Yes.
17. Cordovil, R. (2025, October 10). Importância de brincar com risco para o desenvolvimento [Oral communication]. XV Jornadas do Serviço de Pediatria de Guimarães: “A cuidar é que a gente se entende”, Guimarães, Portugal. <https://www.spp.pt/eventos/default.asp?ida=50622>. Invited: Yes.
18. Cordovil, R. (2025, January 24). Equilíbrio digital: A literacia motora na era dos ecrãs [Oral communication]. Ciclo de Conferências sobre o Desporto – Leiria Ativa, Leiria, Portugal. <https://leiriadesporto.pt/evento/conferencia-equilibrio-digital-a-literacia-motora-na-era-dos-ecras/>. Invited: Yes.
19. Cordovil, R. (2025, November 19). Parental eyes on risk: Estimating children’s actions in risk situations [Oral communication]. Conferência “Skill Learning in Water Safety and Sport Expertise”, Lisboa, Portugal. Invited: No.
20. Cordovil, R. (2025, September 9). Sentir o risco ao longo do desenvolvimento [Oral communication]. Jornadas Pedagógicas da Lousã 2025, Lousã, Portugal.

<https://escolas.aglousa.com/2025/09/14/jornadas-pedagogicas-2025/>. Invited: Yes.

21. Cordovil, R. (2025, September 4). Brincar: O risco de não arriscar [Oral communication]. XII Jornadas da Educação de Lousada, Lousada, Portugal. <https://cfaesn.cfae.pt/formacao/turma/357/detalhe/>. Invited: Yes.
22. Cordovil, R. (2025, May 23). A importância do brincar livre no espaço exterior: Desafios e oportunidades [Oral communication]. Conferência Internacional “Apoquentações Desenvolvimento”, Redondo, Portugal. <https://snipi.gov.pt/node/1621#no-back>. Invited: Yes.
23. Cordovil, R. (2025, May 28). A brincar é que a gente aprende [Oral communication]. Seminário “Por um Ministério da Brincadeira”, Setúbal, Portugal. <https://ese.ips.pt/seminario-dia-mundial-do-brincar/>. Invited: Yes.
24. Cordovil, R., Burnay, C., Pombo, A., & Mercê, C. (2025, October 25). Grupo Skill Learning: Investigação em desenvolvimento motor—Questões emergentes e direções futuras [Oral communication]. XX Seminário Internacional de Desenvolvimento Motor da Criança, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/>. Invited: No.
25. Costa, R., João, F., & Veloso, A. P. (2025, February 11). Validation of a markerless system for assessing gait kinematics and kinetics in cerebral palsy children [Oral communication]. 11.º Congresso Nacional de Biomecânica, Sesimbra, Portugal. <https://cnb2025.tecnico.ulisboa.pt/>. Invited: No.

26. Costa, R., Silva, A. C., Nunes, H., Martins, R. J. E., Marques, A., & Baptista, L. C.

(2025, December 9). O impacto do nível da escolaridade dos encarregados de educação na literacia física, saúde e bem-estar de alunos no ensino básico e secundário [Oral communication]. II Encontro A. (Boa) Educação na Escola, Porto, Portugal.

<https://boaeducacaonaescola.eventqualia.net/pt/2025/inicio/programa/>.

Invited: No.

27. Cruz, A., Minhalma, R., Lopes, D., & Reis, J. F. (2025, November 12). Predictive

capacity of physiological and neuromuscular variables in XCO performance

using virtual simulation technology [Oral communication]. 4th International

Conference on Sports & Education, Lisboa, Portugal. <https://icse-platform.eu/>.

Invited: No.

28. Cruz, M., Amaro, A., Gomes, B. B., & Roseiro, L. (2025, February 21). Modelo

conceptual de um banco de testes para validação de sensores biomecânicos

em remo e canoagem [Oral communication]. 11.º Congresso Nacional de

Biomecânica, Sesimbra, Portugal. <https://cnb2025.tecnico.ulisboa.pt>. Invited:

No.

29. Curto, D., Bento, C., Matias, C., Espada, M., Morgado, J., Nicolau, M.,

Fernandes, T., Rosa, C., Minhalma, R., & Reis, J. (2025, October 11). Effects of

innovative “living low–training high” methods on performance and physiological

responses in well-trained swimmers [Oral communication]. Congresso

Nacional de Fisiologia 2025, Rio Maior, Portugal.

<https://www.sociedadefisiologia.pt/formacao-eventos/cnf2025/>. Invited: No.

30. Curto, D., Bento, C., Matias, C., Espada, M., Morgado, J., Nicolau, M., Fernandes, T., Rosa, C., Minhalma, R., & Reis, J. (2025, October 11). Effects of innovative “living low–training high” methods on performance and physiological responses in well-trained swimmers [Oral communication]. Congresso Nacional de Fisiologia 2025, Rio Maior, Portugal.

<https://www.sociedadefisiologia.pt/formacao-eventos/cnf2025/>. Invited: No.

31. Dias, S. B. (2025, June 26). iPROLEPSIS Games [Oral communication]. Final Pitch – HiTech 2025 Program Closing Session, Lisboa, Portugal.

<https://hiseedtech.com/at-a-glance#header>. Invited: No.

32. Dionisio, J., Sá, C., Pombo, A., Luz, C., & Cordovil, R. (2025, October 25). Comparação da competência motora de crianças autistas com crianças típicas [Oral communication]. XX Seminário Internacional de Desenvolvimento Motor da Criança, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/>. Invited: No.

33. Assunção, A., Vieira, D., Ferreira, H. A., Gomes, V., Moniz-Pereira, V., Carvalho, T., Veloso, A. P., & Carnide, F. (2025, April 15). The effect of the use of exoskeletons on muscle activity and the subjective perception of effort during overhead work: A pilot study [Oral communication]. International Symposium on Occupational Safety and Hygiene – SHO 2025, Porto, Portugal.

<https://www.sposho.pt/sho-2025-pt/>. Invited: No.

34. Fernandes, T. M., Matias, C. N., de Souza, R. L. L., Abuna, R. P. F., Toro, D. M., da Silva-Neto, P. V., Sorgi, C. A., Trapé, Á. A., da Silva, J. S., Reis, J. F., Donadi, E. A., Fernandes, A. P. M., Monteiro, C. P., & Puggina, E. F. (2025, November 13). Moderate exercise and hypoxia as a sustainable strategy to improve immune balance and quality of life in post-COVID-19 recovery [Oral communication]. 4th International Conference on Sports & Education, Lisboa, Portugal. <https://icse-platform.eu/>. Invited: No.
35. Fragoso, I. (2025, October 24). The adolescent athlete [Oral communication]. XX Seminário Internacional de Desenvolvimento Motor da Criança, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/>. Invited: Yes.
36. Furtado, G. E., Morais, M., Pereira, D. M., Teixeira, A. M. B., et al. (2025, February 7). Relação entre habilidades cognitivas e desempenho técnico no ténis em adultos mais velhos: Um protocolo de estudo caso-controlo com o teste de golpes e análise baseada em IA [Oral communication]. Shaping the Future of Sports – SPRINT International Congress, Rio Maior, Portugal. <https://sprintcongress.wixsite.com/sprintcongress/programa-cient%C3%Adfico>. Invited: No.
37. Félix, A. C., Laranjo, S., & Santa-Clara, H. (2025, October 25). Impacto da cardiopatia congénita nas competências motoras fundamentais e na capacidade funcional em crianças dos 6 aos 9 anos [Oral communication]. XX Seminário Internacional de Desenvolvimento Motor da Criança, Coimbra, Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

- Portugal. <https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/>. Invited: No.
38. Giro, R., Monteiro, C. P., Oliveira, C. B., Rebelo, P., Gonçalves, J., Fernandes, T. M., Borges, N., Teixeira, V. H., & Brito, J. (2025, May 6). Exercise volume influences appetite-regulating hormone, appetite perception and dietary intake responses to food intake sequence manipulations [Oral communication]. International Conference on “Scientific Insights in Football Training”, Lisboa, Portugal. https://pfsconference2025.fpf.pt/?utm_source=chatgpt.com. Invited: No.
39. Keshtkarhesamabadi, B., Franco, D., Bonito, F. P., Coelho-e-Silva, M., & Fragoso, M. I. C. J. (2025, October 25). Voice change evaluation throughout childhood and adolescence [Oral communication]. XX Seminário Internacional de Desenvolvimento Motor da Criança, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/>. Invited: No.
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Invited: Yes.
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49. Minderico, C. (2025, November 4). Alimentar a decisão: A saúde digestiva num debate inadiável [Oral communication]. Dias da Saúde na Assembleia da República, Lisboa, Portugal.
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Invited: Yes.
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51. Minderico, C. (2025, June 16). Nutrição no desporto [Oral communication].
Formação de Formadores, São Miguel, Portugal. Invited: Yes.
52. Minderico, C. (2025, June 15). Nutrição, treino e competição [Oral communication]. Formação de Formadores, São Miguel, Portugal. Invited: Yes.
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9th International Conference on Childhood and Adolescence, Braga, Portugal.
Invited: No.
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Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

International Congress of Outdoor Sports, Rio Maior, Portugal.

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“Este sou eu a brincar lá fora”: O papel das affordances para o movimento no comportamento motor lúdico de crianças em idade pré-escolar no espaço exterior do jardim de infância [Oral communication]. XX Seminário Internacional de Desenvolvimento Motor da Criança, Coimbra, Portugal.

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Silva, J. C. (2025, October 25). Desenvolvimento ósseo de adolescentes praticantes de natação [Oral communication]. XX Seminário Internacional de Desenvolvimento Motor da Criança, Coimbra, Portugal.

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International Congress of Outdoor Sports, Rio Maior, Portugal.

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58. Pombo, A., Luz, C., Cordovil, R., Almeida, G., Rebelo, M., Serrano, J., & Rodrigues, L. P. (2025, February 7). Relationship between motor competence and BMI from childhood to young adulthood [Oral communication]. Shaping the Future of Sports – SPRINT International Congress, Rio Maior, Portugal. <https://sprintcongress.wixsite.com/sprintcongress/programa-cient%C3%ADfico>. Invited: No.
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63. Ribeiro, A. S. (2025, November 26). Prevenção de acidentes domésticos e impacto do exercício físico na saúde e bem-estar do idoso [Oral communication]. Projeto MoviSaúde – Académica StartUC, Coimbra, Portugal. <https://www.instagram.com/p/DRTCNyQiHuL/>. Invited: Yes.
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Educação Física, Porto, Portugal. <https://13cnef.wordpress.com/programa/>.

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65. Ribeiro, T. D., Peralta, M., Iglesias, B., Silva, R. M., Clemente, F., Silva, A. F., & Marques, A. (2025, October 3). Exercise-related psychological outcomes across the menstrual cycle in eumenorrheic women: A systematic review [Oral communication]. *Psicologia do Desporto Ibérica: Raízes e Horizontes Comuns — XXIV Jornadas da Sociedade Portuguesa de Psicologia do Desporto & II Encontro Ibérico+ de Psicologia do Desporto*, Porto, Portugal.

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<https://worldneonatology.com/2025/wp-content/uploads/2025/10/INAC-2025-Programme-11.pdf>. Invited: No.

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Invited: No.

68. Silva, F. M., Duarte-Mendes, P., Teixeira, A. N., Massart, A., & Ferreira, J. P. (2025, June 5). Impact of combined aerobic and resistance training on quality of life and stress of middle-aged adults [Oral communication]. CIDESD International Congress, Covilhã, Portugal. <https://cidesd.pt/cidesd-international-congress-2025/>. Invited: No.
69. Silva, I., Peralta, M., Pereira, A. C., Marques, A., & Santos, M. O. (2025, May 15). The role of physical activity in the risk of heart disease in people with and without type 2 diabetes mellitus: A prospective cohort study [Oral communication]. Cardiovascular Diseases Medical Congress – CardioPrevent, Coimbra, Portugal. <https://ordemdosmedicos.pt/amp-divulgacao-cientifica/agenda-cientifica/cardio-prevent-2025>. Invited: No.
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71. Yázigí, F. (2025, June 15). Acrescentar valor nos serviços de atividades aquáticas [Oral communication]. 2.^a Convenção: Gestão e Organização em Piscinas, Gondomar, Portugal. <https://aptn.pt/2convencaogestao/pt/inicio/>. Invited: Yes.

72. Yázigi, F., & Senra, C. (2025, October 25). 48º Congresso da Associação Portuguesa de Técnicos de Nataçã, Rio Maior, Portugal.
<https://aptn.pt/48congresso/pt/inicio/>. Invited: Yes.

Abroad

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3. Amaro, C. M., Gomes, B. B., Castro, M. A., & Mendes, R. (2025, July 27).
Relationship between ball release parameters and shooting performance in Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

basketball under different constraints [Oral communication]. XXX Congress of the International Society of Biomechanics, Stockholm, Sweden.

<https://isb2025.com>. Invited: No.

4. Amaro, C. M., Mendes, R., Castro, M. A., & Gomes, B. B. (2025, March 19). Interações biomecânicas no lançamento de basquetebol: Força, tempo e precisão [Oral communication]. XX Congresso de Ciências do Desporto e Educação Física dos Países de Língua Portuguesa, Campinas, Brazil.
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5. Amaro, C. M., Mendes, R., Castro, M. A., & Gomes, B. B. (2025, March 19). Tecnologia e constrangimentos no lançamento de basquetebol: Uma abordagem biomecânica e comportamental [Oral communication]. XX Congresso de Ciências do Desporto e Educação Física dos Países de Língua Portuguesa, Campinas, Brazil. <https://fef.unicamp.br/ccdefplp2025>. Invited: No.
6. Amaro, C. M., Mendes, R., Gomes, B. B., & Castro, M. A. (2025, May 16). Impact of sex differences and upper limb strength on ball release kinematics in basketball shooting [Oral communication]. 14th International Marmara Science and Social Sciences Congress. (IMASCON 2025 Spring), Kocaeli, Turkey.
<https://www.imascon.com/indextr.php?konf=1>. Invited: Yes.
7. Barrera-Díaz, J. (2025, September 12). Prácticas contemporáneas de los preparadores físicos en el fútbol profesional [Oral communication]. V Congreso

Internacional de Entrenamiento Deportivo, Pedagogía y Administración Deportiva, Bogota, Colombia. Invited: Yes.

8. Barrera-Díaz, J. (2025, September 11). Tecnología aplicada a la especificidad en el fútbol: “3D training control” [Oral communication]. V Congreso Internacional de Entrenamiento Deportivo, Pedagogía y Administración Deportiva, Bogota, Colombia. Invited: Yes.
9. Barrera-Díaz, J. (2025, September 26). Instrumentos tecnológicos en el fútbol: Qué, cómo, cuándo y para qué utilizarlos [Oral communication]. Seminario de Investigación Aplicada al Fútbol: Avances en Alto Rendimiento, Santiago, Chile. Invited: Yes.
10. Barrera-Díaz, J. (2025, October 29). Tecnología aplicada a la especificidad en el fútbol: “3D training control” [Oral communication]. IV Congreso Internacional de Innovación Tecnológica en Educación Física y Rendimiento Deportivo, Valledupar, Colombia. Invited: Yes.
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Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

- [Oral communication]. World Conference on Drowning Prevention 2025, Sharm El Sheikh, Egypt. <https://wcdp2025.com/wp-content/uploads/2025/12/WCDP-ABSTRACT-BOOK-2025-Updated.pdf>. Invited: No.
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14. Carvalho, A., Carvalho, J., Belchior, C., Carrilho, D., Brito, H., Lopes, H., Vaz de Carvalho, M., & Araújo, D. (2025, March 28). Pre-service routines in tennis: The role of functional variability on expert performance [Oral communication]. 5th Motor Skill Acquisition Conference, Lohja, Finland. <https://www.kisakallio.fi/en/sports/events-and-competitions/motor-skills-acquisition-2025.html>. Invited: No.
15. Carvalho, A., Vanrenterghem, J., Cabral, S., Assunção, A., Carnide, F., Veloso, A. P., & Moniz-Pereira, V. (2025, July 27). Can markerless and marker-based systems be used interchangeably to assess 3D gait biomechanics in older adults? [Oral communication]. XXX Congress of the International Society of Biomechanics, Stockholm, Sweden. <https://isb2025.com/>. Invited: No.
16. Caseiro, A., Goethel, M., Mendes, R., & Gomes, B. B. (2025, March 19). Rastreamento tridimensional da trajetória da bola no basquetebol [Oral communication]. Faculdade de Motricidade Humana, Universidade de Lisboa | Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

communication]. XX Congresso de Ciências do Desporto e Educação Física dos Países de Língua Portuguesa, Campinas, Brazil.

<https://fef.unicamp.br/ccdefplp2025>. Invited: No.

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18. Cruz, M., Gomes, B. B., Amaro, A., & Roseiro, L. (2025, May 16). Development of a test bench for analyzing force transfer from athlete to blade [Oral communication]. 14th International Marmara Science and Social Sciences Congress. (IMASCON 2025 Spring), Kocaeli, Turkey. <https://www.imascon.com/indextr.php?konf=1>. Invited: Yes.

19. Cruz, M., Gomes, B. B., Roseiro, L., & Amaro, A. (2025, July 27). A novel multi-axis load cell system for force distribution analysis in paddles and oars [Oral communication]. XXX Congress of the International Society of Biomechanics, Stockholm, Sweden. <https://isb2025.com>. Invited: No.

20. Cunha, C., Costa, R., João, F., & Vieira, F. (2025, July 29). Kinematic differences of frame running athletes: A pilot study [Oral communication]. XXX Congress of the International Society of Biomechanics, Stockholm, Sweden. <https://isb2025.com/>. Invited: No.

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25. Marques, A. (2025, May 12). A importância da atividade física no tratamento da depressão [Oral communication]. I Seminário Internacional em Desporto e Ciência, Praia, Cape Verde. <https://www.unicv.edu.cv/pt/faed/noticias-faed/4953-uni-cv-e-universidade-de-coimbra-promovem-i-seminario-internacional-sobre-desporto-e-ciencia>. Invited: Yes.
26. Marques, M., Baptista, F., Rysavy, R., Pendleton, C., Levy, S. M., & Janz, K. F. (2025, July 3). Lean mass trajectories in children and adolescents and their impact on bone health: Iowa Bone Development [Oral communication]. 30th Annual Congress of the European College of Sport Science, Rimini, Italy. <https://sport-science.org/index.php/ecss-rimini-2025/welcome-to-rimini>. Invited: No.
27. Melo, R. B., Carnide, F., Assunção, A., Ganhão, A., Fialho, J., Sarvestan, J., Veloso, A. P., & Moniz-Pereira, V. (2025, September 10). Agreement between perceived physical workload and REBA scores in the automotive industry [Oral communication]. PREMUS 2025: 12th International Scientific Conference on the Prevention of Work-Related Musculoskeletal Disorders, Tübingen, Germany. <https://conferences.publisso.de/en/conferences/premus2025/25premus065>. Invited: No.
28. Ribeiro, A. S. (2025, October 22). Manipulação das variáveis do treino de força para pessoas idosas [Oral communication]. VII Congresso Internacional de Pesquisa, Ensino e Extensão, Anápolis, Brazil. <https://cipeex.unievangelica.edu.br/>. Invited: Yes.

29. Silva, A. M. (2025, February 21). The usefulness of non-fasted state bioelectrical impedance measurements in athletes [Oral communication]. 12th International Symposium on In Vivo Body Composition Studies, Auckland, New Zealand. <https://www.isbcr.org/>. Invited: Yes.
30. Sá, C., Luz, C., Silva, B., Rodrigues, L. P., Cordovil, R., & Dionisio, J. (2025, November 22). Adaptação do Motor Competence Assessment. (MCA) para crianças autistas [Oral communication]. VIII Congresso Brasileiro de Fisioterapia Neurofuncional e IV Congresso Internacional da Associação Brasileira de Fisioterapia Neurofuncional, São Paulo, Brazil. <https://cobrafin.com.br/programacao.php?evento=2>. Invited: No.
31. Teixeira, P. J. (2025, July 2). Psychedelics and health behavior change [Oral communication]. INSIGHT Forum. (MIND Foundation), Berlin, Germany. <https://www.mind-foundation.org/event/insight-forum-teixeira>. Invited: No.
32. Teixeira, P. J. (2025, May 20). Psychedelics and public health [Oral communication]. Santiago Psychedelic Research Symposium, Santiago de Compostela, Spain. <https://citius.gal/events/santiago-psychedelic-research-symposium/>. Invited: Yes.
33. Vaz de Carvalho, M., Lopes, H., Brito, H., Carvalho, A., & Araújo, D. (2025, March 28). Ecological dynamics of functional movement variability in single-rope speed sprint [Oral communication]. 5th Motor Skill Acquisition Conference, Lohja, Finland. <https://www.kisakallio.fi/en/sports/events-and-competitions/motor-skills-acquisition-2025.html>. Invited: No.

34. Veloso, A. P. (2025, July 23). Can a personalized model using the OpenSim torsion based on a low-cost clinical evaluation contribute to the understanding of crouch gait biomechanics? [Oral communication]. XX International Symposium on Computer Simulation in Biomechanics, Uppsala, Sweden. https://tgcs.isbweb.org/iscsb-2025/abstracts/05_P1-5.pdf. Invited: No.

Posters

In Portugal

1. Amaro, C. M., Mendes, R., Castro, M. A., & Gomes, B. B. (2025, July 11). Biomechanical adaptations in basketball shooting performance [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: No.
2. Ataíde, S., Campos, M. J., & Ferreira, J. P. (2025, July 11). Effects of a physical exercise program on young people and adults with autism spectrum disorder: A study protocol [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: No.
3. Ataíde, S., Campos, M. J., & Ferreira, J. P. (2025, November 14). Effects of a 12-week physical exercise program on anthropometry, body composition, cardiovascular response and cardiorespiratory fitness in youths and adults with

autism spectrum disorder [Poster]. 4th International Conference on Sports & Education, Lisboa, Portugal. <https://icse-platform.eu/>. Invited: No.

4. Ataíde, S., Campos, M. J., & Ferreira, J. P. (2025, July 11). Effects of a physical exercise program on young people and adults with autism spectrum disorder: A study protocol [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: No.
5. Ataíde, S., Campos, M. J., & Ferreira, J. P. (2025, November 14). Effects of a 12-week physical exercise program on anthropometry, body composition, cardiovascular response and cardiorespiratory fitness in youths and adults with autism spectrum disorder [Poster]. 4th International Conference on Sports & Education, Lisboa, Portugal. <https://icse-platform.eu/>. Invited: No.
6. Baptista, L. C., Merelim, A. S., Zacca, R., Moreira-Gonçalves, D., & Costa, P. P. (2025, July 9). Unravelling the impact of distinct exercise modalities on gut microbiome and gut-derived metabolites in sarcopenic older adults. (DEMGUTS) [Poster]. Ciência 2025 – Encontro com a Ciência e Tecnologia em Portugal, Carcavelos, Portugal. <https://www.encontrociencia.pt/>. Invited: No.
7. Barata, C. F., Reis, J. F., Moncívio, S. A., Vilares, A. M., Bento, A. M., Rosa, C. H., Espada, M. C., Matias, C. N., & Monteiro, C. P. (2025, June 7). Acute sodium bicarbonate supplementation improves repeated sprint ability in female football players: A randomized, double-blind, controlled, crossover trial [Poster].

- CIDESD International Congress, Covilhã, Portugal. <https://cidesd.pt/cidesd-international-congress-2025/>. Invited: No.
8. Barrera-Díaz, J. (2025, July 11). Specificity index: The missing piece in football training load quantification [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: Yes.
 9. Beşikci, H., Akalp, K., Silva, A. R., Teixeira, A. M., Rama, L. M., Castelo-Branco, M., & Ribeiro, M. J. (2025, October 17). The effect of integrated cognitive and aerobic training. (Activ4Brain program) on reinforcement learning in older adults [Poster]. 2nd Annual Meeting of the Intelligent Systems Associate Laboratory, Coimbra, Portugal. <https://lasi2025.di.uminho.pt/>. Invited: No.
 10. Beşikci, H., Akalp, K., Silva, A. R., Teixeira, A. M., Rama, L. M., Castelo-Branco, M., & Ribeiro, M. J. (2025, September 15). Integrated cognitive and aerobic exercise training on the engagement of pupil-linked arousal during a reinforcement learning task [Poster]. International Conference on Cognitive Neuroscience, Porto, Portugal. <https://icon2025.pt/>. Invited: No.
 11. Borges, N., & Machado-Rodrigues, A. M. (2025, July 11). A relação entre a atividade física habitual e a adiposidade com a aptidão física associada à saúde em adolescentes [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: Yes.

12. Cardoso, P., Fernandes, H. M., & Machado-Rodrigues, A. M. (2025, July 11).
Estatuto socioeconómico das famílias e o sedentarismo e as brincadeiras
ativas de adolescentes escolares dos 12 aos 15 anos [Poster]. Open Science
Day – CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: Yes.
13. Caseiro, A., Goethel, M., Mendes, R., & Gomes, B. B. (2025, July 11). Three-
dimensional tracking of the ball in basketball: An approach to evaluate ball
rotation [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal.
<https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited:
No.
14. Caseiro, A., Goethel, M., Mendes, R., & Gomes, B. B. (2025, June 5). Evaluating
spin rate and axis of rotation in basketball shooting using tridimensional motion
capture [Poster]. CIDESD International Congress, Covilhã, Portugal.
<https://cidesd.pt/cidesd-international-congress-2025/>. Invited: No.
15. Castelhana, L., Teixeira-Canguali, A., & Barrera-Díaz, J. (2025, July 11).
Correlação entre tempo de jogo, medidas antropométricas e desempenho físico
em jogadores de futebol no escalão de sub-19 [Poster]. Open Science Day –
CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: Yes.
16. Costa, A. C., Fernandes, H. M., & Machado-Rodrigues, A. M. (2025, July 11). A
atividade física de intensidade moderada a vigorosa, a aptidão física ligada à
saúde e o bem-estar físico, emocional e psicológico em adolescentes [Poster].
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Open Science Day – CIPER-UC, Coimbra, Portugal.

<https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited:

Yes.

17. Costa, A. S., Fernandes, H. M., & Machado-Rodrigues, A. M. (2025, July 11).

Consumo de alimentos ultraprocessados, bem-estar e perceção do peso e

saúde em adolescentes [Poster]. Open Science Day – CIPER-UC, Coimbra,

Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>.

Invited: Yes.

18. Costa, A. S., Rochinha, F., Costa, A. C., Neto, A. S., Fernandes, H. M., &

Machado-Rodrigues, A. M. (2025, November 20). Consumo de alimentos

ultraprocessados, a perceção do peso e o bem-estar de adolescentes de

proveniência não urbana [Poster]. 29.º Congresso Português de Obesidade,

Aveiro, Portugal. [https://www.admedic.pt/eventos/29-congresso-portugue-770-](https://www.admedic.pt/eventos/29-congresso-portugue-770-s-de-obesidade-.html)

[s-de-obesidade-.html](https://www.admedic.pt/eventos/29-congresso-portugue-770-s-de-obesidade-.html). Invited: No.

19. Costa, A. S., Rochinha, F., Neto, A. S., Fernandes, H. M., & Machado-Rodrigues,

A. M. (2025, November 20). Atividade física de intensidade moderada a vigorosa,

prática desportiva federada e o bem-estar social, físico e emocional de jovens

escolares [Poster]. 29.º Congresso Português de Obesidade, Aveiro, Portugal.

[https://www.admedic.pt/eventos/29-congresso-portugue-770-s-de-obesidade-](https://www.admedic.pt/eventos/29-congresso-portugue-770-s-de-obesidade-.html)

[.html](https://www.admedic.pt/eventos/29-congresso-portugue-770-s-de-obesidade-.html). Invited: No.

20. Cruchinho, J., Sebastião, J., Nunes, C. L., Jesus, F., Jerónimo, F., Francisco, R.,

& Santos, I. (2025, February 21). Exploring the association between water intake

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and nutritional intake in Portuguese athletes [Poster]. Nutrition Insights, Lisboa, Portugal. <https://saudebemestar.ulisboa.pt/evento/congresso-2025-nutrition-insights>. Invited: No.

21. Cruz, M., Klitgaard, K., De Zee, M., Furey, E., Amaro, A., Roseiro, L., & Gomes, B. B. (2025, July 11). A non-invasive multi-sensor system using strain gauges for force measurement on canoeing paddles and rowing oars [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal.

<https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: No.

22. Cruz, M., Silva, M., Klitgaard, K., De Zee, M., Amaro, A., Roseiro, L., & Gomes, B. B. (2025, September 25). A detachable sensor-integrated system for paddle and oar biomechanics: Preliminary deformation analysis [Poster]. Biomechanics Days of FADEUP: Biomechanics in Sports and Clinics, Porto, Portugal.

https://sigarra.up.pt/fadeup/en/noticias_geral.ver_noticia?p_nr=44953. Invited: No.

23. Furtado, G., Morais, M., Mamede-Pereira, D., Campos, F., Duarte-Mendes, P., Ramos, S., & Teixeira, A. (2025, February 7). Relação entre competências cognitivas e desempenho técnico no ténis em adultos mais velhos: Protocolo de estudo caso-controlo com o Stroke Test e análise baseada em inteligência artificial [Poster]. Shaping the Future of Sports – SPRINT International Congress, Rio Maior, Portugal.

<https://sprintcongress.wixsite.com/sprintcongress/programa-cient%C3%Adfico>. Invited: No.

24. Gashemi, P., Sarmiento, H., Figueiredo, A., Mohammed, F., & Baptista, L. C. (2025, July 11). Harnessing the impact of walking football as a therapeutic approach to multiple sclerosis [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: No.
25. Karagianni, E., Pepera, G., & Cordovil, R. (2025, October 24). Muscle strength assessment in children and adolescents via portable handheld dynamometry: A systematic review [Poster]. XX Seminário Internacional de Desenvolvimento Motor da Criança, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/>. Invited: No.
26. Lameiro, J., Correia, I. R., Lameiro, M., Malheiro, C., Bernardino, A. V., Bomberg, S., Magalhães, J. P., & Sardinha, L. B. (2025, May 3). Associations between physical fitness, physical activity, fatigue and quality of life in women diagnosed with breast cancer [Poster]. Moving Beyond, Lisboa, Portugal. <https://fchampalimaud.org/pt-pt/events/moving-beyond-2025>. Invited: No.
27. Lameiro, M., Correia, I. R., Lameiro, J., Malheiro, C., Bernardino, A. V., Boavida, S., Magalhães, J. P., & Sardinha, L. B. (2025, May 3). The relationship of physical fitness and physical activity with mental health outcomes in women diagnosed with breast cancer [Poster]. Moving Beyond, Lisboa, Portugal. <https://fchampalimaud.org/pt-pt/events/moving-beyond-2025>. Invited: No.

28. Lopes, A. J., & Massart, A. (2025, July 11). Analysis of hydration habits before and during a specific training session in male padel athletes aged over 65 [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal.
<https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: No.
29. Lungu, D., McDonald, D., Andrade, R. J., Coppieters, M. W., Oliveira, R., & Freitas, S. R. (2025, July 5). Morphological characteristics of the median and sciatic nerves assessed via magnetic resonance imaging and freehand 3D ultrasound [Poster]. Ciiem – 7th Congress, Almada, Portugal.
https://ciiemcongress.egasmoniz.edu.pt/wp-content/uploads/2025/07/Dorina-Lungu_Poster_Ciiem_7th_congress-6fdcbd27b65939b19e852b86b234679e.pdf. Invited: No.
30. Machado, R., Aguiar, M., Fernandes, H. M., & Machado-Rodrigues, A. M. (2025, July 11). Autoeficácia docente e colaboração entre professores: Estudo comparativo entre escolas TEIP e escolas não TEIP do distrito de Viseu [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal.
<https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: Yes.
31. Maia, C., Braz, D., Sarmiento, H., Fernandes, H. M., & Machado-Rodrigues, A. M. (2025, July 11). A influência dos comportamentos parentais no estilo de vida, saúde mental e IMC de crianças e adolescentes: Scoping review [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal.

<https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited:

Yes.

32. Parreira, M., Cruz, A. D., Rosado, F., Rúben, F., Silva, A. M., & Santos, A. M. C.

(2025, July 11). Acute effects of hydration with different types of water on blood lactate concentration during continuous running across different intensities

[Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal.

<https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited:

No.

33. Pereira, D. M., Campos, F., Ramos, S., Esteves, P., Fernández, E., Teixeira, A., &

Furtado, G. (2025, February 7). Technology-based fall prevention: A qualitative–quantitative study involving the perspectives of end users [Poster]. Shaping the

Future of Sports – SPRINT International Congress, Rio Maior, Portugal.

[https://sprintcongress.wixsite.com/sprintcongress/programa-](https://sprintcongress.wixsite.com/sprintcongress/programa-cient%C3%Adfico)

[cient%C3%Adfico](https://sprintcongress.wixsite.com/sprintcongress/programa-cient%C3%Adfico). Invited: No.

34. Pimenta, M., Rama, L., & Baptista, L. C. (2025, July 11). Comparative analysis of

the effect of two physical exercise training programs on body composition, gut microbiota, and physical performance in adults undergoing bariatric surgery

[Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal.

<https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited:

No.

35. Rezaei, S., Gomes, B., Massart, A., & Teixeira, A. (2025, July 11). Combined

exercise and taurine supplementation on sarcopenia prevention and

management: Impact on functional abilities, neuromuscular function and markers of muscle growth and neurogenesis [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: No.

36. Rocha, T., Aguiar, M., Fernandes, H. M., & Machado-Rodrigues, A. M. (2025, July 11). Modelo de responsabilidade pessoal e social. (MRPS): Estudo realizado com adolescentes do Agrupamento de Escolas de Mundão [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: Yes.

37. Rochinha, F., Fernandes, H. M., & Machado-Rodrigues, A. M. (2025, July 11). A prática física e desportiva e sua associação com o suporte social e o bem-estar em adolescentes dos 13 aos 15 anos de idade [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: Yes.

38. Santos, A., & Baptista, L. C. (2025, July 11). Unravelling the interplay between skeletal muscle atrophy and its relationship with gut microbiota: A narrative review [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: No.

39. Santos, R., & Baptista, L. C. (2025, July 11). O impacto do nível de escolaridade dos encarregados de educação na literacia física, saúde e bem-estar de alunos

- no ensino básico e secundário [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: No.
40. Santos, V. M., Gomes, B. B., Neto, M. A., & Amaro, A. M. (2025, February 21). Wearable technology: Os principais desafios, as soluções atuais e o caminho futuro [Poster]. 11.º Congresso Nacional de Biomecânica, Sesimbra, Portugal. <https://cnb2025.tecnico.ulisboa.pt>. Invited: Yes.
41. Silva, F. M., Teixeira, A. M., Monteiro, D., Massart, A., Ferreira, J. P., & Duarte-Mendes, P. (2025, September 26). Associations between sleep patterns and cardiometabolic outcomes in middle-aged adults: A cross-sectional analysis [Poster]. 18th ENSE Forum: “Sports Education Connect: International collaboration, innovation & technology”, Rio Maior, Portugal. <https://enseforum.eu/>. Invited: No.
42. Sêco, S., Santos, V. M., Valvez, S., Gomes, B. B., Neto, M. A., & Amaro, A. M. (2025, September 25). Instrumented insoles with force sensing resistor and piezoelectric sensors: A comparative study for rehabilitation applications [Poster]. Biomechanics Days of FADEUP: Biomechanics in Sports and Clinics, Porto, Portugal. https://sigarra.up.pt/fadeup/en/noticias_geral.ver_noticia?p_nr=44953. Invited: Yes.
43. Teixeira-Canguali, A., Martinho, D. V., Sarmiento, H., Celis, M., Segueida, A., Castelhana, L., & Barrera-Díaz, J. (2025, July 11). Evaluation of reactive agility Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

with reaction light: New technical aids, new tests [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: Yes.

44. Toscano, J., & Baptista, L. C. (2025, July 11). Physical and health outcomes with exercise in cancer survivors. (POWERSurv): Study protocol [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: No.

45. Vieira-Pedrosa, A., Soares, C. M., Paiva, A., Rama, L., Sardão, V., & Teixeira, A. (2025, February 4). Lifelong exercise. (LLE) can improve mitochondrial bioenergetics of PBMCs and natural killer cell. (NK) populations in men [Poster]. V Metabolism, Aging and Disease Meeting, Coimbra, Portugal. <https://cnc.uc.pt/en/v-encontro-metabolismo-envelhecimento-e-doenca-5th-cibb-retreat>. Invited: No.

46. Villaseca-Vicuña, R., Barrera-Díaz, J., Otero-Saborido, F., Zabaloy, S., Polorames, E., & Sarmento, H. (2025, July 11). Analysis of key factors in match outcome: Effect of goals, duels, and sprints in elite female football competitions [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited: Yes.

47. Ângelo, H., Massart, A., Campos, M. J., & Ferreira, J. P. (2025, July 11). The impact of a physical exercise program based on judo falls teaching on health
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and injury prevention of people with intellectual and developmental disabilities [Poster]. Open Science Day – CIPER-UC, Coimbra, Portugal.

<https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Invited:

No.

Abroad

1. Abreu, F., Rodrigues, A., Duque, S., & Baptista, F. (2025, September 24). Improving frailty through low-volume resistance training: Who responds and why? [Poster]. 21st EuGMS Congress, Reykjavik, Iceland.
<https://www.posterit.it/get-posters/NUSGAOPYVTKECBFZ/en>. Invited: No.
2. Ebrahimpour Nosrani, S., Rezaei, S., Mateus, A., Bautmans, I., & Teixeira, A. (2025, July 4). Impact of a 12-week TRX-based multicomponent exercise program on sarcopenia in older adults: A pilot study [Poster]. 30th Annual Congress of the European College of Sport Science, Rimini, Italy. <https://sport-science.org/index.php/ecss-rimini-2025/welcome-to-rimini>. Invited: No.
3. Flora, S., Burtin, C., Grave, A. S., Pimenta, S., Baptista, F., & Cruz, J. (2025, September 27). Feasibility of an eHealth physical activity coaching intervention in COPD patients undergoing pulmonary rehabilitation [Poster]. European Respiratory Society Congress, Amsterdam, The Netherlands.
https://publications.ersnet.org/index.php/search?query=&f%5B0%5D=author%3ASofia%20Flora&sort_by=search_api_relevance&sort_order=ASC&items_per_page=10&page=1. Invited: No.

4. Frau, F., Junior, E. P., Succa, V., Silva, T. R., Wells, J. C., Silva, A. M., Ward, L. C., & Marini, E. (2025, September 17). The effect of arm position on bioimpedance measurements [Poster]. 26th Congress of the Italian Anthropological Association, Cagliari, Italy. <https://www.erc-mothers.eu/bioanth-at-aai-uzi-cogress-in-cagliari-2025/>. Invited: No.
5. Magalhães, J. P., Vieira, A., Oliveira, E. C., Pires, M., Correia, I. R., Hetherington-Rauth, M., & Sardinha, L. B. (2025, May 28). The impact of exercise timing on glycemic control in type 2 diabetes and overweight/obesity [Poster]. 72nd Annual Meeting of the American College of Sports Medicine, Atlanta, United States of America. <https://acsm.org/meetings/>. Invited: No.
6. Oliveira, E. C., Vieira, A., Pires, M., Rosa, G. B., Hetherington-Rauth, M., Correia, I. R., Sardinha, L. B., & Magalhães, J. P. (2025, May 28). Circadian rhythms, acute exercise, and blood pressure in people with type 2 diabetes and overweight/obesity: 1207 [Poster]. 72nd Annual Meeting of the American College of Sports Medicine, Atlanta, United States of America. <https://acsm.org/meetings/>. Invited: No.
7. Ortega-Gómez, S., Cadenas-Sánchez, C., Aragón-Martín, R., Alfaro-Fernández, J., Nobre, P., Campos, M. J., Tavares, P., Carbonell-Baeza, A., & Jiménez-Pavón, D. (2025, May 11). Exploring the impact of body mass index on health-related quality of life, fitness, and stress in European youth: The RYHEALTH Project [Poster]. 32nd European Congress on Obesity, Malaga, Spain. <https://eco2025.org/>. Invited: No.

8. Ortega-Gómez, S., Di Bartolo, L., Velissari, J., Campos, M. J., Pusa, S., Baxter, R., Tavares, P., Vantarakis, A., Bianco, A., Carbonell-Baeza, A., & Jiménez-Pavón, D. (2025, October 24). Healthier minds through movement: Insights from the OACCUs Project on physical activity, fitness, and mental health in young cancer survivors [Poster]. XI Simposio EXERNET: Salud y bienestar a través del ejercicio: abordajes innovadores en la Red EXERNET, Sevilla, Spain.
<https://www.sennutricion.org/es/noticia/ix-simposio-exernet-sevilla-24-25-octubre-2025>. Invited: No.
9. Pedrosa, A., Moura, T., Silva, S., Silva, I., Paiva, A., Oliveira, V., Rama, L., & Teixeira, A. (2025, July 3). The effect of lifelong exercise on CD4+ and CD8+ T cells subpopulations [Poster]. 30th Annual Congress of the European College of Sport Science, Rimini, Italy. <https://sport-science.org/index.php/ecss-rimini-2025/welcome-to-rimini>. Invited: No.
10. Sarvestan, J., Assunção, A., Carnide, F., Ganhão, A., Fialho, J., Melo, R., Veloso, A. P., & Moniz-Pereira, V. (2025, September 9). Physical exposure assessment in the automobile industry: Insights toward efficient data processing and export using Xsens MVN software [Poster]. PREMUS 2025: 12th International Scientific Conference on the Prevention of Work-Related Musculoskeletal Disorders, Tübingen, Germany.
<https://conferences.publisso.de/en/conferences/premus2025/25premus121>.
Invited: No.

11. Silva, A. M. (2025, February 21). Regional fat mass estimation using bioelectrical impedance analysis in healthy adults [Poster]. 12th International Symposium on In Vivo Body Composition Studies, Auckland, New Zealand.
<https://www.isbcr.org/>. Invited: No.
12. Silva, J., Campos, M. J., & Dias, A. (2025, October 3). Crie para incluir: Caminhos possíveis para educação física escolar [Poster]. I Encontro Nacional de Formação Docente e Marcadores Sociais da Diferença. (FORMADI), Rio Grande do Norte, Brazil.
<https://drive.google.com/file/d/1ut1FAwBqrtcw96MjVhLTst1I03XBYyGb/view>.
Invited: No.
13. Silva, J., Campos, M. J., & Dias, A. (2025, September 1). O impacto da formação colaborativa de docentes de educação física: O olhar sobre o esporte adaptado e a inclusão [Poster]. XXIV Congresso Brasileiro de Ciências do Esporte e XI Congresso Internacional de Ciências do Esporte, São Paulo, Brazil.
<https://www.cbce.org.br/evento/conbrace25/apresentacao>. Invited: No.
14. Soares, C. M., Pedrosa, A. R., Moura, J. P., Rama, L. M., Sarmiento, H. M., Urbano, A. M., & Teixeira, A. M. (2025, July 3). Master athletes and cancer risk: Exploring the protective benefits of lifelong exercise [Poster]. 30th Annual Congress of the European College of Sport Science, Rimini, Italy. <https://sport-science.org/index.php/ecss-rimini-2025/welcome-to-rimini>. Invited: No.
15. Soares, C., Pedrosa, A., Moura, J., Rama, L., Sarmiento, H., Urbano, A., & Teixeira, A. (2025, July 4). Master athletes and cancer risk: Exploring the Faculdade de Motricidade Humana, Universidade de Lisboa | Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

protective benefits of lifelong exercise [Poster]. 30th Annual Congress of the European College of Sport Science, Rimini, Italy. <https://sport-science.org/index.php/ecss-rimini-2025/welcome-to-rimini>. Invited: No.

Symposia Contributions

In Portugal

1. Araújo, D. (2025, June 6). Olympic ESports Gamers e o Desporto para a Geração Z [Symposium contribution]. Olympic ESports Games, Sessão Mensal | Panathlon Clube de Lisboa, Lisboa, Portugal. <https://www.youtube.com/watch?v=rDRiyGxjDcc>. Invited: Yes.
2. Araújo, D. (2025, June 7). O que o Treinador Deve Saber Sobre Psicologia do Desporto, 12º Congresso de Treinadores de Língua Portuguesa, Matosinhos, Portugal. <https://treinadores.pt/12-congresso/noticias-12-congresso/1686-12o-congresso-de-treinadores-em-matosinhos-6o-painel>. Invited: Yes.
3. Araújo, D. (2025, October 3). A integração do treino psicológico no processo de treino desportivo [Symposium contribution]. A integração do treino psicológico no processo de treino desportivo, XXVI Jornadas da Sociedade Portuguesa de Psicologia do Desporto & II Encontro Ibérico+ de Psicologia do Desporto, Porto, Portugal. <https://www.jornadassppd2025.com>. Invited: Yes.
4. Araújo, D. (2025, November 19). 20 years of Ecological Dynamics – an overview and update [Symposium contribution]. 20 years of Ecological Dynamics – an overview and update, Skill Learning in Water Safety and Sport Expertise, Lisboa, Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Portugal. <https://www.facebook.com/fmotricidadehumana/posts/conferencia-skill-learning-in-water-safety-and-sport-expertise-19-de-novembro-09/1281035797397385/>. Invited: Yes.

5. Belchior, C., Armada da Silva, P., & Araújo, D. (2025, October 3). Efeitos do Treino de Meditação na Performance Desportiva de Nadadores de Alta Competição [Symposium contribution]. A integração do treino psicológico no processo de treino desportivo, XXVI Jornadas da Sociedade Portuguesa de Psicologia do Desporto & II Encontro Ibérico+ de Psicologia do Desporto, Porto, Portugal. <https://www.jornadassppd2025.com>. Invited: Yes.
6. Lopes, H., Vaz de Carvalho, M., & Araújo, D. (2025, October 3). O treino da tomada de decisão nos desportos de combate [Symposium contribution]. A integração do treino psicológico no processo de treino desportivo, XXVI Jornadas da Sociedade Portuguesa de Psicologia do Desporto & II Encontro Ibérico+ de Psicologia do Desporto, Porto, Portugal. <https://www.jornadassppd2025.com>. Invited: Yes.
7. Rosado, A. (2025, October 25). Bem-estar e Saúde Mental dos atletas. Como prevenir a violência, abuso e discriminação no desporto, 48º Congresso Associação Portuguesa de Técnicos de Nataçã, Rio Maior, Portugal. <https://aptn.pt/48congresso/pt/programa/>. Invited: Yes.
8. Vaz de Carvalho, M., Lopes, H., & Araújo, D. (2025, October 3). Foco na Percepção-Ação para o Desenvolvimento da Perícia no Rope Skipping. (Candidato Prémio APB) [Symposium contribution]. Bem-Estar Psicológico e Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Intervenção em Desporto e Exercício – Candidatos a Prémios de Investigação, XXVI Jornadas da Sociedade Portuguesa de Psicologia do Desporto & II Encontro Ibérico+ de Psicologia do Desporto, Porto, Portugal.

<https://www.jornadassppd2025.com>. Invited: Yes.

Abroad

1. Carvalho, A., & Araújo, D. (2025, June 27). Pre-performance routines as adaptive behavior in "self-paced" sport tasks [Symposium contribution]. University of Lisbon SpertLab Roundtable. (via Zoom), Sport Movement Skill Conference 2025, Minnesota, United States of America.

<https://www.eventbrite.com/e/sport-movement-skill-conference-2025-tickets-1301678488399>. Invited: Yes.

2. Coelho-e-Silva, M. J., Celis Moreno, J. M., Fragoso, I., Martinho, D., Oliveira, T., & Malina, R. M. (2025, September 10). Estimates of skeletal age with the Greulich Pyle and Fels protocols in male youth tennis players [Symposium contribution]. 34th Paediatric Work Physiology, Children and Exercise, Peurunka, Finland.

<https://www.jyu.fi/en/events/paediatric-work-physiology>. Invited: Yes.

3. Lopes, H., Carvalho, A., & Araújo, D. (2025, June 27). Enhancing decision-making in combat sports [Symposium contribution]. University of Lisbon SpertLab Roundtable. (via Zoom), Sport Movement Skill Conference 2025, Minnesota, United States of America. <https://www.eventbrite.com/e/sport-movement-skill-conference-2025-tickets-1301678488399>. Invited: Yes.

4. Oliveira, T., Konarski, J. M., Bartowiak, S., Celis Moreno, J. M., Martinho, D. V., Valente dos Santos, J., Agostinete, R. R., Araújo Fernandes, R., Ronque, E. R., Coelho-e-Silva, M. J., & Malina, R. M. (2025, September 11). Growth and maturity status of female table tennis players [Symposium contribution]. 34th Paediatric Work Physiology, Children and Exercise, Peurunka, Finland.
<https://www.jyu.fi/en/events/paediatric-work-physiology>. Invited: Yes.
5. Pascoal, A. (2025, November 13). Ejercicio y Recuperación de la Función Abdominal en el Postparto: Implicaciones en la Mujer Deportista [Symposium contribution]. La mujer deportista. Especificaciones para el entrenamiento, Congreso Internacional de Fisioterapia no Desporto Feminino, Pontevedra, Spain. <https://fisiodepofem.es/>. Invited: Yes.
6. Rosado, A. (2025, October 16). Resiliência Psicológica e Bem-Estar em Desporto e Atividade Físicas [Symposium contribution]. CIEJ2025 Congreso Internacional Esfera Joven. Ocio, Bienestar y Apoyos Sociales, Mellila, Spain.
<https://multiweb.uned.es/w41933/home>. Invited: Yes.
7. Teixeira, A. (2025, October 15). Exercise and Ageing [Symposium contribution]. Movimento Humano e Reabilitação, Pós-graduação em Movimento Humano e Reabilitação, Universidade Evangélica de Goiás, Goiás, Brazil.
<https://pos.unievangelica.edu.br/#MHR>. Invited: Yes.

Organization of Conferences, Symposiums, and Congresses

In Portugal

1. Araújo, D. (2025). 12º Congresso de Treinadores de Língua Portuguesa. (Conference). Role: Session Chair. Matosinhos, Portugal.
<https://treinadores.pt/12-congresso/noticias-12-congresso/1686-12o-congresso-de-treinadores-em-matosinhos-6o-painel>. Participants: 200.
Audience: Coaches & sport trainers.
2. Araújo, D. (2025). Skill Learning in Water Safety and Sport Expertise. (Conference). Role: Organizer. Lisboa, Portugal.
<https://www.facebook.com/fmotricidadehumana/posts/conferência-skill-learning-in-water-safety-and-sport-expertise-19-de-novembro-09/1281035797397385/>. Participants: 30. Audience: Researchers/Academics.
3. Araújo, D. (2025). Skill Learning in Water Safety and Sport Expertise. (Conference). Role: Session Chair. Lisboa, Portugal.
<https://www.facebook.com/fmotricidadehumana/posts/conferência-skill-learning-in-water-safety-and-sport-expertise-19-de-novembro-09/1281035797397385/>. Participants: 30. Audience: Researchers/Academics.
4. Araújo, D. (2025). XXVI Jornadas da Sociedade Portuguesa de Psicologia do Desporto & II Encontro Ibérico+ de Psicologia do Desporto. (Conference). Role: Session Chair. Porto, Portugal.
<https://www.jornadassppd2025.com>. Audience: Researchers/Academics.

5. Baptista, L. C. (2025). IV Jornadas de Encerramento do Projeto Olimpíada Sustentada. (Symposium). Role: Organizer. Coimbra, Portugal.
<https://www.uc.pt/fcdef/eventos/iv-jornadas-de-encerramento-do-projeto-olimpia>. Participants: 180. Audience: Undergraduate & Graduate students.
6. Baptista, L. C. (2025). XIV Fórum Internacional das Ciências da Educação Física. (Symposium). Role: Organizer. Coimbra, Portugal.
<https://www.uc.pt/fcdef/eventos/xiv-forum-internacional-das-ciencias-da-educacao-fisica/>. Participants: 180. Audience: Undergraduate & Graduate students.
7. Campos, M. (2025). Open Science Day – CIPER-UC. (Symposium). Role: Co-chair. Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Participants: 50. Audience: Researchers/Academics.
8. Carnide, F. (2025). Prémio ULisboa-redeSAÚDE 2025. (Conference). Role: Advisory Board. Lisboa, Portugal. <https://www.ulisboa.pt/info/premio-ulisboa-redesaude>. Participants: 67. Audience: Researchers/Academics.
9. Coelho-e-Silva, M. (2025). From Playground to Podium: sex differences in the development of the elite youth athlete. (Conference). Role: Chair. Coimbra, Portugal. Participants: 150. Audience: Researchers/Academics.
10. Coelho-e-Silva, M. (2025). XXXVI Curso de Reabilitação e Traumatologia do Desporto. (Congress). Role: Co-chair. Luso, Portugal.
https://www.jrtd.pt/cursos/crtd?utm_source=chatgpt.com. Participants: 100.
Audience: Clinicians/Health professionals.

11. Cordovil, R. (2025). Skill Learning in Water Safety and Sport Expertise. (Conference). Role: Organizer. Lisboa, Portugal.
<https://www.facebook.com/rita.cordovildematos/posts/pfbid02vSkWbafxToDfxLoUjLmRNdufRMP1tLmug9GxHSvdJKnDU8cWwpFDQoYX8Eb6V4Pel>.
Participants: 30. Audience: Researchers/Academics.
 12. Cordovil, R. (2025). Skill Learning in Water Safety and Sport Expertise. (Conference). Role: Chair. Lisboa, Portugal.
<https://www.facebook.com/rita.cordovildematos/posts/pfbid02vSkWbafxToDfxLoUjLmRNdufRMP1tLmug9GxHSvdJKnDU8cWwpFDQoYX8Eb6V4Pel>.
Participants: 30. Audience: Researchers/Academics.
 13. Cordovil, R. (2025). XX Seminário Internacional de Desenvolvimento Motor da Criança. (Conference). Role: Organizer. Coimbra, Portugal.
<https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/>. Participants: 150. Audience: Researchers/Academics.
 14. Cordovil, R. (2025). XX Seminário Internacional de Desenvolvimento Motor da Criança. (Conference). Role: Reviewer. Coimbra, Portugal.
<https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/>. Participants: 150. Audience: Researchers/Academics.
 15. Cordovil, R. (2025). XX Seminário Internacional de Desenvolvimento Motor da Criança. (Conference). Role: Speaker. Coimbra, Portugal.
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<https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/>. Participants: 150. Audience: Researchers/Academics.

16. Ferreira, J. P. (2025). Ciclo de Conferências Trevor Williams em Atividade Física Adaptada. (Conference). Role: Organizer. Coimbra, Portugal.

<https://www.uc.pt/fcdef/eventos/ciclo-de-conferencias-trevor-williams-em-atividade-fisica-adaptada/>. Participants: 50. Audience: Professionals.

17. Ferreira, J. P. (2025). Open Science Day – CIPER-UC. (Symposium). Role:

Session Chair. Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Participants: 90. Audience: Undergraduate & Graduate students.

18. Gomes, B. B. (2025). 11º Congresso Nacional de Biomecânica. (Congress).

Role: Scientific Committee. Sesimbra, Portugal.

<https://cnb2025.tecnico.ulisboa.pt/index.html>. Audience: Biomechanics researchers and practitioners.

19. Gomes, B. B. (2025). Open Science Day – CIPER-UC. (Symposium). Role: Chair.

Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Participants: 90. Audience: Undergraduate, master's and doctoral students at FCDEFUC.

20. Gomes, B. B. (2025). XX Seminário Internacional de Desenvolvimento Motor da Criança. (Conference). Role: Scientific Committee. Coimbra, Portugal.

<https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de->

desenvolvimento-motor-da-crianca/. Participants: 150. Audience: Researchers/Academics.

21. Machado-Rodrigues, A. M. (2025). XX Seminário Internacional de Desenvolvimento Motor da Criança. (Conference). Role: Scientific Committee. Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/>. Participants: 150. Audience: Researchers/Academics.
22. Magalhães, J. P. (2025). Cidades ativas, saudáveis e sustentáveis. (Congress). Role: Organizer. Lisbon, Portugal. https://lisboa-ativa.zohobackstage.eu/conferencia?fbclid=IwZXh0bgNhZW0CMTAAR4d4cUizJrYfSLUTbU1_6m2l07GnuYA4-wSsd_S3aZ0KA1Hv4bvqThjXoF5jg_aem_yW8nbJ9ju_1blyHmgvfnNg. Participants: 200. Audience: Policy makers.
23. Magalhães, J. P. (2025). Moving Beyond. (Congress). Role: Reviewer. Lisbon, Portugal. <https://fchampalimaud.org/pt-pt/events/moving-beyond-2025>. Participants: 250. Audience: Researchers/Academics.
24. Marques, A. (2025). International Seminar Sport and Science 2025. (Congress). Role: Scientific Committee. Funchal, Portugal. <https://madeirasdc.web.uma.pt>. Participants: 70. Audience: Coaches & sport trainers.
25. Reis, J. F. (2025). International Conference on "Scientific Insights in Football Training". (Conference). Role: Moderator. Lisbon, Portugal. <https://pfsconference2025.fpf.pt/>. Participants: 200. Audience: Practitioners.

26. Santa-Clara, H. (2025). Congresso Português de Cardiologia. (Congress). Role: Reviewer. Porto, Portugal. <https://congressocpc.pt/inicio/>. Participants: 2200. Audience: Clinicians/Health professionals.
27. Sarmiento, H. (2025). Open Science Day – CIPER-UC. (Conference). Role: Scientific Committee. Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Participants: 100. Audience: PhD students/Postdocs.
28. Sarmiento, H. (2025). Seminário Desporto e Ciência 2025: Avanços no treino desportivo. (Conference). Role: Scientific Committee. Madeira, Portugal. <https://www.uma.pt/noticias/seminario-internacional-desporto-e-ciencia-2025/>. Participants: 150. Audience: Researchers/Academics.
29. Sarmiento, H. (2025). XX Seminário Internacional de Desenvolvimento Motor da Criança. (Conference). Role: Scientific Committee. Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/>. Participants: 150. Audience: Researchers/Academics.
30. Silva, A. M. (2025). Open Science Day – CIPER-UC. (Conference). Role: Advisory Board. Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Participants: 50. Audience: Researchers/Academics.
31. Silva, A. M., & Francisco, R. (2025). Exercise and Lymphedema. (Conference). Role: Co-chair. Lisboa, Portugal.

https://www.instagram.com/p/DIbUJwrRdww/?img_index=1. Participants: 30.

Audience: Researchers/Academics.

32. Silva, A. M., & Francisco, R. (2025). Exercise and Lymphedema. (Conference).

Role: Co-chair. Lisboa, Portugal.

https://www.instagram.com/p/DIbUJwrRdww/?img_index=1. Participants: 30.

Audience: Researchers/Academics.

33. Sousa, A., & Febra, C. (2025). XX Seminário Internacional de Desenvolvimento Motor da Criança. (Symposium). Role: Chair. Coimbra, Portugal.

https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de-desenvolvimento-motor-da-crianca/?utm_source=chatgpt.com. Participants: 150. Audience: Researchers/Academics.

34. Teixeira, A. (2025). 12º Congresso em Envelhecimento ativo e Saudável. (Congress). Role: Local Organizer. Coimbra, Portugal.

<https://www.coimbra.pt/2025/12/coimbra-acolhe-12-o-congresso-em-envelhecimento-ativo-e-saudavel-da-regiao-centro-no-proximo-dia-10/>. Participants: 300. Audience: Community organisations.

35. Teixeira, A. (2025). Open Science Day – CIPER-UC. (Symposium). Role: Chair.

Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>. Participants: 50. Audience: Researchers/Academics.

36. Vaz, V. (2025). XX Seminário Internacional de Desenvolvimento Motor da Criança. (Symposium). Role: Co-chair. Coimbra, Portugal.

<https://www.uc.pt/fcdef/eventos/xx-seminario-internacional-de->

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desenvolvimento-motor-da-crianca/?utm_source=chatgpt.com. Participants:

150. Audience: Researchers/Academics.

37. Vaz, V., & Coelho-e-Silva, M. (2025). Open Science Day – CIPER-UC.

(Symposium). Role: Co-chair. Coimbra, Portugal.

<https://www.uc.pt/fcdef/eventos/open-science-day-ciper-uc-2025/>.

Participants: 50. Audience: Researchers/Academics.

38. Volossovitch, A. (2025). 10th Handball Symposium - ‘The development of young players’. (Symposium). Role: Organizer. Lisboa, Portugal.

[https://portal.fpa.pt/2025/02/10-o-simposio-de-andebol-a-construcao-do-](https://portal.fpa.pt/2025/02/10-o-simposio-de-andebol-a-construcao-do-jovem-jogador/)

[jovem-jogador/](https://portal.fpa.pt/2025/02/10-o-simposio-de-andebol-a-construcao-do-jovem-jogador/). Participants: 95. Audience: Coaches & sport trainers.

39. Volossovitch, A. (2025). Strength training in children and adolescents.

(Symposium). Role: Organizer. Lisboa, Portugal.

[https://www.fmh.ulisboa.pt/en/eventos/item/3238-seminario-pg-strength-](https://www.fmh.ulisboa.pt/en/eventos/item/3238-seminario-pg-strength-conditioning-treino-de-forca-na-crianca-e-no-jovem)

[conditioning-treino-de-forca-na-crianca-e-no-jovem](https://www.fmh.ulisboa.pt/en/eventos/item/3238-seminario-pg-strength-conditioning-treino-de-forca-na-crianca-e-no-jovem). Participants: 50.

Audience: Coaches & sport trainers.

40. Yázigí, F. (2025). 48º Congresso Associação Portuguesa de Técnicos de

Natação. (Conference). Role: Organizer. Rio Maior, Portugal.

<https://aptn.pt/48congresso/pt/inicio/>. Participants: 400. Audience:

Professionals.

Abroad

41. Dias, S. B. (2025). 12th International Conference on Software Development and

Technologies for Enhancing Accessibility and Fighting Info-exclusion.

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(Conference). Role: Co-chair. Alexandroupolis, Greece. <https://dsai.ws/2026/>.

Participants: 200. Audience: Researchers/Academics.

42. Dias, S. B. (2025). 5th International Conference on Technology and Innovation in Learning, Teaching and Education. (Conference). Role: Co-chair.

Alexandroupolis, Greece. <https://tech-edu.ws/2026/>. Participants: 200.

Audience: Researchers/Academics.

43. Dias, S. B. (2025). IEEE International Conference on E-health Networking, Application & Services. (Conference). Role: Organizer. Abu Dhabi, United Arab

Emirates. <https://healthcom2025.ieee-healthcom.org/>. Participants: 150.

Audience: Researchers/Academics.

44. Santa-Clara, H. (2025). ESC Congress 2025. (Congress). Role: Reviewer. Madrid, Spain. <https://esc365.escardio.org/esc-congress>. Participants: 33400.

Audience: Clinicians/Health professionals.

45. Santa-Clara, H. (2025). ESC Preventive Cardiology 2025. (Congress). Role: Reviewer. Milan, Italy. [https://www.escardio.org/Congresses-](https://www.escardio.org/Congresses-Events/Preventive-Cardiology/About-the-congress)

[Events/Preventive-Cardiology/About-the-congress](https://www.escardio.org/Congresses-Events/Preventive-Cardiology/About-the-congress). Participants: 1330.

Audience: Clinicians/Health professionals.

46. Sarmiento, H. (2025). XX Congresso de Ciências do Desporto e Educação Física dos Países de Língua Portuguesa. (Congress). Role: Scientific Committee.

Campinas, Brazil. <https://fef.unicamp.br/ccdefplp2025/>. Participants: 400.

Audience: Researchers/Academics.

47. Silva, A. M. (2025). Food Science Conference / XIV Edition Sarcopenic Obesity Global Leadership Initiative. (SOGLI). (Conference). Role: Scientific Committee. Rome, Italy. <https://www.fasieventi.com/en/events/food-science-conference-xiv-edition-sarcopenic-obesity-global-leadership-initiative-salas/>. Participants: 80. Audience: International collaborators.
48. Volossovitch, A. (2025). 13th International Conference on Sport Sciences Research and Technology Support. (Conference). Role: Reviewer. Marbella, Spain. <https://portal.insticc.org/SubmissionDeadlines/67335e902e73f63dda80841b>. Participants: 200. Audience: Professionals.

Organization of Knowledge Transfer Events

In Portugal

1. Araújo, D. (2025). Abordagem baseada nos constrangimentos no padel. (Workshop). Role: Organizer. Lisboa, Portugal. <https://www.fmh.ulisboa.pt/eventos/item/3118-abordagem-baseada-nos-constrangimentos-do-padel>. Participants: 30. Audience: Coaches & sport trainers.
2. Araújo, D. (2025). Inteligência artificial no desporto: oportunidades e responsabilidades. (Lecture). Role: Speaker. Lisboa, Portugal. <https://www.aop.pt/noticia/682/aop-comemorou-39-anos-no-ginasio-clube-portugues>. Participants: 30. Audience: Professionals.

3. Araújo, D. (2025). Liderança sob pressão em ambientes complexos. (Workshop). Role: Chair. Lisboa, Portugal.
<https://www.ina.pt/blog/2025/09/23/bootcamp-pioneiro-para-dirigentes-da-ap-liderar-sob-pressao-em-ambientes-complexos/>. Participants: 24. Audience: Professionals.
4. Araújo, D. (2025). O que o treinador deve saber sobre psicologia do desporto. (Workshop). Role: Chair. Online, Portugal. <https://www.shorturl.at/BTJrt>. Participants: 1200. Audience: Coaches & sport trainers.
5. Araújo, D. (2025). RTP – Sociedade Civil: Tecnologia no desporto. (Roundtable). Role: Speaker. Lisboa, Portugal. <https://www.rtp.pt>. Audience: Practitioners.
6. Araújo, D. (2025). Treino psicológico do desporto: uma abordagem dinâmica ecológica. (Workshop). Role: Organizer. Lisboa, Portugal. Participants: 12. Audience: PhD students/Postdocs.
7. Baptista, F. (2025). Go4Training – 13th Edition. (Training course). Role: Organizer. Online, Portugal. <http://formesp.fmh.ulisboa.pt/go4training/>. Participants: 130. Audience: Professionals.
8. Baptista, F. (2025). Go4Training – 14th Edition. (Training course). Role: Organizer. Online, Portugal. <http://formesp.fmh.ulisboa.pt/go4training/>. Participants: 93. Audience: Professionals.
9. Baptista, F. (2025). UMAIS Summer School. (Training course). Role: Local Organizer. Lisbon, Portugal. <https://umais.fmh.ulisboa.pt/>. Participants: 20. Audience: Undergraduate & Graduate students.

10. Baptista, L. C. (2025). IV Jornadas de Encerramento do Projeto Olimpíada Sustentada. (Lecture). Role: Moderator. Coimbra, Portugal.
<https://www.uc.pt/fcdef/eventos/iv-jornadas-de-encerramento-do-projeto-olimpia>. Participants: 180. Audience: Undergraduate & Graduate students.
11. Baptista, L. C. (2025). XIV Fórum Internacional das Ciências da Educação Física. (Lecture). Role: Moderator. Coimbra, Portugal.
<https://www.uc.pt/fcdef/eventos/xiv-forum-internacional-das-ciencias-da-educacao-fisica/>. Participants: 180. Audience: Undergraduate & Graduate students.
12. Brito, H. (2025). Desenvolvimento de talento e formação de jovens atletas. (Seminar). Role: Speaker. Setúbal, Portugal.
https://forms.office.com/pages/responsepage.aspx?id=yG78Ak_BOEO43aWpQkzdiVYMCnkQedxFiEjh0QdFTjhUM0xKWFNjWFRYUzBJV1RLSEY2OUU5Ukl3Ny4u&route=shorturl. Participants: 30. Audience: Coaches & sport trainers.
13. Campos, M. (2025). Ação de curta duração RYHEALTH para docentes. (Training course). Role: Organizer. Online, Portugal.
<https://www.uc.pt/fcdef/eventos/ryhealth-para-docentes/>. Participants: 23.
Audience: Professionals.
14. Campos, M. (2025). Ação de curta duração RYHEALTH para docentes. (Training course). Role: Speaker. Online, Portugal.
<https://www.uc.pt/fcdef/eventos/ryhealth-para-docentes/>. Participants: 23.
Audience: Professionals.

15. Campos, M. (2025). Ciclo de Conferências Trevor Williams – FCDEFUC 2025–26. (Seminar). Role: Chair. Coimbra, Portugal.
<https://www.uc.pt/fcdef/eventos/ciclo-de-conferencias-trevor-williams-em-atividade-fisica-adaptada/>. Participants: 98. Audience: Undergraduate & Graduate students.
16. Campos, M. (2025). RYHEALTH International Webinar. (Seminar). Role: Organizer. Online, Portugal. <https://www.uc.pt/fcdef/eventos/ryhealth-international-webinar/>. Participants: 84. Audience: Practitioners.
17. Campos, M. (2025). RYHEALTH International Webinar. (Seminar). Role: Speaker. Online, Portugal. <https://www.uc.pt/fcdef/eventos/ryhealth-international-webinar/>. Participants: 84. Audience: Practitioners.
18. Campos, M. (2025). Webinar Escola e Promoção de Hábitos de Vida Saudáveis – RYHEALTH. (Seminar). Role: Organizer. Online, Portugal.
<https://www.uc.pt/fcdef/eventos/webinar-ryhealth/>. Participants: 41. Audience: Practitioners.
19. Campos, M. (2025). Webinar Escola e Promoção de Hábitos de Vida Saudáveis – RYHEALTH. (Seminar). Role: Speaker. Online, Portugal.
<https://www.uc.pt/fcdef/eventos/webinar-ryhealth/>. Participants: 41. Audience: Practitioners.
20. Carrilho, D. (2025). Desenvolvimento de talento e formação de jovens atletas. (Seminar). Role: Speaker. Setúbal, Portugal.
https://forms.office.com/pages/responsepage.aspx?id=yG78Ak_BOEO43aWpQ

kzdiVYMCnkQedxFiEjh0QdFTjhUM0xKWFNJWFRYUzBJV1RLSEY2OUU5Ukl3Ny4
u&route=shorturl. Participants: 30. Audience: Coaches & sport trainers.

21. Coelho-e-Silva, M. (2025). Curso de Scouting no Futebol. (Training course). Role: Speaker. Lisboa, Portugal. <https://fpfacademy.fpf.pt/courses/details/244>. Participants: 30. Audience: Professionals.

22. Coelho-e-Silva, M. (2025). Seminário Internacional “O Desenvolvimento Integral da Criança” – Associação para a Promoção e Desenvolvimento da Criança. Conferência “Desporto, Sociedade e Culturas Juvenis”. (Workshop). Role: Speaker. Covilhã, Portugal. <https://radio-covilha.pt/2025/04/noticias/brincar-livre-organiza-seminario-internacional-sobre-desenvolvimento-das-criancas/>. Participants: 150. Audience: Professionals.

23. Cordovil, R. (2025). Jogos lúdico-desportivos: brincadeira, criatividade e competência motora. (Workshop). Role: Workshop leader. Torres Vedras, Portugal. Participants: 30. Audience: Physical activity & exercise specialists.

24. Cordovil, R. (2025). Modelos pedagógicos e estratégias de ensino no contexto educativo. (Workshop). Role: Workshop leader. Online, Portugal. <https://www.fpf.pt/pt/News/Todas-as-not%C3%ADcias/Not%C3%ADcia/news/53996>. Participants: 347. Audience: Physical activity & exercise specialists.

25. Cordovil, R. (2025). Promoção da competência motora em crianças. (Workshop). Role: Workshop leader. Online, Portugal. [Faculdade de Motricidade Humana, Universidade de Lisboa | Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | \[ciper@fmh.ulisboa.pt\]\(mailto:ciper@fmh.ulisboa.pt\) | +351 214 149 237](https://www.fpf.pt/pt/News/Todas-as-</p>
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not%C3%ADcias/Not%C3%ADcia/news/53996. Participants: 607. Audience:
Physical activity & exercise specialists.

26. Cordovil, R. (2025). Promoção da competência motora em crianças.

(Workshop). Role: Workshop leader. Online, Portugal.

<https://www.fpf.pt/pt/News/Todas-as->

not%C3%ADcias/Not%C3%ADcia/news/47831. Participants: 550. Audience:
Physical activity & exercise specialists.

27. Assunção, A. (2025). 11.º Congresso Nacional de Biomecânica. (Roundtable).

Role: Session Chair. Sesimbra, Portugal. <https://cnb2025.tecnico.ulisboa.pt/>.

Participants: 40. Audience: Researchers/Academics.

28. Assunção, A. (2025). Utilização do Xsens no contexto da biomecânica do

trabalho. (Workshop). Role: Speaker. Porto, Portugal.

<https://www.sposho.pt/sho-2025-pt/>. Participants: 60. Audience:

Researchers/Academics.

29. Dias, S. B. (2025). European Researchers' Night. (Workshop). Role: Other.

Lisboa, Portugal. <https://noitedosinvestigadores.org>. Participants: 25.

Audience: Researchers/Academics.

30. Dias, S. B. (2025). Lisboa Games Week. (Workshop). Role: Other. Lisboa,

Portugal. <https://lisboagamesweek.pt/>. Participants: 40. Audience: Early-career
researchers.

31. Ferreira, J. P. (2025). Ciclo de Conferências Trevor Williams em Atividade Física

Adaptada: Desporto em atletas com deficiências sensoriais. (Seminar). Role:

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Session Chair. Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/ciclo-de-conferencias-trevor-williams-em-atividade-fisica-adaptada/>. Participants: 35. Audience: Professionals.

32. Ferreira, J. P. (2025). Ciclo de Conferências Trevor Williams em Atividade Física Adaptada: Do ensino ao treino da natação em pessoas com deficiência.

(Workshop). Role: Session Chair. Coimbra, Portugal.

<https://www.uc.pt/fcdef/eventos/ciclo-de-conferencias-trevor-williams-em-atividade-fisica-adaptada/>. Participants: 35. Audience: Professionals.

33. Ferreira, J. P. (2025). Ciclo de Conferências Trevor Williams em Atividade Física Adaptada: Inatividade física e a importância dos programas de exercício

promotores da saúde. (HEPA) em pessoas com perturbações do neurodesenvolvimento. (Seminar). Role: Speaker. Coimbra, Portugal.

<https://www.uc.pt/fcdef/eventos/ciclo-de-conferencias-trevor-williams-em-atividade-fisica-adaptada/>. Participants: 35. Audience: Professionals.

34. Ferreira, J. P. (2025). Ciclo de Conferências Trevor Williams em Atividade Física Adaptada: Investigação no contexto do desporto adaptado. (Seminar). Role:

Session Chair. Coimbra, Portugal. <https://www.uc.pt/fcdef/eventos/ciclo-de-conferencias-trevor-williams-em-atividade-fisica-adaptada/>. Participants: 35.

Audience: Professionals.

35. Ferreira, J. P. (2025). Ciclo de Conferências Trevor Williams em Atividade Física Adaptada: Projeto de capacitação para pessoas com perturbações do espectro

do autismo. (Workshop). Role: Session Chair. Coimbra, Portugal.

<https://www.uc.pt/fcdef/eventos/ciclo-de-conferencias-trevor-williams-em-atividade-fisica-adaptada/>. Participants: 35. Audience: Professionals.

36. Gomes, B. B. (2025). Ação de curta duração RYHEALTH para docentes. (Training course). Role: Organizer. Online, Portugal.

<https://www.uc.pt/fcdef/eventos/ryhealth-para-docentes/>. Participants: 23.

Audience: Practitioners.

37. Gomes, B. B. (2025). Ação de curta duração RYHEALTH para docentes. (Training course). Role: Speaker. Online, Portugal.

<https://www.uc.pt/fcdef/eventos/ryhealth-para-docentes/>. Participants: 23.

Audience: Practitioners.

38. Gomes, B. B. (2025). AIDUC – Abordagens Interdisciplinares para a Docência. (Workshop). Role: Speaker. Coimbra, Portugal. <https://www.uc.pt/aiduc/>.

Participants: 100. Audience: Undergraduate & Graduate students.

39. Gomes, B. B. (2025). IV Jornadas de Encerramento do Projeto Olimpíada Sustentada: A discriminação não tem classificação. (Seminar). Role: Organizer. Coimbra, Portugal.

<https://www.eduolimpica.comiteolimpicoportugal.pt/Pages/Atividade.aspx?at=pr0CXp4FfUaGpM6I9ilMyw>. Participants: 100. Audience: Undergraduate &

Graduate students.

40. Gomes, B. B. (2025). RYHEALTH International Webinar. (Seminar). Role: Organizer. online, Portugal. <https://www.uc.pt/fcdef/eventos/ryhealth-international-webinar/>. Participants: 84. Audience: Practitioners.

41. Gomes, B. B. (2025). RYHEALTH International Webinar. (Seminar). Role: Speaker. online, Portugal. <https://www.uc.pt/fcdef/eventos/ryhealth-international-webinar/>. Participants: 84. Audience: Practitioners.
42. Gomes, B. B. (2025). Webinar Escola e Promoção de Hábitos de Vida Saudáveis – RYHEALTH. (Seminar). Role: Organizer. online, Portugal. <https://www.uc.pt/fcdef/eventos/webinar-ryhealth/>. Participants: 41. Audience: Practitioners.
43. Gomes, B. B. (2025). Webinar Escola e Promoção de Hábitos de Vida Saudáveis – RYHEALTH. (Seminar). Role: Speaker. online, Portugal. <https://www.uc.pt/fcdef/eventos/webinar-ryhealth/>. Participants: 41. Audience: Practitioners.
44. João, F. (2025). 11.º Congresso Nacional de Biomecânica. (Congress). Role: Scientific Committee. Sesimbra, Portugal. <https://cnb2025.tecnico.ulisboa.pt/>. Participants: 150. Audience: Researchers/Academics.
45. Machado-Rodrigues, A. M. (2025). Ação de curta duração RYHEALTH para docentes. (Training course). Role: Organizer. Online, Portugal. <https://www.uc.pt/fcdef/eventos/ryhealth-para-docentes/>. Participants: 23. Audience: Professionals.
46. Machado-Rodrigues, A. M. (2025). RYHEALTH International Webinar. (Seminar). Role: Organizer. online, Portugal. <https://www.uc.pt/fcdef/eventos/ryhealth-international-webinar/>. Participants: 84. Audience: Practitioners.

47. Machado-Rodrigues, A. M. (2025). Webinar Escola e Promoção de Hábitos de Vida Saudáveis – RYHEALTH. (Seminar). Role: Organizer. online, Portugal. <https://www.uc.pt/fcdef/eventos/webinar-ryhealth/>. Participants: 41. Audience: Practitioners.
48. Mendonça, G. V. (2025). Seminário de Treino com Oclusão Vascular. (KAATSU). (Seminar). Role: Organizer. Lisboa, Portugal. Participants: 32. Audience: Coaches & sport trainers.
49. Mendonça, G. V. (2025). Seminário de Treino Hipertrófico. (Seminar). Role: Organizer. Lisboa, Portugal. Participants: 32. Audience: Coaches & sport trainers.
50. Moniz-Pereira, V. (2025). Clinical Gait Analysis. (Medical Device Class I), presented at the Biomechanics Days of FADEUP: Sports and Clinics. (Workshop). Role: Speaker. Porto, Portugal. https://sigarra.up.pt/fadeup/en/noticias_geral.ver_noticia?p_nr=44953. Participants: 20. Audience: Researchers/Academics.
51. Moniz-Pereira, V. (2025). SPM1D Workshop. (Symposium). Role: Local Organizer. Lisboa, Portugal. <https://biomch-l.isbweb.org/forum/biomch-l-forums/events-and-conferences/48903-statistical-parametric-mapping-workshop-lisbon-university-portugal-17-18th-june-2025>. Participants: 18. Audience: PhD students/Postdocs.

52. Oliveira, R. (2025). XII Congresso Nacional de Fisioterapeutas. (Seminar). Role: Reviewer. Lisboa, Portugal. <https://www.cnft.pt/>. Participants: 450. Audience: Professionals.
53. Pedro, B. (2025). Abordagem baseada nos constrangimentos no padel. (Workshop). Role: Organizer. Lisboa, Portugal. <https://www.fmh.ulisboa.pt/eventos/item/3118-abordagem-baseada-nos-constrangimentos-do-padel>. Participants: 25. Audience: Coaches & sport trainers.
54. Pedro, B. (2025). FMH – Career Forum: Ténis Adaptado. (Seminar). Role: Organizer. Lisboa, Portugal. <https://www.fmh.ulisboa.pt/docman/outros-documentos/outros-documentos-eventos/3445-programa-do-4-fmh-career-forum/file>. Participants: 15. Audience: Undergraduate & Graduate students.
55. Pedro, B. (2025). Oeiras Valley Science Festival. (Workshop). Role: Workshop leader. Lisboa, Portugal. <https://www.fmh.ulisboa.pt/docman/outros-documentos/outros-documentos-eventos/3445-programa-do-4-fmh-career-forum/file>. Participants: 800. Audience: Undergraduate & Graduate students.
56. Reis, J. F. (2025). Curso de Treinadores de Futebol UEFA A. (Training course). Role: Workshop leader. Lisboa, Portugal. Participants: 30. Audience: Coaches & sport trainers.
57. Reis, J. F. (2025). Curso de Treinadores de Voleibol. (Grau II). (Training course). Role: Workshop leader. Lisboa, Portugal. Participants: 30. Audience: Coaches & sport trainers.

58. Silva, A. M. (2025). Tertúlias “Desporto às Quintas”: Saúde e condição física das/os atletas. (Seminar). Role: Speaker. Barreiro, Portugal. <https://www.cm-barreiro.pt/eventos/tertulias-desporto-as-quintas-reflexao-de-experiencias/>. Participants: 30. Audience: Professionals.
59. Teixeira, A. (2025). Conversa sobre +Exercício +Saúde. (Roundtable). Role: Speaker. Coimbra, Portugal. <https://www.myfitcoimbra.com/>. Participants: 20. Audience: General public.
60. Teixeira, A. (2025). Interview for the newspaper “Público”, Ciência e Ambiente section, on the scientific paper “Is Taurine an Ageing Biomarker?”, published in Science. (Lecture). Role: Speaker. Coimbra, Portugal. <https://www.publico.pt/2025/06/10/ciencia/noticia/ciencia-avanca-afinal-aurina-nao-elixir-juventude-2135739>. Audience: General public.
61. Teixeira, A. (2025). Programa de televisão – Linha da Frente. (T17). (Roundtable). Role: Speaker. Coimbra, Portugal. <https://www.rtp.pt/play/p14349/e821317/linha-da-frente>. Audience: General public.
62. Teixeira, A. (2025). Universidade de Verão UC – Workshop em Análise de Marcadores Fisiológicos. (Workshop). Role: Trainer. Coimbra, Portugal. <https://www.uc.pt/uv/>. Participants: 15. Audience: Other.
63. Volossovitch, A. (2025). Lecture: “Characterisation and Periodisation of Training in Children’s and Youth Sports”, Postgraduate Course in Sports Medicine, Portuguese Society of Sports Medicine. (Lecture). Role: Speaker. Lisboa, Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Portugal. <https://www.spmnd.pt/cursos/curso-de-pos-graduacao-em-medicina-desportiva>. Participants: 30. Audience: Clinicians/Health professionals.

64. Volossovitch, A. (2025). Lecture: “Strength Training for Children and Adolescents”, Seminar “Strength Training for Children and Adolescents”. (Lecture). Role: Speaker. Lisboa, Portugal.

<https://www.fmh.ulisboa.pt/eventos/item/3238-seminario-pg-strength-conditioning-treino-de-forca-na-crianca-e-no-jovem>. Participants: 57.
Audience: Coaches & sport trainers.

Abroad

1. Araújo, D. (2025). Abordagem baseada nos constrangimentos para o treino desportivo. (Workshop). Role: Trainer. Goiás, Brazil.
<https://www.sescgo.com.br/evento/99836-meeting-educacao-fisica-2a-edicao>. Participants: 60. Audience: Practitioners.
2. Araújo, D. (2025). Cognition in Sport and Physical Education From an Ecological Dynamics Perspective. (Lecture). Role: Speaker. Singapura, Singapura.
Participants: 30. Audience: Undergraduate & Graduate students.
3. Araújo, D. (2025). FIFA Talent Coach: Voices From the Elite Development Series. (Seminar). Role: Speaker. Online, Worldwide.
<https://www.fifatrainingcentre.com/en/>. Participants: 300. Audience: Coaches & sport trainers.
4. Yázigí, F. (2025). Seminários Integrados do Programa de Pós-Graduação em Ciências da Reabilitação da Universidade Nove de Julho. (Seminar). Role: Faculdade de Motricidade Humana, Universidade de Lisboa | Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Speaker. São paulo, Brasil. <https://www.uninove.br/>. Participants: 30. Audience: PhD students/Postdocs.

Post-Doctoral Projects

Concluded

1. J. Diaz. (2024-2025). Specificity in Football: Conceptual Definition and Measurement Approaches. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Sarmento, H.
2. J. J. Toscano. (2025-2025). O Impacto Longitudinal de um Programa de Exercício Físico Multicomponente em Mulheres Sobreviventes de Cancro da Mama. Faculty of Sport Sciences and Physical Education. Supervisor: Baptista, L. C.
3. J. Sarvestan. (2024-2025). Development of an Integral Exposure Model: The Wage Index. Faculty of Human Kinetics, University of Lisbon. Supervisor: Moniz-Pereira, V. Funding institution: European Union; Grant number: HORIZON-HLTH-2023-ENVHLTH-02.
4. L. Flores. (2022-2025). Aplicación de Métodos de Evaluación del Estado de Maduración y Crecimiento. Faculty of Human Kinetics, University of Lisbon. Supervisor: Fragoso, I. Funding institution: Universidad Autónoma de Chihuahua.
5. R. Villaseca-Vicuña. (2025-2025). Impact of Contextual Variables in Football: Influence on the Physical, Technical, and Tactical Demands of the Game.

Faculty of Sport Sciences and Physical Education, University of Coimbra.

Supervisor: Barrera-Díaz, J.

6. R. Villaseca-Vicuña. (2024-2025). Impact of Contextual Variables in Football:

Influence on the Physical, Technical, and Tactical Demands of the Game.

Faculty of Sport Sciences and Physical Education, University of Coimbra.

Supervisor: Sarmiento, H.

7. V. R. dos Santos. (2024-2025). Analysis of Bioelectrical Impedance Parameters

in Older Adults with Sarcopenia and Sarcopenic Obesity across Different

Geographic Regions. Faculty of Human Kinetics, University of Lisbon.

Supervisor: Silva, A. M. Funding institution: São Paulo Research Foundation;

Grant number: 2023/15445-0; Funding in €: 42000€.

Ongoing

1. A. Assunção. (2023-2026). Climate change and healthy aging: Co-creating e-

learning for resilience and adaptation. (chAnGE). Faculty of Human Kinetics,

University of Lisbon. Supervisor: Carnide, F. Funding institution: European

Commission; Grant number: ERASMUS-EDU-2022-PI-ALL-INNO; Funding in €:

66636€.

2. A. Giladi. (2025-2026). Health literacy mediates internet use and well-being

among older European adults: A longitudinal analysis from the SHARE study.

Faculty of Human Kinetics, University of Lisbon. Supervisor: Marques, A.

Funding institution: Without funding.

3. G. Alhussein. (2024-2026). AI-PROGNOSIS: Leveraging artificial intelligence for Parkinson's disease risk assessment and prognosis. Faculty of Human Kinetics, University of Lisbon. Supervisor: Dias, S. B. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: FMH-2023-3359; Funding in €: 31944.36€.
4. H. Amaro. (2024-2026). Psychedelics and health behavior change. Faculty of Human Kinetics, University of Lisbon. Supervisor: Teixeira, P. J. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: UIDP/00447/2022; Funding in €: 65436€.
5. H. Brito. (2025-2026). Improving performance in football using virtual reality tools. Faculty of Human Kinetics, University of Lisbon. Supervisor: Araújo, D. Funding institution: DAS - Apollo Virtual Reality; Grant number: 4100005091; Funding in €: 12000€.
6. J. Encantado. (2021-2027). Psychedelics and health behavior change. Faculty of Human Kinetics, University of Lisbon. Supervisor: Teixeira, P. J. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: UIDP/00447/2020; Funding in €: 65436€.
7. J. Santos. (2025-2027). Exploring the interplay between depression, muscle health, cognitive function, health behaviors, and mortality among adults and older adults using the SHARE database. Faculty of Human Kinetics, University of Lisbon. Supervisor: Marques, A. Funding institution: Without funding.

8. L. Prochazkova. (2024-2026). Psychedelics and health behavior change. Faculty of Human Kinetics, University of Lisbon. Supervisor: Teixeira, P. J. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: UIDP/00447/2021; Funding in €: 65436€.
9. N. Shtainmetz. (2025-2026). A bitter cycle: Exploring the relationship between diabetes, depression, and sleep disturbance among older adults in Europe. Faculty of Human Kinetics, University of Lisbon. Supervisor: Marques, A. Funding institution: Without funding.
10. P. Saveca. (2024-2026). Saúde mental e competências psicológicas em atletas moçambicanos de alto nível. Faculty of Human Kinetics, University of Lisbon. Supervisor: Araújo, D. Funding institution: Without funding.
11. R. Santos-Rocha. (2024-2026). Promoção do estilo de vida ativo e saudável durante a gravidez: Impacto na saúde e condição física materna. Faculty of Human Kinetics, University of Lisbon. Supervisor: Fragoso, I. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 2023.14896.PEX; Funding in €: 50000€.
12. S. Ramos. (2024-2027). Métodos de predição da altura adulta em jovens basquetebolistas. Faculty of Human Kinetics, University of Lisbon. Supervisor: Fragoso, I. Funding institution: Without funding.
13. T. Cabrita. (2003-2027). Estudo da identidade atlética nos processos de transição de carreira desportiva na relação com a continuidade do self. Faculty

of Human Kinetics, University of Lisbon. Supervisor: Rosado, A. Funding institution: Without funding.

14. V. de Oliveira. (2025-2027). Digital well-being in the sports context: Relationships between athletes' usage habits and coaches' perceptions. Faculty of Human Kinetics, University of Lisbon. Supervisor: Rosado, A. Funding institution: Without funding.
15. Y. Ricardo. (2025-2026). Atividade física, estado nutricional e saúde mental em estudantes universitários. Faculty of Human Kinetics, University of Lisbon. Supervisor: Marques, A. Funding institution: Without funding.

Doctoral Theses

Concluded

1. A. Cheillan. (2021-2025). Improving postural stability after lower limb injury through joint action [PhD in Human Kinetics, specializing in Motor Behaviour]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Passos, P. Funding institution: European Commission; Grant number: H2020-MSCA-ITN-2020. International PhD: Yes. Sector: Other. Classification: Approved. Number of publications: 3.
2. A. Nitz. (2020-2025). Efeitos de um programa de exercício físico na aptidão física, estresse, ansiedade e qualidade de vida em adolescentes com paralisia cerebral [PhD in Sport Sciences, specializing in Special Educational Needs - Adapted Physical Activity]. Faculty of Sport Sciences and Physical Education, Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

- University of Coimbra. Supervisor: Campos, M., & Ferreira, J. P. Funding institution: Without funding. International PhD: No. Sector: Public sector. Classification: Magna Cum Laude. (Very Good). Number of publications: 3.
3. C. Soares. (2020-2025). Lifelong sport: Cellular and molecular mechanisms underlying documented decreases in cancer risk [PhD in Sport Sciences, specializing in Physical Activity and health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Teixeira, A. Co-supervisor: Sarmiento, H. Funding institution: Without funding. International PhD: No. Sector: Academia. Classification: Summa Cum Laude. (Excellent/Outstanding). Number of publications: 1.
 4. D. Carrilho. (2018-2025). Sport teams' synergic behaviour: Integrating its measures in football [PhD in Human Kinetics, specializing in Sports Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Araújo, D. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: UI/BD/151303/2021; Funding in €: 60000€. International PhD: No. Sector: Academia. Classification: Summa Cum Laude. (Excellent/Outstanding). Number of publications: 4.
 5. D. Rodriguez. (2021-2025). Identificación y desarrollo de talentos en atletas olímpicos colombianos: Un enfoque mixto [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Sarmiento, H. Co-Supervisor: Figueiredo, A. J. Funding institution: Without funding. International PhD: Yes. Sector: Academia.

Classification: Summa Cum Laude. (Excellent/Outstanding). Number of publications: 3.

6. E. Gonçalves. (2016-2025). Soccer match analysis: A multidimensional study of the development process of youth players [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Sarmento, H. Supervisor: Figueiredo, A. J. Funding institution: Without funding. International PhD: No. Sector: Academia.

Classification: Magna Cum Laude. (Very Good). Number of publications: 4.

7. F. Abreu. (2020-2025). Delaying and reversing frailty through low-volume resistance training [PhD in Human Kinetics, specializing in Physical Activity and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Baptista, F. Funding institution: Without funding. International PhD: No. Sector: Academia.

Classification: Magna Cum Laude. (Very Good). Number of publications: 2.

8. F. Guedes. (2019-2025). Promoção de ambientes favoráveis ao bem-estar e ao desenvolvimento pessoal, social e académico dos alunos através do aumento das sinergias professores–pais–alunos [PhD in Education, specializing in Health Education]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Marques, A. Funding institution: Without funding. International PhD: No. Sector: Academia.

Classification: Magna Cum Laude. (Very Good). Number of publications: 6.

9. F. Jesus. (2021-2025). Changes in water turnover in athletes: Bridging the gap between methodology and practical insights [PhD in Human Kinetics,

Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

specializing in Physical Activity and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Silva, A. M. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20217122.BD; Funding in €: 75124.33€. International PhD: No. Sector: Academia. Classification: Summa Cum Laude. (Excellent/Outstanding). Number of publications: 3.

10. G. Descamps. (2022-2025). Inclusion in judo: Perceptions of judo teachers toward inclusion for participants with neurodevelopmental disorders [PhD in Sport Sciences, specializing in Special Educational Needs - Adapted Physical Activity]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Massart, A. Supervisor: Campos, M. Funding institution: Without funding. International PhD: No. Sector: Other. Classification: Summa Cum Laude. (Excellent/Outstanding). Number of publications: 4.
11. H. Sousa. (2021-2025). Os efeitos da substituição do treinador de futebol profissional no perfil de atividade dos jogadores em treino e competição [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Sarmento, H. Funding institution: Without funding. International PhD: No. Sector: Academia. Classification: Approved. Number of publications: 4.
12. J. Sarajärvi. (2018-2025). Header skill in football: From linear to complex analysis [PhD in Human Kinetics, specializing in Sports Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Volossovitch, A. Funding institution: Jenny and Antti Wihuri Foundation; Football Foundation; Funding in Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

€: 14500€. International PhD: No. Sector: Academia. Classification: Magna Cum Laude. (Very Good). Number of publications: 2.

13. L. C. Carvalho. (2021-2025). Active, healthy living and psychedelic experiences [PhD in Human Kinetics, specializing in Physical Activity and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Teixeira, P. J. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: UI/BD/151344/2021; Funding in €: 57252.72€. International PhD: No. Sector: Academia. Classification: Magna Cum Laude. (Very Good). Number of publications: 3.

14. L. Meirini. (2020-2025). Effects of therapeutic exercise in elderly people with nonspecific low back pain in northern Brazil: A randomized clinical trial [PhD in Sport Sciences, specializing in Physical Activity and health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Teixeira, A. Funding institution: Without funding. International PhD: Yes. Sector: Academia. Classification: Cum Laude. (Good). Number of publications: 0.

15. L. Picardo. (2022-2025). Formação inicial e competências dos professores de Educação Física numa perspetiva inclusiva em Moçambique: Uma proposta de revisão curricular [PhD in Sport Sciences, specializing in Special Educational Needs - Adapted Physical Activity]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Campos, M. Funding institution: Without funding. International PhD: No. Sector: Academia. Classification: Magna Cum Laude. (Very Good). Number of publications: 3.

16. L. Sanca. (2021-2025). The prevalence of diabetes and its risk factors in Guinea-Bissau: A population study [PhD in Sport Sciences, specializing in Physical Activity and health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Co-supervisor: Teixeira, A. Funding institution: Without funding. International PhD: Yes. Sector: Academia. Classification: Cum Laude. (Good). Number of publications: 3.
17. M. Almeida. (2021-2025). Prevalence of work-related musculoskeletal disorders in dentist students and its relationship with motor control impairments of the cervicothoracic spine [PhD in Human Kinetics, specializing in Motor Behaviour]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Oliveira, R. Funding institution: Without funding. International PhD: No. Sector: Academia. Classification: Cum Laude. (Good). Number of publications: 6.
18. M. Fonseca. (2020-2025). Depressão, problemas interpessoais, resiliência e autorregulação em mulheres [PhD in Education, specializing in Health Education]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Marques, A. Funding institution: Without funding. International PhD: No. Sector: Academia. Classification: Summa Cum Laude. (Excellent/Outstanding). Number of publications: 6.
19. M. Gomes. (2021-2025). Interference of endurance training on strength development and neuromuscular adaptations [PhD in Human Kinetics, specializing in Motor Behaviour]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Mendonça, G. V. Funding institution: Fundação para a Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Ciência e a Tecnologia; Grant number: 20209812.BD; Funding in €: 65590.56€.

International PhD: No. Sector: Academia. Classification: Summa Cum Laude.

(Excellent/Outstanding). Number of publications: 3.

20. M. Oliveira. (2021-2025). Efeito do incremento da atividade física controlada e

da educação nutricional em meio escolar na redução do excesso de peso e

obesidade [PhD in Education, specializing in Health Education]. Faculty of

Human Kinetics, University of Lisbon. Supervisor: Marques, A. Funding

institution: Without funding. International PhD: No. Sector: Academia.

Classification: Cum Laude. (Good). Number of publications: 0.

21. M. Pereira. (2022-2025). Learning, motor control, and neuromuscular structures

in Pilates: Analysis of trunk stabilization in experienced versus inexperienced

practitioners [PhD in Sport Sciences, specializing in Sports Training]. Faculty of

Sport Sciences and Physical Education, University of Coimbra. Supervisor: Vaz,

V. Funding institution: Without funding. International PhD: No. Sector: Public

sector. Classification: Summa Cum Laude. (Excellent/Outstanding). Number of

publications: 5.

22. M. Ricardy. (2021-2025). Análise do comportamento fora do treino de jovens

futebolistas em início de especialização desportiva [PhD in Sport Sciences,

specializing in Sports Training]. Faculty of Sport Sciences and Physical

Education, University of Coimbra. Co-supervisor: Figueiredo, A. J. Funding

institution: Without funding. International PhD: No. Sector: Academia.

Classification: Magna Cum Laude. (Very Good). Number of publications: 2.

23. R. Freitas. (2018-2025). Defensive transitions: Factors influencing their effectiveness in high-performance football [PhD in Human Kinetics, specializing in Sports Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Volossovitch, A. Funding institution: Without funding. International PhD: No. Sector: Academia. Classification: Magna Cum Laude. (Very Good). Number of publications: 4.
24. T. Fernandes. (2023-2025). Impacto da atividade física nos níveis plasmáticos de sHLA-G em diferentes ambientes de hipóxia em convalescentes da COVID-19 [PhD in Human Kinetics, specializing in Exercise Physiology; Program in Rehabilitation and Functional Performance, Physical Education]. Faculty of Human Kinetics, University of Lisbon; Faculty of Medicine, University of São Paulo. Co-supervisor: Monteiro, C. P. Funding institution: CAPES; Grant number: 57/2022. International PhD: Yes. Sector: Academia. Classification: Summa Cum Laude. (Excellent/Outstanding). Number of publications: 0.

Ongoing

1. A. Alves. (2024-2027). Innovative AI-driven digital biomarkers for Parkinson's disease motor and cognitive assessment [PhD in Human Kinetics, specializing in Rehabilitation]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Dias, S. B. Funding institution: Faculty of Human Kinetics, University of Lisbon; Grant number: FMH-2023-3356; Funding in €: 11719.95€. International PhD: Yes. Sector: Academia.

2. A. Amaro. (2019-2026). Controlo motor e visão no lançamento de basquetebol [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Gomes, B. B. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20235546.BD; Funding in €: 55581.96€. International PhD: No. Sector: Academia.
3. A. Baptista. (2025-2029). Internal and external load monitoring strategies: Peak game demands as the missing piece in football [PhD in Human Kinetics, specializing in Exercise Physiology]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Reis, J. F. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20251396.BDANA; Funding in €: 73800€. International PhD: No. Sector: Sports organization.
4. A. Bernardino. (2025-2028). Effects of combined vs. resistance training on quality of life and other cancer-related biomarkers: A 4-month randomized controlled trial in breast cancer patients undergoing chemotherapy [PhD in Human Kinetics, specializing in Physical Activity and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Silva, A. M. Co-supervisor: Francisco, R. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20252275.BD; Funding in €: 62862.72€. International PhD: No. Sector: Academia.
5. A. C. Félix. (2023-2027). Avaliação da eficácia de um programa de exercício físico home-based. (HEARTKID) em crianças com cardiopatia congénita: Um Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

ensaio clínico controlado e aleatorizado [PhD in Human Kinetics, specializing in Physical Activity and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Santa-Clara, H. Funding institution: Without funding. International PhD: No. Sector: Academia.

6. A. Carvalho. (2020-2026). Kinematic prognostic factors of function in older adults after hip fracture [PhD in Human Kinetics, specializing in Biomechanics]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Moniz-Pereira, V. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20207958.BD; Funding in €: 59666.88€. International PhD: Yes. Sector: Academia.
7. A. Carvalho. (2021-2026). Self-regulation of learning in sport practices: An ecological dynamics approach [PhD in Human Kinetics, specializing in Sports Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Araújo, D. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: UI/BD.20219052; Funding in €: 59460€. International PhD: No. Sector: Academia.
8. A. Caseiro. (2021-2028). Sports technique: How to take advantage of movement variability? [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Gomes, B. B. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20240524.BD; Funding in €: 79417.12€. International PhD: No. Sector: Academia.

9. A. D. Gonçalves. (2021-2026). Faculty of Human Kinetics, University of Lisbon.
Supervisor: Mendonça, G. V. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20208728.BD; Funding in €: 62862.72€. International PhD: No. Sector: Academia.
10. A. Fitas. (2022-2027). Faculty of Human Kinetics, University of Lisbon.
Supervisor: Mendonça, G. V. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20232063.BD; Funding in €: 62862.72€. International PhD: No. Sector: Academia.
11. A. M. Aboarrage Junior. (2022-2026). O impacto do treino de hidroginástica nas variáveis da aptidão física e funcionais de pessoas idosas [PhD in Human Kinetics, specializing in Exercise Physiology]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Yázigí, F. Funding institution: Without funding. International PhD: No. Sector: Academia.
12. A. P. Sequeira. (2023-2027). Efeitos de um programa de exercício físico multicomponente na função cardiorrespiratória, funcionalidade e estado de saúde de pessoas idosas com doença do interstício pulmonar: Estudo randomizado controlado [PhD in Human Kinetics, specializing in Physical Activity and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Santa-Clara, H. Funding institution: Without funding. International PhD: No. Sector: Academia.
13. A. Pedrosa. (2021-2026). Effect of lifelong exercise on the immune system and prevention of colon cancer: Role of mitochondria [PhD in Sport Sciences, Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

- specializing in Physical Activity and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Teixeira, A. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20217220.BD; Funding in €: 65900€. International PhD: No. Sector: Academia.
14. A. Segueida. (2024-2027). Core strength training and physical performance of professional female football players [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Barrera-Díaz, J. Funding institution: Without funding. International PhD: Yes. Sector: Sports organization.
15. A. Vieira. (2026-2030). “Mais saúde, menos diabetes”: Educational and exercise program for type 2 diabetes prevention: A digital and in-person hybrid randomized controlled trial [PhD in Human Kinetics, specializing in Physical Activity and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Magalhães, J. P. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20255875.BD; Funding in €: 62862.72€. International PhD: No. Sector: Academia.
16. A. Vilela. (2024-2027). Perceções dos treinadores e psicólogos de futebol profissional portugueses relativamente aos serviços de psicologia do desporto [PhD in Human Kinetics, specializing in Psychology of Sport and Exercise]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Rosado, A. Funding institution: Without funding. International PhD: No. Sector: Academia.

17. B. Keshtkarhesamabadi. (2024-2028). The assessment of boys' biological maturation through skeletal age and voice change in Portuguese children and adolescents aged 8–17 years [PhD in Human Kinetics, specializing in Exercise Physiology]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Fragoso, I. Co-supervisor: Coelho-e-Silva, M. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20242110.BD; Funding in €: 62262€. International PhD: No. Sector: Public sector.
18. B. Martins-Ferreira. (2025-2029). Crescimento, maturação biológica, composição corporal e estrutura cardíaca [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Coelho-e-Silva, M. Funding institution: Without funding. International PhD: No. Sector: Academia.
19. B. Queirós. (2019-2026). Atividade física e qualidade de vida na artrite reumatoide associadas aos principais marcadores inflamatórios [PhD in Human Kinetics, specializing in Rehabilitation]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Espanha, M. Funding institution: Without funding. International PhD: No. Sector: Academia.
20. C. Andrade. (2023-2026). Estudo da resiliência, robustez mental e relação treinador–atleta na prática do alto rendimento em ginástica rítmica [PhD in Human Kinetics, specializing in Psychology of Sport and Exercise]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Rosado, A. Funding institution: Without funding. International PhD: No. Sector: Academia.

21. C. Bajanca. (2020-2026). The influence of match intensity on team dynamics in women's football: An ecological dynamics perspective [PhD in Human Kinetics, specializing in Sports Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Araújo, D. Funding institution: Without funding. International PhD: No. Sector: Sports organization.
22. C. Cruz. (2024-2028). Influence of parental risk tolerance for risky play and infants' opportunities for movement on motor development in early childhood [PhD in Human Kinetics, specializing in Motor Behaviour]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Cordovil, R. Funding institution: Without funding. International PhD: No. Sector: Academia.
23. C. Cunha. (2019-2026). Efeito do treino de Racerunner em jovens e adultos com paralisia cerebral [PhD in Human Kinetics, specializing in Biomechanics]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Vieira, F. Funding institution: Without funding. International PhD: No. Sector: Academia.
24. C. Escalda. (2020-2026). Comparative biomechanical study of lower limb intersegmental coupling during stance phase in children with cerebral palsy and typically developed children [PhD in Human Kinetics, specializing in Biomechanics]. Faculty of Human Kinetics, University of Lisbon. Co-supervisor: Cabral, S. Funding institution: Without funding. International PhD: No. Sector: Academia.
25. C. Leão Cunha. (2019-2026). Efeito do treino de Racerunner em jovens e adultos com paralisia cerebral [PhD in Human Kinetics, specializing in Biomechanics]. Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Faculty of Human Kinetics, University of Lisbon. Co-supervisor: João, F. Funding institution: Without funding. International PhD: No. Sector: Academia.

26. C. Maia. (2024-2028). Estilo de vida, obesidade e saúde mental na adolescência: O impacto a longo prazo do sedentarismo, da alimentação processada e dos hábitos de sono [PhD in Sport Sciences, specializing in Physical Activity and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Machado-Rodrigues, A. M. Funding institution: Without funding. International PhD: No. Sector: Academia.
27. C. Rosa. (2025-2028). Strategies to optimize hypoxic training in elite athletes [PhD in Human Kinetics, specializing in Exercise Physiology]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Reis, J. F. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20246728.BDANA; Funding in €: 73800€. International PhD: No. Sector: Sports organization.
28. C. Tavares. (2021-2027). Determinação de fatores de risco e de testes para rastreio de lesão do ligamento cruzado anterior em jogadores profissionais de futebol masculino [PhD in Human Kinetics, specializing in Biomechanics]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Cabral, S. Funding institution: Without funding. International PhD: No. Sector: Academia.
29. D. Braz. (2025-2026). Passion, motivation regulation, and satisfaction with life in young footballers [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra.

Supervisor: Sarmento, H. Funding institution: Without funding. International PhD: Yes. Sector: Academia.

30. D. Carlos. (2023-2026). Digital intervention with a virtual human coach: Type I hybrid randomized controlled trial to evaluate the effect on abdominal obesity and risk of type 2 diabetes mellitus in high-risk adults [PhD in Human Kinetics, specializing in Physical Activity and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Santa-Clara, H. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20222969.PTDC; Funding in €: 59666.88€. International PhD: No. Sector: Academia.
31. D. Curto. (2022-2026). Effects of innovative “living low–training high” methods on performance and physiological responses in well-trained swimmers [PhD in Human Kinetics, specializing in Exercise Physiology]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Reis, J. F. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20216478.BD; Funding in €: 73800€. International PhD: No. Sector: Academia.
32. D. Moço. (2022-2027). Can physical performance and biomechanical factors predict low back pain recurrence? [PhD in Human Kinetics, specializing in Biomechanics]. Faculty of Human Kinetics, University of Lisbon. Co-supervisor: Moniz-Pereira, V. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: PRT/BD/154541/2023; Funding in €: 61262.88€. International PhD: No. Sector: Academia.

33. D. Santos. (2022-2027). Efeitos da aplicação do biofeedback eletromiográfico na reabilitação de sujeitos com lesão do ligamento cruzado anterior pré e pós-reconstrução: Estudo experimental, randomizado e controlado [PhD in Human Kinetics, specializing in Rehabilitation]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Oliveira, R. Funding institution: Without funding. International PhD: No. Sector: Academia.
34. D. Silva. (2019-2026). Personalized training service: Association between leadership styles, interpersonal interaction, and motivation [PhD in Human Kinetics, specializing in Psychology of Sport and Exercise]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Silva, D. Funding institution: Without funding. International PhD: No. Sector: Academia.
35. D. Silva. (2022-2026). Serviço de treino personalizado: Relações entre estilos de liderança e comunicação interpessoal na motivação do cliente/praticante [PhD in Human Kinetics, specializing in Psychology of Sport and Exercise]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Rosado, A. Funding institution: Without funding. International PhD: No. Sector: Academia.
36. D. Vieira. (2023-2026). Eficácia e segurança no uso de exoesqueletos para pescoço e membros superiores no desempenho e saúde em tarefas industriais [PhD in Human Kinetics, specializing in Biomechanics]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Carnide, F. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20235225.BDANA; Funding in €: 15715.68€. International PhD: No. Sector: Industry.

37. E. J. C. Roldão. (2020-2026). A força de prensão manual e a sua relação com a incapacidade funcional em contexto clínico [PhD in Human Kinetics, specializing in Rehabilitation]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Pascoal, A. G. Funding institution: Without funding. International PhD: No. Sector: Academia.
38. E. Oliveira. (2023-2027). A 4-month randomized controlled trial in type 2 diabetes patients: Comparing exercising during or after the hyperglycaemic peak on glycaemic control and mitochondrial bioenergetics [PhD in Human Kinetics, specializing in Physical Activity and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Magalhães, J. P. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20233530.BD; Funding in €: 61262.88€. International PhD: No. Sector: Academia.
39. F. Bonito. (2023-2027). Maturation profiling of Portuguese female adolescents and its implication on football practice in female youth [PhD in Human Kinetics, specializing in Exercise Physiology]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Fragoso, I. Co-supervisor: Coelho-e-Silva, M. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20235163.BD; Funding in €: 61663€. International PhD: No. Sector: Public sector.
40. F. Falcoski. (2023-2027). Meditation practice for empowering performance and well-being of elite swimmers: Effects on postural adjustment and active drag of sprinters [PhD in Human Kinetics, specializing in Sports Training]. Faculty of Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Human Kinetics, University of Lisbon. Supervisor: Araújo, D. Funding institution: Without funding. International PhD: No. Sector: Sports organization.

41. F. Faria. (2021-2026). The BREAK study: Effects of intermittent energy restriction on adaptive thermogenesis during weight loss and its maintenance [PhD in Clinical Nutrition]. Faculty of Nutritional Sciences and Food, University of Porto. Supervisor: Silva, A. M. Funding institution: Without funding. International PhD: No. Sector: Academia.

42. F. Feliz. (2024-2029). Associação da exposição física avaliada pelo REBA. (cumulativa vs. pontual) e prevalência de sintomatologia músculo-esquelética [PhD in Human Kinetics, specializing in Biomechanics]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Carnide, F. Co-supervisor: Moniz-Pereira, V. Funding institution: Without funding. International PhD: No. Sector: Academia.

43. F. Jerónimo. (2024-2027). Menstrual cycle and oral contraceptive use on muscle strength and health-related hydration in female athletes [PhD in Human Kinetics, specializing in Physical Activity and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Silva, A. M. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20245676.BD; Funding in €: 61262.88€. International PhD: No. Sector: Academia.

44. F. Jones. (2023-2027). Desenvolvimento e formação de jogadores de futebol de elite: Fatores psicológicos e a sua promoção ao longo do processo formativo numa academia de futebol [PhD in Human Kinetics, specializing in Psychology]. Faculdade de Motricidade Humana, Universidade de Lisboa | Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

of Sport and Exercise]. Faculty of Human Kinetics, University of Lisbon.

Supervisor: Rosado, A. Funding institution: Without funding. International PhD:

No. Sector: Academia.

45. F. L. P. Salles. (2020-2026). Reabilitação da cadeia cinética proximal–distal do membro superior em indivíduos com lesão no ombro com recurso a resistência elástica progressiva [PhD in Human Kinetics, specializing in Rehabilitation].

Faculty of Human Kinetics, University of Lisbon. Supervisor: Pascoal, A. G.

Funding institution: Without funding. International PhD: No. Sector: Academia.

46. F. Xara. (2024-2028). What guides goalkeepers' decisions and behaviors [PhD in Human Kinetics, specializing in Sports Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Volossovitch, A. Funding institution: Without funding. International PhD: No. Sector: Academia.

47. G. Castanha. (2024-2027). Faculty of Human Kinetics, University of Lisbon.

Supervisor: Cabral, S. Funding institution: Without funding. International PhD:

No. Sector: Academia.

48. H. Lopes. (2024-2029). Perception–action for intentionality in judo training and performance [PhD in Human Kinetics, specializing in Sports Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Araújo, D. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20251688.BD; Funding in €: 62832€. International PhD: No. Sector: Academia.

49. H. Ângelo. (2023-2026). The impact of a physical exercise program based on judo falls teaching on health and injury prevention in people with intellectual

Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

and developmental disabilities [PhD in Sport Sciences, specializing in Physical Activity and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Massart, A. Supervisor: Campos, M. Co-supervisor: Ferreira, J. P. Funding institution: Without funding. International PhD: No. Sector: Other.

50. I. Loutfi. (2022-2026). Characterization of transitions in football and gender differences [PhD in Human Kinetics, specializing in Sports Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Passos, P. Funding institution: Without funding. International PhD: No. Sector: Academia.

51. I. Moreira. (2025-2028). Contributos do desporto adaptado na promoção de competências de vida das pessoas com DID [PhD in Human Kinetics, specializing in Psychology of Sport and Exercise]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Rosado, A. Funding institution: Without funding. International PhD: No. Sector: Academia.

52. J. Celis-Moreno. (2023-2027). Skeletal maturation in youth males: Reproducibility of Greulich–Pyle, Tanner–Whitehouse, and Fels methods [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Coelho-e-Silva, M. Co-supervisor: Fragoso, I. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20232523.BD; Funding in €: 61663€. International PhD: No. Sector: Academia.

53. J. Gama. (2025-2028). Variabilidade e padrões de comportamento individual e coletivo em equipas profissionais de futebol [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Vaz, V. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20244417.BD; Funding in €: 62862.72€. International PhD: No. Sector: Academia.
54. J. M. Pereira. (2025-2030). Faculty of Human Kinetics, University of Lisbon. Co-supervisor: Yázigí, F. Funding institution: Without funding. International PhD: No. Sector: Academia.
55. J. Viola. (2023-2026). Effectiveness of a multimodal exercise using different variable resistance technologies on inflammatory markers and muscle fatigability in older adults at risk of sarcopenia [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Teixeira, A. Funding institution: Without funding. International PhD: No. Sector: Academia.
56. J. Violas. (2023-2027). Faculty of Sport Sciences and Physical Education, University of Coimbra. Co-supervisor: Machado-Rodrigues, A. M. Funding institution: Without funding. International PhD: No. Sector: Academia.
57. J. Viães. (2024-2027). Envolvimento parental no desporto: Estudo sobre as perspetivas dos treinadores [PhD in Human Kinetics, specializing in Psychology of Sport and Exercise]. Faculty of Human Kinetics, University of Lisbon.

Supervisor: Rosado, A. Funding institution: Without funding. International PhD:
No. Sector: Academia.

58. K. Akaalp. (2022-2027). Effects of exercise types on cognition: The mediating effects of aerobic and cognitive training on markers of neuroinflammation and neurogenesis [PhD in Sport Sciences, specializing in Physical Activity and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Teixeira, A. Co-supervisor: Ferreira, J. P. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20200738.BD; Funding in €: 65900€. International PhD: Yes. Sector: Academia.
59. L. Oliveira. (2025-2028). Perceção, competência aquática e risco de afogamento em crianças dos 6–10 anos: Impacto de diferentes métodos de ensino na prevenção do afogamento [PhD in Human Kinetics, specializing in Motor Behaviour]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Cordovil, R. Funding institution: Without funding. International PhD: No. Sector: Academia.
60. L. Tiago. (2023-2027). How skill and context shape decision-making in CrossFit® through pacing variability: An ecological dynamics approach [PhD in Human Kinetics, specializing in Sports Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Moreira, M. Funding institution: Without funding. International PhD: No. Sector: Academia.
61. L. Xiao. (2024-2029). A multilevel analysis of collective offensive off-ball behavior in elite football [PhD in Human Kinetics, specializing in Sports
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- Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Araújo, D.
Funding institution: Without funding. International PhD: No. Sector: Academia.
62. M. Bloch. (2024-2027). An ecological approach to motor competence in primary school children [PhD in Human Kinetics, specializing in Motor Behaviour].
Faculty of Human Kinetics, University of Lisbon. Supervisor: Cordovil, R. Funding institution: Without funding. International PhD: No. Sector: Academia.
63. M. Castella. (2025-2028). From evidence to prevention: A multiphase epidemiological and educational approach to ACL injury reduction in football [PhD in Human Kinetics, specializing in Biomechanics]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Veloso, A. P. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20252889.BDANA; Funding in €: 1320€. International PhD: No. Sector: Sports organization.
64. M. Cavaca. (2021-2026). Training load individualization in female soccer players [PhD in Human Kinetics, specializing in Exercise Physiology]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Valamatos, M. J. Funding institution: Without funding. International PhD: No. Sector: Academia.
65. M. Cidrais. (2024-2028). Faculty of Human Kinetics, University of Lisbon.
Supervisor: Mendonça, G. V. Funding institution: Faculty of Human Kinetics, University of Lisbon; Grant number: FMH-2024-1844; Funding in €: 62862.72€. International PhD: No. Sector: Academia.
66. M. Iglésias. (2024-2028). Promotion of physical fitness and knowledge in physical activity and health: An intervention program in Physical Education
Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

classes [PhD in Education, specializing in Health Education]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Marques, A. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20245426.BD; Funding in €: 62862.72€. International PhD: No. Sector: Academia.

67. M. Jardim. (2022-2028). Objective measure for assessing dynamic knee joint. (in)stability in patients after anterior cruciate ligament reconstruction. (ACLR) [PhD in Human Kinetics, specializing in Biomechanics]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Moniz-Pereira, V. Funding institution: Without funding. International PhD: No. Sector: Academia.

68. M. Lei. (2023-2027). Examining hamstring muscle biomechanics during strengthening exercises and realistic field movements: A markerless motion capture and EMG-driven musculoskeletal modelling approach [PhD in Human Kinetics, specializing in Biomechanics]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Veloso, A. P. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: UI/BD/154439/2022; Funding in €: 23760€. International PhD: No. Sector: Academia.

69. M. Louenço. (2023-2027). Chronic and acute adaptations in cardiovagal modulation and cardiorespiratory fitness in patients with coronary artery disease to a 12-week heart rate variability-guided training vs. traditional rehabilitation program [PhD in Human Kinetics, specializing in Physical Activity and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Santa-Clara, H. Funding institution: Fundação para a Ciência e a Tecnologia; Grant

number: 20241845.BD; Funding in €: 61262.88€. International PhD: No. Sector: Academia.

70. M. Mano. (2023-2027). Relevance of physical fitness markers in resilience to the effects of aromatase inhibitor hormone therapy in women with breast cancer [PhD in Human Kinetics, specializing in Physical Activity and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Baptista, F. Co-supervisor: Santa-Clara, H. Funding institution: Without funding. International PhD: No. Sector: Academia.

71. M. Marques. (2021-2026). Sarcopenia in apparently healthy children: Implications for body growth and physical development [PhD in Human Kinetics, specializing in Physical Activity and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Baptista, F. Funding institution: Without funding. International PhD: No. Sector: Academia.

72. M. Nicolau. (2024-2027). Durability in elite runners [PhD in Human Kinetics, specializing in Exercise Physiology]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Reis, J. F. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20233557.BD; Funding in €: 73800€. International PhD: No. Sector: Academia.

73. M. Ohlgart. (2025-2029). Motivational mechanisms underlying psychedelics use impacts on public health outcomes [PhD in Human Kinetics, specializing in Physical Activity and Health]. Faculty of Human Kinetics, University of Lisbon.

Supervisor: Teixeira, P. J. Funding institution: Without funding. International PhD: No. Sector: Academia.

74. M. Parvani. (2022-2027). The effects of lifelong exercise and acute progressive aerobic exercise on the mitochondrial–endoplasmic reticulum axis in PBMCs: Impact on inflammaging progression [PhD in Sport Sciences, specializing in Physical Activity and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Teixeira, A. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20232706.BD; Funding in €: 65900€. International PhD: Yes. Sector: Academia.
75. M. Pimenta. (2024-2028). O impacto de dois protocolos de exercício físico na composição corporal, microbiota intestinal e performance física em adultos submetidos a cirurgia bariátrica [PhD in Sport Sciences, specializing in Physical Activity and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Baptista, L. C. Funding institution: Without funding. International PhD: Yes. Sector: Academia.
76. M. Pinheiro. (2024-2028). Preventing injuries in combat sports: What athletes and coaches think [PhD in Human Kinetics, specializing in Sports Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Pinheiro, M. Funding institution: Without funding. International PhD: No. Sector: Academia.
77. M. Preto. (2022-2027). Workplace exercise intervention to enhance physical activity counseling in primary health care [PhD in Education, specializing in Health Education]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Marques, A. Co-supervisor: Peralta, M. Funding institution: Without funding.
International PhD: No. Sector: Academia.

78. M. Resende. (2016-2026). Study of hydration patterns in athletes [PhD in Sport Sciences, specializing in Sport Training Nutrition]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Massart, A. Funding institution: Without funding. International PhD: No. Sector: Other.

79. N. Aguilera. (2024-2028). Integration of pre-field strength training in professional football: Physiological cost, recovery strategies, and practical perspectives [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Barrera-Díaz, J. Funding institution: Without funding. International PhD: Yes. Sector: Sports organization.

80. N. Gruska. (2023-2027). Effect of seasonality and environmental conditions [PhD in Sport Sciences, specializing in Sport Training Nutrition]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Co-supervisor: Massart, A. Funding institution: Without funding. International PhD: No. Sector: Other.

81. N. Tavares. (2024-2027). Segurança psicológica: Determinantes e consequências no bem-estar e na performance de jogadores de futebol profissionais [PhD in Human Kinetics, specializing in Psychology of Sport and Exercise]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Rosado,

A. Funding institution: Without funding. International PhD: No. Sector: Academia.

82. P. Antunes. (2024-2027). The impact of fixture congestion on elite football players' load and recovery [PhD in Human Kinetics, specializing in Exercise Physiology]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Reis, J.

F. Funding institution: Without funding. International PhD: Yes. Sector: Sports organization.

83. P. Cardoso. (2022-2026). Acceleration–speed profile in an elite soccer academy [PhD in Human Kinetics, specializing in Exercise Physiology]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Reis, J. F. Funding institution: Without funding. International PhD: Yes. Sector: Sports organization.

84. P. Ghasemi. (2024-2028). O efeito de 16 semanas de uma intervenção com walking football em marcadores de inflamação, saúde e desempenho funcional em adultos com esclerose múltipla [PhD in Sport Sciences, specializing in Physical Activity and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Baptista, L. C. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20242306.BD; Funding in €: 70500€. International PhD: Yes. Sector: Academia.

85. P. Mendes. (2025-2027). Performance on a plate: The impact of nutrition services in Portugal's top football divisions [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University

of Coimbra. Co-supervisor: Massart, A. Funding institution: Without funding.

International PhD: No. Sector: Other.

86. P. Santos. (2022-2027). Swimming pattern analyses in usual tasks during competitive swimming training: Kinetic and kinematic changes determined by partial distance [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Co-supervisor: Gomes, B. B. Funding institution: Without funding. International PhD: No. Sector: Academia.

87. P. Valente. (2021-2026). Identification and validation of novel machine learning-based markers in sports physiology and medicine [PhD in Sport Sciences, specializing in Physical Activity and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Co-supervisor: Teixeira, A. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20216848.BD; Funding in €: 65900€. International PhD: No. Sector: Academia.

88. P. Vigário. (2024-2028). A ciclista adolescente: Crescimento, maturação e composição corporal funcional [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Coelho-e-Silva, M. Funding institution: Without funding. International PhD: No. Sector: Academia.

89. R. Alves. (2019-2026). Analysis of offensive networks in the dynamics of a professional football team [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Coimbra. Supervisor: Vaz, V. Funding institution: Without funding. International PhD: No. Sector: Academia.

90. R. Azevedo. (2024-2028). Capacidade funcional, exposição física e atividade física em trabalhadores administrativos [PhD in Human Kinetics, specializing in Biomechanics]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Carnide, F. Co-supervisor: Moniz-Pereira, V. Funding institution: Without funding. International PhD: No. Sector: Academia.

91. R. Baptista. (2014-2025). The male adolescent basketball player: Anaerobic performance, metabolic fitness, and readiness [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Coelho-e-Silva, M. Funding institution: Without funding. International PhD: No. Sector: Academia.

92. R. Carvalho. (2021-2026). Constraints associated with success or failure in the transition from junior to senior in athletics [PhD in Human Kinetics, specializing in Sports Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Araújo, D. Funding institution: Without funding. International PhD: No. Sector: Academia.

93. R. Costa. (2020-2025). Functional body composition in female adult rugby [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Coelho-e-Silva, M. Funding institution: Without funding. International PhD: No. Sector: Academia.

94. R. Lopes. (2021-2027). Literacia em saúde, burnout e comportamentos do movimento nos enfermeiros portugueses: Necessidades de intervenção [PhD in Education, specializing in Health Education]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Peralta, M. Funding institution: Without funding. International PhD: No. Sector: Academia.
95. R. Mateus. (2021-2026). Computational modeling approach to study knee soft-tissue loading patterns and injury mechanisms in elite athletes [PhD in Human Kinetics, specializing in Biomechanics]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Veloso, A. P. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20207356.BD; Funding in €: 63360€. International PhD: Yes. Sector: Academia.
96. R. Netas. (2023-2029). Skill acquisition and task representativeness in dry land training for aerial surfing manoeuvres: An ecological dynamics perspective [PhD in Human Kinetics, specializing in Sports Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Moreira, M. Funding institution: Without funding. International PhD: No. Sector: Academia.
97. R. Riachos. (2024-2028). Realidade virtual na intervenção da sarcopenia: Comparação entre dois tipos de exercício físico [PhD in Sport Sciences, specializing in Physical Activity and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Baptista, L. C. Funding institution: Without funding. International PhD: No. Sector: Academia.

98. S. Ataíde. (2023-2027). Multicomponent exercise in individuals with autism spectrum disorder: Impact on physical fitness, cognitive function, anxiety, quality of life, and health [PhD in Sport Sciences, specializing in Special Educational Needs - Adapted Physical Activity]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Ferreira, J. P. Supervisor: Campos, M. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20256148.BD; Funding in €: 62856€. International PhD: No. Sector: Other.
99. S. Bravo. (2024-2027). Determinantes da resiliência no futebol de elite [PhD in Human Kinetics, specializing in Psychology of Sport and Exercise]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Rosado, A. Funding institution: Without funding. International PhD: No. Sector: Academia.
100. S. Ferreira. (2018-2027). Female football: Exploring team synergies using machine learning techniques [PhD in Human Kinetics, specializing in Sports Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Araújo, D. Funding institution: Without funding. International PhD: No. Sector: Sports organization.
101. S. Flora. (2021-2026). Effectiveness of a personalised mHealth platform integrated into pulmonary rehabilitation to increase physical activity in patients with COPD [PhD in Human Kinetics, specializing in Physical Activity and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Baptista, F. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number:
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20206954.BD; Funding in €: 59666.88€. International PhD: No. Sector: Academia.

102. S. Lis. (2024-2027). Development of a field protocol for the ecological assessment of anterior cruciate ligament injury risk factors [PhD in Human Kinetics, specializing in Biomechanics]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Cabral, S. Co-supervisor: Veloso, A. P. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20243647.BD; Funding in €: 15840€. International PhD: No. Sector: Academia.
103. S. Nosrani. (2022-2026). Effect of circuit training on circulating mediators of inflammation, oxidative stress, apoptosis, growth factors, and muscle miRNAs in older adults at risk of sarcopenia [PhD in Sport Sciences, specializing in Physical Activity and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Teixeira, A. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: UI/BD/154331/2023; Funding in €: 65900€. International PhD: Yes. Sector: Academia.
104. S. Oliveira. (2024-2027). Anterior cruciate ligament injuries among elite female football players [PhD in Human Kinetics, specializing in Biomechanics]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Veloso, A. P. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20240634.BDANA; Funding in €: 15840€. International PhD: No. Sector: Sports organization.

105. S. Rezaei. (2023-2027). Combined exercise and taurine supplementation on sarcopenia prevention and management: Impact on functional abilities, neuromuscular function, and markers of muscle growth and neurogenesis [PhD in Sport Sciences, specializing in Physical Activity and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Teixeira, A. Co-supervisor: Gomes, B. B. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20244256.BD; Funding in €: 68500€. International PhD: Yes. Sector: Academia.
106. S. Rezaei. (2024-2027). Impact of constraints on hydration programs during the training session [PhD in Sport Sciences, specializing in Physical Activity and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Co-supervisor: Massart, A. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20244256.BD; Funding in €: 471474€. International PhD: No. Sector: Other.
107. S. Takesh. (2024-2028). The impact of a three-month multicomponent exercise program on cognitive function, gut microbiome, and inflammation in older adults with mild cognitive impairment [PhD in Sport Sciences, specializing in Physical Activity and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Baptista, L. C. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20254988.BD; Funding in €: 70500€. International PhD: Yes. Sector: Academia.

108. T. Luz. (2019-2026). Atividade física e qualidade de vida de estudantes universitários brasileiros [PhD in Sport Sciences, specializing in Physical Activity and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Co-supervisor: Baptista, L. C. Funding institution: Without funding. International PhD: Yes. Sector: Academia.
109. T. Novo. (2023-). Effect of adjuvant hydration status protocols on cognitive and physical performance in primary and secondary school students [PhD in Sport Sciences, specializing in Sport Training Nutrition]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Massart, A. Funding institution: Without funding. International PhD: No. Sector: Other.
110. T. Ponciano. (2019-2026). Efeitos agudos da mobilização da fáscia toracolombar na rigidez, estabilidade postural e atividade mioelétrica da marcha em mulheres pré e pós-menopausa [PhD in Human Kinetics, specializing in Biomechanics]. Faculty of Human Kinetics, University of Lisbon. Supervisor: João, F. Funding institution: Without funding. International PhD: No. Sector: Academia.
111. T. Ribeiro. (2022-2026). School-based intervention to promote physical activity in families [PhD in Human Kinetics, specializing in Physical Activity and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Marques, A. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20233976.BD; Funding in €: 62862.72€. International PhD: No. Sector: Academia.

112. V. Costa. (2025-2029). Faculty of Human Kinetics, University of Lisbon.
Supervisor: Yázigí, F. Funding institution: Without funding. International PhD:
No. Sector: Academia.
113. Á. Lorca. (2025-2027). Core strength training and physical performance of professional female football players [PhD in Sport Sciences, specializing in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Sarmento, H. Funding institution: Without funding.
International PhD: Yes. Sector: Academia.

Master's Dissertations

Concluded

1. A. Bica. (2023-2025). Análise da influência das transições ofensivas em variáveis coletivas no futebol [MSc in Football]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Passos, P. Funding institution: Without funding.
2. A. C. Costa. (2024-2025). A associação entre a atividade física habitual, a aptidão cardiorrespiratória e o bem-estar em adolescentes [MSc in Physical Education]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Machado-Rodrigues, A. M. Funding institution: Without funding.
3. A. Jorge. (2024-2025). Associação entre os hábitos de sono, as diversas formas de sedentarismo e a adiposidade dos alunos da EB 2,3 de Poiães [MSc in Physical Education]. Faculty of Sport Sciences and Physical Education, Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

University of Coimbra. Supervisor: Machado-Rodrigues, A. M. Funding institution: Without funding.

4. A. Lima. (2024-2025). Mixed martial arts performance assessment test: The case of jiu-jitsu [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Lima, A. Funding institution: Without funding.
5. A. Lopes. (2024-2025). A associação entre o sedentarismo e o estatuto ponderal de adolescentes do ensino básico e secundário do concelho de Vila Nova de Poiares [MSc in Physical Education]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Machado-Rodrigues, A. M. Funding institution: Without funding.
6. A. Lopes. (2021-2025). Osteoartrose e a autogestão da dor: Intervenção no programa livre de educação e exercício na osteoartrose. (PLE2NO) [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Espanha,. Funding institution: Without funding. Classification: 16.
7. A. N. S. Cahebo. (2024-2025). Effects of circuit and traditional resistance training on body recomposition in elderly women [MSc in Exercise and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Ribeiro, A. S. Funding institution: Without funding. Classification: 16.
8. A. Neutel. (2025-2025). Rehabilitation strength variability after ACL reconstruction: A scoping review [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Valamatos, M. J. Funding institution: Without funding. Classification: 15.

9. A. Rangel. (2022-2025). Como pode a frequência da passada influenciar os fatores de risco para a síndrome da banda iliotibial em atletas femininas de trail? [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Cabral, S. Funding institution: Without funding. Classification: 17.
10. A. S. Costa. (2024-2025). Consumo de alimentos ultraprocessados, bem-estar e percepção do peso e da saúde em adolescentes [MSc in Physical Education]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Machado-Rodrigues, A. M. Funding institution: Without funding.
11. A. Texeira-Canguali. (2023-2025). Assessing reactive agility with reaction lights: New technical aids, new tests [MSc in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Texeira-Canguali, A. Funding institution: Without funding. Classification: 19.
12. A. Vieira. (2023-2025). Effect of morning, afternoon, and evening high-intensity interval training on glycaemic control in people with type II diabetes [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Magalhães, J. P. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: 20228130.PTDC; Funding in €: 870€. Classification: 19.
13. C. Chambel. (2023-2025). Anthropometry, body composition, and physical performance in futsal players at different moments of the sports season [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon.

Supervisor: Monteiro, C. P. Funding institution: Without funding. Classification:

15.

14. D. Pereira. (2023-2025). Sustainable technologies for fall prevention in older adults: Assumptions for the development of a multifunctional platform [MSc in Exercise and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Co-supervisor: Teixeira, A. Funding institution: Without funding. Classification: 18.
15. E. Aveline. (2023-2025). Implicações de uma metodologia em cross-education numa tarefa de coordenação motora. (documento provisório) [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Passos, P. Funding institution: Without funding. Classification: 16.
16. E. Rosa. (2023-2025). Efeitos agudos de um protocolo de exercício funcional na rigidez arterial em adolescentes e jovens adultos com cardiopatia congénita cianótica: Estudo piloto [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Santa-Clara, H. Funding institution: Without funding. Classification: 14.
17. F. Pereira. (2024-2025). Impacto das tecnologias emergentes e intervenções cognitivas na recuperação emocional de atletas durante o processo de reabilitação de lesões desportivas [MSc in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Sarmiento, H. Funding institution: Without funding. Classification: 19.

18. F. Pinto. (2023-2025). Effects of acute fatigue on the functional performance of basketball players [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Ferreira, A. P. Funding institution: Without funding. Classification: 19.
19. F. Rochinha. (2024-2025). A relação da prática física e desportiva com o suporte social e o bem-estar em alunos do 3.º ciclo do ensino básico [MSc in Physical Education]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Machado-Rodrigues, A. M. Funding institution: Without funding.
20. G. Cabral. (2023-2025). Analysis of the performance of offensive corners in a team from the Portuguese National I Division [MSc in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Cabral, G. Funding institution: Without funding. Classification: 17.
21. I. C. Nogueira. (2022-2025). Proposta de implementação de um programa de “Pilates na gravidez” no estúdio Shift You [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Vieira, F. Funding institution: Without funding. Classification: 10.
22. J. L. S. Valente. (2024-2025). Relationship between different measures of muscle strength in older women before and after a strength training program [MSc in Exercise and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Ribeiro, A. S. Funding institution: Without funding. Classification: 18.

23. J. Santos. (2023-2025). Symptoms and signs of sarcopenia and handgrip strength asymmetry [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Baptista, F. Funding institution: Without funding. Classification: 16.
24. L. Cardoso. (2024-2025). A associação entre a atividade física habitual e a aptidão física relacionada com a saúde em adolescentes da escola EB de Vila Nova de Poiares [MSc in Physical Education]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Machado-Rodrigues, A. M. Funding institution: Without funding.
25. L. Castelhana. (2023-2025). Correlation between playing time, anthropometric measurements, and physical performance in under-19 soccer players [MSc in Physical Education]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Castelhana, L. Funding institution: Without funding. Classification: 18.
26. L. Cruz. (2021-2025). O efeito da idade relativa no basquetebol juvenil [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Ferreira, A. P. Funding institution: Without funding. Classification: 12.
27. L. F. M. Ribeiro. (2024-2025). Effect of circuit resistance training on knee flexion and extension strength measured by isokinetic dynamometry in women over 60 years old [MSc in Exercise and Health]. Faculty of Sport Sciences and Physical

Education, University of Coimbra. Supervisor: Ribeiro, A. S. Funding institution: Without funding. Classification: 16.

28. L. H. Costa. (2023-2025). Variação da composição corporal e do somatótipo durante o ciclo menstrual em estudantes universitárias com e sem uso de contraceptivos orais [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Vieira, F. Funding institution: Without funding. Classification: 17.

29. M. Carminé. (2023-2025). Relação entre a arquitetura muscular e o perfil força-velocidade-potência dos membros inferiores em basquetebolistas [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Valamatos, M. J. Funding institution: Without funding. Classification: 14.

30. M. Carvalho. (2023-2025). Effectiveness of exercise on cardiorespiratory fitness, muscle strength, and body composition in patients with breast cancer undergoing neoadjuvant chemotherapy: A randomized controlled trial [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Magalhães, J. P. Funding institution: Without funding. Classification: 18.

31. M. Costa. (2023-2025). Interference of endurance training on strength development and muscular adaptations [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Mendonça, G. V. Funding institution: Without funding. Classification: 16.

32. M. Morais. (2023-2025). How a combined exercise protocol acutely modulates arterial stiffness in adolescents and young adults with congenital heart disease: Study protocol [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Santa-Clara, H. Funding institution: Without funding. Classification: 15.
33. M. Nascimento. (2023-2025). A relação entre atividade física moderada a vigorosa e a qualidade de vida [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Marques, A. Funding institution: Without funding. Classification: 16.
34. M. Silva. (2024-2025). Análise da impedância bioelétrica localizada nos músculos bíceps femoral e semitendinoso de futebolistas [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Silva, A. M. Funding institution: Without funding. Classification: 16.
35. M. Vaz de Carvalho. (2022-2025). Variability in perception–action couplings and expertise in jump rope performance [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Araújo, D. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: FMH-2025-0155; Funding in €: 35300€. Classification: 19.
36. P. Cardoso. (2024-2025). A influência de variáveis de natureza socioeconómica nos hábitos de sedentarismo e brincadeiras ativas de adolescentes: Variação semanal [MSc in Physical Education]. Faculty of Sport Sciences and Physical

Education, University of Coimbra. Supervisor: Machado-Rodrigues, A. M.

Funding institution: Without funding.

37. P. Malato. (2024-2025). Análise da coordenação interpessoal na estafa de ginástica acrobática [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Passos, P. Funding institution: Without funding. Classification: 17.
38. P. Trindade. (2023-2025). Intervenção no programa livre de educação e exercício na osteoartrose: Efeitos da autogestão na autoeficácia [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Espanha, . Funding institution: Without funding. Classification: 18.
39. R. Araújo. (2024-2025). Analysis of the quality of hydration before, during, and immediately after aqua aerobics classes in people over 65 years old [MSc in Exercise and Health - Special Populations]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Campos, M. Co-supervisor: Massart, A. Funding institution: Without funding. Classification: 17.
40. R. S. Gomes. (2024-2025). Effects of circuit resistance training on functional capacity in women over 60 years of age [MSc in Exercise and Health]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Ribeiro, A. S. Funding institution: Without funding. Classification: 17.
41. S. Boavida. (2023-2025). The effectiveness of aerobic and resistance exercise on tumor-infiltrating lymphocytes. (TILs) and the Ki-67 proliferation index in breast cancer patients: A randomized controlled trial [MSc in Exercise and Health].
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Faculty of Human Kinetics, University of Lisbon. Supervisor: Magalhães, J. P.

Funding institution: Without funding. Classification: 20.

42. S. Gomes. (2024-2025). Analysis of trainee teacher self-efficacy in relation to inclusive physical education [MSc in Exercise and Health - Special Populations].

Faculty of Sport Sciences and Physical Education, University of Coimbra.

Supervisor: Campos, M. Funding institution: Without funding. Classification: 17.

43. T. Peixoto. (2021-2025). Avaliação cinemática do drop jump em jogadores de futebol: Fiabilidade e erro de medida de um novo sistema de análise de movimento 3D sem marcadores [MSc in High-Performance Training]. Faculty of

Human Kinetics, University of Lisbon. Supervisor: Cabral, S. Co-supervisor:

Moniz-Pereira, V. Funding institution: Without funding. Classification: 15.

Ongoing

1. N/A (2025-2026). Hábitos de sono, sedentarismo e consumo de alimentos ultraprocessados em alunos do ensino secundário [MSc in Physical Education].

Faculty of Sport Sciences and Physical Education, University of Coimbra.

Supervisor: Machado-Rodrigues, A. Funding institution: Without funding.

2. N/A (2025-2026). Níveis de atividade física habitual e a sua importância para um estilo de vida ativo em alunos do 3.º ciclo do ensino básico [MSc in Physical

Education]. Faculty of Sport Sciences and Physical Education, University of

Coimbra. Supervisor: Machado-Rodrigues, A. Funding institution: Without

funding.

3. N/A (2025-2026). Associação entre a prática desportiva organizada e o bem-estar físico e psicológico em alunos do ensino básico e secundário [MSc in Physical Education]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Machado-Rodrigues, A. Funding institution: Without funding.
4. N/A (2025-2026). Efeitos da atividade física não estruturada na perceção do bem-estar físico e do suporte social [MSc in Physical Education]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Machado-Rodrigues, A. Funding institution: Without funding.
5. N/A (2025-2026). Associação entre fatores ponderais de filhos e pais: Do peso ao nascimento à situação ponderal atual [MSc in Physical Education]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Machado-Rodrigues, A. Funding institution: Without funding.
6. N/A (2025-2026). Associação entre o tempo de ecrã e os hábitos de sono em adolescentes escolares [MSc in Physical Education]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Machado-Rodrigues, A. Funding institution: Without funding.
7. N/A (2025-2026). A atividade física de intensidade moderada a vigorosa e a sua associação com o bem-estar físico e emocional de adolescentes [MSc in Physical Education]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Machado-Rodrigues, A. Funding institution: Without funding.

8. A. Bajouco. (2024-2026). Alterações fisiológicas e hormonais em atletas femininas de elite de desportos de combate associadas ao corte de peso [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Monteiro, C. Funding institution: Without funding.
9. A. Costa. (2024-2026). Construct validity of a markerless motion capture system to assess biomechanical risk factors for hamstring injuries in football players [MSc in Biomedical Engineering and Biophysics]. Faculty of Sciences, University of Lisbon. Supervisor: Cabral, S. Funding institution: Without funding.
10. A. Cruz. (2025-2026). Utilidade da impedância bioelétrica em atletas [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Silva, A. Funding institution: Without funding.
11. A. Cruz. (2025-2026). Acute effects of the ingestion of different types of water on hydration status in athletes [MSc in Sports Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Silva, A. Funding institution: Without funding.
12. A. Cunha. (2023-2026). O efeito conjunto da atividade física e depressão na mortalidade em adultos com mais de 50 anos com diabetes [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Peralta, M. Funding institution: Without funding.
13. A. Ferraz. (2024-2026). Measurement properties of vertical jump metrics in athletes [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Moniz-Pereira, V. Funding institution: Without funding.

14. A. Flores. (2024-2026). Projeto Ex-Timing: Avaliação do exercício matinal, vespertino e noturno no controlo glicémico e composição corporal em pessoas com excesso de peso/obesidade – Um estudo cruzado randomizado [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Magalhães, J. Funding institution: Without funding.
15. A. Pinto. (2025-2026). Influência da ingestão alimentar no estado inflamatório e no dano muscular em atletas [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Co-supervisor: Monteiro, C. Funding institution: Without funding.
16. A. Terezan. (2025-2026). Idade óssea e mudança vocal como indicadores de maturação biológica em jovens atletas de atletismo. (8–17 anos, Almeirim, Portugal) [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Fragoso, I. Funding institution: Without funding.
17. B. Ferreira. (2022-2026). O papel da distância interpessoal e da perícia na tomada de decisão no karaté [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Araújo, D. Funding institution: Without funding.
18. C. Belchior. (2023-2026). Neurophysiological and behavioral effects of meditation training on swimmers' performance [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Araújo, D. Funding institution: Fundação para a Ciência e a Tecnologia; Grant number: FMH-2023-2395; Funding in €: 22902.54€.

19. C. Camanho. (2024-2026). Fatores preditivos da dor crónica no joelho em praticantes de corrida [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Yázigi, F. Funding institution: Without funding.
20. C. Lopes. (2024-2027). Relationship between velocity and repetitions in reserve in the free-weight back squat before and after training [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Mendonça, G. Funding institution: Without funding.
21. C. Nunes. (2025-2026). Viabilidade de testes de avaliação da aptidão cardiorrespiratória em crianças e adolescentes com perturbação do espectro do autismo: Comparação entre os testes 6-minute walk e Åstrand-Ryhming [MSc in Exercise and Health - Special Populations]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Campos, M. Funding institution: Without funding.
22. C. Silva. (2025-2026). Análise da performance no futebol: Contextualização da intensidade de jogo através de dados posicionais [MSc in Football]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Carrilho, D. Funding institution: Without funding.
23. D. Almeida. (2025-2026). Assimetrias na potência muscular durante o envelhecimento e a sua relação com a saúde [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Santos, P. Funding institution: Without funding.

24. D. Ferreira. (2024-2026). Relação entre índice de massa corporal, modelo de carga e capacidade corporal e densidade óssea em adultos de diferentes faixas etárias [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Baptista, F. Funding institution: Without funding.
25. D. Lopes. (2025-2026). Acute decrement performance: A valid criterion to develop an optimized training load quantification model [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Reis, J. Funding institution: Without funding.
26. D. Lopes. (2025-2026). Comparison of acceleration–speed profiles between elite and amateur young football players [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Reis, J. Funding institution: Without funding.
27. D. Marques. (2022-2026). Analysis of tactical behaviour in small-sided and conditioned handball games using positional data [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Volossovitch, A. Funding institution: Without funding.
28. D. Matias. (2024-2026). Eficácia do treino de força de resistência na prevenção de sintomatologia músculo-esquelética em atletas de esportes [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Carnide, F. Funding institution: Without funding.
29. D. Mendes. (2025-2026). Análise da performance no futebol: Influência de fatores contextuais na intensidade do jogo [MSc in High-Performance Training].

Faculty of Human Kinetics, University of Lisbon. Supervisor: Carrilho, D. Funding institution: Without funding.

30. D. Nunes. (2024-2026). Análise do comportamento da área entre duas linhas defensivas durante a primeira fase de construção da equipa adversária [MSc in Football]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Passos, P. Funding institution: Without funding.
31. Daniela. (2025-2026). Role of physical activity in the prevention of pancreatic cancer: A systematic review [MSc in Sports Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Francisco, R. Funding institution: Without funding.
32. E. Barbosa. (2024-2026). Programa Fit Sénior – Câmara Municipal de Oeiras: Caracterização da aptidão física dos participantes. (2020–2024) [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Baptista, F. Funding institution: Without funding.
33. F. Freitas. (2025-2026). Funções executivas e competência motora em crianças inseridas em contextos educativos promotores e não promotores do brincar de risco [MSc in Neuropsychology]. Faculty of Health Sciences and Nursing, Portuguese Catholic University. Co-supervisor: Cordovil, R. Funding institution: Without funding.
34. G. Brito. (2024-2026). Competitive trajectories in youth triathlon: Relationship with relative age [MSc in High-Performance Training]. Faculty of Human Kinetics,

University of Lisbon. Supervisor: Volossovitch, A. Funding institution: Without funding.

35. G. Pais. (2024-2026). Efeito do impacto da carga no treino em basquetebol [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Ferreira, A. Funding institution: Without funding.

36. G. Ramos. (2025-2026). Caracterização e análise do aquecimento em competição de surfistas de elite portugueses [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Moreira, M. Funding institution: Without funding.

37. H. Maricato. (2024-2026). Relação entre o perfil da força de reação do solo e métricas determinantes da performance em jogadores de andebol séniores de elite [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Moniz-Pereira, V. Funding institution: Without funding.

38. I. Melo. (2024-2026). Prevalência de fatores de risco e sintomas da osteoartrose do joelho na população do distrito de Lisboa [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Yáziği, F. Funding institution: Without funding.

39. I. Silva. (2023-2026). Multimorbilidade, força de preensão manual e qualidade de vida em adultos mais velhos [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Peralta, M. Funding institution: Without funding.

40. J. Castro. (2025-2026). Efeitos do treino de força e aeróbico nos parâmetros de impedância bioelétrica bruta em mulheres submetidas a terapia neoadjuvante para o cancro da mama: Um ensaio clínico randomizado [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Magalhães, J. Funding institution: Without funding.
41. J. Fernandes. (2023-2026). Validation of the adapted Special Judo Fitness Test without falls in young judokas [MSc in Sports Training]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Massart, A. Funding institution: Without funding.
42. J. Félix. (2025-2026). Caracterização e análise da modalidade de boxe [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Moreira, M. Funding institution: Without funding.
43. J. Lameiro. (2024-2026). Breast cancer volume and diffusion following aerobic and resistance exercise during the neoadjuvant period: A randomized controlled trial [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Magalhães, J. Funding institution: Without funding.
44. J. Palma. (2025-2026). Técnicas psicológicas promotoras da concentração e controlo da ansiedade em velocistas [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Araújo, D. Funding institution: Without funding.

45. K. Russo. (2025-2026). Phase angle as a predictor of performance and health in athletes [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Francisco, R. Funding institution: Without funding.
46. L. Santos. (2024-2026). A comparative analysis of knee osteoarthritis symptoms and associated risk factors across five different sports modalities [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Yázigí, F. Funding institution: Without funding.
47. M. Chambel. (2025-2026). Relação entre perímetro braquial e geminal, massa muscular e qualidade muscular em mulheres pós-menopáusicas [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Baptista, F. Funding institution: Without funding.
48. M. Jasen. (2025-2026). Diferenças na perda de potência muscular com o envelhecimento entre membros superiores e inferiores [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Santos, P. Funding institution: Without funding.
49. M. Lameiro. (2024-2026). The impact of aerobic and resistance exercise on adverse events during neoadjuvant chemotherapy in breast cancer patients: A randomized controlled trial [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Magalhães, J. Funding institution: Without funding.
50. M. Maia. (2025-2026). Análise da execução do mortal atrás engrupado no tumbling após a rodada-flic e a rodada-tempo [MSc in High-Performance]. Faculdade de Motricidade Humana, Universidade de Lisboa | Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

- Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Moreira, M. Funding institution: Without funding.
51. M. Pires. (2024-2026). Impact of 24-hour movement patterns on interstitial glycemia in people with type 2 diabetes exercising at different times of the day: Secondary analysis of the EXTIMING project [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Magalhães, J. Funding institution: Without funding.
52. M. Rocha. (2024-2026). Grip pressure in smash badminton between expert and intermediate players [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Pedro, B. Funding institution: Without funding.
53. M. Rodrigues. (2023-2026). Validação preliminar de novas métricas aplicadas ao jogo de futebol [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Ferreira, A. Funding institution: Without funding.
54. M. Vaz. (2023-2025). Concurrent validation of a markerless system in the tennis serve [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Pedro, B. Funding institution: Without funding.
55. P. Abreu. (2024-2026). Development of a physiological monitoring system for canoe polo: Enhancing performance and managing substitutions [MSc in Biomedical Engineering]. Faculty of Sciences and Technology, University of Coimbra. Supervisor: Gomes, B. Funding institution: Without funding.

56. P. Antunes. (2025-2026). Diferenças na pressão arterial pós-exercício em pessoas com diabetes tipo 2 após exercício físico realizado em diferentes períodos do dia [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Magalhães, J. Funding institution: Without funding.
57. P. Gonçalves. (2025-2026). Characterisation of counterattacks in high-performance national roller hockey [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Volossovitch, A. Funding institution: Without funding.
58. P. Mamona. (2024-2026). Excelling in critical moments of high-level athletics jumping competitions: Skills for performing under pressure [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Araújo, D. Funding institution: Without funding.
59. P. Nunes. (2025-2026). Is human motor power differently affected between males and females across the lifespan? [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Santos, P. Funding institution: Without funding.
60. P. Zambujo. (2025-2026). Diferenças na flexibilidade metabólica em exercício realizado em diferentes períodos do dia em pessoas com diabetes tipo 2 e em pessoas aparentemente saudáveis [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Magalhães, J. Funding institution: Without funding.

61. R. Branco. (2023-2027). A influência da carga externa na cinemática e nas forças de reação do solo em militares do Exército em formação [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon.
Supervisor: Cabral, S. Funding institution: Without funding.
62. R. Lourenço. (2025-2026). Functional asymmetries in young handball players [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Volossovitch, A. Funding institution: Without funding.
63. R. Mesquita. (2024-2026). Comparison of mechanical load during running with carbon fiber plate shoes and conventional shoes [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: João, F.
Funding institution: Without funding.
64. R. Micaelo. (2025-2026). Indicadores de performance e caracterização de situações de finalização de avançados na Primeira Liga Portuguesa [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon.
Supervisor: Moreira, M. Funding institution: Without funding.
65. R. Proença. (2025-2026). Desenvolvimento de jovens atletas no ténis [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon.
Supervisor: Pedro, B. Funding institution: Without funding.
66. R. Rocha. (2025-2026). Avaliação da potência músculo-esquelética em mulheres pós-menopáusicas com e sem cancro da mama [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Baptista, F.
Funding institution: Without funding.

67. S. Claro. (2025-2026). Os efeitos do treino aeróbio em cicloergómetro de membros inferiores no sono em sobreviventes de AVC / The effects of aerobic training on a lower limb cycle ergometer on sleep in stroke survivors [MSc in Exercise and Health - Special Populations]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Vaz, V. Funding institution: Without funding.
68. S. Claro. (2025-2026). Os efeitos do treino aeróbio em cicloergómetro de membros inferiores no sono em sobreviventes de AVC / The effects of aerobic training on a lower limb cycle ergometer on sleep in stroke survivors [MSc in Exercise and Health - Special Populations]. Faculty of Sport Sciences and Physical Education, University of Coimbra. Supervisor: Ferreira, J. Funding institution: Without funding.
69. S. Santarém. (2025-2027). Kinematic analysis of Hyrox run [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: João, F. Funding institution: Without funding.
70. S. Sebastião. (2025-2026). Dimorfismo sexual nas manifestações de força e mecanismos subjacentes em praticantes de halterofilismo [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Santos, P. Funding institution: Without funding.
71. T. Correia. (2025-2026). Characterisation of behaviours in counterattack situations in elite futsal [MSc in High-Performance Training]. Faculty of Human

Kinetics, University of Lisbon. Supervisor: Volossovitch, A. Funding institution: Without funding.

72. T. Cruz. (2025-2026). Programa Fit Sénior – Câmara Municipal de Oeiras: Limitações funcionais dos participantes [MSc in Exercise and Health]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Baptista, F. Funding institution: Without funding.

73. T. Mendes. (2024-2026). Validação concorrente da cinemática e cinética 3D do remate no futebol utilizando um sistema markerless de captura de movimento [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: João, F. Funding institution: Without funding.

74. T. Simões. (2025-2026). Chronology of neuromuscular adaptations to strength training: Variability in submaximal isometric force production [MSc in High-Performance Training]. Faculty of Human Kinetics, University of Lisbon. Supervisor: Santos, P. Funding institution: Without funding.

Policies, Patents, and Copyrights

No records.

Peer Review of Research Articles

Web of Science Indexed

Quartile 1

1. Araújo, D. (2025). Sports Medicine. (Web of Science). Reviews completed: 1.
Open Access: Yes. Journal Impact Factor: 9.4. Category: Sport Sciences.
2. Baptista, F. (2025). Frontiers in Endocrinology. (Web of Science). Reviews completed: 6. Open Access: Yes. Journal Impact Factor: 4.6. Category: Endocrinology & Metabolism.
3. Brito, H. (2025). Scientific Reports. (Web of Science). Reviews completed: 1.
Open Access: Yes. Journal Impact Factor: 3.9. Category: Multidisciplinary Sciences.
4. Caldo-Silva, A. (2025). Nutrients. (Web of Science). Reviews completed: 18.
Open Access: Yes. Journal Impact Factor: 5. Category: Nutrition & Dietetics.
5. Campos, M. (2025). Health and Quality of Life Outcomes. (Web of Science).
Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 3.4. Category: Health Care Sciences & Services.
6. Coelho-e-Silva, M. (2025). European Journal of Sport Science. (Web of Science).
Reviews completed: 1. Open Access: No. Journal Impact Factor: 3. Category: Sport Sciences.

7. Dias, S. B. (2025). Scientific Reports. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 3.9. Category: Multidisciplinary Sciences.
8. Dias, S. B. (2025). JMIR Serious Games. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 4.1. Category: Health Care Sciences & Services.
9. Dias, S. B. (2025). Artificial Intelligence Review. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 13.9. Category: Computer Science, Artificial Intelligence.
10. Assunção, A. (2025). International Journal of Production Research. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 7.3. Category: Engineering, Industrial.
11. Espanha, M. (2025). BMC Sports Science Medicine and Rehabilitation. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.8. Category: Rehabilitation.
12. Espanha, M. (2025). Scientific Reports. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 3.9. Category: Multidisciplinary Sciences.
13. Ferreira, A. (2025). European Journal of Sport Science. (Web of Science). Reviews completed: 1. Journal Impact Factor: 3. Category: Sport Sciences.

14. Gomes, B. B. (2025). *Frontiers in Physiology*. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 3.4. Category: Physiology.
15. Machado-Rodrigues, A. (2025). *European Journal of Pediatrics*. (Web of Science). Reviews completed: 2. Open Access: No. Journal Impact Factor: 2.6. Category: Pediatrics.
16. Machado-Rodrigues, A. (2025). *BMC Public Health*. (Web of Science). Reviews completed: 9. Open Access: Yes. Journal Impact Factor: 3.6. Category: Public, Environmental & Occupational Health.
17. Machado-Rodrigues, A. (2025). *Child and Adolescent Psychiatry and Mental Health*. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 4.6. Category: Pediatrics.
18. Magalhães, J. P. (2025). *Journal of Science and Medicine in Sport*. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 3.4. Category: Sport Sciences.
19. Magalhães, J. P. (2025). *Diabetes Obesity & Metabolism*. (Web of Science). Reviews completed: 2. Open Access: No. Journal Impact Factor: 5.7. Category: Endocrinology & Metabolism.
20. Marques, A. (2025). *American Journal of Human Biology*. (Web of Science). Reviews completed: 2. Open Access: No. Journal Impact Factor: 1.7. Category: Anthropology.

21. Marques, A. (2025). *Annals of Medicine*. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 4.3. Category: Medicine, General & Internal.
22. Marques, A. (2025). *Dialogues in Clinical Neuroscience*. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 8.9. Category: Neurosciences.
23. Massart, A. (2025). *BMC Sports Science Medicine and Rehabilitation*. (Web of Science). Reviews completed: 2. Open Access: Yes. Journal Impact Factor: 2.8. Category: Rehabilitation.
24. Massart, A. (2025). *Sports*. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.9. Category: Sport Sciences.
25. Massart, A. (2025). *Nutrients*. (Web of Science). Reviews completed: 14. Open Access: Yes. Journal Impact Factor: 5. Category: Nutrition & Dietetics.
26. Massart, A. (2025). *Comprehensive Physiology*. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 5.2. Category: Physiology.
27. Mendonça, G. V. (2025). *European Journal of Sport Science*. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 3. Category: Sport Sciences.
28. Pascoal, A. G. (2025). *Womens Health*. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.9. Category: Obstetrics & Gynecology.

29. Pascoal, A. G. (2025). Heliyon. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 3.6. Category: Multidisciplinary Sciences.
30. Peralta, M. (2025). European Journal of Pediatrics. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 2.6. Category: Pediatrics.
31. Peralta, M. (2025). Scientific Reports. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 3.9. Category: Multidisciplinary Sciences.
32. Peralta, M. (2025). American Journal of Epidemiology. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 4.8. Category: Public, Environmental & Occupational Health.
33. Peralta, M. (2025). British Journal of Sports Medicine. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 16.3. Category: Sport Sciences.
34. Ribeiro, A. (2025). Sports Medicine. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 9.4. Category: Sport Sciences.
35. Rosado, A. (2025). Frontiers in Psychology. (Web of Science). Reviews completed: 16. Open Access: Yes. Journal Impact Factor: 2.9. Category: Psychology, Multidisciplinary.
36. Sarmiento, H. (2025). Science and Medicine in Football. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 3.5. Category: Sport Sciences.

37. Sarmiento, H. (2025). Sports Medicine-Open. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 5.9. Category: Sport Sciences.
38. Silva, A. M. (2025). Obesity. (Web of Science). Reviews completed: 2. Open Access: No. Journal Impact Factor: 4.7. Category: Endocrinology & Metabolism.
39. Silva, A. M. (2025). Clinical Nutrition. (Web of Science). Reviews completed: 2. Open Access: No. Journal Impact Factor: 7.4. Category: Nutrition & Dietetics.
40. Teixeira, A. (2025). Journal of Exercise Science & Fitness. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 3.5. Category: Sport Sciences.
41. Teixeira, A. (2025). Scandinavian Journal of Medicine & Science in Sports. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 3.8. Category: Sport Sciences.
42. Teixeira, A. (2025). Biomolecules. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 4.8. Category: Biochemistry & Molecular Biology.
43. Teixeira, A. (2025). Nutrients. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 5. Category: Nutrition & Dietetics.
44. Yázigí, F. (2025). Archives of Physical Medicine and Rehabilitation. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 3.7. Category: Rehabilitation.

Quartile 2

1. Amaro, H. (2025). International Journal of Sexual Health. (Web of Science).
Reviews completed: 4. Open Access: No. Journal Impact Factor: 2.1. Category: Psychology, Clinical.
2. Araújo, D. (2025). Sport Exercise and Performance Psychology. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.3. Category: Hospitality, Leisure, Sport & Tourism.
3. Araújo, D. (2025). Journal of Applied Sport Psychology. (Web of Science).
Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 3.2. Category: Hospitality, Leisure, Sport & Tourism.
4. Araújo, D. (2025). Applied Artificial Intelligence. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 4.3. Category: Computer Science, Artificial Intelligence.
5. Brito, H. (2025). International Journal of Sports Science & Coaching. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 2.1. Category: Hospitality, Leisure, Sport & Tourism.
6. Brito, H. (2025). BMC Geriatrics. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 3.8. Category: Geriatrics & Gerontology.
7. Caldo-Silva, A. (2025). International Journal of Sports Medicine. (Web of Science). Reviews completed: 2. Open Access: No. Journal Impact Factor: 2.2. Category: Sport Sciences.

8. Campos, M. (2025). International Journal of Developmental Disabilities. (Web of Science). Reviews completed: 2. Open Access: Yes. Journal Impact Factor: 1.4. Category: Education, Special.
9. Campos, M. (2025). Journal of Intellectual Disabilities. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 1.4. Category: Education, Special.
10. Campos, M. (2025). Adapted Physical Activity Quarterly. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 1.6. Category: Rehabilitation.
11. Campos, M. (2025). International Journal of Inclusive Education. (Web of Science). Reviews completed: 2. Open Access: Yes. Journal Impact Factor: 1.7. Category: Education & Educational Research.
12. Campos, M. (2025). Journal of Applied Research in Intellectual Disabilities. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 1.9. Category: Psychology, Educational.
13. Campos, M. (2025). Disability and Rehabilitation. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2. Category: Rehabilitation.
14. Campos, M. (2025). Behavioral Sciences. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.5. Category: Psychology, Multidisciplinary.

15. Campos, M. (2025). IEEE Access. (Web of Science). Reviews completed: 1.
Open Access: Yes. Journal Impact Factor: 3.6. Category: Computer Science, Information Systems.
16. Carrilho, D. (2025). Psychology of Sport and Exercise. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 3.3. Category: Hospitality, Leisure, Sport & Tourism.
17. Coelho-e-Silva, M. (2025). BMC Pediatrics. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2. Category: Pediatrics.
18. Coelho-e-Silva, M. (2025). Journal of Functional Morphology and Kinesiology. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.5. Category: Sport Sciences.
19. Coelho-e-Silva, M. (2025). Journal of Sports Sciences. (Web of Science). Reviews completed: 2. Open Access: No. Journal Impact Factor: 2.5. Category: Sport Sciences.
20. Coelho-e-Silva, M. (2025). PLOS One. (Web of Science). Reviews completed: 2. Open Access: Yes. Journal Impact Factor: 2.6. Category: Multidisciplinary Sciences.
21. Coelho-e-Silva, M. (2025). European Journal of Applied Physiology. (Web of Science). Reviews completed: 3. Open Access: No. Journal Impact Factor: 2.7. Category: Physiology.
22. Dias, S. B. (2025). PLOS One. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.6. Category: Multidisciplinary Sciences.

23. Dias, S. B. (2025). IEEE Access. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 3.6. Category: Computer Science, Information Systems.
24. Assunção, A. (2025). PLOS One. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.6. Category: Multidisciplinary Sciences.
25. Ferreira, J. P. (2025). International Journal of Sport and Exercise Psychology. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.3. Category: Hospitality, Leisure, Sport & Tourism.
26. Gomes, B. B. (2025). Frontiers in Sports and Active Living. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.6. Category: Sport Sciences.
27. Machado-Rodrigues, A. (2025). BMC Research Notes. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 1.7. Category: Multidisciplinary Sciences.
28. Machado-Rodrigues, A. (2025). BMC Pediatrics. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2. Category: Pediatrics.
29. Machado-Rodrigues, A. (2025). Critical Public Health. (Web of Science). Reviews completed: 3. Open Access: Yes. Journal Impact Factor: 2.3. Category: Public, Environmental & Occupational Health.
30. Massart, A. (2025). Children-Basel. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.1. Category: Pediatrics.

31. Massart, A. (2025). International Journal of Sports Medicine. (Web of Science).
Reviews completed: 2. Open Access: No. Journal Impact Factor: 2.2. Category:
Sport Sciences.
32. Massart, A. (2025). Journal of Functional Morphology and Kinesiology. (Web of
Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.5.
Category: Sport Sciences.
33. Massart, A. (2025). Sports Health-A Multidisciplinary Approach. (Web of
Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 2.6.
Category: Sport Sciences.
34. Massart, A. (2025). PLOS One. (Web of Science). Reviews completed: 1. Open
Access: No. Journal Impact Factor: 2.6. Category: Multidisciplinary Sciences.
35. Massart, A. (2025). Journal of the International Society of Sports Nutrition. (Web
of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor:
3.9. Category: Nutrition & Dietetics.
36. Mendonça, G. V. (2025). International Journal of Sports Science & Coaching.
(Web of Science). Reviews completed: 1. Open Access: No. Journal Impact
Factor: 2.1. Category: Hospitality, Leisure, Sport & Tourism.
37. Pascoal, A. G. (2025). BMC Surgery. (WoS/Scopus/Medline). Reviews
completed: 1. Open Access: Yes. Journal Impact Factor: 1.8. Category: Surgery.
38. Pascoal, A. G. (2025). Physiotherapy Research International. (Web of Science).
Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 1.8. Category:
Rehabilitation.

39. Peralta, M. (2025). Journal of Teaching in Physical Education. (Web of Science).

Reviews completed: 1. Open Access: No. Journal Impact Factor: 1.8. Category: Education & Educational Research.

40. Peralta, M. (2025). Mental Health and Physical Activity. (Web of Science).

Reviews completed: 1. Open Access: No. Journal Impact Factor: 2.6. Category: Psychiatry.

41. Ribeiro, A. (2025). Journal of the International Society of Sports Nutrition. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor:

3.9. Category: Nutrition & Dietetics.

42. Sarmento, H. (2025). International Journal of Sports Science & Coaching. (Web of Science). Reviews completed: 2. Open Access: No. Journal Impact Factor:

2.1. Category: Hospitality, Leisure, Sport & Tourism.

43. Sarmento, H. (2025). Journal of Sports Sciences. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 2.5. Category: Sport Sciences.

44. Silva, A. M. (2025). British Journal of Nutrition. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 3. Category: Nutrition & Dietetics.

45. Silva, A. M. (2025). European journal of Clinical Nutrition. (Web of Science).

Reviews completed: 2. Open Access: No. Journal Impact Factor: 3.3. Category: Nutrition & Dietetics.

46. Teixeira, A. (2025). *Frontiers in Sports and Active Living*. (Web of Science).

Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.6. Category: Sport Sciences.

Quartile 3

1. Araújo, D. (2025). *Ecological Psychology*. (Web of Science). Reviews completed:

1. Open Access: Yes. Journal Impact Factor: 1.7. Category: Psychology, Experimental.

2. Caldo-Silva, A. (2025). *Applied Sciences-Basel*. (Web of Science). Reviews

completed: 8. Open Access: Yes. Journal Impact Factor: 2.5. Category: Chemistry, Multidisciplinary.

3. Campos, M. (2025). *Journal of Intellectual & Developmental Disability*. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 1.2. Category: Education, Special.

4. Campos, M. (2025). *Disabilities*. (Web of Science). Reviews completed: 2. Open Access: Yes. Journal Impact Factor: 1.4. Category: Rehabilitation.

5. Campos, M. (2025). *Applied Sciences-Basel*. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.5. Category: Chemistry, Multidisciplinary.

6. Coelho-e-Silva, M. (2025). *SPORT SCIENCES FOR HEALTH*. (Web of Science).

Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 1.3. Category: Sport Sciences.

7. Machado-Rodrigues, A. (2025). Applied Physiology Nutrition and Metabolism. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 2.1. Category: Nutrition & Dietetics.
8. Mendonça, G. V. (2025). SPORT SCIENCES FOR HEALTH. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 1.3. Category: Sport Sciences.
9. Moniz-Pereira, V. (2025). JOURNAL OF BIOMECHANICAL ENGINEERING-TRANSACTIONS OF THE ASME. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 1.7. Category: Biophysics.
10. Moniz-Pereira, V. (2025). Journal of Biomechanics. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 2.4. Category: Biophysics.
11. Peralta, M. (2025). Applied Physiology Nutrition and Metabolism. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 2.1. Category: Nutrition & Dietetics.
12. Rosado, A. (2025). Nordic Psychology. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 1.1. Category: Psychology, Multidisciplinary.
13. Santos, P. (2025). SPORT SCIENCES FOR HEALTH. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 1.3. Category: Sport Sciences.

14. Sarmiento, H. (2025). International Journal of Performance Analysis in Sport. (Web of Science). Reviews completed: 4. Open Access: No. Journal Impact Factor: 1.6. Category: Sport Sciences.
15. Silva, A. M. (2025). SPORT SCIENCES FOR HEALTH. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 1.3. Category: Sport Sciences.
16. Silva, A. M. (2025). International Journal of Sport Nutrition and Exercise Metabolism. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 2.6. Category: Nutrition & Dietetics.
17. Volossovitch, A. (2025). International Journal of Performance Analysis in Sport. (Web of Science). Reviews completed: 2. Open Access: No. Journal Impact Factor: 1.6. Category: Sport Sciences.

Quartile 4

1. Cabral, S. (2025). Journal of Applied Biomechanics. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 1.3. Category: Engineering, Biomedical.
2. Carrilho, D. (2025). Proceedings of the Institution of Mechanical Engineers Part P-Journal of Sports Engineering and Technology. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 1.1. Category: Engineering, Mechanical.
3. Massart, A. (2025). Obesities. (Web of Science). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 1.3. Category: Endocrinology & Metabolism.
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4. Massart, A. (2025). Nutrition and Health. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 1.4. Category: Nutrition & Dietetics.
5. Ribeiro, A. (2025). Physical & Occupational Therapy in Geriatrics. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 0.5. Category: Rehabilitation.
6. Ribeiro, A. (2025). Journal of Aging and Physical Activity. (Web of Science). Reviews completed: 1. Open Access: No. Journal Impact Factor: 1.5. Category: Geriatrics & Gerontology.

Not Web of Science Indexed

1. Amaro, H. (2025). Revista Psicologia. (PsycINFO). Reviews completed: 1. Open Access: Yes.
2. Araújo, D. (2025). Scandinavian Journal of Sport and Exercise Psychology. (Other). Reviews completed: 1. Open Access: Yes.
3. Baptista, L. C. (2025). Canadian Society of Human Physiology. (PubMed / MEDLINE). Reviews completed: 1. Open Access: No.
4. Baptista, L. C. (2025). Journal of Gerontology: Biological Sciences. (PubMed / MEDLINE). Reviews completed: 2. Open Access: No.
5. Baptista, L. C. (2025). Journal of Aging and Physical Activity. (PubMed / MEDLINE). Reviews completed: 1. Open Access: No. Journal Impact Factor: 1.5. Category: Geriatrics & Gerontology.

6. Baptista, L. C. (2025). BMC Geriatrics. (PubMed / MEDLINE). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 3.8. Category: Geriatrics & Gerontology.
7. Baptista, L. C. (2025). Frontiers in Physiology. (PubMed / MEDLINE). Reviews completed: 6. Open Access: Yes. Journal Impact Factor: 3.4. Category: Physiology.
8. Bayrak, G. (2025). BMC Musculoskeletal Disorders. (PubMed / MEDLINE). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.4. Category: Orthopedics.
9. Caldo-Silva, A. (2025). Journal of Ageing and Longevity. (Other). Reviews completed: 3. Open Access: No.
10. Campos, M. (2025). International Journal of Environmental Research and Public Health. (). Reviews completed: 1. Open Access: Yes.
11. Carnide, F. (2025). Portuguese Journal of Public Health. (Scopus). Reviews completed: 2. Open Access: No. Journal Impact Factor: 0.7. Category: Public, Environmental & Occupational Health.
12. Coelho-e-Silva, M. (2025). TRENDS in Sport Sciences. (Other). Reviews completed: 1. Open Access: Yes.
13. Coelho-e-Silva, M. (2025). BMC Sports Science Medicine and Rehabilitation. (PubMed / MEDLINE). Reviews completed: 3. Open Access: Yes. Journal Impact Factor: 2.8. Category: Rehabilitation.

14. Ferreira, J. P. (2025). Revista Desporto e Atividade Física para Todos. (Other).
Reviews completed: 1. Open Access: Yes.
15. Ferreira, J. P. (2025). Research in Autism Spectrum Disorders. (Scopus). Reviews completed: 2. Open Access: Yes. Journal Impact Factor: 2.1. Category: Education, Special.
16. Ferreira, J. P. (2025). Journal of Intellectual Disabilities. (PubMed / MEDLINE).
Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 1.4. Category: Education, Special.
17. Machado-Rodrigues, A. (2025). Revista Andaluza de Medicina del Deporte. (Scopus). Reviews completed: 1. Open Access: No.
18. Machado-Rodrigues, A. (2025). Obesity. (PubMed / MEDLINE). Reviews completed: 1. Open Access: No. Journal Impact Factor: 4.7. Category: Endocrinology & Metabolism.
19. Machado-Rodrigues, A. (2025). Scientific Reports. (PubMed / MEDLINE).
Reviews completed: 5. Open Access: No. Journal Impact Factor: 3.9. Category: Multidisciplinary Sciences.
20. Machado-Rodrigues, A. (2025). PeerJ. (PubMed / MEDLINE). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.4. Category: Multidisciplinary Sciences.
21. Machado-Rodrigues, A. (2025). BMJ open. (PubMed / MEDLINE). Reviews completed: 3. Open Access: Yes. Journal Impact Factor: 2.3. Category: Medicine, General & Internal.

22. Machado-Rodrigues, A. (2025). BMC Nutrition. (PubMed / MEDLINE). Reviews completed: 1. Open Access: Yes. Journal Impact Factor: 2.2. Category: Nutrition & Dietetics.
23. Machado-Rodrigues, A. (2025). Children-Basel. (PubMed / MEDLINE). Reviews completed: 7. Open Access: Yes. Journal Impact Factor: 2.1. Category: Pediatrics.
24. Machado-Rodrigues, A. (2025). SPORT SCIENCES FOR HEALTH. (Scopus). Reviews completed: 1. Open Access: No. Journal Impact Factor: 1.3. Category: Sport Sciences.
25. Machado-Rodrigues, A. (2025). Child and Adolescent Mental Health. (PubMed / MEDLINE). Reviews completed: 1. Open Access: No. Journal Impact Factor: 5. Category: Pediatrics.
26. Ribeiro, A. (2025). International Journal of Exercise Science. (Other). Reviews completed: 1. Open Access: Yes.
27. Ribeiro, A. (2025). Revista Brasileira de Atividade Física e Saúde. (SciELO). Reviews completed: 1. Open Access: Yes.
28. Rosado, A. (2025). Revista Cuadernos de Psicología del Deporte. (Scopus). Reviews completed: 2. Open Access: Yes.
29. Sarmiento, H. (2025). Journal of Sport Pedagogy and Research. (Other). Reviews completed: 1. Open Access: No.
30. Silva, A. M. (2025). Journal of Electrical Bioimpedance. (Scopus). Reviews completed: 1. Open Access: No.

Editorial Roles in Scientific Journals

Web of Science Indexed

Quartile 1

1. Araújo, D. (2025). *Frontiers in Psychology*. (Web of Science). Role: Associate Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 2.9.
Category: Psychology, Multidisciplinary.
<https://www.frontiersin.org/journals/psychology#editorial-board>.
2. Araújo, D. (2025). *European Journal of Sport Science*. (Web of Science). Role: Board Member. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 3.
Category: Sport Sciences.
<https://www.tandfonline.com/action/journalInformation?show=editorialBoard&journalCode=tejs20>.
3. Araújo, D. (2025). *Sports Medicine-Open*. (Web of Science). Role: Board Member. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 5.9.
Category: Sport Sciences. <https://sportsmedicine-open.springeropen.com/about/editorial-board>.
4. Baptista, F. (2025). *Frontiers in Endocrinology*. (Web of Science). Role: Review Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 4.6.
Category: Endocrinology & Metabolism.
<https://loop.frontiersin.org/people/155633/overview>.

5. Dias, S. B. (2025). Expert Systems With Applications. (Web of Science). Role: Associate Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 7.5. Category: Computer Science, Artificial Intelligence.
<https://www.journals.elsevier.com/expert-systems-with-applications/editorial-board>.
6. Magalhães, J. P. (2025). Frontiers in Physiology. (Web of Science). Role: Associate Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 3.4. Category: Physiology. <https://loop.frontiersin.org/people/405487/overview>.
7. Magalhães, J. P. (2025). Frontiers in Endocrinology. (Web of Science). Role: Associate Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 4.6. Category: Endocrinology & Metabolism.
<https://loop.frontiersin.org/people/405487/overview>.
8. Marques, A. (2025). BMC Public Health. (Web of Science). Role: Associate Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 3.6. Category: Public, Environmental & Occupational Health.
<https://link.springer.com/journal/12889>.
9. Martins, P. (2025). Frontiers in Psychology. (Web of Science). Role: Associate Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 2.9. Category: Psychology, Multidisciplinary.
<https://loop.frontiersin.org/people/479781/editorial>.
10. Oliveira, R. (2025). European Journal of Sport Science. (Web of Science). Role: Board Member. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 3.
Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Category: Sport Sciences.

<https://onlinelibrary.wiley.com/page/journal/15367290/homepage/editorial-board>.

11. Silva, A. M. (2025). *Frontiers in Physiology*. (Web of Science). Role: Board

Member. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 3.4.

Category: Physiology.

<https://www.frontiersin.org/search/journal/physiology?query=analiza&tab=People&origin=https%3A%2F%2Fwww.frontiersin.org%2Fjournals%2Fphysiology%2Feditorial-board>.

12. Teixeira, A. (2025). *Frontiers in Immunology*. (Web of Science). Role: Associate

Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 5.9.

Category: Immunology. <https://loop.frontiersin.org/people/285388/editorial>.

Quartile 2

1. Araújo, D. (2025). *Sensors*. (Web of Science). Role: Board Member. Open

Access: Yes. Peer Review: Yes. Journal Impact Factor: 3.5. Category: Chemistry, Analytical. <https://www.mdpi.com/journal/sensors/sections/physicalsensors>.

2. Dias, S. B. (2025). *Entropy*. (Web of Science). Role: Board Member. Open

Access: Yes. Peer Review: Yes. Journal Impact Factor: 2. Category: Physics, Multidisciplinary.

https://www.mdpi.com/journal/entropy/submission_reviewers.

3. Dias, S. B. (2025). *Symmetry-Basel*. (Web of Science). Role: Board Member.

Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 2.2. Category: Faculdade de Motricidade Humana, Universidade de Lisboa | Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Multidisciplinary Sciences.

https://www.mdpi.com/journal/symmetry/submission_reviewers.

4. Dias, S. B. (2025). Future Internet. (Web of Science). Role: Board Member. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 3.6. Category: Computer Science, Information Systems. <https://www.mdpi.com/journal/futureinternet>.
5. Dias, S. B. (2025). Intelligent Systems with Applications. (Web of Science). Role: Associate Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 4.3. Category: Computer Science, Artificial Intelligence. <https://www.journals.elsevier.com/intelligent-systems-with-applications/editorial-board>.
6. Figueiredo, A. (2025). Frontiers in Sports and Active Living. (Web of Science). Role: Associate Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 2.6. Category: Sport Sciences. <https://loop.frontiersin.org/people/345028/editorial>.
7. João, F. (2025). Frontiers in Sports and Active Living. (Web of Science). Role: Board Member. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 2.6. Category: Sport Sciences. <https://loop.frontiersin.org/people/1506794/editorial>.
8. Martins, P. (2025). Frontiers in Sports and Active Living. (Web of Science). Role: Associate Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 2.6. Category: Sport Sciences. <https://loop.frontiersin.org/people/479781/editorial>.

9. Peralta, M. (2025). Healthcare. (Web of Science). Role: Board Member. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 2.7. Category: Health Care Sciences & Services.
https://www.mdpi.com/journal/healthcare/editors?&page_no=10.
10. Veloso, A. P. (2025). Frontiers in Sports and Active Living. (Web of Science). Role: Associate Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 2.6. Category: Sport Sciences.
<https://loop.frontiersin.org/people/1407494/overview>.

Quartile 3

1. Araújo, D. (2025). Ecological Psychology. (Web of Science). Role: Board Member. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 1.7. Category: Psychology, Experimental.
<https://www.tandfonline.com/action/journalInformation?show=editorialBoard&journalCode=heco20>.
2. Mendonça, G. V. (2025). Sport Sciences for Health. (Web of Science). Role: Associate Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 1.3. Category: Sport Sciences.
<https://link.springer.com/journal/11332/editorial-board>.
3. Volossovitch, A. (2025). International Journal of Performance Analysis in Sport. (Web of Science). Role: Board Member. Open Access: No. Peer Review: Yes. Journal Impact Factor: 1.6. Category: Sport Sciences.

<https://www.tandfonline.com/journals/rpan20/about-this-journal#editorial-board>.

Quartile 4

1. Campos, M. (2025). Palaestra. (Web of Science). Role: Board Member. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 0.4. Category: Education & Educational Research.

<https://js.sagamorepub.com/index.php/palaestra/about/editorialTeam>.

Not Web of Science Indexed

1. Araújo, D. (2025). Journal of Expertise. (Other). Role: Associate Editor. Open Access: No. Peer Review: Yes. <https://www.journalofexpertise.org>.
2. Baptista, L. C. (2025). Frontiers in Physiology. (PubMed / MEDLINE). Role: Board Member. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 3.4. Category: Physiology. <https://loop.frontiersin.org/people/822189/overview>.
3. Campos, M. (2025). European Journal of Adapted Physical Activity. (Scopus). Role: Board Member. Open Access: Yes. Peer Review: Yes. https://eujapa.upol.cz/artkey/inf-990000-0200_Editorial-Team.php.
4. Campos, M. (2025). Revista científica da FPDD – Desporto e Atividade Física para Todos. (). Role: Board Member. Open Access: Yes. Peer Review: Yes. <https://desportoatividadefisicaparatodos-fpdd.org/equipa-editorial/>.
5. Carnide, F. (2025). Portuguese Journal of Public Health. (Scopus). Role: Board Member. Open Access: No. Peer Review: Yes. Journal Impact Factor: 0.7.

Category: Public, Environmental & Occupational Health.

<https://karger.com/pjp>.

6. Dias, S. B. (2025). Technology transfer: innovative solutions in Social Sciences and Humanities. (Other). Role: Board Member. Open Access: Yes. Peer Review: Yes. <http://journal.eu-jr.eu/ttissh>.
7. Ferreira, J. P. (2025). Frontiers in Public Health. (Scopus). Role: Associate Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 3.4. Category: Public, Environmental & Occupational Health. <https://www.frontiersin.org/journals/public-health>.
8. Ferreira, J. P. (2025). Revista Brasileira de Educação Especial. (SciELO). Role: Board Member. Open Access: Yes. Peer Review: Yes. <https://www.scielo.br/j/rbee/>.
9. Machado-Rodrigues, A. (2025). Children-Basel. (PubMed / MEDLINE). Role: Board Member. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 2.1. Category: Pediatrics. <https://www.mdpi.com/journal/children/editors?search=Machado-Rodrigues>.
10. Marques, A. (2025). International Journal of Environmental Research and Public Health. (PubMed / MEDLINE). Role: Associate Editor. Open Access: Yes. Peer Review: Yes. <https://www.mdpi.com/journal/ijerph>.
11. Marques, A. (2025). Journal of Sport Pedagogy and Research. (Other). Role: Board Member. Open Access: Yes. Peer Review: Yes. <https://jspr-scpd.ipg.pt/index.php/revista-sociedadedesporto>.

12. Veloso, A. P. (2025). BMC Biomedical Engineering. (Other). Role: Associate Editor. Open Access: Yes. Peer Review: Yes.
<https://bmcbiomedeng.biomedcentral.com/about/editorial-board>.
13. Veloso, A. P. (2025). Croatian Sports Medicine Journal. (Other). Role: Associate Editor. Open Access: No. Peer Review: Yes. <https://hrcak.srce.hr/en/hsmv>.
14. Volossovitch, A. (2025). Theory and Practice of Physical Culture and Sports. (Other). Role: Board Member. Open Access: Yes. Peer Review: Yes.
<https://tppcs.com.ua/editorial-board>.

Editorial Roles of Scientific Journals' Special Issues

Web of Science Indexed

Quartile 1

1. Baptista, F. (2025). Frontiers in Endocrinology. (Web of Science). Special issue: Bone Health and Development in Children and Adolescents, volume II. Role: Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 4.6.
Category: Endocrinology & Metabolism. <https://www.frontiersin.org/research-topics/66950/bone-health-and-development-in-children-and-adolescents-volume-ii/magazine>.
2. Baptista, F. (2025). Frontiers in Endocrinology. (Web of Science). Special issue: Musculoskeletal Markers of Healthy Development in Youth. Role: Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 4.6. Category:

Endocrinology & Metabolism. <https://www.frontiersin.org/research-topics/70351/musculoskeletal-markers-of-healthy-development-in-youth>.

3. João, F. (2025). *Frontiers in Bioengineering and Biotechnology*. (Web of Science). Special issue: Advancing Neurorehabilitation Through Motion Tracking and Virtual Reality: Innovations in Biomechanics. Role: Co-editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 4.8. Category: Biotechnology & Applied Microbiology. <https://www.frontiersin.org/research-topics/68809/advancing-neurorehabilitation-through-motion-tracking-and-virtual-reality-innovations-in-biomechanics-and-sensor-technology>.
4. Marques, A. (2025). *Frontiers in Endocrinology*. (Web of Science). Special issue: Impacts of physical activity and exercise on metabolic disorders. Role: Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 4.6. Category: Endocrinology & Metabolism. <https://www.frontiersin.org/research-topics/73885/impacts-of-physical-activity-and-exercise-on-metabolic-disorders>.
5. Marques, A. (2025). *Frontiers in Endocrinology*. (Web of Science). Special issue: Puberty: neurologic and physiologic development – volume II. Role: Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 4.6. Category: Endocrinology & Metabolism. <https://www.frontiersin.org/research-topics/59967/puberty-neurologic-and-physiologic-development---volume-ii/magazine>.

6. Marques, A. (2025). *Sports*. (Web of Science). Special issue: Walking football: A strategy for promoting physical activity among older people. Role: Co-editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 2.9. Category: Sport Sciences. https://www.mdpi.com/journal/sports/special_issues/1753R1A82G.
7. Martins, P. J. (2025). *Frontiers in Psychology*. (Web of Science). Special issue: Physical education, health and education innovation. Role: Co-editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 2.9. Category: Psychology, Multidisciplinary. <https://www.frontiersin.org/research-topics/62087/physical-education-health-and-education-innovation-volume-ii/magazine>.
8. Peralta, M. (2025). *Sports*. (Web of Science). Special issue: Promoting and Monitoring Physical Fitness in All Contexts. Role: Co-editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 2.9. Category: Sport Sciences. https://www.mdpi.com/journal/sports/special_issues/39E6MSP7VU.
9. Peralta, M. (2025). *Frontiers in Endocrinology*. (Web of Science). Special issue: Impacts of Physical Activity and Exercise on Metabolic Disorders. Role: Co-editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 4.6. Category: Endocrinology & Metabolism. <https://www.frontiersin.org/research-topics/73885/impacts-of-physical-activity-and-exercise-on-metabolic-disorders>.
10. Rosado, A. (2025). *Frontiers in Psychology*. (Web of Science). Special issue: Promoting inclusion and representation: The role of cultural diversity in sports.

Role: Co-editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 2.9. Category: Psychology, Multidisciplinary. <https://doi.org/10.3389/978-2-8325-6948-1>.

11. Rosado, A. (2025). *Frontiers in Psychology*. (Web of Science). Special issue: Mental health and positive youth development in sport and physical activity contexts. Role: Co-editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 2.9. Category: Psychology, Multidisciplinary. <https://www.frontiersin.org/research-topics/13516/mental-health-and-positive-youth-development-in-sport-and-physical-activity-contexts/magazine>.
12. Teixeira, A. (2025). *Frontiers in Aging*. (Web of Science). Special issue: (Un)healthy lifestyles, Aging, and Type 2 Diabetes: Volume 2. Role: Co-editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 4.3. Category: Geriatrics & Gerontology. <https://loop.frontiersin.org/people/285388/editorial>.
13. Teixeira, A. (2025). *Frontiers in Aging*. (Web of Science). Special issue: (Un)healthy lifestyles, Aging, and Type 2 Diabetes: Volume 1. Role: Co-editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 4.3. Category: Geriatrics & Gerontology. <https://loop.frontiersin.org/people/285388/editorial>.

Quartile 2

1. Araújo, D. (2025). *Psychology of Sport and Exercise*. (Web of Science). Special issue: Understanding the psychology of extreme and adventure sports in nature environments. Role: Co-editor. Open Access: No. Peer Review: Yes. Journal

Impact Factor: 3.3. Category: Hospitality, Leisure, Sport & Tourism.

<https://www.sciencedirect.com/special-issue/10N5ZX3LS0G>.

2. Araújo, D. (2025). *Acta Psychologica*. (Web of Science). Special issue: Ecological Dynamics to understanding human behaviour in sport and exercise. Role: Co-editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 2.7. Category: Psychology, Experimental.
<https://www.sciencedirect.com/special-issue/10VJ3GS7F8Q>.
3. Brito, H. (2025). *Psychology of Sport and Exercise*. (Web of Science). Special issue: Understanding the psychology of extreme and adventure sports in nature environments. Role: Co-editor. Open Access: No. Peer Review: Yes. Journal Impact Factor: 3.3. Category: Hospitality, Leisure, Sport & Tourism.
<https://www.sciencedirect.com/special-issue/10N5ZX3LS0G>.
4. João, F. (2025). *Sensors*. (Web of Science). Special issue: Movement Biomechanics Applications of Wearable Inertial Sensors. Role: Co-editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 3.5. Category: Chemistry, Analytical. https://www.mdpi.com/journal/sensors/special_issues/SBA_WIS.
5. Marques, A. (2025). *Healthcare*. (Web of Science). Special issue: Association between health literacy and physical activity among older people. Role: Co-editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 2.7. Category: Health Care Sciences & Services.
https://www.mdpi.com/journal/healthcare/special_issues/L74PZPKAPO.

6. Veloso, A. P. (2025). Sensors. (Web of Science). Special issue: Movement Biomechanics Applications of Wearable Inertial Sensors. Role: Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 3.5. Category: Chemistry, Analytical.
https://www.mdpi.com/journal/sensors/special_issues/SBA_WIS#editors.

Quartile 3

No records.

Quartile 4

No records.

Not Web of Science Indexed

1. Baptista, L. C. (2025). Frontiers in Physiology. (PubMed / MEDLINE). Special issue: Exercise as a Central Pillar for Targeted Health and Performance. Role: Editor. Open Access: Yes. Peer Review: Yes. Journal Impact Factor: 3.4. Category: Physiology. <https://www.frontiersin.org/research-topics/68958/exercise-as-a-central-pillar-for-targeted-health-and-performance/articles>.

Execution of R&D Projects

International

Completed

1. Project Title: Development of a simulation platform based in musculoskeletal models to predict recovery of gait following orthopedic interventions in cerebral palsy children. Project Acronym: CPJoyWalk. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos IC&DT em Todos os Domínios Científicos. Grant Reference: PTDC/EMD-EMD/5804/2020. Total Funding in €: 243421.25. Funding for FMH/FCDEF in €: 223000. Starting Date: 2021-07-13. Ending Date: 2025-07-17. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: A. P. Veloso. CIPER Researchers: João, F. (Collaborator). Project URL: <https://cpjoywalk.fmh.ulisboa.pt/>. Notes: 65 participants assessed - children; 11 clinicians involved; 15 researchers and students; 4 hospitals.
2. Project Title: European Physical Activity Guidelines to Tackle Depressive Symptoms. Project Acronym: EUPAG-DS. Funding Agency: European Commission. Programme / Call: Erasmus+ – Cooperation Partnerships. Grant Reference: 101049714-EUPAG-DS-ERASMUS-SPORT-2021-SCP. Total Funding in €: 400000. Funding for FMH/FCDEF in €: 156000. Starting Date: 2022-06-01. Ending Date: 2025-05-31. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: A. Marques. CIPER Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Researchers: Peralta, M. (Collaborator); Marques, A. (Principal Investigator. (PI)). Project URL: <https://eupagds.wixsite.com/eupagds>.

3. Project Title: Improving Performance in football using virtual reality tools.
Funding Agency: DAS - Developing Athletics Software. Programme / Call: Other.
Grant Reference: SGD3514. Total Funding in €: 12000. Funding for FMH/FCDEF in €: 12000. Starting Date: 2024-09-01. Ending Date: 2025-08-30. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: D. Araújo. CIPER Researchers: Araújo, D. (Co-Principal Investigator. (Co-PI)); Brito, H. (Collaborator).
 4. Project Title: kidsTUMove goes Europe - cordially fit. Project Acronym: KTM.
Funding Agency: European Commission. Programme / Call: Erasmus+ – Cooperation Partnerships. Grant Reference: 101089905-KTM-ERASMUS-SPORT-2022-SCP. Total Funding in €: 400000. Funding for FMH/FCDEF in €: 70000. Starting Date: 2022-06-01. Ending Date: 2025-05-31. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: C. Sitzberger. CIPER Researchers: Marques, A. (Local / Institutional Coordinator); Peralta, M. (Collaborator). Project URL: <https://ktm.infoproject.eu/>.
 5. Project Title: Monitoring physical fitness to enhance the development of physical literacy in children and adolescents. Project Acronym: FITBACK.
Funding Agency: European Commission. Programme / Call: Erasmus+ – Cooperation Partnerships. Grant Reference: 101089829. Total Funding in €: 400000. Funding for FMH/FCDEF in €: 39000. Starting Date: 2023-05-01. Ending
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Date: 2025-12-31. Proponent Institution: University of Ljubljana. Principal

Investigator: G. Jurak. CIPER Researchers: Magalhães, J. P. (Local / Institutional Coordinator).

6. Project Title: Rock your health. Project Acronym: RYHEALTH. Funding Agency: European Commission. Programme / Call: EU4Health. Grant Reference: 101079938. Total Funding in €: 1 274 875,04 €. Funding for FMH/FCDEF in €: 261 585,04 €. Starting Date: 2022-12-31. Ending Date: 2025-08-31. Proponent Institution: Faculty of Sport Sciences and Physical Education, University of coimbra. Principal Investigator: P. Tavares. CIPER Researchers: Machado-Rodrigues, A. M. (Collaborator); Gomes B. B. (Collaborator); Campos, M. (Collaborator). Project URL: <https://ryhealth.net/>.
7. Project Title: Urban Mobility and Healthy Ageing: Innovations for a Sustainable Future. Project Acronym: UMAIS. Funding Agency: Other. Programme / Call: Projetos em Saúde, Educação e Desenvolvimento Humano. Grant Reference: 1.1-0001-112-00407. Total Funding in €: 195625. Funding for FMH/FCDEF in €: 130625. Starting Date: 2025-02-01. Ending Date: 2025-12-31. Proponent Institution: Faculty of Human Kinetics, University of Lisbon. Principal Investigator: F. Carnide. CIPER Researchers: Baptista, F. (Collaborator); Carnide, F. (Principal Investigator. (PI)). Project URL: <https://umais.fmh.ulisboa.pt/>. Notes: 25 users. (practitioners, clinicians, urban planners), target groups. (elderly), and stakeholders. (Municipalities and Transport Companies).

Ongoing

1. Project Title: Artificial intelligence-based Parkinson's disease risk assessment and prognosis. Project Acronym: AI-PROGNOSIS. Funding Agency: European Commission. Programme / Call: Horizon Europe – Cluster 1: Health. Grant Reference: 101080581. Total Funding in €: 5928625. Funding for FMH/FCDEF in €: 188944.58. Starting Date: 2023-07-01. Ending Date: 2027-06-30. Proponent Institution: Aristotle University of Thessaloniki. Principal Investigator: L. Hadjileontiadis. CIPER Researchers: Dias, S. B. (Local / Institutional Coordinator). Project URL: <https://www.ai-prognosis.eu/>. Notes: A população-alvo inclui pessoas afetadas pela doença de Parkinson. O projeto utiliza grandes bases de dados existentes e recolha digital contínua.
 2. Project Title: Associação entre os comportamentos de movimento de 24 horas (sono, atividade física e comportamento sedentário) com sintomas de transtornos mentais em adolescentes: abordagem transversal. Project Acronym: 24h mov menta--health. Funding Agency: Other. Programme / Call: Other. Total Funding in €: 16180. Funding for FMH/FCDEF in €: 0. Starting Date: 2023-09-01. Ending Date: 2028-06-30. Proponent Institution: State University of Northern Paraná. Principal Investigator: A. Neto. CIPER Researchers: Machado-Rodrigues, A. M. (Collaborator).
 3. Project Title: Climate change and healthy AgeinG: co-creating E-learning for resilience and adaptation. Project Acronym: chAnGE. Funding Agency: European Commission. Programme / Call: Erasmus+ – Capacity Building. Grant
- Faculdade de Motricidade Humana, Universidade de Lisboa | Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Reference: ERASMUS-EDU-2022-PI-ALL-INNO. Total Funding in €: 1494686.

Funding for FMH/FCDEF in €: 177000. Starting Date: 2023-10-01. Ending Date:

2026-10-31. Proponent Institution: University College of Cork. Principal

Investigator: S. Timmons. CIPER Researchers: Baptista, F. (Collaborator); Dias,

S. B. (Collaborator); Carnide, F. (Local / Institutional Coordinator); Assunção, A.

(Collaborator). Project URL: <https://forschung.fh-kaernten.at/change/>. Notes:

500. (health and social care professionals), target groups. (elderly), and

stakeholders. (public and private health and social care organizations;

hospitals, nursing homes, municipalities, Professional Associations).

4. Project Title: Comprehensive understanding of water turnover mechanisms throughout the menstrual cycle in female athletes. Funding Agency: Other. Programme / Call: Other. Grant Reference: 23KK0177. Funding for FMH/FCDEF in €: 10000. Starting Date: 2023-09-08. Ending Date: 2027-03-31. Proponent Institution: Institute of Health and Sport Sciences, University of Tsukuba. Principal Investigator: H. Sagayama. CIPER Researchers: Silva, A. M. (Collaborator). Project URL: <https://kaken.nii.ac.jp/en/grant/KAKENHI-PROJECT-23KK0177/>. Notes: Fund for the Promotion of Joint International Research. (International Collaborative Research), Japan Society for the promotion of Science, and the budget for FMH involves consumables directed to the Exercise and Health Laboratory, CIPER.
5. Project Title: Connected Hubs in Ageing: Healthy Living to Protect Cerebrovascular Function. Project Acronym: CHAngeing. Funding Agency: Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

European Commission. Programme / Call: Horizon Europe – Partnerships. Grant Reference: 101087071. Total Funding in €: 4999693.75. Funding for FMH/FCDEF in €: 1457281.25. Starting Date: 2023-01-01. Ending Date: 2026-12-31.

Proponent Institution: Center for Neuroscience and Cell Biology, University of Coimbra. Principal Investigator: J. Malva. CIPER Researchers: Teixeira, A.

(Collaborator). Project URL:

<https://cordis.europa.eu/project/id/101087071/results>.

6. Project Title: De-risking metabolic, environmental and behavioural determinants of obesity in children, adolescents and young adults. Project Acronym: PAS GRAS. Funding Agency: European Commission. Programme / Call: Horizon Europe – Cluster 1: Health. Grant Reference: 101080329. Total Funding in €: 9839921.25. Funding for FMH/FCDEF in €: 2383488.75. Starting Date: 2023-05-01. Ending Date: 2028-04-30. Proponent Institution: Center for Neuroscience and Cell Biology, University of Coimbra. Principal Investigator: P. Oliveira. CIPER Researchers: Teixeira, A. (Collaborator); Massart, A. (Collaborator); Machado-Rodrigues, A. M. (Collaborator). Project URL:

<https://cordis.europa.eu/project/id/101080329>.

7. Project Title: Development of a European football knee injury awareness, prevention, and management model for youth. Project Acronym: ACL-PREVENT. Funding Agency: European Commission. Programme / Call: Erasmus+ – Cooperation Partnerships. Grant Reference: ERASMUS-SPORT-2024-SCP. Total Funding in €: 400000. Funding for FMH/FCDEF in €: 75000. Starting Date: 1905-

07-16. Ending Date: 1905-07-20. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: A. P. Veloso. CIPER Researchers: Cabral, S. (Local / Institutional Coordinator); Moniz-Pereira, V. (Collaborator); Veloso, A. P. (Principal Investigator. (PI)). Project URL: <https://ec.europa.eu/info/funding-tenders/opportunities/portal/screen/opportunities/topic-details/erasmus-sport-2024-scp>.

8. Project Title: Effects of two years of resistance training on muscular strength, body composition, functional fitness, metabolic biomarkers, cognition, and cardiac parameters in postmenopausal women: Longitudinal Study Active Aging. Funding Agency: Other. Programme / Call: Other. Grant Reference: 786-404-890-001-53. Funding for FMH/FCDEF in €: 0. Starting Date: 2023-10-01. Ending Date: 31/10/2026. Proponent Institution: State University of Londrina. Principal Investigator: E. Cyrino. CIPER Researchers: Silva, A. M. (Collaborator). Notes: No dedicated budget is allocated to FMH; however, the Exercise and Health Laboratory at CIPER annually hosts PhD student internships from State University of Londrina.
9. Project Title: Gamified educational framework for GenZ using affective and immersive technology. Project Acronym: EduGenZ. Funding Agency: Other. Programme / Call: Other. Grant Reference: 26237. Total Funding in €: 200000. Funding for FMH/FCDEF in €: 0. Starting Date: 2025-05-05. Ending Date: 2029-04-30. Proponent Institution: DUTH. Principal Investigator: S. Hadjileontiadou.

CIPER Researchers: Dias, S. B. (Collaborator). Project URL:

<https://edugenz.eled.duth.gr/>. Notes: O projeto EduGenZ envolve educadores, investigadores e desenvolvedores como utilizadores principais. Os grupos-alvo são estudantes da Geração Z, incluindo alunos do ensino básico, secundário e superior. Os stakeholders incluem universidades, escolas, centros de investigação, e equipas tecnológicas, bem como potenciais ONGs ligadas à educação e inovação pedagógica.

10. Project Title: Healthy Working Environments for all ages: na evidence-driven framework. Project Acronym: Wage. Funding Agency: European Commission. Programme / Call: Horizon Europe – Cluster 1: Health. Grant Reference: HORIZON-HLTH-2023-ENVHLTH-02. Total Funding in €: 5442312. Funding for FMH/FCDEF in €: 738500. Starting Date: 2023-12-01. Ending Date: 2027-12-30. Proponent Institution: SINTEF. Principal Investigator: V. González. CIPER Researchers: Veloso, A. P. (Collaborator); Assunção, A. (Collaborator); Carnide, F. (Local / Institutional Coordinator); Moniz-Pereira, V. (Collaborator). Project URL: <https://cordis.europa.eu/project/id/101137207>. Notes: Health and Safety Professionals, target groups. (workers), and stakeholders. (Companies, Public Health Organizations).

11. Project Title: Integrated care digital-based interventions for multimorbid patients suffering from chronic respiratory conditions. Project Acronym: MULTIPULM. Funding Agency: European Commission. Programme / Call: Horizon Europe – Cluster 1: Health. Grant Reference: 101226783. Total Funding

in €: 4399687.5. Funding for FMH/FCDEF in €: 198000. Starting Date: 2025-08-01. Ending Date: 2029-07-30. Proponent Institution: WELLICS. Principal Investigator: A. Raptopoulos. CIPER Researchers: Dias, S. B. (Local / Institutional Coordinator). Project URL: <https://www.multipulm.eu/>. Notes: As intervenções digitais serão implementadas em 3 países: Brasil, Sérvia e Turquia. O projeto dirige-se a pacientes multimórbidos com doenças respiratórias crónicas e envolve hospitais, universidades, e empresas tecnológicas.

12. Project Title: Intelligent Digital Services for Supporting the European Fitness Monitoring System. Project Acronym: i4EUFITMOS. Funding Agency: European Commission. Programme / Call: Erasmus+ – Cooperation Partnerships. Grant Reference: 101185245-i4EUFITMOS-ERASMUS-SPORT-2024-SCP. Total Funding in €: 400000. Funding for FMH/FCDEF in €: 70000. Starting Date: 2024-12-01. Ending Date: 2027-11-30. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: T. Tsiatsos. CIPER Researchers: Peralta, M. (Local / Institutional Coordinator). Project URL: <https://eufitmos.eu/>.

13. Project Title: Promoting an active and healthy lifestyle during pregnancy. impact on maternal health and fitness. Project Acronym: Active pregnancy. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos de Investigação Exploratória. Grant Reference: 2023.14896.PEX. Total Funding in €: 50000. Funding for FMH/FCDEF in €: 0. Starting Date: 2024-11-15. Ending Date: 2026-06-15. Proponent Institution: SPRINT, Instituto Politécnico de Santarém, Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Escola Superior de Desporto de Rio Maior. Principal Investigator: R. Santos-Rocha. CIPER Researchers: Fragoso, I. (Collaborator). Notes: Number of users. (e.g., practitioners, clinicians), target groups. (e.g., children, elderly), and stakeholders. (e., NGO).

14. Project Title: Promoting Mixed Ability Sports through Roblox Communities.

Project Acronym: MASBLOX. Funding Agency: European Commission.

Programme / Call: Erasmus+ – Capacity Building. Grant Reference: 101243203-ERASMUS-SPORT-2025-SCP. Total Funding in €: 250000. Funding for

FMH/FCDEF in €: 42320. Starting Date: 2025-11-01. Ending Date: 2027-11-01.

Proponent Institution: Club Deportivo Chañe. Principal Investigator: M. Herro.

CIPER Researchers: Campos, M. (Collaborator); Baptista, L. C. (Collaborator);

Sarmiento, H. (Local / Institutional Coordinator). Project URL:

<https://www.epsi.eu/project/masbloc/>. Notes: Target Group: Clubs, Teachers, Physical Education students.

15. Project Title: Psoriatic arthritis inflammation explained through multisource data

analysis guiding a novel personalised digital care ecosystem. Project Acronym:

iPROLEPSIS. Funding Agency: European Commission. Programme / Call:

Horizon Europe – Cluster 1: Health. Grant Reference: 101095697. Total Funding in €: 6485500. Funding for FMH/FCDEF in €: 293700. Starting Date: 2025-02-01.

Ending Date: 2027-01-31. Proponent Institution: Aristotle University of

Thessaloniki. Principal Investigator: L. Hadjileontiadis. CIPER Researchers:

Baptista, F. (Collaborator); Dias, S. B. (Local / Institutional Coordinator). Project

URL: <https://www.iprolepsis.eu/>. Notes: O estudo clínico conta atualmente com 152 participantes recrutados em 4 países. (Países Baixos, Reino Unido, Portugal e Grécia). Os grupos-alvo incluem adultos com psoríase ou risco de PsA, profissionais de saúde e investigadores. Os stakeholders abrangem hospitais, universidades, empresas tecnológicas e associações de doentes.

16. Project Title: Psychosocial Health Prevention and Work Standards: Training for OHS Professionals and Executives. Project Acronym: PSYHEALTH WORXS!. Funding Agency: Other. Programme / Call: Projetos em Saúde, Educação e Desenvolvimento Humano. Grant Reference: 220140. Total Funding in €: 262967. Funding for FMH/FCDEF in €: 50000. Starting Date: 2022-07-01. Ending Date: 2025-12-31. Proponent Institution: Universitätsklinikum Aachen. Principal Investigator: J. Lang. CIPER Researchers: Carnide, F. (Local / Institutional Coordinator). Project URL: <https://eithealth.eu/programmes/psyhealth-worxs/>. Notes: 2000. (practitioners), Health and Safety Professionals and workers, and companies and Public Health Organizations.

17. Project Title: Women Fitness Cycle. Project Acronym: WFC. Funding Agency: European Commission. Programme / Call: Erasmus+ – Cooperation Partnerships. Grant Reference: 101181167-KTM-ERASMUS-SPORT-2024-SCP. Total Funding in €: 400000. Funding for FMH/FCDEF in €: 50000. Starting Date: 2024-12-01. Ending Date: 2026-11-30. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: M. Lopez-Flores.

CIPER Researchers: Peralta, M. (Collaborator). Project URL:

<https://sportacademy.com/product/women-fitness-cycle/>.

18. Project Title: Worldwide trends in body-mass index, underweight, overweight, and obesity from 1975 in 128.9 millions of children, adolescents, and adults.
- Funding Agency: World Health Organization. Programme / Call: Horizon Europe – Cluster 1: Health. Starting Date: 2016-09-01. Ending Date: 2028-06-30.
- Proponent Institution: Imperial College. CIPER Researchers: Machado-Rodrigues, A. M. (Collaborator).

National

Completed

- Project Title: Another Look to Exercise Prescription: Exercise Timing and the Circadian Clock in Individuals with Type 2 Diabetes and those at risk. Project Acronym: EX TIMING. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos de Investigação Exploratória. Grant Reference: 20228130.PTDC. Total Funding in €: 48897.35. Funding for FMH/FCDEF in €: 48897.35. Starting Date: 2023-01-03. Ending Date: 31/07/2025. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: J. P. Magalhães. CIPER Researchers: Magalhães, J. P. (Principal Investigator. (PI)).
- Project Title: Development of a simulation platform based in musculoskeletal models to predict recovery of gait following orthopedic interventions in cerebral

palsy children. Project Acronym: CPJoyWalk. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos IC&DT em Todos os Domínios Científicos. Grant Reference: PTDC/EMD-EMD/5804/2020. Total Funding in €: 243421.25. Funding for FMH/FCDEF in €: 223000. Starting Date: 2021-07-13. Ending Date: 2025-07-17. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: A. P. Veloso. CIPER Researchers: Veloso, A. P. (Principal Investigator. (PI)); Cabral, S. (Collaborator); Moniz-Pereira, V. (Collaborator). Project URL: <https://cpjoywalk.fmh.ulisboa.pt/>. Notes: 90.

3. Project Title: Estudo no âmbito da campanha nacional do Suava. Project Acronym: SUAVA. Funding Agency: Instituto Português do Desporto e Juventude. Programme / Call: Apoio a Projetos de Investigação Conjuntos. Grant Reference: DAP 2023098. Total Funding in €: 98928.75. Funding for FMH/FCDEF in €: 98928.75. Starting Date: 2023-01-02. Ending Date: 31/12/2025. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: J. P. Magalhães. CIPER Researchers: Magalhães, J. P. (Principal Investigator. (PI)).
4. Project Title: Lisboa Ativa - Cidades ativas, saudáveis e sustentáveis. Project Acronym: Lisboa Ativa. Funding Agency: Instituto Português do Desporto e Juventude. Programme / Call: Apoio a Projetos de Investigação Conjuntos. Grant Reference: 92/DAFD/2025. Total Funding in €: 25000. Funding for FMH/FCDEF in €: 25000. Starting Date: 2025-10-10. Ending Date: 31/12/2025.

Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon.

Principal Investigator: J. P. Magalhães. CIPER Researchers: Magalhães, J. P.

(Principal Investigator. (PI)).

5. Project Title: Programa Livre de Educação e Exercício na Osteoartrose. Project Acronym: PLE2NO. Funding Agency: Instituto Português do Desporto e Juventude. Programme / Call: Programas de Desenvolvimento Desportivo. Grant Reference: 8338. Total Funding in €: 7935. Funding for FMH/FCDEF in €: 2380. Starting Date: 2023-09-01. Ending Date: 2025-08-31. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: M. Espanha. CIPER Researchers: Espanha, M. (Principal Investigator. (PI)).
Notes: 50.

Ongoing

1. Project Title: Active Streets Around Schools. Project Acronym: ASAS. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos IC&DT em Todos os Domínios Científicos. Grant Reference: LISBOA2030-FEDER-00853700. Total Funding in €: 249480. Funding for FMH/FCDEF in €: 249480. Starting Date: 2025-07-10. Ending Date: 2028-07-09. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: R. Cordovil. CIPER Researchers: Cordovil, R. (Principal Investigator. (PI)).
2. Project Title: Advancing Personalized Shoulder Medicine through Automated Biomechanical Modeling: A Proof-of-Concept in Glenohumeral Osteoarthritis. Faculdade de Motricidade Humana, Universidade de Lisboa | Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Project Acronym: PROMOTE-BIO. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos IC&DT em Todos os Domínios Científicos. Grant Reference: LISBOA2030-FEDER-00703600. Total Funding in €: 249220.8. Funding for FMH/FCDEF in €: 15292.8. Starting Date: 2025-07-14. Ending Date: 2027-12-31. Proponent Institution: Instituto de Engenharia Mecânica. Principal Investigator: C. Quental. CIPER Researchers: Moniz-Pereira, V. (Local / Institutional Coordinator). Project URL: <https://promote-bio.tecnico.ulisboa.pt/>.

3. Project Title: Better living green and blue spaces for healthier and equitable cities. Project Acronym: BLINC. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos de Investigação Exploratória. Grant Reference: 2023.11451.PEX. Total Funding in €: 49994.96. Funding for FMH/FCDEF in €: 5000. Starting Date: 2025-02-01. Ending Date: 2026-07-31. Proponent Institution: Faculty of Humanities, University of Coimbra. Principal Investigator: R. Almendra. CIPER Researchers: Machado-Rodrigues, A. M. (Collaborator); Teixeira, A. (Collaborator). Project URL: 2023.11451.PEX.
4. Project Title: Centro de Gestão de Dados de Investigação Interdisciplinar na Universidade de Lisboa. Project Acronym: iRe:Search. Funding Agency: Fundação para a Ciência e a Tecnologia. Total Funding in €: 220500. Funding for FMH/FCDEF in €: 0. Starting Date: 2025-01-01. Proponent Institution: Reitoria da Universidade de Lisboa. Principal Investigator: C. Rodrigues. CIPER

Researchers: Silva, A. M. (Collaborator). Project URL:

<https://www.ulisboa.pt/info/apoio-ciencia-aberta>.

5. Project Title: Desporto Adaptado na Universidade - Frame Football. Project Acronym: DAUniFF. Funding Agency: Instituto Português do Desporto e Juventude. Programme / Call: Programas de Desenvolvimento Desportivo. Total Funding in €: 10000. Funding for FMH/FCDEF in €: 10000. Starting Date: 2026-01-01. Ending Date: 2026-12-31. Proponent Institution: Faculty of Human Kinetics, University of Lisbon. Principal Investigator: A. G. Pascoal. CIPER Researchers: João, F. (Collaborator). Project URL: <https://sites.google.com/view/frame-football-portugal/p%C3%A1gina-inicial>. Notes: 12 children. (and their families) participated in the sessions; 2 clinicians; 5 academic staff and researchers; 2 sponsorship companies;
6. Project Title: Desporto Adaptado na Universidade - Frame Sports. Project Acronym: ULisboa_FrameSports. Funding Agency: Other. Programme / Call: Other. Total Funding in €: 11000. Funding for FMH/FCDEF in €: 3300. Starting Date: 2025-01-01. Ending Date: 2025-12-31. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: A. G. Pascoal. CIPER Researchers: Pascoal, A. G. (Principal Investigator. (PI)). Project URL: <https://sites.google.com/view/frame-football-portugal/p%C3%A1gina-inicial>. Notes: 20 children practitioners, 1 physiotherapist, 1 adapted sports specialist, 1 biomechanist, and 2 trainers.

7. Project Title: Mais Saúde, Menos Diabetes - Programa educativo de prevenção da diabetes tipo 2 com exercício integrado: abordagem digital e presencial. Project Acronym: MSMD. Funding Agency: Direção-Geral da Saúde. Programme / Call: Apoio a Projetos de Investigação Conjuntos. Grant Reference: 20170700050. Total Funding in €: 20000. Funding for FMH/FCDEF in €: 20000. Starting Date: 2025-09-01. Ending Date: 2026-12-31. Proponent Institution: Direção-Geral da Saúde, Programa Nacional para a Diabetes. Principal Investigator: J. P. Magalhães. CIPER Researchers: Magalhães, J. P. (Principal Investigator. (PI)); Silva, A. M. (Collaborator). Notes: 120 adults with pre-diabetes.
8. Project Title: Maturação. Funding Agency: Other. Programme / Call: Other. Total Funding in €: 60000. Funding for FMH/FCDEF in €: 0. Starting Date: 2015-01-30. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: I. Fragoso. CIPER Researchers: Fragoso, I. (Principal Investigator. (PI)). Notes: 4; Athletes; Clubes. (SLB, FMTA).
9. Project Title: Obesidade pediátrica, estilos de vida e saúde mental a longo prazo: o papel da alimentação ultra-processada, do sedentarismo e da atividade física habitual no estado ponderal e bem-estar dos adolescentes e das suas famílias. Project Acronym: Midlands Behavioural Health 2024. Funding Agency: Other. Programme / Call: Other. Grant Reference: CE/FCDEF-UC/00092024. Total Funding in €: 0. Funding for FMH/FCDEF in €: 0. Starting Date: 2024-10-01. Ending Date: 2028-07-31. Proponent Institution: Faculty of Faculdade de Motricidade Humana, Universidade de Lisboa | Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Sport Sciences and Physical Education, University of Coimbra. Principal Investigator: A. Machado-Rodrigues. CIPER Researchers: Machado-Rodrigues, A. M. (Principal Investigator. (PI)). Project URL: CE/FCDEF-UC/00092024.

10. Project Title: Plataforma Inteligente para Acompanhamento de Atletas e Gestão de Ginásios. Project Acronym: KOACHY. Funding Agency: European Commission. Programme / Call: Fundo Europeu de Desenvolvimento Regional. (FEDER). Grant Reference: CENTRO2030-FEDER-01183000. Total Funding in €: 1072233.76. Funding for FMH/FCDEF in €: 108000. Starting Date: 2024-10-01. Ending Date: 2027-09-30. Proponent Institution: Deemaze - Software, Lda. Principal Investigator: H. Sarmento. CIPER Researchers: Gomes B. B. (Collaborator). Project URL: <https://www.ipn.pt/projecto/248>.

11. Project Title: Randomised controlled trial and economic evaluation of a person-centred digital intervention to prevent diabetes in high-risk adults. Project Acronym: VAPrevention. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Apoios à Investigação Científica. Grant Reference: 20222969.PTDC. Total Funding in €: 249931.82. Funding for FMH/FCDEF in €: 42102.39. Starting Date: 2023-01-02. Ending Date: 2026-01-02. Proponent Institution: Egas Moniz - Cooperativa de Ensino Superior, CRL. Principal Investigator: M. Guerreiro. CIPER Researchers: Santa-Clara, H. (Collaborator). Project URL: <https://www.vaprevention.org/>.

12. Project Title: The validity of automatic methods for estimating skeletal age in young athletes: a comparison of TW3 method with the BAUSport ultrasound
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system, BoneXpert, and Flores et al. (2023) equations. Project Acronym: BAUSport. Funding Agency: Other. Programme / Call: Other. Total Funding in €: 3000. Funding for FMH/FCDEF in €: 0. Starting Date: 2024-01-01. Ending Date: 2028-12-30. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: I. Fragoso. CIPER Researchers: Frafoso, I. (Principal Investigator. (PI)). Notes: 4; Athletes; Clubes. (SLB).

13. Project Title: Trajetórias e Desigualdades no Uso de Equipamentos Digitais e os Efeitos a Longo Prazo na Prevalência de Obesidade e Saúde Mental Infantil. Project Acronym: SCREENHEALTH. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos IC&DT em Todos os Domínios Científicos. Grant Reference: 20227652.PTDC. Total Funding in €: 243868.88. Funding for FMH/FCDEF in €: 0. Starting Date: 2023-03-12. Ending Date: 2026-03-11. Proponent Institution: Faculty of Sciences and Technology, University of Coimbra. Principal Investigator: D. Rodrigues. CIPER Researchers: Machado-Rodrigues, A. M. (Co-Principal Investigator. (Co-PI)). Project URL: 20227652.PTDC.

Submission of R&D Projects

International

Funded

1. Project Title: Emotion-responsive Neurotherapeutic Closed-loop Ecosystem for Pain Healing via Affective Lensing and Orchestration over Neurosignals. Project Acronym: ENCEPHALON. Funding Agency: European Commission. Programme / Call: EIC Accelerator. Total Funding in €: 700000. Funding for FMH/FCDEF in €: 97062. Proponent Institution: HERMES Healthcare. Principal Investigator: L. Hadjileontiadis. CIPER Researchers: Dias, S. B. (Local / Institutional Coordinator).
2. Project Title: FCT/Mobility/1310508090/2024-25. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Programas de Capacitação Científica Internacional. Total Funding in €: 5295. Funding for FMH/FCDEF in €: 0. Starting Date: 2026-01-05. Ending Date: 2026-04-04. Proponent Institution: CIPER, Faculty of Sport Sciences and Physical Education, University of Coimbra. Principal Investigator: A. Teixeira. CIPER Researchers: Teixeira, A. (Principal Investigator. (PI)).

Not Funded

1. Project Title: Impacto da iniciação esportiva precoce no desenvolvimento ósseo de adolescentes. Project Acronym: ABC Growth Study. Funding Agency: Other. Programme / Call: Other. Total Funding in €: 33000. Funding for FMH/FCDEF in Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

€: 0. Starting Date: 2026-01-01. Ending Date: 2028-12-31. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: R. Araújo-Fernandes. CIPER Researchers: Coelho-e-Silva, M. (Principal Investigator. (PI)). Notes: Chamada 49/2024.

2. Project Title: Unveiling ACL Injury Mechanisms And Risk In Female Football Players From Real- Game And Training Data: A 3D Markerless Motion Capture And Musculoskeletal Modelling Approach. Funding Agency: Other. Programme / Call: Other. Total Funding in €: 30000. Funding for FMH/FCDEF in €: 30000. Starting Date: 2025-07-01. Ending Date: 31/06/2026. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: S. Cabral. CIPER Researchers: Cabral, S. (Principal Investigator. (PI)).
3. Project Title: Women's Power - Promoting and empowering healthy and active lifestyles of women across the life cycle. Funding Agency: Other. Programme / Call: Apoios à Investigação Científica. Proponent Institution: SPRINT, Instituto Politécnico de Santarém, Escola Superior de Desporto de Rio Maior. Principal Investigator: R. Santos-Rocha. CIPER Researchers: Fragoso, I. (Collaborator).

Pending

1. Project Title: Ajustes centrais e periféricos provenientes de diferentes sessões de treinamento intervalado combinado a hipóxia de recuperação inter-esforço: implicações para o desempenho de nADADORES. Funding Agency: Other. Programme / Call: Other. Total Funding in €: 58000. Funding for FMH/FCDEF in €: 0. Starting Date: 2026-02-05. Ending Date: 2028-02-05. Proponent Institution: Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Escola de Educação Física e Esporte de Ribeirão Preto. Principal Investigator: M. Papoti. CIPER Researchers: Reis, J. F. (Collaborator). Notes: submetido à FAPESP.

2. Project Title: Designing Harmonised Body Composition Data Frameworks for Research and Global Health Applications. Project Acronym: NET4BODYCOMP. Funding Agency: European Commission. Programme / Call: Programas de Capacitação Científica Internacional. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: A. M. Silva. CIPER Researchers: Silva, A. M. (Principal Investigator. (PI)); Magalhães, J. P. (Collaborator). Notes: COST Action.
3. Project Title: Diabetes prevalence and prevention in the Guinean diaspora in Lisbon – a comparative study with Guinea-Bissau. Project Acronym: DIASPORA-DIAB. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos de Investigação Exploratória. Total Funding in €: 59994.51. Funding for FMH/FCDEF in €: 41994.51. Starting Date: 2026-01-01. Ending Date: 2027-06-30. Proponent Institution: Center for Neuroscience and Cell Biology, University of Coimbra. Principal Investigator: E. Carvalho. CIPER Researchers: Massart, A. (Collaborator); Teixeira, A. (Collaborator). Notes: 20257783.SAU+.
4. Project Title: Enhancing Physical Fitness Through Personalized Monitoring and Interventions. Project Acronym: Vitality. Funding Agency: European Commission. Programme / Call: Programas de Capacitação Científica Internacional. Proponent Institution: University of Ljubljana. Principal Investigator: M. Papoti. Proponent Address: Faculdade de Motricidade Humana, Universidade de Lisboa | Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Investigator: G. Jurak. CIPER Researchers: Magalhães, J. P. (Collaborator).

Notes: COST Action.

5. Project Title: Impacto de diferentes modelos de progressão sobre respostas adaptativas ao treinamento resisitido em mulheres idosas. Project Acronym: Active Aging. Funding Agency: Other. Programme / Call: Other. Total Funding in €: 200000. Funding for FMH/FCDEF in €: 0. Starting Date: 2026-06-01. Ending Date: 2027-12-31. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: E. Cyrino. CIPER Researchers: Coelho-e-Silva, M. (Collaborator). Notes: Chamada 16/2025.
6. Project Title: Multidisciplinary OsteoSArcoopenIC Obesity Network. Project Acronym: MOSAIC-O. Funding Agency: European Commission. Programme / Call: Programas de Capacitação Científica Internacional. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: L. Donini. CIPER Researchers: Silva, A. M. (Collaborator). Notes: COST Action.
7. Project Title: Promoting Active and healthy Lifestyles in Children with overweight and Obesity: a multi-component school-based intervention. Project Acronym: PALCO. Funding Agency: European Commission. Programme / Call: EU4Health. Total Funding in €: 2000000. Funding for FMH/FCDEF in €: 515083. Starting Date: 2025-10-01. Ending Date: 2026-01-06. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: A. Marques. CIPER Researchers: Marques, A. (Principal Investigator. (PI)); Peralta, M. (Collaborator).

8. Project Title: Supporting Employment Retention of Employees with Disabilities through Weekly Exercise in Mainstream Sports Clubs. Project Acronym: STEP. Funding Agency: European Commission. Programme / Call: Other. Total Funding in €: 982973. Funding for FMH/FCDEF in €: 168389. Starting Date: 2026-07-18. Ending Date: 2028-07-20. Proponent Institution: Institut Republike Slovenije Za Socialno Varstvo. Principal Investigator: V. Pečnikar Oblak. CIPER Researchers: Campos, M. (Collaborator); Massart, A. (Collaborator).

National

Funded

1. Project Title: Exploring the role of lifelong exercise on immunosenescence and metabolic plasticity in immune cells. Project Acronym: Exercise4Life. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos de Investigação Exploratória. Total Funding in €: 59952.5. Funding for FMH/FCDEF in €: 59952.5. Starting Date: 2026-02-01. Ending Date: 2027-08-01. Proponent Institution: CIPER, Faculty of Sport Sciences and Physical Education, University of Coimbra. Principal Investigator: A. Teixeira. CIPER Researchers: Teixeira, A. (Principal Investigator. (PI)); Gomes, B. B. (Collaborator); Massart, A. (Collaborator).
2. Project Title: Recreios Saudáveis: para o Envolvimento, a Atividade Física e a Regulação das crianças Surdas ou com Deficiência Auditiva. Project Acronym: HEARD. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme /
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Call: Projetos de Investigação Exploratória. Total Funding in €: 60000. Funding for FMH/FCDEF in €: 0. Starting Date: 2026-02-23. Ending Date: 2027-08-22.

Proponent Institution: University of Évora. Principal Investigator: G. Veiga. CIPER

Researchers: Cordovil, R. (Collaborator). Notes:

<https://www.uevora.pt/investigar/projetos?id=7180>.

Not Funded

1. Project Title: Human Motor Power as a Key Biomarker of Biological Age: Exploring Its Relevance Beyond Strength and Skeletal Muscle Mass. Project Acronym: HumanPowerAge. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos de Investigação Exploratória. Total Funding in €: 60000. Funding for FMH/FCDEF in €: 60000. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: S. Freitas. CIPER Researchers: Santos, P. (Collaborator).
2. Project Title: Impact of mobility and migration on obesity and diabetes - education to change habits and promote health. Project Acronym: HealthyHabits. Funding Agency: Other. Programme / Call: Projetos de Investigação Exploratória. Total Funding in €: 30000. Funding for FMH/FCDEF in €: 30000. Starting Date: 1905-07-17. Ending Date: 1905-07-18. Proponent Institution: Center for Neuroscience and Cell Biology, University of Coimbra. Principal Investigator: E. Carvalho. CIPER Researchers: Massart, A. (Collaborator).

3. Project Title: Implementation of an exercise program for children. Effects on the physical activity pattern, biomechanical loading, morphology, and motor competence. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos de Investigação Exploratória. Proponent Institution: SPRINT, Instituto Politécnico de Santarém, Escola Superior de Desporto de Rio Maior. Principal Investigator: C. Mercê. CIPER Researchers: Fragoso, I. (Collaborator).
4. Project Title: Is human motor power differently affected between males and females in upper and lower limb tasks within life span?. Project Acronym: PoweredSex&Age. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos de Investigação Exploratória. Total Funding in €: 59966.9. Funding for FMH/FCDEF in €: 59966.9. Starting Date: 2025-10-01. Ending Date: 2026-08-01. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: P. Santos. CIPER Researchers: Santos, P. (Principal Investigator. (PI)); Mendonça, G. V. (Co-Principal Investigator. (Co-PI)).
5. Project Title: O Impacto do Exercício Combinado no Linfedema, Composição Corporal, Força Muscular, e Qualidade de Vida em Sobreviventes de Cancro da Mama. Project Acronym: LymFit. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos de Investigação Exploratória. Total Funding in €: 49000. Funding for FMH/FCDEF in €: 49000. Starting Date: 2025-09-01. Ending Date: 2027-03-31. Proponent Institution: CIPER, Faculty of Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Human Kinetics, University of Lisbon. Principal Investigator: R. Francisco. CIPER Researchers: Silva, A. M. (Co-Principal Investigator. (Co-PI)); Magalhães, J. P. (Collaborator); Francisco, R. (Principal Investigator. (PI)).

6. Project Title: The Impact of Combined Exercise on Lymphedema, Body Composition, Muscle Strength, and Quality of Life in Breast. Project Acronym: LymFit. Funding Agency: Other. Programme / Call: Apoios à Investigação Científica. Total Funding in €: 36706.25. Funding for FMH/FCDEF in €: 36706.25. Starting Date: 2026-01-01. Ending Date: 2026-12-31. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: A. M. Silva. CIPER Researchers: Magalhães, J. P. (Collaborator); Silva, A.M. (Principal Investigator. (PI)); Francisco, R. (Collaborator). Notes: Industry. (Gilead Sciences) - biopharmaceutical company.
7. Project Title: Unravelling the impact of Distinct Exercise Modalities on GUT microbiome and gut-derived metabolites in Sarcopenic older adults. Project Acronym: DEMGUTS. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos de Investigação Exploratória. Total Funding in €: 60000. Funding for FMH/FCDEF in €: 60000. Proponent Institution: CIPER, Faculty of Sport Sciences and Physical Education, University of Coimbra. Principal Investigator: L. C. Baptista. CIPER Researchers: Baptista, L. C. (Principal Investigator. (PI)).
8. Project Title: Virtual Reality as a Facilitator of Decision-making, Creativity and Psychophysiological Engagement in Football Players and Coaches. Project Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Acronym: VirtuaSoccer. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos IC&DT em Todos os Domínios Científicos. Total Funding in €: 57328. Funding for FMH/FCDEF in €: 57328. Starting Date: 2025-09-01. Ending Date: 2027-02-28. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: H. Brito. CIPER Researchers: Carrilho, D. (Collaborator); Araújo, D. (Co-Principal Investigator. (Co-PI)); Brito, H. (Principal Investigator. (PI)).

Pending

1. Project Title: Desenvolvimento, implementação e avaliação de um Ecossistema de Recursos Digitais para Programas de Encaminhamento para Atividade Física nos cuidados de saúde primários: uma estrutura baseada no modelo PRISM. Project Acronym: DREAM. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos de Investigação Exploratória. Total Funding in €: 49256.26. Funding for FMH/FCDEF in €: 49256.26. Starting Date: 2026-01-01. Ending Date: 2027-07-31. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: J. P. Magalhães. CIPER Researchers: Peralta, M. (Collaborator); Silva, A. M. (Co-Principal Investigator. (Co-PI)); Magalhães, J. P. (Principal Investigator. (PI)); Francisco, R. (Collaborator).
2. Project Title: Diabetes prevalence and prevention in the Guinean diaspora in Lisbon – a comparative study with Guinea-Bissau. Project Acronym: DIASPORA-DIAB. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Faculdade de Motricidade Humana, Universidade de Lisboa | Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

Call: Projetos de Investigação Exploratória. Total Funding in €: 59994.51.

Funding for FMH/FCDEF in €: 41994.51. Starting Date: 2026-01-01. Ending Date: 2027-06-30. Proponent Institution: Center for Neuroscience and Cell Biology, University of Coimbra. Principal Investigator: E. Carvalho. CIPER Researchers: Campos, M. (Collaborator). Notes: 20257783.SAU+.

3. Project Title: Hand Power: a key motor marker to identify and predict adverse health outcomes?. Project Acronym: Hand4Health. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos de Investigação Exploratória. Total Funding in €: 50000. Funding for FMH/FCDEF in €: 50000. Starting Date: 2026-01-05. Ending Date: 2027-07-04. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: S. Freitas. CIPER Researchers: Santos, P. (Collaborator).
4. Project Title: Prescrição Social: Envolvimento Ativo da Comunidade para o Envelhecimento Saudável. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos de Investigação Exploratória. Total Funding in €: 60000. Funding for FMH/FCDEF in €: 4970. Proponent Institution: Faculty of Medicine, University of Coimbra. Principal Investigator: I. R. Carvalho e Silva. CIPER Researchers: Baptista, L. C. (Collaborator).
5. Project Title: Simple Screening for Sarcopenia, Osteopenia, and Vasculopenia in Postmenopausal Women with and without Breast Cancer. Project Acronym: SAGE Women Study. Funding Agency: Other. Programme / Call: Projetos em Saúde, Educação e Desenvolvimento Humano. Total Funding in €: 15000.

Funding for FMH/FCDEF in €: 15000. Starting Date: 2026-04-01. Ending Date: 2028-03-30. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: F. Baptista. CIPER Researchers: Baptista, F. (Principal Investigator. (PI)).

6. Project Title: Validation of a digital platform for screening sarcopenia, frailty, and fall risk in healthcare and active ageing settings. Project Acronym: Go4Screen. Funding Agency: Fundação para a Ciência e a Tecnologia. Programme / Call: Projetos em Saúde, Educação e Desenvolvimento Humano. Total Funding in €: 50000. Funding for FMH/FCDEF in €: 44375. Starting Date: 2026-01-05. Ending Date: 2027-07-04. Proponent Institution: CIPER, Faculty of Human Kinetics, University of Lisbon. Principal Investigator: F. Baptista. CIPER Researchers: Baptista, F. (Principal Investigator. (PI)).

Scientific Consultancy

1. Araújo, D. (2025). Comité Olímpico de Portugal: Performance. International: No.
2. Araújo, D. (2025). Fundação para a Ciência e a Tecnologia: Education. International: No.
3. Brito, H. (2025). Comité Olímpico de Portugal: Membro do júri do Prémios Ciências do Desporto COP | REPSOL 2025: Education. International: No. <https://comiteolimpicoportugal.pt/>.
4. Campos, M. (2025). Associação Desportiva Naval Remo: Other. International: No. <https://navalremo.pt/site/>.

5. Coelho-e-Silva, M. (2025). Programa Nacional de Ética Desportiva: Membro do júri. International: No. <https://pned.ipdj.gov.pt/premio-etica-no-desporto>.
6. Coelho-e-Silva, M. (2025). Comité Olímpico de Portugal: Membro do júri do Prémios Ciências do Desporto COP | REPSOL 2025: Education. International: No. <https://comiteolimpicoportugal.pt/noticias/detalhe-da-noticia/?id=NEW-8e82dc82-1de4-449d-ac0b-875304e5b8e4>.
7. Coelho-e-Silva, M. (2025). A3ES: Membro Comissão de Avaliação Externa A3ES no Processo ACEF/2324/1200901 referente ao Mestrado em Ciências da Educação Física e Desporto – Especialização em Exercício Físico e Saúde, ministrado pela Universidade da Maia: Education. International: No.
8. Coelho-e-Silva, M. (2025). A3ES: Membro Comissão de Avaliação Externa Processo ACEF/2324/1600154 referente ao Doutoramento em Ciências do Desporto, ministrado pela Universidade da Maia: Education. International: No.
9. Coelho-e-Silva, M. (2025). A3ES: Membro Comissão de Avaliação Externa A3ES no Processo ACEF/2324/0900157 referente ao Mestrado em Gerontologia: Actividade física e saúde no idoso ministrado pela Universidade de Trás-os-Montes e Alto Douro: Education. International: No.
10. Coelho-e-Silva, M. (2025). A3ES: Membro Comissão de Avaliação Externa A3ES no Processo ACEF/2324/0107277 referente à Licenciatura em Ciências do Desporto ministrada pela Universidade de Trás-os-Montes e Alto Douro: Education. International: No.

11. Coelho-e-Silva, M. (2025). A3ES: Membro Comissão de Avaliação Externa A3ES no Processo ACEF/2324/0900172 referente ao Mestrado em Ciências do Desporto com Especialização em Prescrição do Exercício Físico e Saúde ministrado pela Universidade de Trás-os-Montes e Alto Douro: Education. International: No.
12. Gomes, B. B. (2025). Federação Portuguesa de Canoagem: Performance. International: No. <https://www.uc.pt/fcdef/noticias/fernando-pimenta-e-selecao-de-canoagem-voltam-a-fcdefuc/>.
13. Moreira, M. (2025). Federação Portuguesa de Surf: Performance. International: No.
14. Rosado, A. (2025). Universidade de Lisboa/Caixa Geral de Depósitos: Júri dos Prémios Científicos: Other. International: No.
15. Rosado, A. (2025). Comité Olímpico de Portugal-Comité Paralímpico de Portugal: Júri do Programa de Bolsas de Investigação Aplicada ao Desenvolvimento Desportivo: Education. International: No.
16. Rosado, A. (2025). Comité Olímpico de Portugal-Comité Paralímpico de Portugal: Vice-Presidente do Juri dos Prémios de Investigação: Education. International: No.
17. Rosado, A. (2025). Instituto Nacional de Reabilitação: Júri do Prémio Desporto + Acessível: Other. International: No.
18. Rosado, A. (2025). Comité Paralímpico de Portugal: Presidente do Conselho Científico: Performance. International: Yes.

19. Rosado, A. (2025). CRIAP: Consultor para a pós-graduação em Psicologia do Desporto: Education. International: No.
20. Rosado, A. (2025). Comité Paralímpico de Portugal: Júri do Prémio Ciência e Inovação no Desporto Paralímpico: Other. International: No.
21. Rosado, A. (2025). Federação Portuguesa de Atletismo: Psicólogo: Performance. International: No.
22. Silva, A. M. (2025). Instituto Português do Desporto e Juventude: Health. International: No. <https://recuperarportugal.gov.pt/prr-resiliencia/servico-nacional-de-saude/re-c01-i09-sistema-universal-de-apoio-a-vida-ativa-suava/>.
23. Teixeira, A. (2025). Project TREASURE - Transforming Research Assessment through Responsible Research Training of Early Stage Researchers: Policy. International: Yes. <https://www.uc.pt/iii/treasure/>.
24. Veloso, A. P. (2025). Swiss National Science Foundation: Reviewer of Post-Doc Grants and Research Projects. (International Experts Panel Member): Education. International: Yes. <https://data.snf.ch/grants>.
25. Veloso, A. P. (2025). The Research Foundation – Flandes: Reviewer of Post-Doc Grants and Research Projects. (International Experts Panel Member): Education. International: Yes.
26. Yázigí, F. (2025). Asociación Iberoamericana de Educación Acuática Especial e Hidroterapia: Education. International: Yes. <https://www.asociacionaidea.com/>.
27. Yázigí, F. (2025). Associação Portuguesa de Técnicos de Natacao: Health. International: No. <https://www.aptn.pt/tecnicos-natacao/>.

Enrollment in Scientific Societies

1. Araújo, D. (2025). Sociedade Portuguesa de Psicologia do Desporto. Role: Honorary Member. Scope: National. <https://www.sppd.com.pt>.
2. Baptista, F. (2025). American College of Sports Medicine. Role: Regular Member. Scope: International. <https://members.acsm.org/ACSM/Contacts/ContactLayouts/AccountPageCustom.aspx?ID=530691>.
3. Baptista, F. (2025). American Society for Bone and Mineral Research. Role: Regular Member. Scope: International. <https://www.asbmr.org/Default.aspx>.
4. Brito, H. (2025). Sociedade Portuguesa de Psicologia do Desporto. Role: Regular Member. Scope: National. <https://www.sppd.com.pt>.
5. Campos, M. (2025). European Federation of Adapted Physical Activity. Role: Regular Member. Scope: International. <https://eufapa.eu/>.
6. Campos, M. (2025). Sociedad Científica de la Red e Investigación sobre Aprendizaje-Servicio en Actividad Física y Deporte para la Inclusión Social. Role: Regular Member. Scope: International. <https://riadis.es/>.
7. Carnide, F. (2025). Sociedade Portuguesa de Biomecânica. Role: Regular Member. Scope: National. <https://spbiomecanica.pt/>.
8. Coelho-e-Silva, M. (2025). Sociedade Brasileira de Actividade Física e Saúde. Role: Honorary Member. Scope: International. <https://www.sbafs.org.br/>.
9. Coelho-e-Silva, M. (2025). Sociedade Portuguesa de Pediatria. Role: Board Member. Scope: National. <https://www.spp.pt/>.

10. Cordovil, R. (2025). I-MDRC - International Motor Development Research Consortium. Role: Regular Member. Scope: International. <https://www.i-mdrc.com/>.
11. Assunção, A. (2025). Sociedade Portuguesa de Segurança e Higiene Ocupacionais. Role: Affiliated Member. Scope: National. <https://www.sposho.pt/>.
12. Assunção, A. (2025). Sociedade Portuguesa de Biomecânica. Role: Affiliated Member. Scope: National. <https://spbiomecanica.pt/>.
13. Dias, S. B. (2025). Biomedical Devices and Technologies Technical Committee, IEEE Electron Devices Society. Role: Board Member. Scope: International. <https://eds.ieee.org/>.
14. Dias, S. B. (2025). IEEE Society. Role: Regular Member. Scope: International. <https://www.ieee.org/>.
15. Dias, S. B. (2025). Nacional Association of Musical Instruments. Role: Regular Member. Scope: National.
16. Dias, S. B. (2025). 5th International Conference on Technology and Innovation in Learning, Teaching, and Education. Role: Board Member. Scope: International. <https://tech-edu.ws/2026/>.
17. Dias, S. B. (2025). Sociedade Portuguesa de Educação Física. Role: Regular Member. Scope: National. <https://www.spef.pt/>.
18. Dias, S. B. (2025). Technologies for People. Role: Vice-President. Scope: International.

19. Espanha, M. (2025). Associação Portuguesa para o Estudo da Dor. Role: Affiliated Member. Scope: National. <https://www.aped-dor.org/>.
20. Ferreira, J. P. (2025). European Federation of Adapted Physical Activity. Role: Regular Member. Scope: International. <https://eufapa.eu/>.
21. Fragoso, I. (2025). ISAK. Role: Regular Member. Scope: International.
22. Fragoso, I. (2025). IMEKO - Comissão Técnica TC-18. Role: Working Group Member. Scope: International.
23. João, F. (2025). European Society for Movement Analysis in Adults and Children. Role: Regular Member. Scope: International. <https://new.esmac.org/>.
24. Martins, P. (2025). Sociedade Portuguesa de Psicologia do Desporto. Role: Regular Member. Scope: National. <https://www.sppd.com.pt>.
25. Moniz-Pereira, V. (2025). International Society of Biomechanics. Role: Regular Member. Scope: International. <https://www.isbweb.org>.
26. Moniz-Pereira, V. (2025). Sociedade Portuguesa de Biomecânica. Role: Secretary. Scope: National. <https://spbiomecanica.pt/>.
27. Pascoal, A. G. (2025). International Shoulder Group. Role: Regular Member. Scope: International. <https://www.internationalshouldergroup.org>.
28. Pascoal, A. G. (2025). International Society of Biomechanics. Role: Regular Member. Scope: International. <https://www.isbweb.org>.
29. Pedro, B. (2025). International Society of Biomechanics. Role: Member. Scope: International. <https://www.isbweb.org>.

30. Pedro, B. (2025). International Society of Biomechanics on Sports. Role: Member. Scope: International. <https://isbs.org/my-profile>.
31. Peralta, M. (2025). Association Internationale des Écoles Supérieures d'Éducation Physique. Role: Regular Member. Scope: International. <https://aiesep.org/>.
32. Rosado, A. (2025). Sociedade Científica de Pedagogia do Desporto. Role: Regular Member. Scope: National. <https://scpd.ipg.pt>.
33. Rosado, A. (2025). Sociedade Portuguesa de Educação Física. Role: Regular Member. Scope: National. <https://www.spef.pt/>.
34. Rosado, A. (2025). Sociedade Portuguesa de Psicologia do Desporto. Role: Past President. Scope: National. <https://www.sppd.com.pt>.
35. Rosado, A. (2025). Sociedade Portuguesa de Psicoterapias Cognitivo-Comportamentais e Integrativas. Role: Regular Member. Scope: National. <https://www.cognitivas.org>.
36. Santa-Clara, H. (2025). Sociedade Portuguesa de Pediatria. Role: Working Group Member. Scope: National. <https://www.spp.pt/>.
37. Santa-Clara, H. (2025). European Society of Cardiology. Role: Regular Member. Scope: International. <https://www.escardio.org/>.
38. Santa-Clara, H. (2025). Sociedade Portuguesa de Cardiologia. Role: Working Group Member. Scope: National. <https://spc.pt/>.
39. Silva, A. M. (2025). European Association for The Study Obesity - Sarcopenic Obesity Global Leadership Initiative. Role: Working Group Member. Scope: Faculdade de Motricidade Humana, Universidade de Lisboa |Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

International. <https://easo.org/about-easo/working-groups/sarcopenic-obesity-and-obesity-in-older-adults-so3a/>.

40. Silva, A. M. (2025). Sociedade Portuguesa de Cardiologia. Role: Affiliated Member. Scope: National. <https://spc.pt/>.
41. Silva, A. M. (2025). Società Italiana Nutrizione, Sport e Benessere. Role: Committee Member. Scope: International. <https://www.sinseb.it/>.
42. Teixeira, A. (2025). European College of Sport Science. Role: Regular Member. Scope: International. <https://sport-science.org>.
43. Teixeira, A. (2025). European Society for Clinical Investigation. Role: Regular Member. Scope: International. <https://esci.eu.com>.
44. Teixeira, A. (2025). International Society of Exercise and Immunology. Role: Board Member. Scope: International. <https://exerciseimmunology.com>.
45. Teixeira, A. (2025). Sociedade Portuguesa de Imunologia. Role: Regular Member. Scope: National. <https://www.spimunologia.org>.
46. Veloso, A. P. (2025). Sociedade Portuguesa de Biomecânica. Role: Regular Member. Scope: National. <https://spbiomecanica.pt/>.
47. Veloso, A. P. (2025). International Society of Biomechanics. Role: Regular Member. Scope: International. <https://www.isbweb.org>.
48. Vieira, F. (2025). International Society for the Advancement of Kinanthropometry. Role: Member of the Executive Board. Scope: International. <https://www.isak.global/WhatIsIsak/Executive>.

Participation in Networks and Interest Groups

1. Baptista, F. (2025). Global Leadership Initiative Sarcopenia. (Consortium). Role: Board Member. Scope: International. Formalized: YES.
<https://www.esceo.org/glis>.
2. Baptista, F. (2025). University of Lisbon Health Network – Oncology Clinical Branch Working Group. (Working group). Role: Board Member. Scope: Local. Formalized: YES. <https://www.ulisboa.pt/info/composicao-da-redesaude>.
3. Baptista, L. C. (2025). Center For Exercise Medicine. (Working group). Role: Board Member. Scope: International. Formalized: YES.
<https://www.uab.edu/medicine/exercise/about/members>.
4. Carnide, F. (2025). Grupo de Trabalho "Envelhecimento", redeSAÚDE da Ulisboa. (Working group). Role: Committee Chair. Scope: National. Formalized: YES. <https://www.ulisboa.pt/info/redesaude>.
5. Carrilho, D. (2025). Grupo Complexidade e Comportamento Humano. (Interest group). Role: Committee Chair. Scope: International. Formalized: NO.
6. Coelho-e-Silva, M. (2025). European Pediatric Work Physiology Group. (Working group). Role: Committee Chair. Scope: International. Formalized: NO.
[file:///Users/manueljoao/Downloads/_journals_pes_30_1_article-p1-preview%20\(1\).pdf](file:///Users/manueljoao/Downloads/_journals_pes_30_1_article-p1-preview%20(1).pdf).
7. Coelho-e-Silva, M. (2025). International Basketball Research Network. (Research network). Role: Board Member. Scope: International. Formalized: YES. <https://ccdeporte.unex.es/2025/06/06/red-tematica-ibrn-20-25/>.

8. Dias, S. B. (2025). Global Alliance for Chronic Diseases. (Consortium). Role: Board Member. Scope: International. Formalized: YES. <https://www.gacd.org/>.
9. Ferreira, A. P. (2025). International Basketball Research Network. (Research network). Role: Board Member. Scope: International. Formalized: YES. <https://ccdeporte.unex.es/2025/06/06/red-tematica-ibrn-20-25/>.
10. João, F. (2025). Space & Extreme Environment Research Center. (Interest group). Role: Board Member. Scope: International. Formalized: NO.
11. Magalhães, J. P. (2025). Fitback. (Research network). Role: Board Member. Scope: International. Formalized: YES. <https://www.fitbackeurope.eu/en-us/>.
12. Martins, P. (2025). Self-Regulation in Physical Activity, Nutrition and Obesity Research Group. (Working group). Role: Collaborator. Scope: International. Formalized: YES. <https://panosr.fmh.ulisboa.pt/people/paulo>.
13. Oliveira, R. (2025). Conselho Geral da Ordem dos Fisioterapeutas. (Working group). Role: Board Member. Scope: National. Formalized: YES. <https://ordemdosfisioterapeutas.pt/pt/conselho-geral/>.
14. Peralta, M. (2025). Global Burden of Disease Collaborator Network. (Research network). Role: Board Member. Scope: International. Formalized: YES. <https://www.healthdata.org/research-analysis/gbd/collaborator-network>.
15. Peralta, M. (2025). Global Youth Fitness Forum. (Research network). Role: Board Member. Scope: International. Formalized: NO. <https://www.fitbackeurope.eu/en-us/Stories/Article/ArticleID/500/International-Fitness-Meeting>.

16. Rosado, A. (2025). Network Riedi. Research network for the study of physical education and inclusive sport. (Research network). Role: Board Member. Scope: International. Formalized: NO.
17. Rosado, A. (2025). YouthSAFE: Empowering Awareness for Suicidal Behaviors of Adolescents in Education and Familiar Contexts. (Research network). Role: Board Member. Scope: International. Formalized: NO.
18. Silva, A. M. (2025). International working group "Doubly Labeled Water. (DLW)". (Working group). Role: Board Member. Scope: International. Formalized: YES. <http://www.iaea.org/resources/hhc/nutrition/databases/double-labelled-water-dlw>.
19. Silva, A. M. (2025). international working group" BIA International Database". (Research network). Role: Committee Chair. Scope: International. Formalized: YES. <https://labes.fmh.ulisboa.pt/projetos/a-decorrer/item/101-bia-international-database>.
20. Teixeira, A. (2025). Ageing@Coimbra. (Consortium). Role: Board Member. Scope: Local. Formalized: YES. <https://www.uc.pt/sustentabilidade/projetos-iniciativas/ageing-coimbra/>.
21. Teixeira, A. (2025). Aging@UC. (Research network). Role: Board Member. Scope: Local. Formalized: YES. <https://noticias.uc.pt/artigos/reuniao-de-trabalho-da-iniciativa-interdisciplinar-ageing-uc-realiza-se-a-4-de-dezembro/>.
22. Yázigí, F. (2025). HEALTHY-AGE Envejecimiento activo, ejercicio y salud. Universidad de Almería Red de investigación del Consejo Superior de Deportes Faculdade de Motricidade Humana, Universidade de Lisboa | Estrada da Costa 1495-688 Cruz Quebrada, Lisboa, Portugal | ciper@fmh.ulisboa.pt | +351 214 149 237

del Ministerio de Cultura y Deporte del Gobierno de España. (Research network). Role: Board Member. Scope: International. Formalized: NO.
<https://www.healthyagenet.org/es/category/envejecimiento-activo/>.

Research Awards

1. Araújo, D. (2025). Young Researcher Award - António Paula Brito. Awarding body: Sociedade Portuguesa de Psicologia do Desporto. Awarded to: M. Vaz de Carvalho. Role: Supervisor. Scope: National.
<https://www.facebook.com/fmotricidadehumana/posts/margarida-vaz-de-carvalho-vence-o-prémio-jovem-investigador-antónio-paula-brito-/1256317293202569/>.
2. Cordovil, R. (2025). Primeiro prémio na área da Psicologia e Pedagogia do Desporto dos Prémios Ciências do Desporto. Awarding body: Comité Olímpico de Portugal. Awarded to: L. P. Rodrigues. Role: Team member. Scope: National.
<https://comiteolimpicoportugal.pt/noticias/detalhe-da-noticia/?id=NEW-8e82dc82-1de4-449d-ac0b-875304e5b8e4>.
3. Cordovil, R. (2025). Third prize in the Best Education Initiative category at the 2025 UEFA Grassroots Awards. Awarding body: UEFA. Awarded to: J. A. Costa. Role: Team member. Scope: International. <https://www.fpf.pt/pt/News/Todas-as-not%C3%ADcias/Not%C3%ADcia/news/49202>.

4. Gomes, B. B. (2025). Editor's Choice. Awarding body: MDPI Applied Sciences. Awarded to: V. M. Santos, B. B. Gomes, M. A. Neto, & A. M. Amaro. Role: Supervisor. Scope: International. <https://doi.org/10.3390/app14146085>.
5. Gomes, B. B. (2025). Provas de Conceito Acelera@UC 2025. Awarding body: Fundação Santander. Awarded to: M. Cruz, B. B. Gomes, L. Roseiro, & A. Amaro. Role: Team member. Scope: Local. <https://app.santanderopenacademy.com/pt/program/concurso-de-provas-de-conceito-uc-by-fundacao-santander>.
6. Machado-Rodrigues, A. M. (2025). Prémio de melhor comunicação em Atividade Física. Awarding body: 29º Congresso Português de Obesidade. Role: Supervisor. Scope: National.
7. Marques, A. (2025). JPAH 2024 Article of the year award for best review article. Awarding body: Journal of Physical Activity & Health. Awarded to: B. Marques. Role: Team member. Scope: International. <https://journals.humankinetics.com/view/journals/jpah/20/1/article-p50.xml>.
8. Mendonça, G. V. (2025). Menção Honrosa. Awarding body: Prémios Científicos Universidade de Lisboa/Caixa Geral de Depósitos. Role: Recipient. Scope: National.
9. Reis, J. F. (2025). Best oral presentation in 48º congress of "Associação portuguesa de técnicos de natação". Awarding body: Scientific committee. Role: Supervisor. Scope: National.

10. Rosado, A. (2025). Menção Honrosa na edição 2024/25 dos Prémios Ciências do Desporto. Awarding body: Comité Olímpico de Portugal. Awarded to: S. Oliveira, M. Cunha, A. Rosado, I. Matos-Pina, & C. Ferreira. Role: Nominee. Scope: National.
11. Rosado, A. (2025). Prémio Inclusão pelo Desporto. Awarding body: Comité Paralímpico de Portugal. Role: Nominee. Scope: National.